



NEWSLETTER

Contentment Is Great Gain

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Everyone carries difficulties of their own—personal struggles, family challenges, and burdens in work and business. Because of who we are and where we live, each of us bears different weights in life. As a school principal, I too carry concerns I cannot fully share with parents. At times they feel overwhelming, and I find myself wondering why I must face them.

Last week I attended a meeting of school principals from different places, and heard about the struggles their schools carry. There is a Korean expression, Dongbyeongsangnyeon (同病相憐)—"those who suffer from the same illness sympathize with one another." As I listened, I felt that shared understanding. But I also discovered that many of them were serving under conditions far harder than mine. Something unexpected happened: my own difficulties began to look different. Nothing about my circumstances had changed. Yet seeing others doing their best under much harder conditions made my complaints seem smaller.

This, I believe, points to an important way we can face the difficulties of life: our circumstances may stay the same, but when our perspective changes, our lives can change. We often compare ourselves to those who have more—better homes, better jobs, easier circumstances—and by that measure, what we have always seems insufficient. But when we turn instead toward those who have less, who are sicker, lonelier, or struggling more, we begin to see how much we actually have. The very circumstances we once resented become reasons for gratitude.

Paul, who gave up everything to preach the gospel, wrote: "But godliness with contentment is great gain" (1 Timothy 6:6). Paul owned little by worldly standards, yet he had learned to be content—to look at his life and say, "I have enough." Perhaps this came from all he witnessed in his travels: people with great wealth who were nonetheless trapped in sin, illness, conflict, and despair. Through them, he learned that having more and living well are not the same thing.

So when our burdens feel heavy and complaints rise up, perhaps we can choose to look elsewhere—not at those who have more, but at those who struggle more. And rather than observing from a distance, let us visit them, know them, and share what we have. Something remarkable happens then. We go to give, and return having received. We go to comfort, and come home comforted. In this way, service is not only for others—it restores our own souls.

Our difficulties may not vanish today. But as we notice the pain of others and share what we have, gratitude can replace complaint, and contentment can replace the sense that we never have enough. Perhaps we recognize God's gifts most clearly not when we receive more, but when we begin sharing what we already have.



Yeon Ho Song
Principal

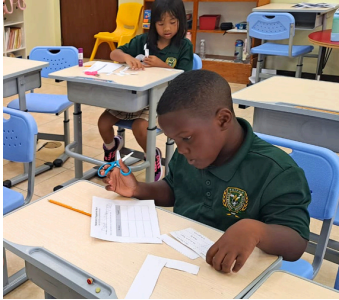


ELEMENTARY SCHOOL

A C T I V I T I E S



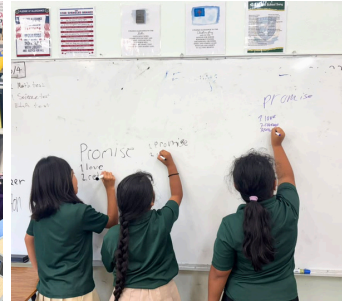
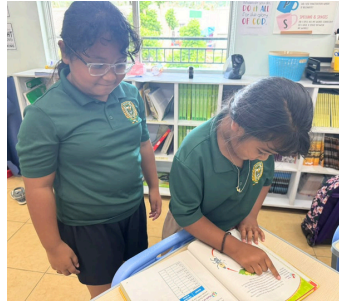
Kindergarten - Left to Right: Learning to write their numbers on the whiteboard and engaging in Phonics exercises to enhance their reading skills.



1st Grade - Left to Right: Sorting sentences and sentence fragments, activity on animals with or without backbones, : working in pairs on their Noah's ark project, and hand tracing activity in Art class.



2nd Grade - Left to Right: Enhancing handwriting skills through correct letter formation and incorporating fun brain breaks for refreshed focus.



3rd & 4th Grade - Left to Right: Engaging in group reading about the life cycle and composing a list of God's promises, and learning sign language through music.



5th & 6th Grade - Left to Right: Taking their STAR Math tests, identifying synonyms and antonyms for vocabulary words, and sorting words according to their spelling patterns.





7th & 8th Grade - Left to Right: Showcasing their artwork depicting the War in Heaven, reciting poetry and performing skits narrating the fall of Lucifer, and engaging in exercises focused on figurative language.

PHYSICAL EDUCATION



FRIDAY CHAPEL

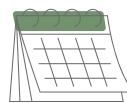


MONTHLY BULLETIN



SEPTEMBER BIRTHDAYS

Mathylin Ken	1
Muran Shan	4
Harrison Blanco	5
Jordan Luke Torres	7
NyLani Cabrera-Hill	10
Isaiah Orr	11
Olivia Mai Salas	17



UPCOMING EVENTS

FRIDAY, SEPTEMBER 18
Professional Development Day
 Early Dismissal - CDC
 No After School - Elementary

SUNDAY, SEPTEMBER 20
School Picnic
 Pau Pau Beach
 10:00 am

SUNDAY, SEPTEMBER 30
Picture Day
 Order forms due September 29



CHILD DEVELOPMENT CENTER



TODDLERS



Left to Right: Developing their early literacy and language skills as they explore books, turn pages, look at pictures, and also improving their focus and attention as they engage with each book.



PRESCHOOL



Left to Right: Finding and coloring the letter Dd, and practicing important fine motor and self-help skills through tying, snapping, zipping, buttoning, and threading strings through holes

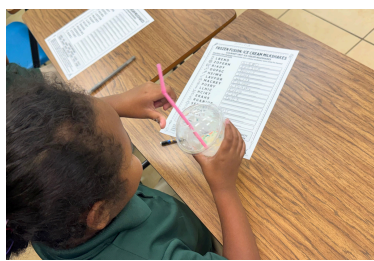


PRE-KINDERGARTEN



Left to Right: As students explore the story of Harold and the Purple Crayon, they create their own purple moons and embellish them using small punchers. This activity also allows students to practice their cutting skills.

AFTER SCHOOL



Cooking Class



Art Class



Gardening

IMPORTANT INFORMATION

- School Picnic: Food Assignments and Team Color groupings will be announced on Monday.
- 5th - 8th Grade: Submission of your entry for the Pacific Art Contest is due on September 24.



Saipan Seventh-day Adventist School



Saipan SDA School



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