

A close-up photograph of two young green plants with several leaves each, growing out of a bed of soil. The plants are positioned on either side of the central text. The background is softly blurred, showing more green foliage. The text is overlaid on a semi-transparent white rectangular area in the center of the image.

GROWING IN CHRIST Through Bible Study

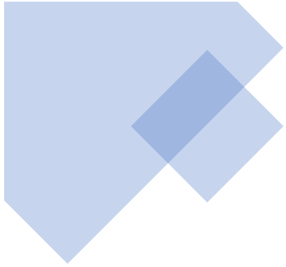
Members & Bible Reading Practices

GCMS 2017-18, N = 61,080



■ daily or more often (48%) ■ once & more than once a week (41%)
■ less than once a month (8%) ■ never (3%)





Members & Personal Devotions GCMS 2017-18, N = 61,080

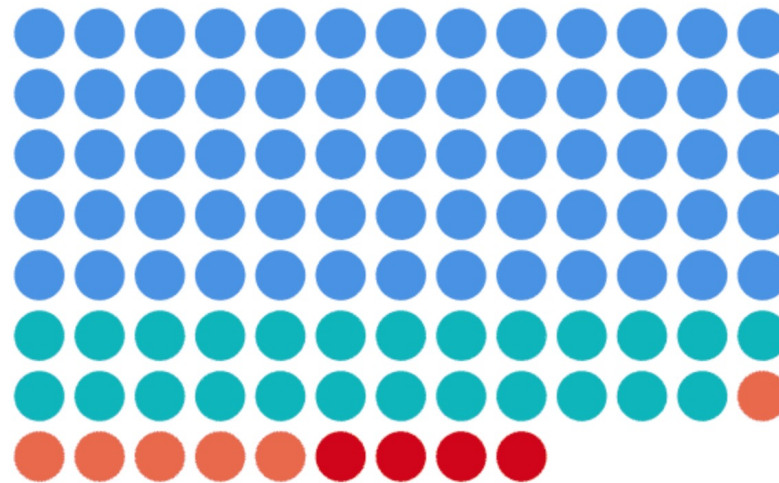


- daily or more often (52%)
- once & more than once a week (34%)
- less than once a month (8%) ■ never (6%)





Members & Personal Prayer GCMS 2017-18, N = 61,080

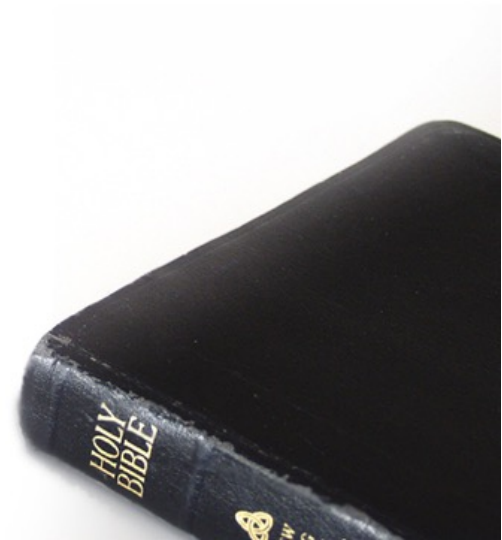


- daily or more often (65%)
- once & more than once a week (25%)
- less than once a month (6%) ■ never (4%)

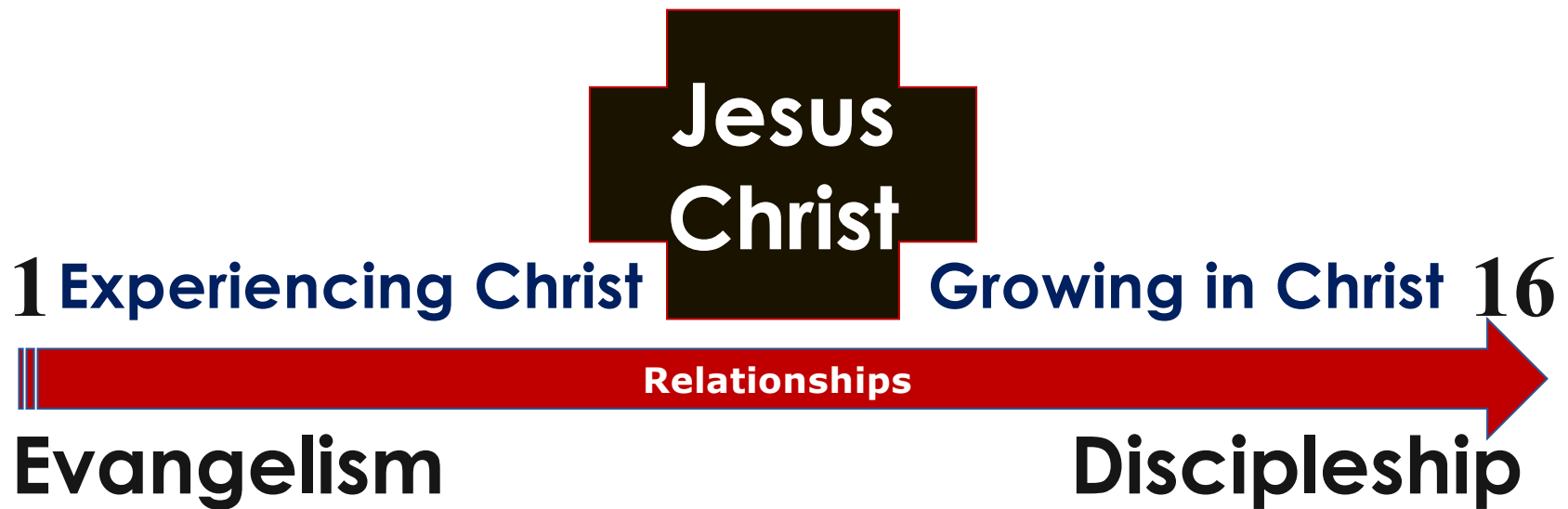


Disciples Grow

That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers. ***Psalm 1:3 (NIV)***



Making Disciples



Food 4 Growth

When your words came, I ate them; they were my joy and my heart's delight, for I bear your name, Lord God Almighty. **Jeremiah 15:16 (NIV)**

¹⁶ All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, ¹⁷ so that the servant of God may be thoroughly equipped for every good work.

2 Timothy 3:16,17 (NIV)



The Bible #1

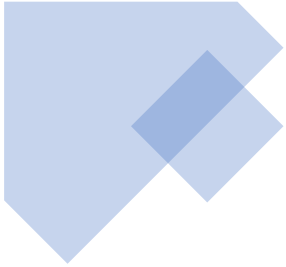
The Holy Scriptures, Old and New Testaments, are the written Word of God, given by divine inspiration. The inspired authors spoke and wrote as they were moved by the Holy Spirit. In this Word, God has committed to humanity the knowledge necessary for salvation. The Holy Scriptures are the supreme, authoritative, and the infallible revelation of His will. They are the standard of character, the test of experience, the definitive revealer of doctrines, and the trustworthy record of God's acts in history.

The Purpose of Bible Study

Bible Study:



- Provides opportunity for people to know and experience Jesus through the written Word
- Help disciples to grow in Christ
- Produces personal transformation
- Equips God's people for service





Adult
Sabbath School
Bible Study Guide
Jan | Feb | Mar 2026

UNITING
HEAVEN AND EARTH
CHRIST
IN PHILIPPIANS
AND COLOSSIANS



How to Study. . . .

In-depth study @ Home (Daily): #1

- Start with the Bible Study Guide to identify the topic and focus for the week (Sabbath afternoon)
- Read entire weekly study in one sitting to get a feel and understanding of the “big picture”



LESSON 3

January 10-16

Life and Death



SABBATH AFTERNOON

Read for This Week's Study: [Phil. 1:19-30](#), [1 Cor. 4:14-16](#), [2 Cor. 10:3-6](#), [John 17:17-19](#), [Micah 6:8](#), [Acts 14:22](#)

Memory Text: "For to me, to live is Christ, and to die is gain" ([Philippians 1:21](#), NKJV).

How to Study. . . .

In-depth study @ Home (Daily): #2

- Read all Bible passages included for the Sabbath study, and learn the memory verse
- Follow the daily studies and mark your Bible, identifying key passages (daily)



“He [the Savior] hears the witness of steadfast souls, who, though destitute, afflicted, tormented, yet bear fearless, solemn testimony for the faith, declaring, 'I know whom I have believed.' These, yielding up their lives for the faith, declare to the world that He in whom they have trusted is able to save to the uttermost.” ***Ellen G. White, The Acts of the Apostles, p. 512***



How to Study. . . .

In-depth study @ Home (Daily): #3

- Read Ellen White quotes and other commentaries for broader understanding
- Mark your Bible Study Guide and make notes



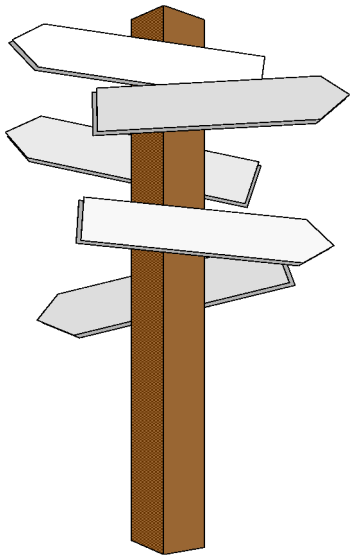
How to Use the Bible Study Guide

- Identify key Bible passages for the week
- Start with the Bible – Read & re-read
- Read the study of the week in its entirety
- Study daily sections
- Read Ellen G. White statements
- Select appropriate parts for in-depth study
- Write a simple Bible study outline





Four Bible Study Skills



- 1. Observation:** Identify kind of literature, look for key words/concepts/themes, repetitions etc
- 2. Exposition:** Interpreting the biblical data in order to provide a meaningful explanation of the text
- 3. Application:** Applying the message to self, first, and in these times (present)
- 4. Presentation:** Sharing and delivering of the biblical message for the benefit of others



Studying the Bible

1. Read and reread the biblical text to see the big picture
2. Reread & revisit the context for details of the passage
3. Identify key words/concepts (mark your Bible)
4. Look for repetitions (words & note times used)
5. Establish the relationship of words/concepts
6. Try reading between the lines and capture the “assumed” and/or “implied” themes in the text
7. Try to imagine the experience and emotions of the passage



IT'S ALL ABOUT JESUS!



KNOWING



LOVING



SERVING



SHARING