



KIDS
ACTIVITY

SOFRITAS (CHIPOTLE-STYLE COPYCAT – ONE PAN!)

- 1 block (14 oz / 400 g) extra-firm tofu, drained
- 2 tablespoons light oil, divided (such as canola or vegetable)
- ½ teaspoon salt, divided, plus more to taste
- 1 small yellow onion, finely diced
- 1 poblano pepper, seeded and finely diced (or sub 1 green bell pepper)
- 3 cloves garlic, minced
- 2 tablespoons tomato paste
- 2 Roma tomatoes, finely chopped
- ¼ cup water or vegetable broth, plus more if needed
- 1 - 2 chipotle peppers in adobo sauce, minced
- 1 - 2 teaspoons adobo sauce, (from the same can as the chipotle peppers)
- 1 teaspoon ground cumin
- 1 teaspoon dried oregano
- ½ teaspoon smoked paprika
- ½ teaspoon chili powder
- ½ lime, juiced
- 1 teaspoon agave or maple syrup

Instructions
Brown the tofu: Heat 1 tablespoon oil in a large skillet over medium-high heat, crumble the tofu into the pan, sprinkle with ¼ teaspoon salt, and cook for 8-10 minutes until lightly golden with some crisp edges, then transfer the tofu to

a bowl and set aside. Sauté the vegetables: Return the skillet to medium heat, add the remaining 1 tablespoon oil, then add the onion, poblano pepper, and garlic, and cook for 4-5 minutes until softened and fragrant. Toast the tomato paste: Add the tomato paste and cook for 1 minute, stirring constantly, until the paste darkens slightly. Build the sauce: Stir in the chopped Roma tomatoes, water or broth, chipotle peppers, adobo sauce, cumin, oregano, smoked paprika, chili powder, and remaining ¼ teaspoon salt, then cook for 2-3 minutes until the mixture is juicy and saucy. Simmer and finish: Add the lime juice, agave, and browned tofu back to the pan, then simmer for 6-8 minutes, stirring occasionally, until everything is saucy, tender, and deeply flavored, adding more water or broth if the mixture becomes too thick. Taste and adjust: Taste and add more salt for richness, more adobo for heat, more lime for brightness, or more agave if you prefer a touch more sweetness. Serve: Spoon the sofritas into burrito bowls, tacos, quesadillas, nachos, salads, grain bowls, Crunchwraps, or stuffed peppers.



Contacts

- Pastor - Glenn Hill
- Head Elder - Tony Estella
- Head Deacon - Eric Berger
- Head Teacher - Michelle Comstock
- Communications - Igor Kikena
- Clerk - Teresa Johnston
- Audio Visual Team

Our Mission

To honor God by nurturing a Christ-centered church family, mentoring all ages, building genuine relationships by growing and connecting together in love through selfless service as we share the hope of Christ's return. (Matthew 28:18-20)

LOVE • CONNECT • SERVE



Visit our website for other resources, like live or recorded sermons, articles, etc:
ridgetopsda.com



Check out our new Facebook page: [Ridgetop 7th Day Adventist Church](#)

Like



104 King St,
Greenbrier, TN 37073
(615) 859-3651

Mailing Address: PO Box 135
Ridgetop, TN 37152



Sabbath School

9:30 - 10:30 AM

SONG SERVICE 9:30 - 9:35 am
 LESSON STUDY 9:45 am
 ADULT LESSON STUDY Sanctuary
 YOUNG ADULT LESSON STUDY Purple Room
 YOUTH / TEEN STUDY Green Room
 EARLY TEEN / JUNIOR STUDY Green Room
 BEGINNERS (BIRTH TO 3 YRS) Children's
 KINDERGARTEN (4 - 6 YRS) Classrooms are
 PRIMARY (7 - 9 YRS) located across the
 foyer at the right-
 hand side of the
 Sanctuary

Worship 10:50 AM

WELCOME & ANNOUNCEMENTS Tony Estella
 MISSION SPOTLIGHT The Mission Field of Education
 PRAISE & WORSHIP Rich Latané
 INVOCATION Tony Estella
 OPENING HYMN *I Love to Tell the Story* Rich Latané
 TITHE & OFFERING Local Church Budget
 CHILDREN'S STORY Mindy Jerkins
 SCRIPTURE & PRAYER *John 20: 17*
 SPECIAL MUSIC Ben Patterson

MESSAGE
WHERE DO I BELONG?
 Sam Ramos

CLOSING HYMN *He Leadeth Me* Rich Latané
 BENEDICTION Sam Ramos

SCRIPTURE John 20: 17

Jesus said, "Do not hold on to me, for I have not yet ascended to the Father. Go instead to my brothers and tell them, 'I am ascending to my Father and your Father, to my God and your God.'"

To give tithes and offerings online visit adventistgiving.org or scan the QR code:



SUNSET TONIGHT: 8:09 PM
SUNSET NEXT WEEK: 8:08 PM

Bulletin: Please submit board approved announcements by Wednesday noon to bulletin@ridgetopsda.com

Church Events

JUL 4

Loma Linda labels for Sabbath School Investment: At 25 cents per label, Loma Linda labels with the UPC code are the only labels now accepted for S.S. Investment... Please continue to save them and place in box in front lobby. According to the instructions, "Funds should be used for worthy projects."

New S.S. Quarterlies ready. You can get your quarterly for the third quarter at the front and back entrances. The study will be on First and Second Corinthians. The 13th Sabbath offering will be for projects in the Inter-European Division. Please contact Helen if you need a large-print quarterly.

JUL 10

VBS PRAYER WALK DATE CHANGE: We are moving the date and time of our prayer walk for VBS to **Friday July 10 at 6:30pm** to accommodate those that will need to decorate and set up for VBS on Sunday. There will NOT be a supper beforehand. Just please come and join us in prayer at 6:30pm on Friday Evening July 10. Thank you for supporting our staff and children! We invite all who cannot attend in person to join us in prayer at the same time no matter where you are.

JUL 13-18

VBS: "Cactusville where kids are called to follow Jesus!" Contact Marilyn Kenerson or Stephanie Grass for further information.

JUL 26

Back to School Party: 3-6pm. Be sure to invite all your friends and people in the community!

PRAYER REQUESTS

- Urgent Prayer Request: Please keep our school in prayer - we need to find a k-2 teacher within two weeks. Pray God will work his will.
- Pray for the people of Venezuela suffering from the earthquakes. The Adventist Church in Venezuela is calling for prayers for their members, the first responders and all who are hurting. There have been many natural disasters of late.
- Pray for our upcoming VBS
- Rose is now at The Waters: 704 5th Ave E, Springfield, TN 37172. Please continue to pray for her comfort and peace.

Join us!

- Potluck:** Third Sabbaths
- Breakfast Potluck:** Fourth Sabbaths, 8:30-9:15am. Bring something to share!
- Prayer Time Tuesdays:** Tuesdays 9:30am - 10:30am.
- Prayer Meeting:** Wednesdays at 7:00 pm right here at church .
- Pathfinders:** Thursdays 6:30-8pm. Contact Kurtis Lam.
- Adventurers:** 1st and 3rd Tuesday 3:15-4:30pm. Contact Don & Marilyn Kenerson.
- Community Service Center:** Tuesdays 9:00-11:00am. Contact Brenda Dempsey, Helen Kelly.
- Blessing Box:** Any time, let's keep it stocked! Questions: Tony or Julie Estella.

Conference Events

AUG 4-9

Forever Young Camp (50+ Camp): Summer Camp for Adults— where fun knows no limits! Experience a week packed with crafts, ceramics, pickleball, horseback riding, zip lines, rock wall climbing, swimming, canoeing, skiing, and pontoon rides. Reconnect with friends and make new ones over great food, laughter, and inspiring times of worship. Whether you're craving excitement or relaxation, come celebrate life to the fullest (No kids allowed)

REGISTER
<https://kytnsda.regfox.com/2026-50-camp>

