



NEWSLETTER

Why Character Becomes Destiny—and Why Parents Still Matter Most

After nearly half a century of life and countless encounters with people from all walks of life, I have learned one uncomfortable truth: most people repeat themselves. I have seen individuals leave one workplace because of conflict, only to encounter the same problems elsewhere. The job changes. The environment changes. Yet the pattern remains.

Psychological research supports this observation. Long-term studies show that core personality traits tend to stabilize in adulthood. A major review by Roberts and DelVecchio found that personality consistency increases with age and becomes more fixed over time. Change remains possible, but it usually requires sustained effort and intentional discipline. This is why childhood and adolescence matter so deeply.

A landmark longitudinal study by Moffitt and her colleagues demonstrated that self-control developed in childhood strongly predicts adult health, financial stability, and behavior. Early habits quietly become lifelong patterns. Experience also teaches that true worth is measured less by income and more by character. Wealth may attract attention, but dignity, honesty, kindness, and self-control earn lasting respect. A person who shows consideration, humor, and restraint becomes someone others trust and cherish. Yet today, many parents unknowingly surrender character formation to smartphones and social media. Algorithms now shape what children watch, admire, and imitate. The American Academy of Pediatrics warns that digital environments exert powerful influence over children's values and behavior.

We must therefore ask honest questions. How much meaningful conversation do we share with our children each day? Do we know what they consume? Who shapes their thinking? What future do they imagine for themselves? From a faith perspective, this issue reaches beyond education and discipline. It is spiritual. Ideas are planted through repetition. Habits grow through constant exposure. While parents scroll to relax, many children are quietly trained toward impatience, distraction, and impulsivity.

Parental absence rarely appears dramatic. Its consequences unfold slowly—and then permanently. The solution remains simple, though demanding: reclaim daily family time. Protect shared meals without screens. Set aside time before bed for conversation, reflection, prayer, or reading. Research consistently shows that regular family interaction strengthens academic performance, emotional stability, and moral development.

When parents invest time, they give their children something no device can offer: a solid moral foundation. Let us act while opportunity remains, so our children may grow into men and women who bring peace, dignity, and grace wherever they go.

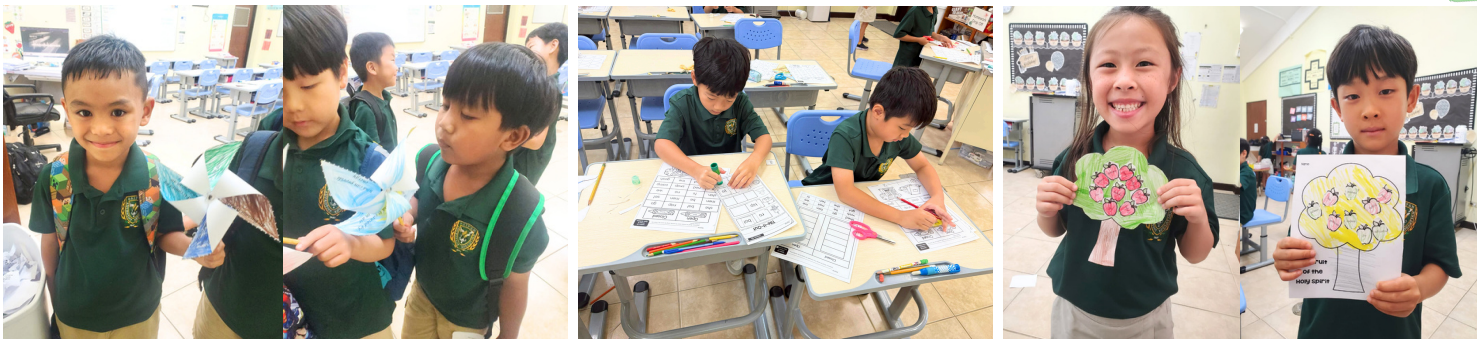


Yeon Ho Song
Principal

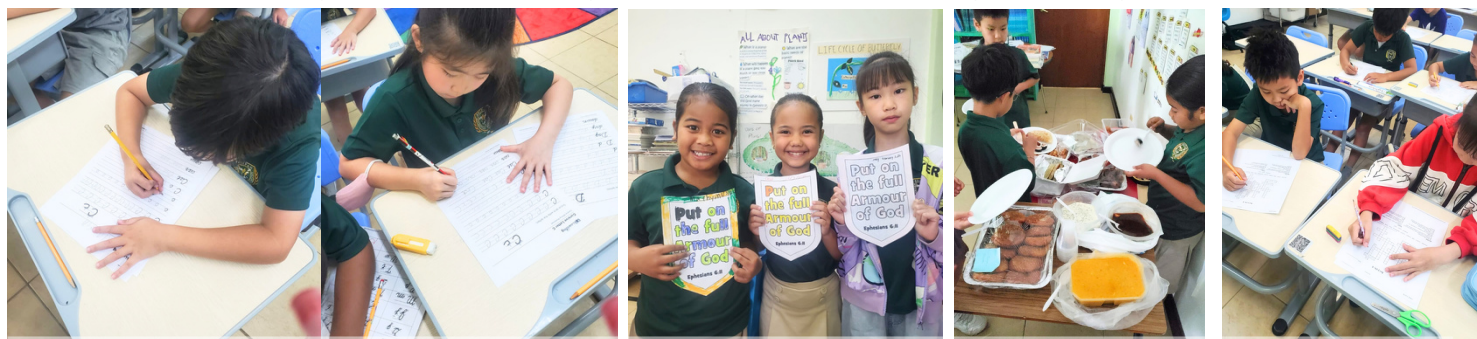




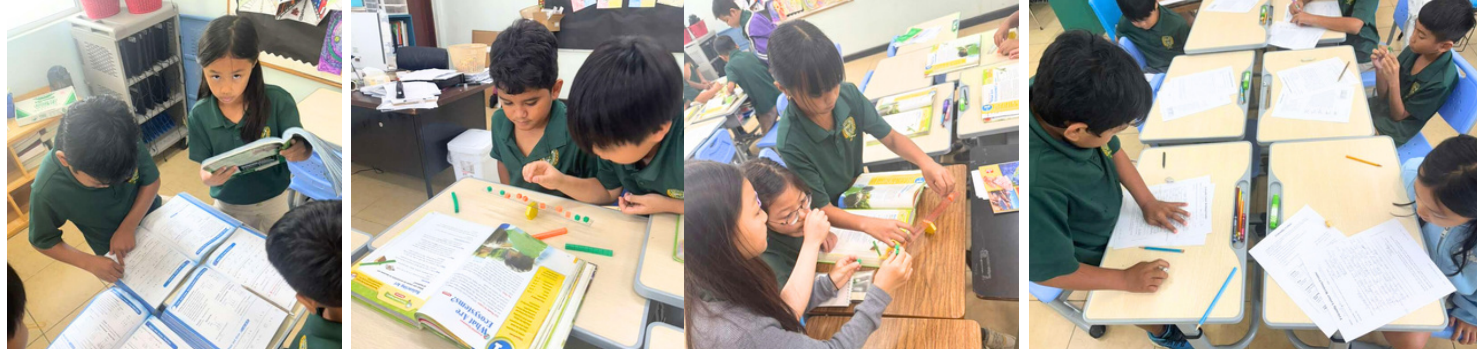
Kindergarten - Left to right: Learning about triangle sides and vertices, observing our own iceberg, and comparing temperature for 5 days: Saipan versus Arctic region.



1st Grade - Left to right: Learning about the wind by making pinwheels, practicing open and closed syllables to improve their reading skills, and exploring the fruits of the Spirit through meaningful classroom activities.



2nd Grade - Left to right: Practicing how to write cursive letters, learning about the armor of God in the Bible, enjoying a Social Studies cultural food party, and taking a Science test.



3rd & 4th Grade - Left to right: Working together doing think pair share; learning about the ecosystem and how things can disrupt or change its order; and writing friendly letters with peer review and feedback.



5th & 6th Grade - Left to right: Creating their own parable and preparing a skit about it; and having a competition using re- words.



Let all
that You
do
Be done
in Love

| CORINTHIANS 16:14



February Birthdays

Luka Raymond	8
Constancia Blanco	13
Chenica Alcantara	14
Aven Taitano	26
Zoey Xu	26
Jesse John Torres	27



7th & 8th Grade - From left to right: Working with a partner on editing their commentary essays and understanding scripture and annotating it.

Physical Education



Friday Chapel



Dates to Know

February 9-12

Spirit Week

Friday, February 13

Elementary Outdoor School

-Pau Pau Beach Drop off & Pick Up

-No After School Care

Monday, February 16

No School

President's Day

Tuesday, February 17

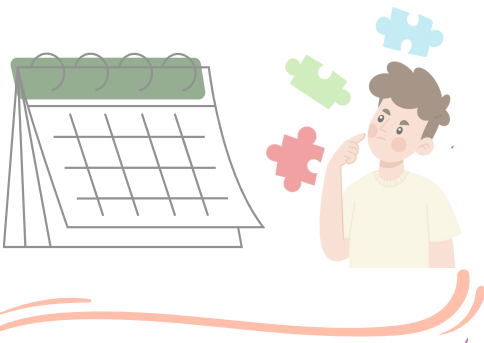
Penny Wars Start

Friday, February 27

Professional Development Day

-CDC: Early Pick Up 12:30 pm

-Elementary: No After School



FOLLOW US



Saipan Seventh-day Adventist School



saipansdaschool



Saipan SDA School



www.saipansdaschool.org



Child Development Center



Toddlers – Left to right: Learning about Jesus' love by making heart sun catchers for this month of love; and making an apple with the letter 'a'.



Preschool – Left to right: Learning the numbers 1 to 20, finding and coloring the number 20, and making bug art using leaves and twigs.



Pre-Kindergarten – Left to right: Having a blast searching for numbers from 1-30 around the classroom and practicing their open and closed syllables.

After School Academy



Games



Indoor Play



Music



Art