

Psalm 119:105



VEGAN EGG SALAD SANDWICHES

1 (14-ounce/400g) block firm tofu, drained (see Note 1)
¼ cup + 1 tablespoon (70g) vegan mayo (see Note 2)
3 tablespoons (15g) nutritional yeast
2 teaspoons dill pickle relish (or sweet pickle relish, see Note 3 for sub)
2 teaspoons Dijon mustard
½ teaspoon kala namak (AKA Indian black salt) (see Note 4)
¼ teaspoon ground turmeric
¼ teaspoon sweet or hot paprika
Freshly cracked black pepper
1 tablespoon capers, drained
¼ cup (24g) roughly chopped scallions, (or 1/4 cup / 15g chopped chives)
¼ cup (5g) tightly packed fresh dill leaves, roughly chopped
Kosher salt or sea salt, as needed
¼ cup (30g) very finely diced red onion (optional)
For egg salad sandwiches (see Note 5)
1 medium or large avocado
A couple squeezes of lemon juice
A dash of Dijon mustard (optional, to taste)
8 slices of bread of choice
Sandwich fixings: lettuce leaves, cucumber ribbons or slices, sliced tomatoes, pickles or pickled red onions

Press the tofu. Slice lengthwise into 4 slabs. Cover with a thin towel. Weight down for 15 to 20 minutes. Slice each slab lengthwise into about 8 slivers. Cut each sliver into pea-sized cubes. Dressing: Whisk together mayo, nutritional yeast, pickle relish, Dijon mustard, kala namak, turmeric, paprika, and black pepper to taste. In a food processor, pulse together the capers, scallions, and dill until well chopped but still a bit chunky. Egg Salad: Stir the herb-caper mixture into the dressing. Add the finely diced tofu and fold gently into the dressing without crushing the tofu, add salt as needed. Best if you refrigerate it for 30 minutes. For egg salad sandwiches: make the avocado spread just before serving. Using a fork, mash the avocado in a bowl. Add salt and pepper to taste, a squeeze of lemon juice, and a dash of Dijon mustard. Lightly toast each slice of bread using your preferred method. Assemble the sandwiches.



Contacts

Pastor - Glenn Hill
Head Elder - Tony Estella
Head Deacon -
Head Teacher - Michelle Comstock
Communications - Jeff Massey
Clerk - Teresa Johnston
Audio Visual Team

Our Mission

To honor God by nurturing a Christ-centered church family, mentoring all ages, building genuine relationships by growing and connecting together in love through selfless service as we share the hope of Christ's return. (Matthew 28:18-20)

LOVE • CONNECT • SERVE



Visit our website for other resources, like live or recorded sermons, articles, etc:
ridgetopsda.com

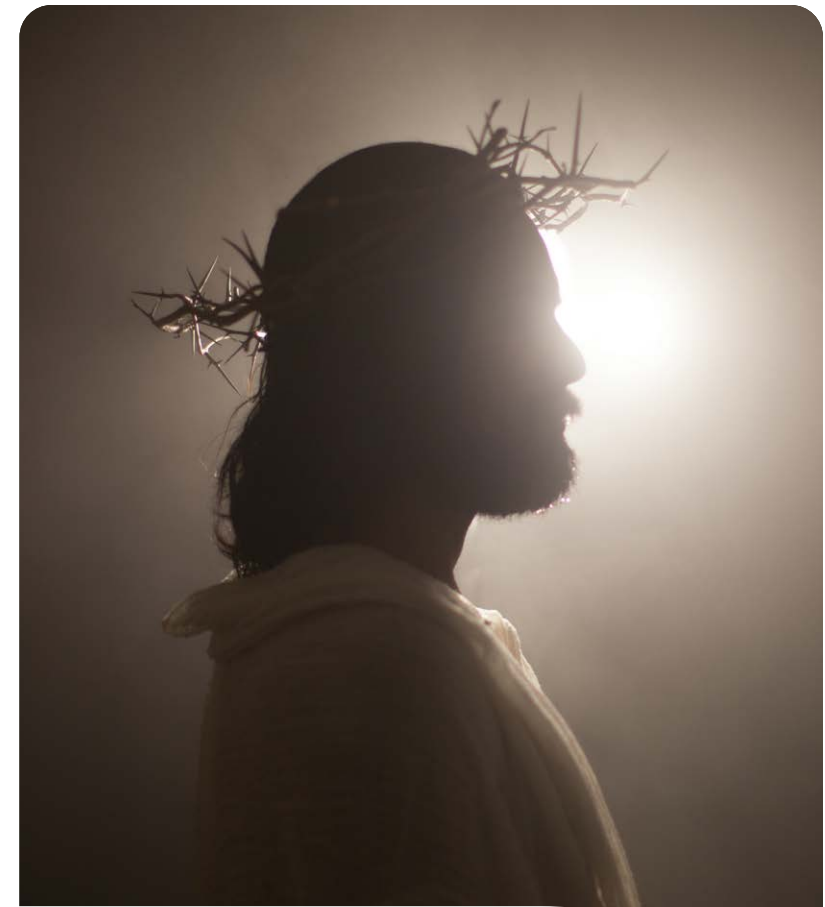


Check out our new Facebook page: **Ridgetop 7th Day Adventist Church**

Like

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Greenbrier, TN 37073
(615) 859-3651

Mailing Address: PO Box 135
Ridgetop, TN 37152



Welcome!

Ridgetop SDA Church
September 19, 2026

Sabbath School

9:30 - 10:30 AM

SONG SERVICE 9:30 - 9:35 am
 LESSON STUDY 9:45 am
 ADULT LESSON STUDY Sanctuary
 YOUNG ADULT LESSON STUDY Purple Room
 YOUTH / TEEN STUDY Green Room
 EARLY TEEN / JUNIOR STUDY Green Room
 BEGINNERS (BIRTH TO 3 YRS) Children's
 KINDERGARTEN (4 - 6 YRS) Classrooms are
 PRIMARY (7 - 9 YRS) located across the
 foyer at he right-
 hand side of the
 Sanctuary

Worship 10:50 AM

WELCOME & ANNOUNCEMENTS Theresa Johnston
 MISSION SPOTLIGHT
 PRAISE & WORSHIP Children's Division
 INVOCATION Theresa Johnston
 OPENING HYMN 99: God Will Take
 Care of You Children's Division
 TITHE & OFFERING Local Church Budget
 CHILDREN'S STORY Helen Kelley
 SCRIPTURE & PRAYER Matthew 4: 16
 SPECIAL MUSIC Debbie Hill

MESSAGE
 REMOVE THE BLINDFOLD
 Tony Estella

CLOSING HYMN 189: All That Thrills
 My Heart Children's Division
 BENEDICTION Tony Estella

SCRIPTURE Matthew 4: 16

The people living in darkness
 have seen a great light; on
 those living in the land of the
 shadow of death a light
 has dawned.

To give tithes and
 offerings online visit
adventistgiving.org
 or scan the QR code:



SUNSET TONIGHT: 6:51 PM
 SUNSET NEXT WEEK: 6:41 PM

Bulletin: Please submit board approved
 announcements by Wednesday noon to
bulletin@ridgetopsda.com

Church Events

SEP
19

Potluck: After service join us for a delicious meal and warm fellowship!
Quarterlies: You may pick up a Sabbath school quarterly for the 4th quarter at the front
 and back entrances. The topic is The Gift of Prophecy by the Ellen G. White Estate. The
 lessons examine God's ways of communicating His will and way to fallen humans.

SEP
23-26

Robertson County Fair Booth: Our church will have a booth at the Robertson County Fair,
 September 23-26, and volunteers are still needed. This is a wonderful, low-pressure way
 to meet our neighbors and share what our church and school are all about. To volunteer or
 learn more, please contact Brian Beard.

SEP
27

Discussion: "The Historical Uses of Local Plants" will be discussed on Sunday, Sept. 27,
 2 to 4 p.m., at the historic Wilson House in Ridgetop Station Park on Woodruff Ave. The
 presenter is local resident Leslie Whalen.

OCT
7

Retirees luncheon: @ 12:00 noon at Pizza Ranch in Hendersonville. Please RSVP to Dick
 Spots.

OCT
8-11

Church Campout: at Henry Horton State Park

Conference Events

SEP
19-20

Journey to Wholeness Facilitator Training: Learn to lead with
 compassion and walk with others in recovery—bridging brokenness
 to healing, anchored in Christ. Instructor: Dr. DAvid Sedlacek, PhD,
 LMSW, CFLE. <https://nadhealth.org/trainings/jtw-sept2026/>



SEP
25-27

Fall Men's Summit: Come explore what it means to be 100%
 committed to what matters most in our lives—and hearing powerful
 testimonies from people who are living it out every day. At Indian
 Creek Camp. <https://kytnmensministry.regfox.com/kytn-fall-mens-summit-26>



OCT
23-25

Public Campus Ministries Retreat: Young adults, college
 students, and high school seniors are invited to join us October 23-
 25, 2026, for the KYTN PCM Retreat, "Love Like This" at ICC.



This inspiring weekend will feature worship, fellowship, spiritual
 growth, leadership development, and practical training for living
 out your faith on campus and in everyday life.

Encourage the students and young adults in your church to attend! **Registration:**
kytnsda.regfox.com/public-campus-ministries-retreat-2026

Join us!

Potluck: Third Sabbaths
Breakfast Potluck: Fourth Sabbaths, 8:30-9:15am. Bring something to share!
Prayer Time Tuesdays: Tuesdays 9:30am - 10:30am.
Prayer Meeting: Wednesdays at 7:00 pm right here at church .
Pathfinders: Thursdays 6:30-8pm. Contact Jimmy Jerkins.
Adventurers: 1st and 3rd Sabbath 2-4pm. Mindy Jerkins or Tiffany Russell.
Community Service Center: Tuesdays 9:00-11:00am. Contact Brenda Dempsey, Helen Kelly.
Blessing Box: Any time, let's keep it stocked! Questions: Tony or Julie Estella.