

~ May 2026 Breakfast Menu ~

Mon	Tue	Wed	Thu	Fri
4 1 Cup Assorted Cereal 1 oz. Breakfast Links (2) 1 Slice WW Bread	5 Breakfast Burrito (Egg, and Cheese, tortilla wrap) Salsa 1 Slice WW Bread	6 ½ Cup Cream of Wheat 1 Slice WW Bread 1 Hard Boiled Egg	7 6 oz. Low Fat Yogurt 1 Slice WW Buttered Toast 1 fruit granola bar	8 2 oz. Pancakes 1 oz. Stripples (2) 1 Slice WW Bread
11 1 Cup Assorted Cereal ¼ Cup Scrambled Eggs 1 Slice WW Bread	12 1 Corn muffin ½ Cup Baked Beans 1 Slice WW Bread	13 ½ Cup Oatmeal 1 Slice WW Bread 1 Hard Boiled Egg	14 6 oz. Low Fat Yogurt 1 Slice WW Buttered Toast 1 fruit granola bar	15 2 oz. Pancakes ¼ Cup Scrambled Eggs 1 Slice WW Bread
18 1 Cup Assorted Cereal 1 oz. Breakfast Links (2) 1 Slice WW Bread	19 Breakfast Burrito (Egg, and Cheese, tortilla wrap) Salsa 1 Slice WW Bread	20 ½ Cup Oatmeal 1 Slice WW Bread 1 Hard Boiled Egg	21 6 oz. Low Fat Yogurt 2 Tbsp. Peanut Butter 1 Slice WW Buttered Toast	22 2 oz. Pancakes 1 oz. Stripples (2) 1 Slice WW Bread

~ May 2026 Lunch Menu ~

Mon	Tue	Wed	Thu	Fri
4 ¾ cup Meat Sauce ½ cup spaghetti ½ cup Steamed Broccoli ½ slice WW bread	5 ½ cup Mashed Potato 1 oz. BBQ Scallops ¾ cup Green Beans	6 PB & J Sandwiches 2 Tbsp. Peanut Butter 1 Tbsp. Jelly 2 Slices WW Bread Carrot Sticks ½ DAY	7 Cheese Pizza ¾ Cup Cesar Salad	8 1 oz. Chicken Nuggets ½ Cup Potato Wedges ½ Corn on the Cob
11 Plant-based chicken Alfredo ½ Cup Penne Pasta 1 oz. Plant-based Chicken ½ Cup Cucumbers	12 ½ cup Black Beans ½ cup Yellow Rice ¾ cup Steamed Carrots 1 oz. Yellow Plantains	13 2 Black Bean and Cheese Quesadilla ½ Cup Cut Corn	14 Cheese Pizza ½ Cup Corn on the Cob	15 Cheese (optional) 1 oz. Plant-based Deli Turkey Lettuce & Tomato WW Bread ½ cup Fries
18 ½ Cup Macaroni & Cheese ¾ Cup Green Beans 2 oz. Fri Chic 1 Slice WW Bread	19 ½ Cup Plant –Based Lasagna ½ Cup Garden Salad 1 Slice WW Bread	20 Cheese (optional) 1 oz. Plant-based Burger Lettuce & Tomato ½ cup Fries	21 Cheese Pizza ½ cup Cut Cucumbers	22 Grilled Cheese Sandwiches Chips Apple Sauce ½ Day Last Day

Milk options- 8 oz. Soy, 1% unflavored, 1% strawberry or 1% chocolate.
Meals are served with 4 oz. of cut fresh fruit, fruit cup, 100% juice or whole fruit.



This institution is an equal opportunity provider.