



Sawmah khat iktakin Piakna

Pasian hoihna i ngahna tungtawnin Sawmah khat piakna le citpiaknate zong kihel hi. Hihte sungah lungsim khensatna le ngimna tawh, i ngahna zui-in sawmah khat piakna/apkikna tua in leitung mun khempuehah lungdamna hotkhiatna thu kizel ding hi. Adventist pawlpi makai mi masate a kipan Pasian na nasepte nuntak khuasak nadingin a kizeek ding sawmah khat kisam hi.

Ellen White in hih bangun laigelh hi: "Hih piakna in lungsim sung pan a suak panin piak hi lo hi. Piakzah ding Pasian in hong sehsaksa ahi hi. Ngahna khempueh lak pan sawmah khat in Topa aa hi; Ama neihsa hi; Ama hong sawl bangun piak ding hi. Sawmah khat piakna le sumpi piakna/ citpiakna cihte in Pasian hong kalh ahi hi. Sawmah khat piakna in a taktakin sumpi pia hi lo hi; Bang hang hiam cihleh sawmah khat pen Pasian neihsa hi-a, Amah pia hi lo zaw-in, Ama neihsa Amah mah a apkik hi zaw hi. Tua hi-in sawmah khat pia hi lo zaw-in, ap kik cih ding hizaw hi. Sawmah khat sehtuamin tuamkoih ding kisam hi. Sumpi/citpiakna le piakna tuamtuamte zong Topa mah i pia ding hi. Pasian in thupha hong piakna zui-in sawmah khat, sumpite / citpiaknate citakin maan takin Topa ap ciat ni" (The Review & Herald, May 9, 1893).

Tuni tuhunin sawmah khat piak ding kisamlai mah hiam? Nidang a kisap bangmahin tuni tuhun ciangin zong sawmah khat piak ding kisamlai hi. Pasian nasepna khempueh, kkuatual pawlpi panin gam sung, gam pua dongah Pasian nasepna-ah i kihel theihna khat ahi hi.

Ngetna: Topa tungah sawmah khat le sumpite i piakna-ah, tu kum kipat a i piak bangmahin 2026 tawntung Topa hong piak thupha tungtawnin sawmah khat le sumpi piakna-ah citakna le maan takin Topa tungah a citak mite hong suaksak taken.



Sabbath 2 - January 10, 2026

Zeisu' n Khol, Ken' Zang

Zeisu sum khol a hi-a, sum zang mi hiam? Amah in piakkhatna-ah eite etteh ding kicing hi; Amah zahin a piakhia kuamah dang omlo hi. Lai Siangtho sungah Zeisu in nate zang cih ciaptehna kigelh lo hi.

Amah in na khempeuh a neipa himah taleh ama nopsak nadingin bangmah zang ngei lo hi; midangte nopsak nading deihna tawh nate hong piapia hilo hi. Zeisu in mi 5000 val bang anvakn-ah ciangtan nei lo hauhna tawh kidim ahing hangin Ama hauhna kisakpihna, kisial cih lungsim nei lo hi. Nate cilbawlin zang siam mahmah hi. A nungzuite tungah bangzah kikhawm val hiam ci-in dong a, a khamval annengte a kaikhawmsak kik hi. Bang a deihna hi ding hiam? Bangmah mawk paih loh ding a deihna hi ding hi" (John 6:12), nate lomthaw-sak lo ding, a bei thei na khempeuh cilbawl ding, zang siam ding deihna hi.

Hih thu na mu thei hiam? Zeisu in mihonpi kham takin a vak khith ciangin a khamval uh lawh 12te mawk mangthangsak lo hi. Tua zahin vangliatna tawh kidim Topa in nate cilbawl loin sem nuam hileh kua in mawhsak thei ding hiam?

Ni khat khith ni khat, kum khat khith kum khat Topa hong piak thuphate a mawkna-in na beisak a om hiam? Topa hong piak van le nate zang zangin, khol cih mah nei loin a nungta mi na hi hiam?

Zeisu in khol hi. Eite in zong khol ding kilawm lo hiam?

Ngetna: Tuni-in Topa tungah Sawmah khat le citpiakna, sumpite amah kiang hong paipih in. Ama hotkhatna nasepna-ah nang zong na kihel thei hi; Amah tawh na sem khawm thei na hi hi. A hong piak thuphate nangma angsung deihna zui-in, na zek na zatna, Ama hong piak neih le lam, van le nate na thaangzatna mawhnate hong maisak dingin Topa tung mawhmai-na na ngen ding hi. Amah khol bangin nang zong na khol ding hi; Topa in nate cilzat hi; Amah na etteh ding kism hi.



Larry ii Humpite

Lai Siangtho in hong hilhna-ah Satan in khemna mangpa, Zuau phungpi hi, ci-in hong hilh hi. Satan in guu khat pen a lim mahmah ding hi, ci-in hong khem a, cidamna susia kimlai cidam nading hi, ci-in hong khem tawntung hi. Satan in thuman pen thuman lo bangin pulaakin, thuman lo khat pen thuman bangin a pulaak hi. Tu-in leitung khempeuh ama khemna sung kitung ahi hi. Social media, sum le paai, minthanna, khualzinna cihte gual tungtuanna khatin kingaihsun a, a nungta Pasion hong lah thuman thutak tawh nuntak ding sangin leitung mipilte ngaihsutna a zui mi tam semsem hi.

Mi nih Larry le Bill in a nasepna uh panin nasep kikhawlsak ahih manin nasep nei loin om uh hi. Nasep dang lah mupah tuan lo uh ahih manin, ni khat, Bill in ganhing khawi-na-ah nasem nuam a om leh nasep kidawp thei hi, cih thu khat hong mu hi. Nasep thaman pen \$5,000, tua nasep in humpi khat a mat uh ciangin, \$ 5000 kipia ding ci hi. Amau lawmta zong humpi maan dingin gam sung hong pai uh hi. Gam sungah humpi maan dingin hong kuan khia uh a, tuuno le humpi khum nading buuk gol mahmah khat tawh vapai uh hi. Tua bek tham loin a sum ngah zah ding uh ngaihsun kholin a lamet a ngah ding uh sum sazian zong tawikhawm uh hi. Tua bangin gam sungah vak kawikawi uh a, keen dang mun khat va tung uh hi. A pai-na lampi keen lua ahih manin tuksukin, tawl khat sung tua bangin kitawtal suksuk uh a, a tawpkhakna-ah humpi gil kial mahmahte omna kua hawm sung khat a tungsuk uh hi. Larry in tha khatin awng pah a, lawm aw, lawm aw, sum hau mahmah ni ei ci-in lungdam takin a pulaak hi.

Kuamah kikhem sak kei un. Satan in kua mi ka ne ding hiam, ci-in a hawk thei humpi bangin bangin a vak kawikawi hi." (1 Peter 5:8).

Ngetna: Topa hong kepna, hong cinna ngaihsun hi lehang, hong piak thuphate simzawh ding hilo hi. Amah in thupha tampi hong pia hilo hiam? A hongpiak thuphate Ama nasep nadingin piakik ding hilo i hiam? Lung nopna, kicina hong pia thei Topa Pasion bek hilo hiam? A tawntung in Amah va beel ciat ni. Na piakna zui-in Topa in thupha tawh hong dinkik ding hi.



Sabbath 4 – January 24, 2026

Thu Khun Sawmte

Thukhun sawmte na za ngei hiam? Hiih thukhun sawmte in taanglai sum le paai zonzia siksarin a kipulaak ahi hi. Tuni dongin mi tampi in zangzanglai hi. Tua bangi a zangte in sum zeek siamna a ngah uh hi. Sum kitasam cih a nei ngei kei uh hi. Leiba nei loin om thei uh hi. Tua thukhun in hih bang dan ahi hi. Na ngahzah, Pasion hong piakte lak panin, a masa penin 10% sawmah khat dingin khenkhia in.

Hih in citakna, thumanna, lungdamna tawh khenkhiatna hi. Na neihsa khempeuh Topa tung pan hong pai ahihna a pulaak laak na hi hi.

A taktakin tua 10% pen Topa aa hi. Ama kiang pan hong pai hi mah taleh Ama neihsa, Amah i apkik ding kisam hi. Citakin ap in.

A dang 10% in sumpi/cit piakna in na khenkhia leuleu ding hi. Hih 10% in huhna, kamciam, le piakkhongin kizeek ding hi. Hih in na khempeuh Pasion piak khong hi, cih phawkna, theihna hi. Ngahna sangin piakna-ah thupha om zaw ahihna theihtelna hi.

10% khol in. Hih in nang aa ding, innkuan aa ding, kitangsapna khat peuh hong om vatkhaleh donghu dingin koih in. Lai Siangtho innkuan in hun hamsa khat om vat khaleh tua aa dingin koih in.

Malachi 3 sungah Pasion in to-na hong nei hi; ama tungah a citak mite in maan takin sawmah khat a pia ciat uh hi. Na ngahna khempeuh lak pan na pia ding hi. Sum tawh kisai buai-na nei lo i cih ciangin Pasion tungah maan tak le citak takin sawmah khat, sumpite piakna hi. Midangte zong huh inla, innkuan sung sum zeekna-ah pilvang in.

Ngetna: Na Topa tungah na piak dingte na pia hiam? Topa a tate tung pan hong kalh thu in maan tak le citaktakin sawmah khatte Amah i ap kik ding kisam hi. Lai Siangtho hong hilh bangin na khempeuhthe sangin Topa Pasion mah a masak zawte, Ama tungah a citak mite in ciangtan om lo vantung thupha amu uh hi.



Ciim Takin Zangh in, Mite Itin

Sawmah khat le sumpite in Topa kiang tunpih dingin na geelna-ah hih thu nap hawk ding hi: “Tuhun mite in van le nate itna tawh kidim hi. Ahi zongin Pasion in mi it ding le nate zang siam dingin hong thu hong pia hi.

Zeisu in zong hih bangin hong hill hi. Mittaw mi khat buan tawh a mit damsak hi. Zeisu in numei kizuak nu itna a lahna-ah sehnal a zang hi. Nupa kiteeng thakte tungah a tui panin leenggahtui piangsakin a itna a lak hi. Anlum tawmno le ngasa tawmno khat tawh gilkialin om mihonpite a vak hi. Siluang natna nei a dam nadingin a a puansilh a zang hi. A tawpkhakna-ah singlamteh le sikh tukilh thum tawh leitung a hong i itna hong lak hi; vantung tawh kizopna itna “lei” hog dawh hi.

Zeisu in nate tungtawnin mite hong itna hong lak hi.

Ahi zongin a lamdang mahmah khat in nate a punsak nadingin mihing mah hong zang, hong sawl sese hi. Mihingte neih itna tungtawnin zong Zeisu in nasem hi. Midangte a it dingin eite hong zang hi. I galte nangawn a it dingin hong sawl hi.

Neihsa kemte ihih bangmahin Pasion in van le nate zang a mite i it ding thu hong pia hi. I sum i paai, i hunte, neihstate, thuman teci hihna tungtawnin midang te Zeisu kiang a tunpih ding ihi hi. Topa leengga huan sungah nasep khate mi hampah mahmah hi lo hiam?

Thuumna: Pasion zat dingin nang le nang na kiphah hiam? Topa na itna lian semsemleh Ama mi zat na hi nuam semsem ding hi. Do you love God enough to be used by Him? Sawmah khat, sumpite/citpiaknate Ama kiang na tunpih ding hiam? Koi bangin na sum na paai na zeek hiam? Na inn, na siamna, na hun mite itna-in na ding hiam? Tua bangin a nungta mi na hihlah na nunzia in a hoih mahmah, a etlawm, Topa deihna tawh kituak na hi ding hi.



Sabbath 6 - February 7, 2026

Singlamteh-Mitsuan Khristiante

Lai Siangtho mun kim khat in tuhun tawh kituak lo bangin a ngaihsun mi om hi. Gentehna, bang hangin Zeisu in Matt. 6 pulaak bangin “mit in pumpi aa dingin khuavak hi.” Hih thu in “Leitungah sum khol kei unla, vantungah khol zaw un. Note in Pasion le sum sila na sem zo kei ding uh hi, cih thu tawh kizomin a pulaak thu ahi hi (aneu 19, 24).

Leitung sum le paai le Khazih na a sem khawm zo ding kuamah a om kei hi, cih thu le khuamuhna in bang kizopna nei hiam?

Van kizuak theihsakna tuamtuamte in i mit hong la thei mahmah hi. Hih in Pasion hong piak thuphate zatzia, zeekzia ding hong huzaap hi. Pasion in Ama gam le ukna aa dingin zat dingin muanna tawh hong piak thuphate koi bangin i zeek, i zang hiam? Tua hi-in tua bangin eima nopsak nading bekin i zat khak loh nadingin Zeisu in zong vauhilhkhohlna hong pia khin zo hi. Vantung hauhna le leitung nopsakna mitsuan khawm cih om thei lo ahih manin kuamah in to nihna sem zo lo hi, ci-in hong hihna kimu thei hi. Tua hi-in tua bangin Ama deihsa panin lam i pial ciangin tawntung nopna le nunna a nung he ihih manin mitphiat sungin kisia thei nate a mitsuan ihi ding hi.

Topa tungah lungdamkoh ding kisam hi. Zeisu in lampi bek tham loin i pai-na lampi khua hong vaksak, Amah mah hi. Amah limtakin muh thei-in a khekhap i zui theih nadingin mit khuamuh theihna zong hong pia hi.

Limtakin Amah mu thei-in Amah a zui ding ihi hi. Khristian thu zuite in singlamteh bek mitsuanin a nungta dingta ihi hi.

Thuumna: Vantung nopna sungah sum khol ciat ni. Tawntungin nopsakna i muh theih nading ahi hi. Sawmah khat le sumpite Topa i ap kik ciangin i Honpa, Zeisu Khazih mah mitsuanin a nungta ding ihi hi. Thupha khempeuh hong pia Amah hi.



Sabbath 7 - February 14, 2026

Bangmah neilo maw, Na Khempeuh nei?

Nungzuite in Zeisu dotna nei uh hi: “Nangmahin Topa na hiam?” Khut guakin pai ding na hiam? Kham le ngun ken ding, ip le puansilh tuam tuamte neilo na hiam? Bulh ding khedap ee le neilo-in om na hiam?

Zeisu in, “pai-in. Cinate damsak un. Mi phaakte siangsak un. Misite tho sak un. Dawiveite damsak un,” ci-in thu pia hi.

Matthew sungah upna tawh kalsuan ding le a kimu thei nate tung tawnin hong hilhna kimu hi. Zeisu in a nungzuite nasepsiamna guan hi. Amaute in Zeisu bekmah mitsuan uh ahih manin lawhcing uh hi. Eite in zong tua upna tawh kalsuan ding in hongsam ahi hi.

Kum tawlkhat khit ciangin, Peter le John in Kha Siangtho tawh kidim uh a, biakbuk lam zuanin a pai-na ah khutdawhngen mi khat tawh kituak uh hi. Peter in Peter in Pasion upna le muanna a kilangsak hi. Peter in “Kham le ngun ka nei kei hi. Ahi zongin ka neih Zeisu min tawh dam inla lampai in,” ci-in thupia hi (Sawl 3:6).

Tua mipa zong nuam lua-in dianggawppah hi; Pasion min a phat hi. Bangzahin a lian nalamdang hiam?

Kum zalom 21 sungah “Kham le ngun ka nei kei hi,” cih pen tuhun tawh kituak nawnlo hi. Banghang hiam cihleh tuhun in sum le paai zon baihzaw hi. Ahi zongin Nazareth khuami Zeisu Khazih min tawh ding inla, lampai in” cihding hamsa sa mahmah hi. Sum le paaite in i upna hong guksak mang khin a hiam?

Peter in sum bang mah a neihloh hangin na khempeuh a kicing in om hi, na lamdang lianpi a lei zo hauhna a nei hi.

Thuumna: Topa tungah sawmah khat le sumpite i apkikna tungtawnin upna ciangtan a om khempeuh a hemkhia hi. Nang le kei tungtawnin Topa in na hong sem a, bangmah i neihloh hangin na khempeuh anei thei ihih lam kiphawk a, Topa deihna bangin a nungta thei ding ihi hi. I sum bawm a hawm-a, a dim phial zongin, Ama deih bangin na nasem thei hi. Tuni-in a pia thei dinmun ah na om manin mi hampaha nahi hi. Topa tungah lungdam takin Ama neihsa sawmah khat le sumpite na apkik ding hi.



Upna Thahatna

1915 kumin Ellen G. White si hi. Amah in cidamna, pilsinna, Lai Siangtho thuthuk, innkuan thu, Topa tawh kizopna, biakpiakna thu, thu'ngetna thu le kimakaihna tawh kisai thu tampi pulaak hi; laigelh zong tampi a nei hi.

Ama laigelhte pau nam 150 val tawh kitei khia khin hi. Thusun 5000 le laibu 40 val bang a gelh hi. Khutgelh laimai 100000 val bang om lai hi.

Mi kimkhat in tua bangin laigelh zawhna a thu hih bangin gen hi: "Mihing khat nuntak khuasakzia ding thu tampi hong hilhna kimu thei hi. Sum le paizonna a kipan, upna le thu zuihna thu tampi hong hilhna kimu thei hi.

"Pa ompih in Khazih kimkot a tuam hi. Siatna bangmah in a zo zo kei hi. Ciangtan omlo itna hangin leitung mihing khempeuh in thupha a ngah thei ihi hi. Amah in lungmuanna phungpi, khamuanna bulpi hi. Khazih lungsim puak a nei mi in Khazih sungah a nungta mi hi ding hi. Honpa kiang simloh lungnop khamuan nading a om kei hi. Khazih kiang pan i ngah thuphate midangte tungah i hawmsawn thei hi. Siatna dal ding kisam lo khat bek om a, tua in Khazih hi. Siatna in Khazih a zozo kei hi. Ama phalna om loin siatna in hong zo kei ding hi. Amah aum mite aa ding, Amah a it mite aa dingin na khempeuh in thuhoih hi. Romans 8:28" (Ellen G. White, *Thoughts from the Mount of Blessings*, p. 71).

Bangzahin lamdang hiam? Khazih tawh kalsuan khawm mi in siatna a paisan ding h. Amah tawh tonkhawm lehang, na khempeuh in a hoihlamin hong kihei hi. A piang na khempeuhte tungah Pasion hehpihna a mu thei hi; tua hi-in na khempeuh tungah Pasion min a phat thei hi.

I nuntakna in Pasion khut sungah om hi. Bangzahin lungmuan huai hiam?

Thuumna: Lungdamna le nuamna tawh sawmah khat le sumpite Topa ap kik ciat ni. Zeisu in na khempeuh hong Piapa hi. Khazih tawh a kalsuan khawm mi in Khazih lungsim a nei mi hi-in, tua bang mi in bangmah lung himawh nading neilo hi; sum le paai, nek le dawn ding bangmah lung patauhna neilo hi. Citakna le thuman tawh na ap kik ding hi.



Piakhia In, Nopna Na Ngah Ding

Zeisu in, "Pia in, na ngahkik ding hi. Piaknopna tawh pia in; itsik loin pia in. Na ngah kik ding hi. "Pia in. no zong hong kipia ding hi. No tehna dimvum tham lo kinengcipin kitattat a, a dimletin na anguah hong kisung ding hi. Ahang in, note zat tehna tawh noaa ding hong kitehsak ding hi, a ci hi (Luke 6:38).

Kum 2000 pai cing khin hi mah taleh tuni dongin hih thuman in kip tawntung hi. Sawl. 20:35, "Ngahna sangin piakna-ah thupha om zaw hi. Huaiham angung khaulna hangin siatna thuk ngei hi lo na hiam? Nangmah in na thuk ngei kei zongin na kim na paamah bangin a tuak mi na mu ding hi. Angung khaulna i nial ciangin hamphatna, nopsakna i ngah thei hi. Angung deihna nial a, piak nopna lungsim nei mi in a hampha ahi hi. Thukante muhkhat thu in piaknopna tawh a pia mite lungdam semsem uh hi, cih mu khia uh hi. Ahi zongin piaknopna lungsim ah nopsakna bek kingah hiam?

Piakna le nopna kizopna a kankhia University of British Columbia muhkhat thu in nipi kaal thum sung a sitelna vuah, si khang natna nei cina mi khat ciangin \$20 kawikawi uh a, tua sum zat zia ding zong hilhpah uh hi. Cina a lang in a kihilh bangin zeek uh hi. Puan lei, kizepna van tuamtuam lei-na in zang uh hi. A lang in tua sumte midangte huhna-in pia kik uh hi. A veng a paamte van zat dingte leisak uh hi. Tua bangin amau angung nop nadingin a zangte le midang noptuam nadingin a zangte a cikhang kiam le kah tampi kilamdang hi. Midang nop tuam nadingin a zeekte sikhang natna kiam zaw hi.

Piakna in thupha hi. Mailam siavuan (doctor) in nipi khat in nih vei a pia mite in sikhang natna dam uh hi.

Thumna: Ngahna sangin piakna-ah thupha om zaw hi," cih thu in thuman hi." Pasion in Seventh-day Adventist Pawlpi thupha hong pia hi. Pawlpi in sawmah khat piakzia ding tawh kisai lamlahna tampi hong pia khin a, tua bangin a kalsuan thu-um mite in hamphatna lianpi amu thei uh hi. Amau mahmah in thupha ngah bek tham loin midangte tungah zong thupha a suak thei uh hi. Tunin-in Topa tungah sawmah khat, sumpite/citpiakna cihte va puakciat ni.



Sabbath 10 - March 7, 2026

KiCing

Summuhna le ngahna tawh kisai-in i kidot mun mahmah dotna khat in “Bangzah in kicing hi ding hiam? Hih dotna in dothuai mahmah dotna khat hi mah hi.

Khristian thu-um mi khat in sum zatna tawh kizui-in a kidong thei dotna mah hi. Mimal khat ciat in “tu-in a kicingin sum ka nei hi,” i cih theih ding kisam hi.

Gam milip khempeuh average tungah a zah sawm khat bangin sum lut nei hi lehang sum kicing a kici thei diam? Ahih keileh a zah sawm khat, sawm khat sawm thum ciangin kicing kici thei pan ding hiam?

Mi khat in hih bangin a pulaak hi: “hamsat mahmah ciangin sum zat cil ding kisam mahmah hi. Pek khat pek nih bek in zong man nei mahmah hi.

Nasem pension lakma-in pension ciang aa dingin sum khol kholh kisam hi. Hih bangin sum kholna in sawmah khat piakna tawh bang kilam dang hiam?

A taktakin “kicing” cih kammal a khatna khat le khat sanzia tungah kinga hi. Gentehna-in Khazih nungzui mi khat aa dingin bangzah nei cih a thupi hi lo hi; ah zongin ka neih zahzah tawh Topa tungah ka lungkim nakleh tua in a kicing neihna hong suak hi.

Pasian tung pan i ngah zah tawh I lungkim nakleh tua in a kicing neihna hong suak hi. Tua ahihleh kikhel luat ding ka kisam nawn kei ding hi.

Thuumna: Topa tungah sawmah khat le sumpite i ap ciangin Ama sungah khamuanna i neih zawh nading Ama huhna mah a ngen tawntung ding ihi hi. Tua bangin Topa sungah a lungkim mi in na khempeuh a nei mi a suak hi.



Sabbath 11 – March 14, 2026

Adventist World Radio

Huih a dal theih loh, a khaktan thei bangmah om loin Pasion nasepna na ngaihsun ngei hiam? Gamgi nei loin mi tul zatampi tungah lungdamnathu a puak Adventist World Radio's (AWR) na phawk ding hi. Huih lak tawnin Pasion thu tangko-na in kum tampicing khin a, mi tul tampite in hotkhiatna thu za thei uh hi.

Radio tawh thugenna in ciangtan nei loin kumpite inn sung, gam uk makaite inn sung, mun khempeuh ah lungdamnathu a kizel thei hi. Hih AWR tungtawnin Zeisu, Honpa le Tanpa-in sangin Adventist pawlpi sung mi tul tampi om khin hi.

AWR in kuamah deidan loin mi khempeuh tungah lungdamna thu vapuak thei hi. Radio tawh thugenna in sum tampi bei lo hi; a dangdangte tawh tehna-in sum tawm bei hi. Ahi zongin mi khempeuh a ban zo nasepna khat hong suak hi. AWR tawh Pasion thu genna in mi nam tampi tungah lungdamna thu a va puak thei hi. Pau nam 100 val bangin AWR pan hotkhiatna thu genna kinei hi.

Radio pan thu genna bektham loin Lai Siangtho thusinna, laito (correspondence) tawh lai kihak na in zong na lianpi a sem hi. AWR in nisimin laikhak 100,000 val bang le phone calls, texts, le email cihte a ngah den hi.

Leitung mun khempeuh, pau nam khempeuh tungah hotkhiat lungdamnathu a kizel khin kici thei hi. Huih lak nasepna banah internet, TV tawh Pasion thugen nate in lawhcing mahmah hi. Nang le kei in hih nasepna kihel theih a om bangin kihel ciat ni. Sum le paai tawh i panpih zawh loh hangin thu na ngetsak thei hi.

Thuumna: Na pawlpi in AWR na panpih nuam hiam? Leitung kizopna zui-in na panpih thei hi. Sum le paai, tha le ngal tawh a panpih zolo mite aadingin "Ka huh theih bangmah om kei," ci loin thungetna tawh na panpih hamtang thei hi. Tuni-in na thungetna in vanglian hi, cih na phawk hiam? Citakna tawh na thungetna tungtawnin a mangthang ding mi khatpeuh na lawng thei a, vantung i tun ciangin cikmah hunin na theih ngei loh mi tampi in na tungah, "Nong thunget sakna hangin hih lai mun a tung thei ka hi hi," ci-in lungdam hong ko ding uh hi.



Sabbath 12 - March 21, 2026

Ama' Khutmate

Presidents, prime ministers, le gam uk makaite in kim le paam nate susia loin kemcing ding kul ahihna lim gen mahmah uh hi. Khristian thu umte zong hih thu pelh theih h hi lo hi.

Lai Siangtho in hih leitung kisia ding hi mah taleh limtakin kemcing ding hong hihna thu kimu thei hi. Earth 2.0 hong tung ding hi; na khempeuh a thakin kibawl kik hi ding hi. Kim' le paam limtakin a kem a zuun ding piansakna thu a um eite in Pasion piansak singkung lopte a susiate hi loin a kemcing mite ihih ding kizam mahmah hi.

Bang hang hiam cihleh eite in Pasion neihsa kemte ihi hi. Nate mawk beisak lo a limtakin zeekin zat siam ding kizam hi. Pasion hong piak siamna, talent tuam tuamte koi bangin ka zang hiam, ci-a kitel ding kizam hi. Pasion piansak na khempeuh a kemcing ding ihi hi.

Piencil 1:26 ah Pasion in "Ei tawh kisuunin mihing i piangsak ding hi," ci-in Ama lim le meel suunin mihing hong kipiangsak hi. Mihing in piansak nate khempeuh tungah ukna nei dingin thu neihsa hongpia hi.

Hihite khempeuh in mihing kipiangsakma-in a kipiangsak ahi hi. Pasion bawlsa a hoih leitung a kemcing dingin hong koih cih thu in bangzahin a lian hamphatna hiam?

Pasion na khempeuh tungah Pasion khutma kimu thei hi. Nate in a ni ni-in beimang ding hi; na khempeuh kisiatna lam manawh hi. Mihing in i dal zawh thu zong hi lo hi. Pasion khutma-in piansak nate tung a om hi.

Piangsakpa khutma in a mual ngei kei hi. Piansak nate a kemcing ding, a don dingin neihsakem dingin hong koihsa zui-in limtakin a kem a don ding ihi hi.

Thuumna: Topa neihsa sawmah khat, Amah apkikna tawh Ama tungah citak ding ihi hi. Pasion in hong piak na khempeuh tungah sawmah khat a pia kik ding ihi hi. Zeisu hong kumkik mateng piansak nate susia loin a cing, a kem ding ihi hi.



Sabbath 13 – March 28, 2026

Heinz, Kraft, Wrigley, Hershey, le Colgate

Sawmah khat in na ngahna khempeuh lak panin na piak ding % hi. Sawmah khat khempeuh Topa ansal ah na puak ding hi. Lai Siangtho hong hilh bangin Pasion in hong pungsak ding hi.

Sawmah khat tawh kisai-in thu zuite lakah buai-na, muhzia tuamtuum om hi. Mi kim khat in sawmah khat in Jew mite tawh kisai hi bek hi, ci uh hi. Tuhun thu zuite tungah hong kipia hi lo hi, ci uh hi. Tua hi-in sawmah khat khempeuh Topa kiang tonpih lo uh a, tawmno khat bek, amau hoihsak zah khat bek a paipih uh hi.

Lai Siangtho in tua bang dingin hong hilh lo hi. Sawmah khat khempeuh Topa tung na ap ding hi. Zeisu mahmah in thuman takin sawmah khat piak ding thu hong hilhna kimu thei hi (Matthew 23:23). Topa in Moses tungah leitang panin a piang na khempeuh in Topa aa dingin a siangtho hi" (Siam. 27:30).

Topa sittel dingin hong kisawl hun a kipan, Malachi 3:8-12 pulaak bangin, Seventh-day Adventist thu'um mi tul tampite in sawmah khat Topa tungah a ap uh hi. Sawmah khat piakna hangin mi nuamsa mi minthang tampi kimu thei hi. Leitung ah Heinz, Kraft, Wrigley, Hershey, le Colgate cihte in sawmah khat piakna-ah a citak mahmah mite hi; a cihtakna uh hangin tuni dongin amaute min kigen gen lai hi. Amaute in sawmah khat piakna-ah etteh thamcing mite ahi uh hi.

Zeisu hong kumkik mateng Ama tungah sawmah khat piakna-ah a citak ding, a thuman dingin Zeisu in hong hilh hi.

Nang le nang kidong in. Thupha ka ngah zah le Sawmah khat na piakzah, koi a tam zaw hiam? Na piakna sangin na ngahna a tam zawklam na mu ding hi.

Thuumna: Ngahna zui-in sawmah khat, sumpit/citpiaknate Topa in a mangngilh kei hi. Sawmah khat piakna-ah a citak mi in thu upna le thu zuihna-ah a citak mi hi. Tuni-in piakna-ah i Topa etteh ding ahi hi. Tua in thu upna zungkhasak thei a, Ama Kammal sungah hong lutpih ding hi.



Sabbath 14 - April 4, 2026

Kei' Cihthu-ah Sihna

Kum 6000 vallai-in Satan in Eve a na khem hi; Pasion bang ding hiteh! ci-in zuau tawh a khemna thu i thei hi.

Tua khit kum 4000 ciangin Satan in sehnel gamlakah Zeisu na khem leuleu hi; "Nang le nang kisittelpha in. Pasion Tapa nahih takpi leh na hihloh kingaihsun in."

Kum thum sung tawntung Satan in Zeisu ze-et den hi; ahi zongin Zeisu in tua ze-etna khempeuh naangzo hi.

Kaal khat hongbei hi. Genkholhna hong tangtung hi. Satan in Zeisu zozo lo hi; a tawpkhakna-ah mi khempeuh in Zeisu lehdo dingin a vaihawm hi. Zeisu in, Pa nusiatna thuakin leitung mite simmawhna athuak hangin Satan ze-etzo tuanlo hi.

Satan in singlamteh tungah Zeisu a khailup dongin nasem hi. Satan in Zeisu lungsim a zo thei hileh na khempeuh, hotkhiatna geelna khempeuh kisia ding a, Satan in a gualzopa a suak ding hi. Ahi zongin Zeisu in Pa tawh kizopna kiptakin nei ahih manin Satan khemna khempeuh a kantan zo thei hi. Dawi gilote, galkapte le migilote khutzatin nei-in tua bangin Satan in Zeisu a zawhsawm hi. " Pasion Tapa na hih takpileh nang le nang kihonkhia mai ve! ci-in a zahpih hi.

Zeisu in Amah le amah kihonkhia lo hi; kihonkhia nuam hileh a kihonkhia thei hi; ahi zongin leitungah mihingin a hong nuntakna mungtup a tangtun loh khak ding lunghimawhna lianpi nei hi. Tua hangin Zeisu in Satan tungah zawhna hong ngahsak hi. Satan in Zeisu tungah "Nang le nang kihonkhia mai ve! ci-in a pulaak lai-in Nungzuite in singlamteh phungah khitui luangin a om uh hi.

A tawpkhakna-ah Zeisu in Amah le amah kihonkhia hileh mihing in hotkhiatna ngah kei ding hi. Zeisu in nang le kei hong honkhia hi.

Tua hotkhiatna sungah a lungdam tawntung ding ihi hi. Topa hong hotkhiat na hangin na lungdam hiam?

Thuumna: Tu-in sawmah khat le sumpite Topa i ap kik ding hun hong tung ta hi. Pasion in i lungtang panin duhhop huaihamna, angung khual na, si le sa deihnate hong zawhpih thei hi; na lungtang Amah na piak ding kisam hi. Lungsim thak na ngen ding hi. Piaknopna lungsim a nei nailo mi na hihleh Topa tungah tua lungtang na ngen ding hi.



HopeTV

Sabbath 15 - April 11, 2026

Lametna Pulaak

(Hope Channel International)

Middle East gamte le North Africa gamte-ah SDA thu zui mi 7,026 khawng bek om uh hi. Gam mi teng 574 val bang om hi. Mi khat in hotkhatna thu a zak nadingin ni khat kisam hileh gambup in hotkhatna thu a zak zawh nadingun kum 224 val bang kisam ding suak hi. Kltangsapna lian mahmah hi. Ahi zongin huih lak nasepna in vanglian mahmah hi.

Hope Channel in SDA pawlpi nasepna media ministry khat hi-in, kampau nam 100 val tawh hotkhatna thu kitangko zawhlohna munte-ah tangko hi. A diakdiakin 10/40 Window munte —Middle East, Ethiopia, le India gamte —hotkhatna nasepna hamsa pha diak gamte ahi uh hi. Hope Channel in Zeisu thu mun khempeuhah a kizelsak nasepna lianpi hong suak hi. Pasion thugen ding mi pai ding kiphal lohna gamte-ah hih Hope Channel tungtawnin thugenna kinei thei hi. TV, huihlak tungtawnin Lai Siangtho gal sinna, kinei a, mi tampi in hih tungtawnin Khazih, Honpa le Tanpa-in sangin tui kiphum mi zong tampi om khin hi.

Ethiopia gam ah tualgal tungin kum 14 a pha pan nungak khat in a innkuan pihte tawh kikhenin om hi. Mailam nuntak khuasak nading bangci ding cih kithei lo, lametn bei-in a om hi. Ahih hangin hih nungakno in Hope Channel na mu kha-a, a zak thute tungtawnin Topa sungah khamuanna a ngah thei hi. Gal veeng nai lo ahih manin a innkuanpihte tawh om khawm thei lo hi mah taleh Khazih itna tawh a nungta thei veve hi.

Mang. 14:6 hong hilh lungdamna thu in minam khempeuh, gam khempeuhah pau nam khempeuh tawh kipuak a, a sawt loin leitung buppi-ah lungdamna thu kizel khin ding hi.

Tuni-in na sumpi in Hope Channel nasepna a huh thei nai kei zongin na kim na paamte-ah Pasion na nasep theih tampi a omlam na phawk hiam?

Thuumna: Tuni-in koi mun koi munah na om zongin na citpiakna tungtawnin mi tampi in Khazih hong itna le hong hotkhatna thu a za tei uh hi.



Sabbath 16 - April 18, 2026

A Thak Kitang' sapna

Khat vevei i vanzatte khel zelzel kul om hi. Mawtaw, cycle, bicycle cihte kum tampi i zat khit ciangin update ding kisam hi. Hi mah lo hiam?

Volkswagen kici mawtaw zuak khat in hih bangin a pulaak hi. "Nangma nunna in manpha na hihlam na kiphawkpahpah kei hi. A manpha nate na ngaihsutna in tua bang ngaihsutna hong lut hi. A nuam zaw, a hoih zaw na theih khit ciangin tua bang thu, van le nate i lunggulh hi.

Nuntakna manphatna taktakin van le nate tungah kinga lo zaw a, i nunna a hoihin i zatna in nuntakna manphasak na hizaw hi. A hoih zaw, a nuam zaw, i deih toto, i mihing ngei-na hi. Ahi zongin tua nopsakna in Pasian hong piak nasep ding panin lam hong pialsak loh ding kisam hi. Banghang hiam cihleh mi tampi in nopna zui-in vantung thuman panin lampialkha baih uh hi.

Nazareth khua mi Zeisu kiniamkhiat takin a zui hi lehang, tawntungin amannei, thute sungah nungta-in, a kalsuan thei i suak ding hi. Topa a thei nai lote in i nunzia hong muh ciangin vantung thuman mu thei bek tham loin amau mahmah in zong tua thu tawh a hong nungta nuam ding uh hi.

Neih le lamhte in lungkimna hong pia thei taktak hiam, ci-in ngaihsun lehang, leitung van le nate in lungkimna, hongpia theilo hi; Topa bekin lungnopna hong pia thei bek hi. Piaknopna tawh piakna in lungkimna hong ngahsak hi. Huh kisam mite huhna in zong lung nopna hong ngahsak hi. I piakzia i khan toto ding kisam hi. Tuma kum 5 lai-in na piak zah sangin tu-in na piakzah khansak ding kisam hi.

Piakna tungtawnin i nunzia zong kidomsang hi.

Thuumna: Manmanin na piakna zui-in Topa tawh nasem khawm na suak thei hi. Amah in hih bangin kamciam hong pia hi: "Pia in. Hong kipia kik ding hi. Koih nading mun omlo zah phialin Topa hong pia thei hi. A dimletin hongpia ding hi. Banghang hiam cihleh na piakna zui-in hong kipiakik ding ahihlamtak na phawk ding hi (Luke 6:38). Topa hong piak kamciam a muangmawh na hihleh tu-in Amah ze-et in. Kisin in. Thupha hong pia lo-in a omkei ding hi.



Zingciang Ading Bangcih Ding?

Na hoih khatpeuh sem dingin na khensat ciangin "dotna khat hong lut thei zel hi. Bangzah piakhia ding ka hiam? Tu pia leng, mailam ah bangci nungta ding cih lunghemna hong omthei hi. Hih dotna dawnkikna-ah lungkhamna, lung himawh na in mailam hong musak thei lo hi; mittaw hong bangsak hi. Piakna hangin nek ding dawn ding nei loin Topa in hong koih lo ding hi.

Amah muang in, um in. Na piakna zui-in Amah hong dinkik ding ahihlam phawk inla, lungmuang takin na pia ding hi. I piakna zui-in Topa in hong dinkik ding hi, cihthu in khuavannuai-a nate omzia in hong hilhhilh ahi hi.

Paunak 11:24, 25 sungah "Pai in na nei semsem ding hi. A cil mi, mi huh nuam lo mi in kitangsapna hau semsem ding hi. A cingh mi in nei semsem veh; a cil mi neihsa kiam semsem veh! Midangte tui a buak mi in tui buah a ngah kik ding hi." Zeisu in hong hilhna-ah, "Zingciang aa ding lungkham khol kei un, zingciang aa ding ama hunin hong kicing nading hi" (Matthew 6:34). Topa in hong kamciam hi: Pia in, hong kipia kik ding hi. A henhen, a tattatin koih nading mun om lo zahin hong kipia ding hi" (Luke 6:38).

Vantung a om i Pa in a Piakhiapa hi. Amah in puan silh ding hong pia hi. I nek i dawn ding hong pia hi. Om nading mun zong hong pia hi. Cidamna, tha le ngal hatna, pilna, theihna hong pia hi. Na khempeuh a hong pia Topa hi. I Pa nasep midangte piakna i hanciam ding hi. "Piakna tawh nungta inla, upna tawh pia in. Topa kamciamte a tangtunna na mu ding hi.

Thuumna: Sawmah khat, sumpite/citpiaknate Topa tungah i ap kik ihih bangmahin lungdam le le piaknopna lungsim tawh Topa tungah Ama neihsa mah a apkik ihi ding hi. I kitangsapna khempeuh Amah mah in hong sikh, hong pia ding hi. Tua hi-in Ama tungah lungdamko ding thupi hi lo hiam? Piak lohna hangin mawhnate zong Topa hong maisak nadingin thuum inla ngen in.



Neihna Bei-na

Van le nate a thakthak laih zel ding kism thei hi. Tua bangin a hoih zaw na laih pahpah hiam? Ahih keileh ahi thei bangin a zangzang na hiam?

Volkswagen mawtaw kizuakna mun khatah, "Mihing in a kisialhpih thute, a uag'lua van le nate zatnate in a thupi hilo hi; ahi zongin a om bangbang zat siam na in man neihna hi zaw hi.

Hih in i nunzia ding lam hong lak hi lo hiam? Pasion hong piak nasep ding panin lampial a, leitung nopsak nading a zongzong na hi kha hiam?

Kiniamkhiatin Nazareth khua mi Zeisu nung a zui mite in tawntungin a luah ding kamciam kipia khin ahih manin, amau nunzia in a nungta Pasion a thei lo mite sangin a nunzia dinmun a sangzaw-in nungta kalsuan ding kilawm zaw tham hi lo hiam?

Na hoih tuamtuam neihna hangin a lungkim na hi hiam?

Lai Siangtho hong hihna-ah leitung nopsak nading zong lo zaw a, vantung nunzia mitsuanin a nungta ding ihi zaw hi.

Hih in tawntung nunna lam zuan mite nunzia hi zaw hi. Piakkhiatna tungtungin na nunzia dinmun lamto inla, huh ding kismte huh nuam loin na om kha hiam?

Piakna-ah mite etteh taakcingin na pia ding hi. Piakna ah khangto ni.

Thuumna: Tuni-in Topa tungah sawmah khat na apkikna tungtawnin, Topa Pasion in thupha tampi hong pia theipa ahihlam na phawkkhawmin Amah na ap ding hi. Midangte hoih nading ahi-a, Topa nasep nadingin ahi zongin na pia ding hi. Citakna tawh na pia ding hi.



Sabbath 19 – May 9, 2026

Gimna le Gilkialna pan Suahtak’ Nading Huhna Pia (ADRA)

Midangte a huh nasem mi nih in Kathmandu khuapi, Nepal ah zan khuamial taleh nasem in om uh hi. Kum tampi khit ciangin hih munah nasemin a vapai uh hi-in, ihmu man loin nasem kitaaklah mahmah uh hi. A sawt nai lo hun khatlai-in zinlinna hangin a kisia inn tampite le lampite a bawlpha-in tua bangin nasem uh ahi hi.

ADRA nasem Simon le Julian in kum tampi Nepal gamah nasemin om hi. Zinlinna hangin mi 9000 val in nuntakna beilawh uh hi. 22000 val bang in liamna tawh kidim hi. Hih nasep in cimawh dongtuakte huhin panpih nasepna-ah kihel dingin a nihun sapna ngah uh hi.

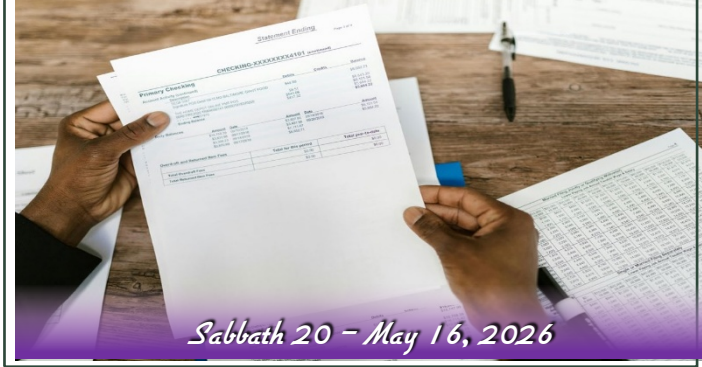
Kum sawm sung bang ADRA in Nepal gamah a sepna hangin gam mi tul tampi in phattuamna noptuamna amu uh hi. Tua zan khuamial laka nasem Simon le Julian in a kim a paam a om gim thuak mi khempeuh a huh, a panpih zo kei uh hi. Tua bangin dongtuak mi amuh uh ciangin a lungtang sukha thei mahmah hi. Amau geel kiho-na-ah, “Julian aw, mi kitangsam, huhna kisam khempeuh i huh, i panpih zo kei hi. I sep theih in ciangtan nei mahmah hi, ci-in a pulaak hi.

Tua bangin cimawh dongtuakte huhin, na panpih nuam hiam? Kei guak in bangmah i sem zo kei hi. Ahi zongin huh nopna lungsim na neih nakleh mi tampi a huh, a panpih zo na suak ding hi.

Here is a link to a video about ADRA.



Thuumna: SDA pawlpi in kipawl khawmin leitung mun tuamtuam, gam tuamtuam a om cimawh dongtuakte a huh, a panpih pawlpi ihi hi. Ei guak in bangmah i sem zo kei hi; ahi zongin nang le kei kipawlin i pan khop ciangin na lianpi a sem, a bawl zo i suak hi. Leitung bup a lawh zo nasem pawlpi ihi hi. Tuni-in nang le kei in ADRA i huh zo kei kha ding hi. Ahi zongin na omna khua pawlpi in na lianpi sem thei a hihlam na phawk hiam? Pawlpi nasepna-ah na kihel hiam?



Bang Dingin Nungta Na Hiam?

I calendarte, sep ding bawl ding i geelnate, bank a sum kholhnate in i masak dingin i koih thute a kilanghsak hi. I hun zatzia le sum le paai zatziante in leitung ading bekin nungta maw, Pasion adingin nungta cih a kilanghsak hi.

Hih thu ngaihsun pha in. Na ut bangin, ci le sa aa ding a nungta dingin Khazih in sihna hong thuak a hiam?

Sep ding bawl dingin na geelnate in Topa deihna tawh a kituak diam? Topa in hong awi na diam? Nang le kei adingin thupi i sak mahmahte Topa mai-ah bangmahin kimanglo thei ahihnam na phawk hiam? Ahih keileh Ama deihna tawh kituak loin na geel, na sem kha hiam? Na geelnate, semding bawl dingin na koih masakte in Topa zia le tong a kilanghsak ding kisam hi.

Zeisu in eite a cingtak nunna i neih nadingin leitung ah mihing in hong piang hi. Amah in na khempeuh Piangsakpa ahih bangmahin eite ading a hoih pen a thei Amah bek hi. Nungzui mi tampi in Pasion lampi in zuih dingin a hoih pen lampi ahihnam pulaak uh hi. Sum le paai, kiteenna, cidamna nuntak khuasakna, khatle khat kizopna, lungnopna, kicinnate in Topa sung bekma hi.

Topa tungah na nun'na buppi 100 ah 100 na kipia ngam diam? Akipia ngam mi in lungnopna, khamuanna angah thei hi. Nang zong Topa adingin nungta in.

Zeisu in "Ama nuntakna a huu nuam mi in nuntakna taan ding hi. Ahi zongin Keima thu le Lungdamnathu adingin a nuntakna a pia mi-in a kicing nunna a ngah kik ding hi," ci-in hong hih hi (Mark 8:35).

Zeisu hong sihna tawh kituak in a nungta lo ding na hiam?

Thuumna: Tuni-in Sawmah khat le sumpite Topa na apna tungtawn in Ama kamciamte hong tungsak ta hen. Ama gam le dikna zong masa loin nungta ding na hiam? Na zia le tong khempeuh in Topa le Ama ukna a kilanghsak hiam? Kisittel pha in. Na siamna, kivaknate in Topa deihna bangin zeekin a zang na hiam? Topa in muanna tawh hong kop sum le paaite Ama gamzai nadingin na zeek ding hiam? Na cihtakna tungah Topa in maipha hong taan hen.



Sabbath 21 - May 23, 2026

Lungdam Nading Thu Giatte

Leitung mun tuamtuamah khualzinin hun tampi ka bei hi. cidamna thu tawh kisai thu hilhna ka nei thei kawikawi hi. Lungdam nading thute tawh ka nungta hi. Tua thute in nuntakna- hun, siamnate le sum le paaite hangin Topa tungah lungdam na ko hiam?

Ka khual zinnaa-ah Arizona, USA gam a om mite tawh ka kimuhna panin hih thute ka lungsim a hong suak hi. Lungdam nading tua thu giat te- in:

1. *Hun*—Dedicating time every day to God and His work.
2. *Talents*—Using my God-given abilities to serve Him.
3. *Sum le paaite*— sawmah khat, sumpi tuamtuamte, neih le lamte
4. *Teci panna* — Pasion in i nuntakna hong sepsak thu hangin,
5. *Biakinn* — Pasion nasep nadingin lungsim pumpi kepcing na
6. *Thuman thutak* — thuman thutak kepcingna, Pasion Kammal hawmsawn
7. *Gam le lei/ mun le mual* — kim le paam nate susia loin kepcitna,
8. *Mihing hihna* — ka innkuan, ka pawlpi, leitung buppi limtakin zuuna

Hih thute in Pasion min a thangsak thei hi. Paul in “Bangbang nasem zongin, na hihna khempeuh ah Topa minthan nadingin semin bawl un,” ci-in hong hanthawn hi (1 Korin. 10:31).

Topa tungdam takleh midangte tungah thu hoih sem ciat ni.

Thuumna: Sawmah khat, sumpite Topa kiangah i paipihna-ah, tu kaal sung sepna bawlna khempeuh panin Topa hong piak sum le paaite lak panin sawmah khat le sumpite Amah a apkik hi ding hi. Na khempeuh tungah Topa hangin na lungdam den ding hiam?

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Cidamna le Hauhna

Nuntakna in khen nihin kikhen thei hi, ci-in kipulaak hi. Amasa hun lang in i cidamna tawh hauhna kizong hi. Tua khit ciangin cidam nadingin i neih i lamte i zangkik hi, kici hi. Neih le lam, sum le paaite tungtawnin cidamna i zong hi.

Seventh-day Adventist Pawlpi in cidamna tawh kisai thukhun tampi i pulaak hi. Tua thukhunte in Piangsakpa tung pan hong pai ahi hi. Pawlpi in zato, clinic, cina kepna kidon kikepna innte kinei hi. Tua munte tungtawnin hotkhatna lungdamnathu kipulaak thei hi. Hihin i hamphatna lianpi hilo hiam? Pasion hong piak cidamna thukhunte zui-in nuntakpih lehang, pumpi taksa, lungsim ngaihsut na dongin cidamna kingah hi.

A tamzaw in Piangsakpa hong piak cidam nading thukhunte a awlmawh lo mi kitamzaw hi. Khua-ul luangsak ding, cidam nading annek tui dawnna, tawh ngakna, thu upna, tui siangtho dawnna, huih siangtho dikna, le a tuamtuam tampi om hi. Nisim nuntak khuasak nadingin sepna bawlnate in i pumpi lungsim dam nadingin hong huh hi. A nungta mawkmawk hilo-in, nunna bucing a nei dingin Topa in hong deih hi. Tua bang nunna cing a nei dingin Topa in lampi hong sialsak khin hi. Tua lampi a tawn mi in pumpi lungsim damna a mu pelmawh ding hi.

Na nuntakna in a kilekkim hiam? Cidam nading bek mungtup in a nei na hiam? Sawltak John laikhak sim nuam ka sa hi. Thu-um mite a laikhakna-ah "Amaute hopihna kammal masate le a thungetna i et ciangin "Note in na khem peuh ah cithei-in cidamna, lungnopna tawh na kidim nadingun thu kong ngetsak hi," cih thu i mu thei hi (3 John 2).

Bangzahin etlawmin hiam? Cidam, ci thei, nuamsa upna sungah kiptakin om, cih thu in a deih huai pen hi lo ding hiam?

Thuumna: Tu-in Topa tungah Sawmah khat, sumpite na paipihna hangin, Topa in cidamna hong pia-a, nasem thei-in sum le paai zong thei hiteh!. Pasion hong piak cidam nading thu khunte ngaihsun in; cidam nading thukhunte in Pasion min a thangsak thei thute mah hi; tua hi-in cidamna le Pasion minthanna in kizopna nei hi. Damloh hun ciangin thunget ding zong hamsa, biakinn pai ding zong thu baih lo, i dam sungteng mah Topa aa dingin i hunte zat siam ding kisam mahmah hi.



Sozo

Sōzō cih kammal in Greek kammal hi-in, “hotkhiatna;” honkhia, damsak cihna hi. Pumpi taksa damna, lungsim damna, nuntak cidamna, thu upna cidamna hi.

Luke 8 sungah natna le cidamna tawh kisai thu tampi kimu thei hi. Kum 12 sung tawntung damlohna tawh kidim numei nu in a neihsa khempeuh a bei dong in dam nading a kibawl hi. Noptuam cih sangsikin a natna nasia semsem zaw hi. Tua bang dinmun tawh a nuntak laitakin damna lamena, Zeisu kiang va zuan hi.

Zeisu in ka natna panin damna hong pia ding hi, cih upna nei a, tua numei in mihon lakah Zeisu puan mongtep va lawngkha hi leng, ka dam ding hi, cih upna tawh Zeisu kiang va naih ding in a hanciam hi. Mihon lakah kinawksuk kinawkto-in om a, a tawpna-ah Zeisu puan mong va lawngkha bilbel hi. Nalamdang lianpi khat piangpah a, a natna khempeuh a damlam a kithei pah hi.

Damna a pia Zeisu hi. Zeisu in tua numei nu hehpih ahih manin “Numei aw na upna in hong damsak [sōzō] zo hi; lungnuamin pai in,” a ci hi (aneu 48). Numei in damna a ngah nadingin Zeisu kiang vazuan hi. Tua bangmahin Zeisu in damna bucing a guan hi.

Pumpi taksa damna bek tham loin upna damna zong a ngah hi. Zeisu in tua numei lungnopna apia hi. Tulaitak na nunna-ah pumpi, lungsim, nuntak cidamna na nei hiam? Na kisapleh sum le paai zonna-in na hunte khiam inla, tawntung nunna lam zuanin kalsuan in. Leitung hauhnate sangin hotkhiatna [sōzō] zong zaw in. Zeisu bek in hong piak theih tua damna na ngah ding hi.

Tua damna in sum tawh kilei thei lo hauhna lianpi hi lo hiam?

Thuumna: Tu-in sawmah khat, sumpite/citpiakte Topa na tonpihna tungtawnin Amah in damna, pumpi taksa damna, lungsim damna, nuntakna damna, thu upna damna hong guan ding hi. I ngahzah panin sawmah khat Topa i apna tungtawnin nuntakna bucing damna i ngah ding hi. Tua ding in ngen in. Zeisu, Honpa in na sung hong nungta ding in sam in. Na lungsim kongkhak za takin hong in. Na kitangsapa khempeuh Ama hauhna in hong kicingsak ding hi.



Ferrari Mawtaw Thak Na Deih Hiam?

Tangthu kigelh khatah "Peter" kici min nei khat om hi. A sanggampa tung pan mawtaw khat letsong in ngah ahilh manin nuam mahmah miteng tungah a pulaak kawikawi hi. Ni khat khua sung vak uh a, a mawtaw koihna-ah koihin van lei dingin hong pusuak hi. Van zuakna sung vak kawikawi-in a deihteng a lei khitteh van tampi tawh a mawtaw koihna munah hong tungkik hi. Tua bang van tampi lei-in hong pai, naupangno khat in amu hi. Tua naupang in hopih a, "Hih mawtaw nangma mawtaw maw? ci-in a dong hi.

Hi mah hi; ka mawtaw hi. ka sanggampa khat in hong piak hi," ci-in a dawngkik hi. Tua naupang in lamdangsa-in tampi man mawtaw, tua bangin kipia khong cih mawp pen ci-in ngaihsun a, kei zong hih bang mawtaw deihmah singh e" ci-in a ngaihsut kawmin " Peter in, kei bangmahin nang zong tua bang sanggam khat deih na hihlam ka thei hi" ci-in a dawngkik ciangin, tua naupang in " hi lo ee, hi lo ee' tua bang sanggam khat ka neihsangin tua bangin a sanggamte a huh, a panpihzo ka ut zaw hi" ci-in a dawngkik hi. Cihnopna-ah letsong ngah sangin , a piakhia a utzawkna kimu thei hi; Lai Siangtho hong hilh bangmahin ngahna sangin piakna-ah thupha om zaw hi, a cih bangmahin a ngahte sangin a piate ut huai zaw mah hi.

Abraham bangmahin, midangte tungah thupha a hawmsawn thei dingin Topa thupha hong pia hi (Pian. 12:2).

Zeisu in zong hih bangin hong hilh hi lo hiam? "Ngahna sangin piakna -ah thupha om zaw hi."(Sawl. 20:35).

Thuumna: Tuni-in Topa tungah sawmah khat, sumpite/citpiakna i pai pihna tungtawnin, midangte tungah thupha bawlin, a pia khia zaw thu zui ihih ding thupi mahmah hi. Tua bangin midangte i huh nadingin sum le paai tampi kisam hi masa lo hi; tampi neih ciangin pia ding cih hi lo hi; ka neih bangmah omlo ci-a pialo cih zong hi tuanlo hi; na neih bangbang na pia thei hi; a kisam masa bel in na khensatna, na piaknopna a thupi bel ahi hi.



Manlang' Takin Khualzinna

C. S. Lewis in hih bangin laigelh hi: "I pa in khualzinna-ah a nuam giahbuk inn te tungtawnin tawldamna thak hong guan hi. Inn i khialh khak loh nadingin hong hanthawn hi."

Pasian hongpiak neih le lamhte mitsuanin hongpia Pa mangngilhka i hiam? Bang dingin tua bang van le nate, neih le lamh, Topa in hong pia hi ding hiam? I neih i lamhte in eima neihsa hi lo hi. Sum le paai, inn le lo, sumkholnate, puansilh nikteen, kimawlina vanzat tuamtuamte, siamnate, hih theih nate in muanna tawh hong kikemsak hi bek a,tawntung lungdamna thu aa dingin a zek a zang dingin Topa in hong deih hi. Leitung khuahun paizia manlang mahmah tawh kizui-in nasepnate-ah zong manlang ding kisam hi.

I nasep in thupi mahmah hi. Tawntung kimang ding nasep a sem dingin sapna ngah i hi hi. Hih nasep in hotkhatna nasep hi-in, midangte Zeisu kiang a tumpih ding nasep ahi hi. Hih nasep-ah ei guak bekin a sem ihi kei hi. Nasep nadingin Topa in thupha hong pia hi; sepsiamna, a kisam sum le paaite zong hong pia hi.

Hong piak thuphate Ama minthan nading, hotkhatna nasep nadingin i zat, i zeek ding kisam hi.Hih in i hamphatna lianpi hi lo hiam? Pasian hong piak neih le lamh, sum le paaite Ama aa dingin zangsiam ciat ni. Zeisu mitsuanin a mainawt ding ihi hi.

Helen Lemmel in hih bangin a gelh hi: "Zeisu mitsuan inla, a lamdang maitang en in. Tua hileh Leitung lunggullhnate hong kiam semsem ding a, Ama vangliatna le hehpihna sungah a kalsuan semsem ihi ding hi.

Thuumna: Tu-in Sawmah khat, sumpite, Topa kiangah va paipih ciangin, hong piakna zui-in citakin Amah i ap kik ding kisam hi. Ngahna zui-in sawmah khat khenkhia a, a citak, a thuman mi ihih ding kisam hi. Leitung nopsaknate nusia-in vantung nopsakna sung a nungta zo dingin Topa huhna na ngen ding hi. I mai-a om tai kidemna-ah kung dong tun dongin mainawtin tai ni. Hong tuantualsak thei na khempeuh nusia ni.



Sabbath 26 - June 27, 2026

Lungtang ading A Manpha Nate

Satan in sehnel gamlakah Zeisu a zia-etna ngaihsun kik in. Tua bang zia-etna na thuk kha ngei hiam? Tuhun leitung nuntak khuasaknate in hong huzaap khin hiam? Leitung nopsak nading bek lunggulhin a nungta mi na hi kha hiam? Naupangno khat van khat lak inla, " hih na deih hiam? ci-in dong lecin, "deihmah hong ci ding uh hi.

Hih in mihing huaihamna pulaak hi. Naungek a suak tung in nu nawi duhin kap hi; hih zong angsung huaihamna nam khat mah hi. Mi tampi in amau kisapna sangin a khengval zaw-in kikhual lua uh hi. Amau kitangsapna zah sangin van le nate deih uh hi; kim khat in tua bang lunggulhnate hangin thu upna panin lampial lawh uh hi. Van le nate deihna, lunggulhna in hong tuamcipin vantung thuman thute muh nading mi thong tawsak hi.

Khazih pulaak thu om bangin, Matthew 6:19, 21 Na sum na paacite uh leitungah khol kei un. Guta buluhte luhzawh lohna mun vantungah na sumte uh na khol zaw un. Bang hang hiam cihleh na sum omna munah na lungsim zong a om hi." Zeisu in hih bangin a pulaak ciangin, "Note aa dingin a hoih pen ding hi kha ding hi; ka upmawh thu-in" cih bangin hong sawl ahi kei hi.

Sum kholna in leitung hileh, tua munah na lungsim om ding hi; leitung thute tawh nuntakna in a mawkna hi. Vantung thute tawh a nungta dingin hong deih hi zaw hi.

" Zeisu mitsuan in. A lamdang Ama maitang na en ding hi. Leitung deihnate hong kiam semsem ding hi. Ama hehpihna le minthanna sungah a nungta na hi ding hi.

Thuumna: Tu-in Topa hong piak thupha khempeuh lak panin sawmah khat khenkhia-in Amah a ap ding ihi ta hi. Sawmah khat bek tham loin sumpite, citpiaknate zong Topa kiang paipih ding kisam hi. Leitung nopsaknate nusia inla, tawntung hauhna lunggulh zaw in. Pasion hehpihna tawh Zeisu mitsuan inla, na neih na lamhte Ama nasep nadingin na zeek ding hi. Hih in hauhna man taktak hi zaw hi.



Upna Lenkip

AD 65 kumin Rome khuapi sungah a teeng dingin kingaihsun in. Sawltak Paul in thongkia-in om a, a sawt loin thahna a thuak ding hi ta hi.

Kum tampi sung Paul in mi khempeuh tungah lungdamna thu genin om hi. Nopna le hamsatna a thuak khawmkhawm hi. Zeisu nungzuite amuh ciangin Pasion in Ama minthan nadingin siamnate a pia hi. Amaute in a Piapa deihna bangin a zat sangsikun amau nopsak nadingin a zang a zeek uh hi. Mihing kiphatsakna, kiliatsakna amu hi. Bangbagnin lawhcinna ngah uh hi taleh leitung hauha a lunggulh zaw semsem uh hi. Ahi zongin a nunzia a kikhel a kipan leitung nopsaknate nung hei-in vantung nopna a lunggulh zaw thei uh hi.


Hih in eite etteh ding nunzia hi. Zeisu mahmah in eite nopsak ngah nadingin gentheih, hamsatna namcin a hong thuak hi. Gimna sihna dongin a hong thuak hi. Paul in Zeisu khekhap zui loin a om ciangin kisuanna lianpi a nei hi.

Paul in Pasion vangliatna amu hi. Leitung hongpiak theih van le nate zong a mu hi. Ahi zongin tua nate in lungkimna taktak hong pia thei lo ahihlam a thei hi. Lungkimna hong pia thei, Zeisu bek hi.

Tua hi-in a nuntakna buppi in Zeisu lamsang ding simloh thupi a sak bangmah dang a om kei hi. A sih kuan nai ta ahih manin Timothy tungah laikhak a gelh hi. Siatna do ding a hanthawn hi. A tawpkhakna-ah Paul in "Kido-na pha ka do zo hi. Kung dongin ka tai khin hi. Ka ngah ding hamphatna in hong ngak hi. Upna tawh ka mainawt hi" ci-in a pulaak hi" (2 Timothy 4:7).

Hih Pual thunget in eite aa ding zong ahi hi. I upna thu lenkip dingin hong hanthawn hi.

Thuumna: Tu-in Topa hong piak thuphate lak panin sawmah khat, sumpi, citpiaknate Topa kaing va ap ni. Tu kaal sung nuntak khuasakna khempeuh panin Topan hong cing hong kemin hong piak a thuphate lak panin sawmah khat piakna-ah mantakin citakna tawh Amah i ap kik ding hi. Amah a lenkip do dingin huhna ngen in; hong pia loin a om kei ding hi. Sumpi piakna tungtawnin citakna kilangsak in.



Sabbath 28 - July 11, 2026

Leitung Bup Huam in Nasepna

Tuni sumpite kaihkhopma-in ka gen nop khat hong pulaak nuam ing. Tua thu in Pasion nasepna-ah kihelkimna hangin i pawlpi in leitung mun tuamtuamah missionary (gammial nasem) 324 bang paisak khin zo hi, cih thu kong pulaak nuam hi.

Leitungbup tuam a om pawlpi ciat in i kikaihkhop sumpite tawh gammial nasemte (missionary) panpih nadingin kizeek hi. Khuatual panin mission/ conference/ tua pan union, union panin division, division panin GC dongah tua bangin kipuak toto hi. Tua bangin pankhopna in na lianpi a sem zo pawlpi i suak thei hi. Tua bangin pankhopna panin Loma Linda University, Adventist World Radio le Hope Channel, ADRA (Adventist Development le Relief Agency) cihte kipanpih hi.

Hih kipawlnate in na lianpipi a sem zo thei uh hi. Leitung bup milip 66% in Zeisu thu za ngei nai lo uh hi. Ahi zongin hih hotkhatna thu a za nai lo mi tulza tampi om lai hi.

Hih mite in koi bangin hotkhatna thu a za thei ding uh hiam? A gen mi om keileh za theilo ding uh hi. Thuman thu tangko-na hangin mi tul tampi in SDA pawlpi sung hong thei uh hi. SDA pawlpi in takpi takin nasem a, hih nasepnate pan pihna zong kisam hi. Leitung bup sumpi 20% in World Mission Fund ci-in kikoih hi.

Hih nasepna-ah nang le kei zong a kihel thei ihi hi. Koi bangin na kihel ding hiam? Ngaihsun in. Gammial nasepna-ah ma na pang thei hi. Na kim, na paamah hotkhatna thu a za ngei nai lo om kha ding hi.

Na inn sung mahmah ah hotkhatna a za ngeilo a om hiam? Thugentehna-a sumtang mang bang mi tampi ki-om hi. Tapa taimang bang mi zong om ding hi. Tuuno bang mi om lua ding hi.

Thuumna: Tu-in Sawmah khat, sumpite, Topa kiangah va paipih ciangin, hong piakna zui-in citakin Amah i ap kik ding kisam hi. Ngahna zui-in sawmah khat khenkhia a, a citak, a thuman mi ihih ding kisam hi. Leitung nopsaknate nusia-in vantung nopsakna sung a nungta zo dingin Topa huhna na ngen ding hi. I mai-a om tai kidemna-ah kung dong tun dongin mainawtin tai ni. Hong tuantualsak thei na khempeuh nusia ni.



Piakna in Hauhna Man Hi

Khangno, u ham, ngimna kician khat tawh Pasion nasem kipawlina khat om hi. Kum kat sungin a sepna vuah metna tampi amu thei uh hi.

Amaute manphatsak penpen in 2 Korinthians 8:9 pulaak bangin lungsim tawh kisai thu hi. Tua mite in leitung hauhna neite ahi kei uh hi. Amau hihna bangbang tawh Pasion min a thangsak nuam mite ahi uh hi. A sepna, a hihna khempeuh un Pasion minthan nading ngimna a nei ciat uh hi. Leitung nopsakna tawh nungta nuam uh hileh nungta thei uh hi. Ahi zongin tua bangin nungta lo zaw-in, midangte tungah zang siam uh a, Topa deihna bangin a nungta mite ahi uh hi.

Mite muhna-ah bangmah nei lo mi ahih hangun lungkimna, lungdamna tawh a kidim thei uh hi. “Bang hangin tua bangin na nu le na pa in note aa dingin tua bangin sum zang uh hi ding hiam?”

Leitung nopna zui lo uh hi ding hiam, ci-in ka dong hi. Kum 20 khit ciangin tua innkuante tawh ka kimu kik a, a nunzia uh kilamdang ahihna ka mu thei hi. Amaute in bangmah nei lo napi, hauhna tawh a nungta mite ahi uh hi. A kimu thei van le nate a neih loh uh hangin, Topa mai-ah “Hauhna taktak a nei mite ahi uh hi.”

Huhna kisam mite huhin, donin kem uh a, Topa aa dingin nungta uh a, a neih bangbang uh tawh lungkim uh ahih manin hauhna mantak a nei uh hi.

Thuumna: Sawmah khat, sumpite, citpiaknate Topa kiang i paipih ciangin Ama hong piakna tungah citakin le thuman takin Ama neihsate Amah mah i ap kik ding hi. I neih bangbang tawh i lungkim ciangin hauhna taktak hi. Tam taleh, tawm taleh Topa aa ding na piak khempeuh citakna tawh na piak ciangin Topa mai-ah a santhamcing piakna a suak hi.



Min Hoihna Pia

Oswald Chambers in “My Utmost for His Highest” cih laibu khat gel hi. Kideih mahmahin bu tampi kikhawng laibu khat hong suak hi. Chambers in hih laibu sungah piakna tawh kisai genna nei-a, Khristian thu um mi khat aa dingin nuntakna nak bangin a pulaakna kimu thei hi.

“Siamnate, hih theihnate Topa na pia thei hi.” Ahi zongin na neih loh khat na pia thei kei hi. Sum le paai, siamnate, hih theihnate ei aa kisa khapahpah hi. Ka neih khempeuh keima aa hi lo hi.

Pasian in Ama deihna bangin zat dingin tawmno sung hong koppah hi bek a, Kei aa, nang aa cih ding om peuhmah lo hi.

Prophets & Kings sungah Ellen G. White in hih bangin gelh hi. “Minthanna sang pen ngahin siamna tuamtuam tawh kidim a om, Solomon in lungsimna a thuak hi. A ngaihсутна kileek kim nawn loin a om hi. A sia a pha khentel nawn loin kisiatna sung a tung hi. Tua ciangin a lam biakinnpi in Jehovah Pasian kitheihna Solomon biakinnpi ci-in leitung khempeuh kizel hi. Pasian minthanna in mihing tungtawnin hong kilang hi. Sangpenpa neih vangliatna in mihingte tungah a hong kilang ahi hi (Thuhilhsia 5:8).

. . . Mihing in vantung Topa Pasian vangliatna phawk loin, Amah pahtawi dingzahin pahtawi loin a om ciangin, hih sangin niakhiatna dang om lo hi. Eite hong Piangsakpa, hong Kempa, hong Honpa sungah bu ciat ni.

Thuumna: Tuni-in sawmah khat, sumpite, citpiaknate Topa kiang na paipihna-ah siamna, hih theihnate hangin Ama tungah lungdamna tawh na pia ding hi. Topa hong piak nate a kem siam, a zeek siam mi ahi hiam? Nang le nang na kisittelpha ding hi.



Sabbath 31 - August 1, 2026

Sum Tawh Kisai Lunghimawhlo

Latimer le Ridley cih minte in tangthu-ah a kithei mahmah khat hi. Bang hang hiam cihleh amauten October 16, 1555 kumin thahna a thuk uh hi; mei tawh kihaltumna a thuk uh hi. Tua bangin thahna a thukma a nitakin a upna nusia dingin sawlna ngah hi mah taleh Ridley' in a upna nusia dingin a ngaihsut kei hi. "Pasian in hong deihsak nakleh tuzan nuam takin ka ihmu hithiat thei ding hi," ci-in a dawngkik hi. Koi bangin Ridley in tua bangin lungnopna ngah thei hi ding hiam?

Mi tampi in neih le lamh tawh kidimin, leitung hauhna tawh nungta uh hi mah taleh lungnopna a ngah thei kei uh hi. Pumpi taksa damna nei napi-in, lungdam ngei lo zong mi tampi om hi lo hiam? Lungnopna, kicinna taktak koi-ah om ding hiam?

Lungnopna in buai-na bangmah neihlohna hi lo hi. Ahi zongin Topa ompihna ngahna in lungnopna hong ngahsak thei hi. A tawpkhakna-ah lungnopna in a kimu thei van le nate tungah kinga hi lo hi. Tung tham lungnopna hi loin lungsim nopna taktak, Zeisu bek in hong pia hi. Lungnopna in pumpi taksa damna tungah kinga hi lo hi.

Neih le lamh hauhna tungah kinga hi lo hi. Mi tawh kizopna hoih neihna tungah zong kinga lo hi. Pasian sung bekah nopna om hi.

Paul in Philippians 4:6, 7, "Na khempeuh lunghimawh loin thungetna le thuumna, lungdam kohna tawh Topa kiang zuan un. Na kitangsapna khempeuh uh Ama suankhia un. Amah in lungnopna, na khempeuh tungah kicinna hong pia ding hi. Lungnopna a zongzong na hiam?

Pasian zong masa in. Lungnopna na mu ding hi.

Thuumna: Tu-in Topa hong piak thuphate lak panin sawmah khat, sumpite, citpiaknate Ama a ap ding ihi ta hi. Lungnopna a zong mi na hiam? Sawmah khat, citpiakna, sumpi piaknate-ah citakna in lungnopna hong guan thei hi. Lungnop khamuanna kicing na mu ding hi.



Sabbath 32 - August 8, 2026

Sum le Paai Itna

Hih tengah dotna khat kidong ni: Khristian thu um mi khat in sum le paai itna tawh nungta-in a om ciangin midangte aa ding a nungta mi a kici thei diam? Khazih zia le tong nei hi, a kici thei diam?

Midangte a hehpih thei takpi mah diam? Sum le paai itna in lampi tuamtuam tawh kimu thei hi. Tuma kum tul tampilai-in Abram thu, hih bangin kipulaak hi.

Pian.12:1-3, Amah in Pasion thupha tampi a sang hi. Neih le lamh tampi hau hi. Bang hangin Pasion in Abram thupha pia hi ding hiam? Pasion in Abram thupha pia-in, Abram in midang tungah thupha a bawlkik thei dingin Pasion in thupha pia ahi hi.

Tuma kum tulnih lai-in Zeisu in a nungzuite tungah zong hih bangin thu hihhna a nei hi: "Midangte tungah thupha bawl ding, huhna kismate huh dingin a hihhna kimu thei hi. Luke 6:38 sungah "Pia in, nang hong kipia kik ding hi. Nate koih nading mun nei loin na om ding hi. Na piakna zui-in hong kipia kik ding hi. Zeisu in hih bangin a pulaak a kipan a nungzui taktakte in a nuntakpih thei uh hi.

Sawltak Paul in 1 Timothy 6:17-19 sungah "Piakna bektham loin gamtat khua hekna khempeuh ah na hoih tawh kidim dingin hong hihhna zong kimu thei hi. Midang ahuh thei mite in lungnopna khat teitei a mu thei uh hi. Piaknopna tawh i piak khempeuh in Pasion i itna kilangsak hi. Piakna in Pasion deihna zuihna hi.

Koi koi mun, bang dinmun, bang dinmun ah na om zongin angsung huaiham na nial, piakna a hanciam den zo dingin Topan tha le ngal hong guan hen.

Thuumna: Topa hong piak thuphate lak panin sawmah khat, sumpite, citpiaknate Ama a ap ding ihi ta hi. Lungnopna a zong mi na hiam? Sawmah khat, citpiakna, sumpi piaknate-ah citakna in lungnopna hong guan thei hi. Lungnop khamuanna kicing na mu ding hi. Tu-in sawmah khat, sumpite, citpiaknate Topa kiangah i paipih ciangin, Topa in neihsa sum le paai zeeksiamna hong guan ciat ta hen.



Sabbath 33 - August 15, 2026

A Suaktate Kisuang/Mawhna

Gitma khat thuakin a nuntakna a bei mi tampi om hi.

Tua bangin a mangthangte lakah a nungta zong om veve thei hi. Zankim laitakin mawtaw hawlin na om ngei hiam?

Na pai nading mun tunghakin mawtaw hatsak lua-in, mawtaw tuahsiatna a thuak mi tampi om hi. Vanleng tuangin a tuahsia zong om hi. Tua bang tuahsiatnate lak pan a suakta mi na hi hiam?

Tuiciin tungin mi tampi in sihna thuak hi mah taleh nang a suakta na hiam? Tua bang lakah a suakta mi na hihkhak leh Topa tungah na lungdamna lian mahmah hi lo hiam? Tua bang dongtuahna panin a suakta mi na hihleh bang hangin suakta na hiam, cih na ngaihsun ngei hiam?

Mi tampi in sihna thuakin nang na hihleh bangmah ci loin na suaktak theihna in a lamdang mahmah thu hi lo hiam? Lam khat panin tua bangin a tuahsiate lakah kihel kha loin na nuntak theihna zong Pasion hehpihna hi; bang dingin Pasion in ka nuntakna hong kepsak hi ding hiam ci-in na ngaihsut ding kisam hi.

Siatna, tuahsiatnate in leitung khuahun hoihlohna hangin a piang siatna zong aom, mihingte hangin a piang siatna zong om veve hi. Bangbang ahi zongin hih bang siatnate lakah a nungtalai mite in bang masuan nei i hiam? Thupha sang, ci-in na ngaihsut leh Topa tungah lungdamko in. Ama min phat in. Nisim nek ding dawn ding, silh ding teen ding hong pia Topa hi.

Ngimna khat nei-in nungta in. Pasion hong piak tha le ngal tawh Ama na sem in. Kalsuan inla, mainawt in.

Thuumna: Tun-in lungdamna tawh sawmah khat, sumpite, citpiaknate Topa kiang na paipih ciangin nang bangin thupha a sang lo mite ngaihsun in. Nek ding nei lote nek ding pia in. Silh ding neilote silh ding na pia in. Topa tung pan nan gah thupha tawh kizui-in midangte kitangsapnate zong na huh ding kisam hi.



Nuntakna Huu Na Neihlai-in Pia-in

A nungta na hih manin pia in, ci-in sawlna na ngah ngei hiam? Leitung nuntakna bei-in na sih khit ciangin na innkuanpihte, na lawm na gualte neih le lamh, sum le paai tampi nusiati ding a deihhuai thu hi mah hi.

Ahi zongin Pasion in nuntakna huu na neih lai-in pia dingin hong hih hi. A neih khempeuh a pia mi na mu ngei hiam?

Huaihamna a tamna munah piakna kiam semsem hi. Ahih keileh "Mission bulphuhin Pasion nasemte na huh ngei hiam? Na huh theih bangbang tawh na huh ding kisam hi. Nopsakna, Leitung gualnopnate a delhdelh na hi hiam? Zeisu Khazih nungzuite in vantungah i luah ding hauhna ngaihsunin Leitung i nuntakna sungah Ama aa dingin a nungta ding ihi hi.

Na sih ciangin na neih na lamhte kua in a luah ding hiam? Pasion nasep nadingin na pia khia ding hiam? Suan le khak a luah ding om mah ding hi. Ahi zongin Pasion le Pawlpi ading a pia mite in a hampaha hizaw lo hiam?

Tua hi-in na neih na lamhte Topa aa dingin na pia ding hi. Zeisu in koi bangin hong mu diam? Nang le nang i kidong ding hi. Counsels on Stewardship, Ellen G. White in hih bangin a gelhna kimu thei hi. "A sawt loin a Leitung nuntakna a bei ding mite in a nusiati a nungtalai mite aa dingin thupha bawl thei hi. Pasion nasep sila a kuama peuh in nisimin piakkiatna tawh a nungta ding uh hi" (p. 326).

Pilna tawh na nungta ding hi. "Na nuntaklai-in pia in. Tua hileh na tun nading mun a thei khol na hi ding hi.

Thuumna: Tuni-in sawmah khat, sumpite, citpiaknate Topa kiang na paipih ciangin Amah in na khempeuh a nei Pa ahihna phawk inla, nisimin Ama aa dingin na nungta ding hi. A hong piak thupha khempeuh tungah na cihtakna na kilangsak ding hi. Tua hi-in na nuntaklai-in a pia khia na hi ding hi.



Sabbath 35 - August 29, 2026

Asau zaw Sabuai

Lai gelh khat in hih bangin a gelh hi: “Midangte sangin a hampaha zaw na hihleh, dai a sang zaw bawl kei inla, sabuai a sau zaw bawl zaw in.”

Nuntakpih ding thu hoih mahmah khat hi lo hiam? Nisim na nuntakna-ah nuntakpih ding thugil lianpi khat hi.

Pasian in thupha hong pia ahil manin tua thuphate midangte tungah na hopsawn ding kisam hi. Lai Siangtho hong hilh bangmahin Abram in, Pian. 12:2 thupha a ngah bangin midangte tungah thupha a suak thei hi. Topan thupha hong pia hi; midangte aa dingin thupha ahi thei dingin tua bangin thupha ngah na hi hi.

2 Korin 9:6, 8 hong hilh bangin, “Tawmno bek khaici a vawh mi in tawmno bek mah a at kik ding hi. Tampi a vawh mi in tampi mah a at kik ding hi. Pasian in a kicing thupha hong pia hi. Tua thuphate koi bangin na zeek hiam? Midangte na huh hiam? Huhna kisam mite na huh ding kisam hi. Na khempeuhah kicinna nei-in, nasep hoih tawh a kidim dingin hong deih hi.

Zeisu in zong midangte huh nuamsa hi. Nek ding nei lo mite, nek ding a pia hi. Nek khat an tawh mi 5000 val bangin kham takin an a pia hi. Zindo-na-ah mite etteh thamcing na suak hiam? Luke 14:12–24 pulaak bangin zindo siamna hangin hamphatna khempeuh i pulaak khin zo kei ding hi.

Zindo-na, cimawh huhna cihte in nang mah ngah ding thupha vive hi uh hi.

Thuumna: Sawl. 20:35 pulaak bangmahin “Ngahna sangin piakna-ah thupha om zaw hi” Topa in SDA pawlpi thupha hong pia hi. Sawmah khat, sumpite, citpiaknate pawlpi hong geelsak bangin mantakin na pia ding hi. Topa hong piak thupha khempeuh panin 10%, sawmah khat, Amah na ap kik hamtang ding kisam hi.



Sum Zon'na

Laigelh minthang tampite pulaak thu-mah Ellen G. White in zong a pulaak kimu thei hi. Ellen G. White in laigelh minthangin kithei a, a pasal James zong laigelh mi minthang khat ahi hi. Amau laigelhte in mi tampi phattuumna a piangsak hi.

A diakdiakin pawlpi lamlahna a laigelhte un tuni dongin manpha mahmah hi. "Piakna in ngahna lampi hong honsak bek tham loin ngah theihna lampi tuamtuam hong honsak hi" ci-in a gelh thu in tuni dongin mannei hi (Review and Herald, Feb. 17, 1903).

Sum ngahna sangin piakna in ol zaw hi. Tua bangin piakna in ngahna kician hong musak thei hi. Pilvang takin le lungdamna tawh piakna in sum ngahna lampi hoih khat hi. Hih siamna in pianpih hi mah taleh a kisin toto thei pilna hi. Na ngahna zui-in na piak ciangin a mawkna-a bei thei na sum na paaita vantung sumkholna-ah sum khol na hih manin tawntung aa dingin a kimang sumzeek siamna nei na hi hi.

Leitung sumzon paai zonna-ah ngahna lampi lian semsem piakna neu semsem cih hi. Hih bang khialhna panin pilna ngahin Topa deihna bangin sum le paai, neih le lamh a zeek siam mi na hih nadingin Ama tung pan lungpilna na ngen thei hi. I khialhna panin pilna ngahin midangte tuahkhak thute panin zong pilna kingah thei hi.

Pasian hong piak neih le lamh, sum le paaita Ama deihna bangin a zeek a zang siam dingin Ama makaihna mah na gen tawntung ding hi.

Thuumna: Sawmah khat, sumpi le citpiaknate Topa kiang i apna-ah khua tual panin leitung bup tuamin kipawlna tawh nasepna-ah nang le kei zong a kihel thei ihi hi. Khua tual pawlpi panin sumkemte in Pasian sumte limtakin a kem, a cingte ahi ding uh hi.



Sabbath 37 – September 12, 2026

World Mission Fund (A Kingah Mengmenglo Hamphatnate)

Vantung i Pa in lamdang takin nasem hi. Ama itna thu, hotkhiatna thu in leitung mun khempeuh kizel dingin Amah mahin nasem hi. Tua bangin nasepnah nang le kei kihel theihna in i hamphatna lianpi hi lo ahi hiam?

Pasian thugenna (effort) bawlina cihte-a lametna sangin mi tampi in Khazih, Honpa le Tanpa-in sang uh a, tui kiphumna nei uh hi. HIH bang nasepnate-ah panpihna, huhna kisam hi. Cihlakna le mantakin piakna tawh gospel nasepna sungah a kihel thei ihi hi. Pawlpi sung ngahna tam semsem leh pawlpi in tangzai tak takin nasem thei ding hi. Zato innte, sanginnte kilamin pawlpi nasepna muibun zaw semsem ding hi.

Tua bangin pawlpi in tangzai takin a sep ciangin thu zui mi zong hong kibehlap ding a, nasemna in mui bun semsem ding hi. Pawlpi in gammial nasepnate a banbanin sem toto ding hi. Tua bangin gammial nasemte panpihna kisam tawntung ahih manin pawlpi nasepna tuantual thei hi. Ahi zongin Pasian hong piakna zui-in pawlpi mite in Topa tungah citak ciat hi lehing, tua bangin sum kisam cihte om lo ding hi. Na omna khual tual pawlpi in gammial nasepna a nei hiam?

Thuumna: Seventh-day Adventist Pawlpi in sawmah khat khempeuh gospel nasepna-in koih a, khua khat panin leitung bup tuamin nasem pawlpi khat hi. Sawmah khat le sumpite Topa na ap ciangin na khempeuhah na dangdangte sangin Amah mah na masak zaw tawntung ding phawk in.



Sabbath 38 – September 19, 2026

Itna Pia

Na khut, na maitang khempeuh bawkin, na tuam ngei ding hi. Tua bangin na om ciangin na sung panin hong phul khia hi-in, a kisel thei lo natna khat hong suak hi. Bang hangin hih bangin bawk hi ding hiam, ci-in na lungmang ngei hiam?

Natna kithei loin tua bangin na lungmang ngei hiam? Thu upna-ah zong na tel zawh loh thute na tuah ciangin lungkia-in na om ngei hiam?

Upna thu hawmsawn dingin kum tampi ka sinsin hi. Sum le paai zatzia ding, piakhiatna tawh kisai theih huai thute ka sin toto hi. Ahi zongin ka phawk khak loh thu om hi. Zan khat thu-in tua bang thute a kithei hi lo hi. Ka sinsin hangin bangmah ka thei zo tuan kei hi. Tua bangin ka sin laitakin ka lungsimah John 3:16 hong suak hi.

Sim zawh loh mi tampi in hih John 3:16 lotngah khin hi. Kei mahmah in zong ka lotngah khin hi. Ka tanu kum 5 a pha khat in zong lotngah khin hi. Kei mahmah in zong ka lotngah khin a, kum 40 val khin ding hi. Ka theih mahmah Lai Slangtho munkhat hong suak hi. Ahi zongin ni khat John 3:16 hong hilhnop thu muh thakna ka ngah hi.

Pasian in leitung mite hong it mahmah ahih manin a Tapa neihsun hong pia hi,” cih thu ka ngaihsut ciangin itna in piakhia hi, cih muhthakna ka ngah hi.

Tua ahihmanin, ni khat ni teeiteei ah...

“Pasian in leitung mite hong it mahmah ahih manin.....”

Itna piakhia in.....

Thuumna: Sawmah khat, sumpite, citpiaknate Topa kiang i paipihna tungtawnin itna tawh kidim Topa in a hong piakna hangin lungdamin eite in zong Ama tungah a piakik ihi hi. Itna in pia khia loin a om kei hi. Pasian in hong it ahih manin hong pia hi. Tuni-in i piakna thu in itna panin piakna hi sak in.



Sabbath 39 - September 26, 2026

Hun Ciangtan Omlo Thumaan

Puteek khat in hih bangin pulaak hi: Mi a tam zaw neih pilna, kum 70 a phak uh ciangin bangmah a pulaak khiakik thei nawn kei uh hi. Kum tamna hangin hamphatnate in thuman tampi i mu tohtohna hi.

Tua thumaante in

- “Nat ciangin kibawl patpat sangin kidal kholhna hoih zaw hi.”
- “Sum in lungnopna hong pia thei lo hi.”
- “An in natna hong pia thei -a, natna damsak thei hi.
- “Pasian lampite in a hoih penpen lampi hi.

Hih thute in i khangno lai pekin i theihsa thute hi. Hih thute in up ngam huai lo hi mah taleh man takpi hi. Tua bangin a nungta mite in a hoihna amu thei uh hi. Khat veivei ciangin hih thumante tawh lehdo-in i nungta hi. Tawh khat khith ciangin i do thute in thuman thutak ahihnam i khua nung phawk a, tua thuman i langdona phawkkikin thuman i pomkik thei hi.

Tua thuman thutakin suahtakna hong pia hi. Ahi zongin khat veivei ciangin ciangtan nei lo tua thuman manphatna i mu thei kei hi; tua hangin thuman i langpangkha pahpah hi. Gentehna, “ngahna sangin piakna-ah thupha om zaw hi,” cih thu i thei hi; ahi zongin tua bangin kigamta khin zo lo a, duhhop huaihamna tawh kidimin piak ding sangin ngah ding bek bek i ngaihsunkha tawntung hi.

Lungdam Bawl paw ciangin letsong piak ding sangin ngah ding bek a lamem kitam zaw hi. Piakna sangin ngah ding bek i lunggulh zaw hi. Khristian thu upna a let zawh kum sawt simtham khin khangham khin khat in, huaihamna sangin piakkhiatna-ah thupha om zaw ahihnam hih bangin a pulaak hi: “Hauhna taktakin tampi ngahna hi loin, piakkhiatna a na hi zaw hi” ci-in ngah ding sangin, piakna-ah thupha om zaw hi.

Ahi taktak thu hi. “Ngahna sangin piakkhiatna-ah thupha om zaw hi.”

Thuumna: Tuni-in sawmah khat, sumpite, citpiaknate Topa i ap kik manin Ama tungah lungdamkoh kawmin i ap ding hi. Lai Siangtho thuman thutak hongpia Kha Siangtho tungah lungdamna na ko ngei hiam? Thuman thutak bektham loin nisim kitangsapna khempeuh hong sik Topa hi. Ama tungah lungdamna tawh sawmah khat, sumpi, citpiakna nei ciat ni.



Sabbath 40 - October 3, 2026

Tuu Lampai

Ganhingte lakah tuu in khauh ngaihstna sang penpen nei ganhing khat hi. Tua hi napi, a dang tuute nungzui bekin lampai thei hi.

A kim a paam ah bang piang cihte thei loin amai-a pai tuute nungzui hi. A lauhuai pulnatna, gal kido-na, a Dangdang tuahsiat theihnate tawh kidim leitung in neih le lamh hauh, gualnopna, khual zinna cihte bek mitsuanin mihingte nungta uh hi. Ka nuntakna in koi lam manawhin a nungta ka hiam? ci-in kisittel ding kisam mahmah hi.

1 John 2:15, 16 pulaak bangin "Leitung le a sunga om nate na it ding uh hi. Tua bangin leitung a it mi sungah Pasion itna a om kei hi. Leitung a a om na khempeuh, mit tawh iplahna, kiphatsakna cihte in vantung Pa kiang pan hong pai thute hi lo hi. Leitung le a sung om nate itna panin hong piang ahi hi.

Lau-na, lunghimawhna mitsuanin i nungta kha zel hi. Ahi zongin Zeisu nung a zui mite in, tuute bangmahin i mai a pai Zeisu mitsuanin a kalsuan ding ihi hi.

Khanlawh hunta hi. Pasion aa ding nungta-in, Amah a it ding, Ama hong kepna sungah a khamuang ding kisam hi. Topa Pasion in Ama tuu dingin hong piangsak hi. Leitung mite nunzia a zui ding ihi kei hi. Ama hong lamlahna bangin a nungta dingin sapna ngah mite ihi hi.

Romans 13:11 pulaak bangin "ihmutna panin khanlawh hun hong tung ta hi. Eite lametna sangin hotkhiatna ni hong nai zaw hi. Khuadak to-in lunghimawhna tuamtuamte nusia-in, leitung siatnate a nunsia ding ihi hi.

Tuucing Hoihpa hong makaihna bangin a kalsuan ding ihi hi. Tuu dangte in zong Zeisu, Tuucing Hoihpa a zui dingin Ama kiang amaute i tunpiah ding hi.

Thuumna: Tuni-in sawmah khat, sumpite, citpiaknate Topa kiang i paipih ciangin leitung nop nading, si le sa deihnate nialin Ama hong piak thuphate Amah mah a ap kik ihi ding hi. Piaknopna lungsim tawh a pia mi bek Pasion in deih hi.



Sabbath 41 - October 10, 2026

Gal Om Takpi

Tuni tuhun in khat le khat kilangdo-na, khat le khat kikalah buai-na tampi tawh a nungta ihi hi. Sum zon paai zonnate in tanglai hun sangin tuhun ciangin hong tam zaw tham a, khat le khat kidemna zong lian zaw semsem hi. Neih le lamh behlapna, itna le duhhop huaihamna tawh kidimin kinungta hi. Gam khat le gam khat kido-na, kilemlohna, vanzuak sumzonnate -ah khat le khat kigakcipna cihte hong tam semsem hi. Galkap tawh kisai-in gam buai-na in mun khempuehah kizel khin hi.

Gal kido-na-ah kum khat khit kum khat galvan lei nading sum tampipi kikoihkhia hi. Tua sumte in gam puah nadingin kizeek hileh gam miten nopna tampi amu zaw thei ding uh hi. Zawh ding bek mungtupin kikoih, khat le khat kiukna, cihte kideih nawn lo hi; mimal in suahtak ding bek a lunggulh hi ta hi.

Satan in hih bang thute tungtawnin Pasion nasepna khaktan dingin a hanciam mahmah hi. Satan in i nasepna nusia-in siatna sung a tung ding hong deih hi. Pasion hong geelsak hotkhiatna lampi panin lampial dingin hong zol tawntung hi.

Pasion hong piak thuphate eima angsung khaalna zui-in i zat i zek ding, Satan deihna hi. I neihsate koi koi-ah i khol zongin Satan in phamawhsa se lo hi. Vantung sum khol dingsangin Satan deihna bangin a zek a zang zaw dingin hong deih hi.

Pasion hong piak thuphate Ama deihna bangin a zek siam, a zang siam mimal khat ciat i suah nading Amah mah kimakaihsak ding kisam hi. Topa deihna bangin sum zeeksiam, sum zang siam hong hi sak ta hen.

Thuumna: Seventh-day Adventist Pawlpi in sawmah khatte a zat kizek nading tuam koih khin sehkhoh khinsa hi. Leitung bup in gospel thu a zak nading nasepnate bekah kizang dingin kituam koih khin hi. Tua lo a dangdangte-ah sawmah khat sumpite kizang lo hi. I sumpi piakte in na lian tampi sem zo thei hi. A mangthang ding mi tampi in tawntung hotkhiatna sung hong lut thei hi. Na sumpi in Pasion nasepna a zekai sak ahi kha diam? Ahi keileh a manlangsak zaw ahi hiam?



Sabbath 42 – October 17, 2026

Limtakin le Kidawm Siam Takin Thungetna Laulo-in

Matthew 14:27 sung ah Zeisu in, “Lungdam un. Lau kei un, keimah kahi hi” Zeisu a up ciangin a sawt loin Peter in tui tungah lampai thei hi.

Ahi zongin Zeisu mitsuan loin tuihualpite amuh ciangin lau-na tawh kidimin tui sung kia suk hi. Zeisu mitsuan loin a om ciangin a kim a paam mun khempeuh in lau-na tawh kidim ahihna amu hi. Tua bang hun ciang in Zeisu mitsuan zaw lehang, lau-nate panin suahtakna i mu thei ding hi.

Leitung nuntak hamsat nate lak panin Zeisu mitsuanin a nungta ding ihi zaw hi. Zeisu tawh nuntak khopna-ah lau-na, linna, cihte a om lo hi loin tua bang thute om mah taleh amah in lungnop khamuanna hong pia-in Ama sungah nuamtakin a omthei ihi hi. A hong piak thuphate limtakin a zeek ihih manin lau nading bangmah omlo hi. Zeisu tawh mun khempeuh in lungnop kicinna kimu thei hi. Zeisu mitsuan ni. Amah in itna kicing tawh eite hong tuam ding a, Ama sungah khamuanna a mu thei ihi ding hi.

Lai Siangtho honghilh thu in Pasian hong itna in kicinna tawh kidim a, lau-na khempeuh beisak hi. Lai Siangtho le Zeisu mahmah in zong leitung ah gimna, lauhuai-nate hong khang semsem ding hi, ci-in hilh khol uh hi.

Tua bang thute hong tun ciangin, i tuahkhak ciangin thungetna le lametna tawh a kalsuan dingin hong deih hi.

Thuumna: Sawmah khat Topa i ap kik ciangin na khempeuh in Ama kiang pan hong pai hi, cih phawk kawmin sumpite, citpiaknate, sawma khatte Amah i ap kik ding hi. Topa in nisim kitangsakna khempeuh hong sik hong pia Pa ahih manin Ama tungah lungdam a ko tawtung ding ihi zaw hi.



Sabbath 43 - October 24, 2026

Cliff-Hanger

Khau hual khat ah kiluai ngei hiam? A muanhuai khau le a muanhuai lo khau, hong kitel sak ding hileh a muanhuai zaw bel i tel zaw hamtang ding hi. A muanhuai khau in hong lenkip zaw ding hi, cih upna a nei ihi ding hi. Ahi zongin tua bang khau na teel ma-in bang na ngaihsun hiam?

Thu upna i cih in zong tua bangi na muanhuai khau mah tawh kigenteh thei hi. A tawpkhakna-ah na upna in siatna panin bitna hong musak thei hi lo hiam?

Na upna tungah kinga zaw ding na hiam, na Topa tungah kinga zaw ding na hiam? Na upna in Topa tungah kinga ding a, na upna na muan sangin Topa mah na muan hi sak zaw in.

Pasian in siamna, kivakna tuamtuam hong pia hi. Tuate pilvang takin a zang na hih theih nadingin Ama makaihna mah na ngen tawntung ding hi. Limtakin geelkholhna tawh kop a, hih theihna, siamnate na zat ciangin lawhcinna, le gualzawhna na mu thei ding hi. Zeisu sungah upna nei dingin Amah in hong sam tawntung hi.

Pasian hong huhna le Ama vangliatna in matutna hong pia ding hi.

Thuumna: Tu kaal sungin bang lametna na nei hiam? Tua na lamet in bang tungah kinga hiam? Tu-in Pasian neihsa sawmah khat Amah a ap kik ding ihi ta hi. Citpiakna, sumpite zong Topa kiangah va puak ciat ding hi hangh. A pia thei dingin hun hoih hong musak Topa min kiphat tawntung den hen. Nang le kei hamphatna zong, i piakna hang bek mah hi.



Piakna Tawh Nungta

Pasian tungah sawmah khat puak kik thei ding ihih manin a hampha hi lo i hiam? Amah in thupha tampi hong pia hi. Amah in muanna tawh sum le paaite, neih le lamhte hong kepsak hi bek a, a taktakin tuate a nei in Topa hi.

I nuntak hun sungin Ama deihna bangin I zeek dingin hong kepsak, tawmno sung hong kepsak hi bek a, leitung in Ama piansak ahih bangmahin a sung om na khempeuh in Topa neihsa hi. Tua hi-in na khempeuh hong pai-na, Topa mah hi, cih phawk a sawmah khat, sumpite, citpiaknate amah kiang i paipih ding hi. Amah in na hoih khempeuh hong pia Pa hi.

A dahhuai thu khat in mi tampi in neih le lamh, sum le paaite amau neihsa bangin a ngaihsun uh hi. Nuntakna bei-in tua neihsa khempeuh a nusia uh hi. Paak in a vulma-in etlawm mahmah a, a vul khit ciangin a hoihna om nawn lo hi; tua bangmahin sum le paaite Topa deihna bangin i zeek i zat ciangin manpha suak a, tua loin kimanna bangmah nei lo hi. Mi khat in sitni khatpa tungah “Bangzah sum ka ngah hiam? ci-in dong hi. Hih bang dotna in a hai vai mahmah dotna hi gige hi. Na khempeuh in Pasian neihsa hi, cih thei hi lehang,

Ama deihna bangin i zang i zeek nuam zaw ding hi. Na sih khit ciangin na nusiati na innkuan pihte bang na nusiati nuam hiam? Topa tungah a citak thu um mi khat na hihlam a hong mu uh diam?

2 Korinthians 9:6–8 sungah kipulaak bangin Pasian in kamciam hong pia hi. “Tawmno khat bek a vaw mi in tawnno khat bek mah a at kik ding hi. Tampi a vawh mi in tampi a at kik ding hi. Pasian in piaknopna lungsim tawh a pia mi bek deih hi. Pia hamtang ding cihna tawh a pia mi deih lo hi; na khempeuh kicinna, na hoih, na pha tawh a kidim Topa Pasian deihna bangin a pia khia mi, Topa in deih hi. Na hoih, nap ha tawh a kidim mi hong hisak ta hen.

Thuumna: Sawmah khat Topa kiang i paipihna ciangin lungdamna tawh paipih ni. A pia mi in piaknopna lungsim tawh lungdam takin a pia hi ta hen.



Nasepna Khat

Million 22 val bangin SDA pawlpi sungah om hi. Sydney khuapi panin Auckland dongah Santiago panin Buenos Aires, Johannesburg cihte Perth khuapi dongah SDA thu-um mi om kawikawi hi. Leitungah a zawng penpen gam a kiciamteh gamte panin zong SDA thu zui mi tul za tampi ki om hi. Leitung minthan na ngah tuamtuamte lakah zong SDA thu-um mite kihel uh hi.

Olympic gam kidemna panin gold medal ngah SDA thu zui mi ki om hi. Pau-nam 900 val bang in Pasion biakna kinei hi. Leitung pau nam tuamtuam, minam tuamtuam panin thu-um mi kigawp khawmin kilamdannate, kibatlohnate om hi mah taleh eite in pum khat sa-khat ihi hi. Hih kipum khatna in Zeisu sungah upna tawh a kisa-khat thu zui mite ihi hi.

John 17 sunga kipulaak bangin Zeisu nung a zuite in pum khat ahi uh hi. Tua pum khatna-ah nuamna tawh kidimin pum khat sa-khat ihi hi (aneu 13); Hih sa-khatna-ah, mission, sepna (aneu 18), thuman thutak (aneu 14, 17, 19), teci panna (aneu 20), minthanna (aneu 22), le itna sungah kipum khat ihi hi (aneu 26). Lam khat panin hih bangin pum khat i suah nadingin sawmah khat le piakkhatna tuamtuamte-ah zong kipum khatna kisam hi.

Tua bangin mapan theihna in nasepna-ah tangzai takin a sem thei, a mainawt thei pawlpi hong suaksak hi. I sumpite gawmkhawmin leitung bup hotkhatna sepna-ah mapang khawmin i sepna in Khazih sungah kipumkhatna a kilangsak ahi hi.

Thuumna: Tuni-a sawmah khat, sumpite, citpiaknate in Pasion hong piak thupha tampite lak panin Amah i ap kik hi-in, pawlpi in hih sumpite tungtawin hotkhatna nasep a sem thei ahi hi. I piak khempeuh in itna hangin piakna a hi hiam? Pasion hong itna na thukkikna-in na piak ahi hiam? Itna hangin piakna, itna thukkikna-in piakna in manpha hi. Tua lo khempeuh bangmahin kimang lo hi. Topa tungah citakin pia in; Ama nasepna-ah kihelkhakna in pawlpi tawh sephkopna hi-in, mannei hi.



Sabbath 45 – November 7, 2026

A Kiphawk Khalo Galhangte

Global Mission sunga nasemte in Adventist mission sunga a kiphawkkha lo galhangte ahi uh hi. Tu-in leitung gam tuamtuam, mun tuamtuamah nasemin gammial phutna nei-in a kipum piak nasem tampi om hi. Amaute in kuama pai ngei lohna munte-ah vapai uh hi. Hotkhatna thu kigen ngei nailohna munte-ah kigenin thu-um mi zong hong om hi.

Pawlpi kiphuhnai lohna munte-ah pawlpi kiphutin pawlpi kibehlap toto hi. Mun khatkhatte-ah suakta takin nasepna kingah nai lo hi mah taleh nuntakna khaamin nasemte hangin tua munte-ah thu-um hong om thei hi.

Sum le paai tampi bei-in nasemte in Khazih sepzia zui-in, a sep uh ciangin lawhcinna tampi ngah thei hi. Nasemte in khuatual mite tawh nasem khawm, anne khawmin tua bangin kikholhna tungtawnin pawlpi thupuak, vantungmi thumte thupuak a gen uh hi. Khuapi sung naupangte tawh bawlung sui khawmin kimawlina tuamtuam neihpih in tua tungtawnin a thupuakte uh a gen thei uh hi.

AMaute kitangsapnate huhin amau muanna ngahna tungtawnin “Zeisu nung na zui ding uh hiam? ci-in zawn ciat uh a, Zeisu nungzuite hong suak thei uh hi.

Amatau bek thu-um mi hong suak hi loin a khuapih tuiipihte tungah zong a zak thu lungdamna thute a hilhsawn uh ciangin mi tampi in thu um mi hong suak uh hi. Tua bangin nasep lawhcin nadingin amaute hun, neihsa piakna lianpi a nei uh hi. Amaute angung deihna nialin Topa deihna a zuih uh ciangin amaute nasep in muibunin lawhcing hi. Pawlpi in tukumin Annual Sacrifice Fund kinei hi. Hih sumpi in gammial nasepnate -ah zeek dingin kish hi.

Global Mission nasemte huhna sumpite khia-in hotkhatna nasepna-ah tha le ngal, sum le paai tawh a panpih dingin Topa’n nang le kei zong hongsam hi.

Thuumna: Pasion nasepna-ah kihel theihna lampi tuamtuam om a, tuate lakah sumpi tawh piakkhatna zong kihel hi. I piakkhat hangin bangmahpi sem zo lo ding hi, cikha kei in. Na piakna in mannei hi. Na thungetna in na lianpi sem hi. Leitung mun tuamtuam a Pasion nasemte aa dingin sum tawh panpihna hi taleh thungetna tawh panpihna hi taleh na nei thei hi. Na ngahna zui-in sawmah khat, sumpite, citpiaknate Topa ap in.



Pasian' Lawingeet

Noah, Elijah, le Tuiphum John bangmahin, Seventh-day Adventists pawlpi in mission nasepna lianpi a sem pawlpi lian khat hi. Eite in kamtaite ihi hi. I thupuak in Mang. 14: 6-12 sungah kimu thei hi; vantungmi thumte thupuak, leitung mun khempeuh, pau nam khempeuh, minam khempeuhte tungah a puakpuak ihi hi. A Lian Mahmah hotkhiatna thu a tangko ihi hi. A sawt loin a hogn tung ding vangliatna tawh Pasian ukna gam hong tung ding hi; Ama thukhen Ni aa dingin a kigingkhol sak ihi hi.

Tua dingin na kiging hiam? Greek tawh kigelhna-ah hih kammalte in "aw liatsakna" tawh tangko cih a khiatna nei hi. Tua aw liatna in kuamah dang hi lo hi; nang le kei mah ahi hi.

Adventist kalsuanna in Kha Slangtho makaihna tawh a mainawt pawlpi hi. Hih mainawt pawlpi sungah kihel khak, i hamphatna lianpi khat ahi hi. Kiniamkhiatna tawh tua thupuak a tangko ding ihi hi. A sawt loin a hong pai ding Tawntung Kumpi Zeisu hong itna, hehpihna, mimal khat ciat tungah a gen ding ihi hi. Hih nasepna-ah zato, sanginnte, center of influence ci-in khua sung tual sungah huzaap, phat tuamna a pia phualpite tungtawnin tawntung lungdamna thu a kizelsak ihi hi.

Tuiphum John in Topa pai nading lampi a sialkholpa hi. Mawhna kisik dingin a tangko pa hi. Zeisu hong pai nadingin lungsim puahpha dingin a tangkopa hi. Tua hi-in tuni-in Pasian thukhamte, Zeisu Khazih tecipanna thute le Ama sungah upna nei dingin hong samlai hi. Zeisu in a sawt loin hong pai ding hi ta ahiah manin a kigingkhol dingin mite tungah thupuaka nei ihi hi.

Thuumna: Seventh-day Adventist pawlpi in sawmah khat khempeuh kipawlpa zumpi-ah kipuak hi; khua tual pawlpi zek ding hi lo hi, cih a kiza sak phapha ihi hi. Leitung bup tuamin vantungmi thumte thupuak a tangko pawlpi ihih bangmahin Pasian i itna le Ama tungah citakna tawh sawmah khat Amah mah i ap ciat ding hi.



Sabbath 48 - November 28, 2026

Teek, Zawng, le Khatguak Om

Amah guak om hi-in nek tawm ding bek zong tawmin nungta hi. Kumpi huhna ngahin kumpi innte khatah a om hi. Amah in Ellen G. White gelh “Neihsa Zek Siamna” laibu sim nopsa mahmah hi. Ellen G White damlai thupiayang hi-in, amah tawh kimuh ding lunggulhna lianpi nei-a, ni khat ni ciangin Ellen G. White teenna munah va pai-in kimuhna nei hi.

A ngah bangbang sumte kholkhol hi. Tawl khat khit ciangin a kiho-na uh pan innlam zuanin hong ciakkik hi. “Na laibu gelh in thu tampi hong hilh hi” ci-in “Stewardship” a manphatna thu zong a pulaak hi. Khat guakin ka teen hangin Topa hoihna tampi ka mu thei hi, ci-in a lungdamna thu a pulaak thei hi.

Hi mah hi. I ngahna zui-in sawmah khat bek tham loin citpiakna, sumpi dangte zong Topa kiang i paipih ding kisam hi. Hih puteekpa in Ellen G. White laibu a simna tungtawnin sawmah thum a pia hi. Tua bangin a piak hangin nisim bangmah kizatsam tuan lo hi.

A kitangsapna khempeuh kisik hi. Lungdamna khituite a luang hi. Natna, gimna omlohna vanthak le leithakah na ngah ding hamphatnate na hawmthawh ding hi. Tua hun ciangin Topa tung pan na ngah ding hamphatnate na hawmthawh loh nadingin tu-in Topa hong piak thuphate Ama nasepna-in na zeek ding hi.

Midangte kipiaknate na hawmthawhkha hiam? Angsung khual mite peuh mawhsakna kam na pau ngei hiam? Pasion mai-ah nang zong paubaang loin na om takpi ding diam?

Thuumna: Tuni-in sawmah khat Topa kiang na paipih ciangin a mangthang mite in hotkhatna a ngah nading mungtup nei-in, Topa neihsa mah Amah na ap kik ding hi.



Fund Zon' na ahihkeileh Upna Khansakna Maw?

Mi khat in, "na sumneen nengnengte limtakin na kholkholeh sum tampi a nei na suak ding hi,"ci-in pulaak ngei hi. Sum tawh kisai mipilte gen thu khat in tua bang sum neen, sum tangte kigawmgawm hileh tampi hong cingthei hi.

Sum zatna-ah sum neente thusim loh ding hilo hi; bangmah man kei ee, ci loin limtakin khol ding kisam hi. Tua hileh zat ding sum a nei na suak ding hi. Pawlpi sum zeknate le nasepna tuamtuam kitangsam sumte a sik zo a suak thei ding hi.

Pek khat pek nih tungah a citak mite in sum lom tungah zong a citak thei ding uh hi; bang hang hiam cihleh tawmno khatah a citak mi in a tampi-ah zong a citak ding hi, ci-in Zeisu in hong hilh hi. Tua bangin pawlpi makaite in a citak uhleh nasepna lawhcing loin a om kei ding hi.

Sumzonna, fund zonna tuamtuam zong pawlpi in nei thei zel hi. Ahi zongin sum neente limtakin kep ding a kinlo makai omkha thei hi. awlpi in fund zonna cihte le sum zonnate-ah kidop ding kisam hi. Tua bangmah in upna khan nading thu in a thupi, mannei pen a suak hi. Pasion hong piak sum le paaite limtakin a zeek siam, a zang siam mi hih ding kisam hi. Mimal khat tungah vaipuak om hi.

Zeisu nungzui ngabengte nunzia ngaihsun in. Amaute in mi dang tawh kizopna bek tham loin Topa tungah zong a citak mite ahi uh hi. Ama thupha ngah uh ahih manin kitangsapna bangmah a nei kei uh hi. A nekzonnate uh nusia-in Zeisu a zuihna vuah bangmah kisap a nei kei uh hi.

Fund zon ding a kisap hun om bangmahin, upna khan ding zong kisam hi.

Thuumna: Sawmah khat, sumpite, citpiaknate Topa tungah citakna tawh i ap kik ding hi. Topa hog piak thuphate na phawk tawntung ding a, na thu zuihna le na upna thute midangte tungah zong hawm sawn ding hi. Tua bangin Pasion hoihna le a citakna thute na pulaakna tungtawnin nangma upna mahmah zong Ama sungah hong kip semsem ding hi.



Sabbath 50- December 12, 2026

Kidawm Un!

Colombia gam guitheih khamtheih zuak minthang Pablo Escobar in a lawm te makai khatin om hi. Hih zakaang nasepna in leitung bup ii 80% bang hi ding hi, ci hi. A sanggampa khat Roberto in mihau kipawlina khatah accountant sem hi. Laibu khat zong gelh a “The Accountant’s Story: Inside the Violent World of the Medellín Cartel” ci-in minvawh hi. Hih laibu sungah Roberto in hih bangin agelh hi, “Pablo in sum tampi ngah hi. Kum khatin a sum lut khempeuh zang khin zo loin a sum koihna munah zusate nekin bei hi. Zusa nek loh sunsunte zong apkai gawmin kizang thei nawn sum laidal suak hi,” ci hi. Escobar in kum khat sung a sum lut khempeuh lak pan 10% billion khat (Makza) bang zusa in ne mang khin hi” ci hi.

Zeisu in, “Na sumte uh leitung ah khol kei un. Nget in a nek theihlohna, guta buluh theih lohna vantungah na sumte uh na khol un” (Matt. 6:19). Zeisu hi bangin a gen ciangin mite in Amah mi huaihampa bangin ngaihsun kha ngel ding uh hi. Luke 12:13–21 ah, Zeisu thugentehna-ah a hau tangvalpa thu in a deihhuai lo thu khat hong suak hi. Tua a gen laitakin mihonte lak pan mi khat in “Siapa aw, ka sanggampa in ka gamhluah ding hong khen nadingin thu hong hilhsak in,” ci-in a ngen hi. Tua ngetna thu a zak ciangin Zeisu in “nang le na sanggampa kikaalah thukhen dingin kua in kei hong koih hiam?” ci-in a lehdotkikna kimu hi. Tua khit ciangin Zeisu in “Kidawm un” ci-in a nungzuite a vaikhak hi. (aneu 13–15).

Zeisu in tua bangin a pulaak ciangin thu phamawh , thukin om bangin a pulaak hi. Na nuntak theih nadingun tai un, ci-in hong hilh hi. Zeisu sihna le hinna tawh kisai thu limtakin hong hilhna kimu thei hi. “Duhhop huaihamna sung na kiat khak loh nadingun kidawm un. Huaihamna nam khempeuh na pelh un” ci-in hong vauhilh khol hi. Mihing nunna in neih le lamh tungah kinga lo hi.

Leitung in mihingte kitangsapna khempeuh hong pia hi. Ahih hangin mihingte duhhop huaihamna a dai sak dingin leitung in hong piak ding bangmah nei lo hi. “Huaihamna sung na kiat loh nadingun kidawm un” hong ci hi.

Thuumna: Tuni-in Topa tungah sawmah khat, sumpite, citpiaknate Amah i ap ciangin Amah in i lungtang hong sittel dingin ngen in. Huaihamna, duhhopnate ka sungah a omlaikha hiam? Ama tawntung nunna sung hong makaih nadingin na ngen ding hi.



I Lungtang ah Tawntung Nunna

Tuni-in tawntung ading a kilamdang sak dingin bang ka hih thei hiam?

Hih dotna in hong to dotna khat hi. Nisim nuntakzia ding, kalsuanzia ding lamlak suak hi lo hiam? Nisim nuntak khuasakna-ah i hun zatzia, neih le lamhte zeek zia ding hong hih hi lo hiam? Pasion hong piak neih le lamh, sum le pacaita i zatzia, i zeekzia in tawntung i tun nading pulaak hi lo hiam?

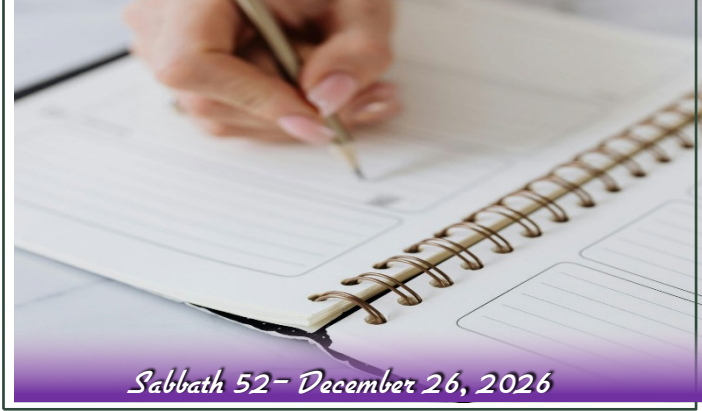
Nangma angsung khualna a khan nadingin a zeek na hihleh siatna lam a manawh mi nahi ding a, na deihna nialin hong Piapa deihna in bang hiam ci-in kan in na zeek le tawntung nunna lam zuan nahi ding hi. Zeisu Khazih nungzui khat na hihna tawh tu zawh kum khat sungin na tuah ding bangmah na mu khol thei kei hi. Leitung ah i nuntakna, na khempeuh in mitphiat kal in a beimang thei hilo hiam? Sawltak John in "Hih thute kong gelh ciangin note in Pasion Tapa um a, Ama sungah tawntung nunna na neihlam uh ka hong theisak hi" ci-in a gen' bangan (1 John 5:13) Ama sungah khamuanna na mu thei hi.

Hi mah lo hiam? Tawntung tawntungin a nungta ding ihi hi. Bangzah in a muanhuai kamciam hong kipia khin hi lo hiam?

Eite kitangsap lian bel in tua kamciam sangin nuntakpih ding hilo hiam? Pasion hong piak kamciam na sanna tungtawnin na nunzia khempeuh, na sepna khempeuh hong kikhel ding hi lo hiam?

Tuni-in tua tawntung nunna tawh a nungta thei nahi hi. Tuni-in kipan pah in.

Thuumna: Tuni-in sumpite, citpiaknate, sawmah khatte Topa kiang na puak ciangin tuni aa ding, tukaal sung aa ding, mai kum aa ding bang geelkholhna ka nei hiam? ci-in na kisit ding kisam hi. Tua na geelna in tawntung hong tunpih ding hiam? Na geelnate ngaihsunpha in. Lungdamna tawh Amah bia dingin Topa in hong sam hi lo hiam? Tua hi-in lungdamna tawh na pia ding hi. A citak sumzeekpa/nu na hi ding hi. Tua in tawntung aa dingin kilamdanna a piangsak thei hi.



Sabbath 52 - December 26, 2026

2027 sung Piakzia Ding Geelkholhna

Geelkholhna tawh piakna in Pasian deihna hi. Sawmah khat, sumpite, citpiak nate in zong geelkholhna vive hi-in, khensatna tawh piakna ahih bangmahin ngahna sumlut zui-in a pia ihi hi. Innphual panin nasepna hitaleh gampua kantanin nasepna hi taleh na panpih theihna khat peuh tawh Topa nasepna sungah kihel dingin Topa in nang le kei hong sam hi lo hiam?

Kum thak sung i lutna tungtawniin Pasian hong kamciamte na mitsuan ding hi. Zeisu mahmah hong kipia tawmin tawntung nopsakna na luah dingin hong koih khin zo hi.

Topa hong piak thupha, tukum tawh beisak nuam ding na hiam? Ama tungah kinga-in Amah mitsuanin na nungta nuam hiam? Sawmah khat, sumpite, citpiaknate na piakna zui-in Topa kamciamte nang le kei tungah hong tangtung ta hen. 1% 2% 5% sangin a tamzaw thupha na mu nuam zaw hiam? Pia in Topan hong dinkik ding hi.

Thuumna: Na ngahna sung panin bangzah % Topa ap kik dingin hong kingen hiam? Hong tung ding kum thak sungah bangzah na ngah nuam hiam? Tukum ai dingin Sabbath nunung bel sungah Topa tungah ki-ap inla, na nuntakna, na lungsim khempeuh bek tham loin na neih na lamh khempeuh, na sum na paai khempeuh zong Amah na ap ding hi. Na khempeuhah Amah masak in. Tua hileh Amah in hong nusia ngei lo ding hi; na sepna, na hihna khempeuh ah thupha hong omsak ding hi. Tampi a vawhmi in tampi mah a at kik ding hi. Tawmno khat bek a vawh mi in tawmno khat bek mah a at kik ding hi. Sawlzawh manin piakna hi sak kei inla, piaknopna lungsim tawh pia in. bang hang hiam cihleh Pasian in lungdamna tawh a pia mi bek a deih hi." 2 Korin 9:6, 7