Easy Plant-based Entrees

Learn how to make tofu-walnut balls with sweet and sour glaze, meatless lentil loaf and savory gluten steaks.

SUNDAY December 6th 1:00 pm

Shady Point Adventist School
14611 Hwy.62, Eagle Point

- Demonstrations by our favorite, experienced plant-based cooks!
- Enjoy samples plus salad, whole grain bread, spreads and more.
- Free recipes & drawings of cookbooks.
- **Register now 541-601-2811 (call/text) OR email shadypointsdachurch@gmail.com.**
- Admission: $5.00 per person
- Discounted new books—going fast! Cookbooks, health, inspirational, children's & more. Cash or check only.





