The Good News

Roanoke Seventh-day Adventist Church
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AdventistCentral.org 540-512-4545

November 2026



Change

Every fall, the hillsides of southern Virginia put on a wonderful display. The red maples blaze with scarlet and orange, the dogwoods turn crimson and maroon, and the hickories glow golden yellow. What a wonderful reminder that change can be breathtaking!

Life has its own seasons, doesn't it? Sometimes we welcome changes—a new opportunity, a growing family, or a fresh beginning. Other times, change brings uncertainty, disappointment, or loss. We may find ourselves longing for the familiar green days of summer when everything seemed easier and more predictable.

Yet God's Word offers us a stunning way to face every season of life. Philippians 4:6 says, “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God.”

Notice that Paul doesn't tell us to pretend we don’t have problems. Instead, he invites us to bring our concerns to God in prayer, while maintaining a thankful heart. We can thank Him for His faithfulness in the past, His presence today, and His promises for tomorrow—even when we cannot see what lies ahead.

Just as autumn trees brighten an otherwise ordinary landscape, a thankful Christian can bring extraordinary beauty into a drab and dreary world. While others may be consumed by worry, bitterness, or discouragement, gratitude allows us to reflect the goodness of God. Our circumstances may not change, but our perspective can. Thanksgiving turns our attention from what we don’t currently understand to the One who continues to care for us.

Perhaps you're experiencing an autumn season in your own life. Something familiar is ending, and the future feels uncertain. Remember, you don't have to understand every change to trust the One who walks beside you through it.

My prayer for each of us is that our hearts would be as radiant as Virginia's autumn hillsides, displaying the beauty of gratitude in whatever season of life we might find ourselves in.

~ Pastor Chris Buttery



Fellowship Lunch

Sabbath, November 7

On the first Sabbath of each month, our church family enjoys a buffet-style vegetarian and vegan Fellowship Lunch.

Our lunch will include food our families bring to share with our members and guests. So cook up your favorite recipes and bring enough for your family and to share!

It will be a nice way to enjoy a meal and to spend time with fellow members of our church family and with our guests. Hope to see you there!



Shoots and Roots - The Plant-Powered Kitchen

Thursday, November 5 @ 6:00

This session of Shoots and Roots will feature plant based pumpkin recipes and will include a cooking demo. Some delicious whole food plant based samples will be provided. The speaker will be Jennifer Buttery. Please plan to join us for this free evening together as we Savor the Season!



Online Prayer Meeting

Don't forget! Every Wednesday evening throughout November and December we will gather in a ZOOM room and pray together!

Please look for an email to arrive about noon every Wednesday with an invitation to join us for prayer and a ZOOM link to get into the Prayer Room.

You can also put your prayer requests and praises in the Prayer Box in the foyer on Sabbath mornings and we will include them among the other things we are praying for and about.

Hope to see you there!

The Roanoke Challengers

Pathfinder Club

The Pathfinders will enjoy the fresh autumn air when they go to The Cascades, one of the most beautiful water falls in Virginia, located between Blacksburg and Narrows on Route 460. The field trip will include a hike to see the falls close up and a picnic – we have to have food!

Stay tuned for some pictures of this upcoming outing and more events enjoyed by the Roanoke Challengers Pathfinder Club!

ROANOKE
ADVENTIST CHRISTIAN SCHOOL

Throughout the month of October, the school was collecting non-perishable food items for the Manna Food Pantry, a local pantry serving struggling families in the Roanoke region. Each family receives 60 pounds of fresh and frozen foods each month. Many individuals in our church kindly donated and the school exceeded its goal!

Thank you for giving so generously for this project led by our school!



The Last Supper

In the Seventh-day Adventist Church, the Last Supper is commemorated through the Lord's Supper (Fundamental Belief #16), which serves as a sacred service of remembrance, generally held once each quarter.

The basic elements of the Last Supper are:

> Unleavened Bread: Represents the sinless body of Jesus Christ broken for humanity.

> Unfermented Grape Juice: Non-alcoholic fruit juice symbolizes the shed blood of Jesus and the new covenant for the remission of sins.

> Foot Washing (Ordinance of Humility): Based on John 13, participants split into designated areas for foot washing using basins and towels. This practice signifies the individual's renewed cleansing, as well as mutual service and love among believers.

Adventists hold an "open" communion meaning the service is open to all believing Christians who have accepted Jesus as their Lord and Savior

Please join us for our next Communion Service on Sabbath, November 15, during the worship service.

The Pathfinders and Adventurers are about clubs designed for children ages 4-9 and ages 10 and up!

The Pathfinders recently had a fun time at the four day Camporee held at SVA in New Market.







Upcoming Pathfinder Calendar

Nov 14 Classroom Education and Honors workshop

Nov 15 Field Trip - The Cascades

Upcoming Adventurer Calendar

Nov 7 Classroom Education

Nov 21 Classroom Education

Happy Thanksgiving

On Sabbath, November 15, we will enjoy a special Thanksgiving service during our worship service.

This special Thanksgiving service will be full of expressions of gratitude from grateful hearts as we give thanks and praise to the One who is worthy of our praise! Please plan to join us!

It is our prayer that each of you will enjoy a day with family and/or friends as re remember the One who gives all gifts and who is worthy of our praise!

Stewardship

As we reflect on the gifts God has entrusted to us, the invitation is simple but powerful: Do not let what God has given you sit unused. Look for one place to begin. One opportunity to serve. One talent to develop and share. One step of faith to take. You do not have to do everything; just do something. Because when you do, you step into something much bigger than yourself. You step into a life of stewardship that is active, intentional, and transformational. And in the process, you will discover something profound: You were never just called to receive. You were called to steward. You were called to serve.

~ The Stewpot
Sept/Oct 2026

Church Board News & Notes

The September Church Board meeting was not held as a quorum could not be confirmed prior to the meeting. Although the board had some important items to cover, a quorum must be met before a meeting can be held.

The next church board meeting is scheduled for Monday evening, October 12, starting at 6:30. Please keep the board and its members in your prayers.



November Birthdays

1 Amor Cadiao
3 Marty Squier
5 Jennifer Dodge
6 Claude Brown
7 Liz McLennan
10 Mark Raleigh
10 Kathy Raible
12 Vicki Brown
13 Ryan Greenway
14 Pascoal Epalanga
17 Jayden Gooden
18 Marc Buch
28 Megan Greenway

Coming Soon!

Watch the weekly bulletins and the bulletin board in the church hall for upcoming December events you won't want to miss! Don't forget to check your emails or to read your texts from the church! More details will be shared soon!

December 5 – Church Christmas Party at Chad and Kristen McLennan's Home

December 13 – Foster Family Christmas Party sponsored by Children's Ministry

December 19 – Special Christmas Worship Service

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