

# P.R.A.Y.

## PRAISE

Why would we need to praise Him?

What are we praising for?

Why did Jesus start out His prayer (The Lord's Prayer) with praise when He is God Himself?

Can you find someone and ask them what they would praise God for?

## REPENT

I don't recall sinning today, Why should I repent?

If God knows I am sorry for what I did, why should I repent?

What if I cannot remember every sin I have done? Am I not going to heaven if I don't repent of every single sin?

Have you sinned against someone else? Do you need to repent to them and ask them to forgive you for doing them wrong?

## ASK

Does God limit us on what we can ask for? If so, how?

Will God always fulfill what we ask for? And if He does not do what we asked, does that mean we are not a true follower of Him?

Does trusting God mean we only need to pray once about something and that's it?

Can you find someone else that has a prayer request? What is it and can you pray with them, or let them know you will be praying for them?

## YIELD

In the context of prayer, what does yield mean to you?

Does God not love us if He does not answer as we expect Him to?

How do we know if the answer I feel God has given me is truly from Him?

Can you find someone else that has difficulty in accepting the answer to prayer that God has given them? Have you? Explain your experience to them.

Summary

Do you feel you have a better understanding of prayer?

God gave His disciples and us an example of how to pray: this same principle of prayer is expressed in this acronym, P.R.A.Y. Can you find the different parts of the acronym in the Lord's Prayer? Draw a line between the parts on the right and left (multiple lines per item are allowed).

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| <b>PRAISE</b> | <b>Our Father in heaven</b><br><b>Hallowed be your name</b><br><b>Your kingdom come</b><br><b>Thy will be done</b>  |
| <b>REPENT</b> | <b>On earth as it is in heaven</b><br><b>Give us this day our daily bread</b>   |
| <b>ASK</b>    | <b>And forgive us our debts</b><br><b>As we forgive our debtors</b>   |
| <b>YIELD</b>  | <b>And do not lead us into temptation</b><br><b>But deliver us from the evil one</b><br><b>For Yours is the kingdom and the power and the glory forever</b> |

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|  | <b>Amen</b> |
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