



DANCING ON BROKEN  
BONES



A man with a beard and long hair, wearing a white robe, stands in a dark, stone-walled room. He has his hands clasped in prayer and is looking upwards and to the left. A small window in the upper left corner allows light to enter the room. The overall atmosphere is somber and contemplative.

**"Help, I've Fallen, and I Can't Get Up"**



# WHY WAS THIS PSALM WRITTEN?

---

1. **CONNECTION:** To bridge the gap between guilt and grace.

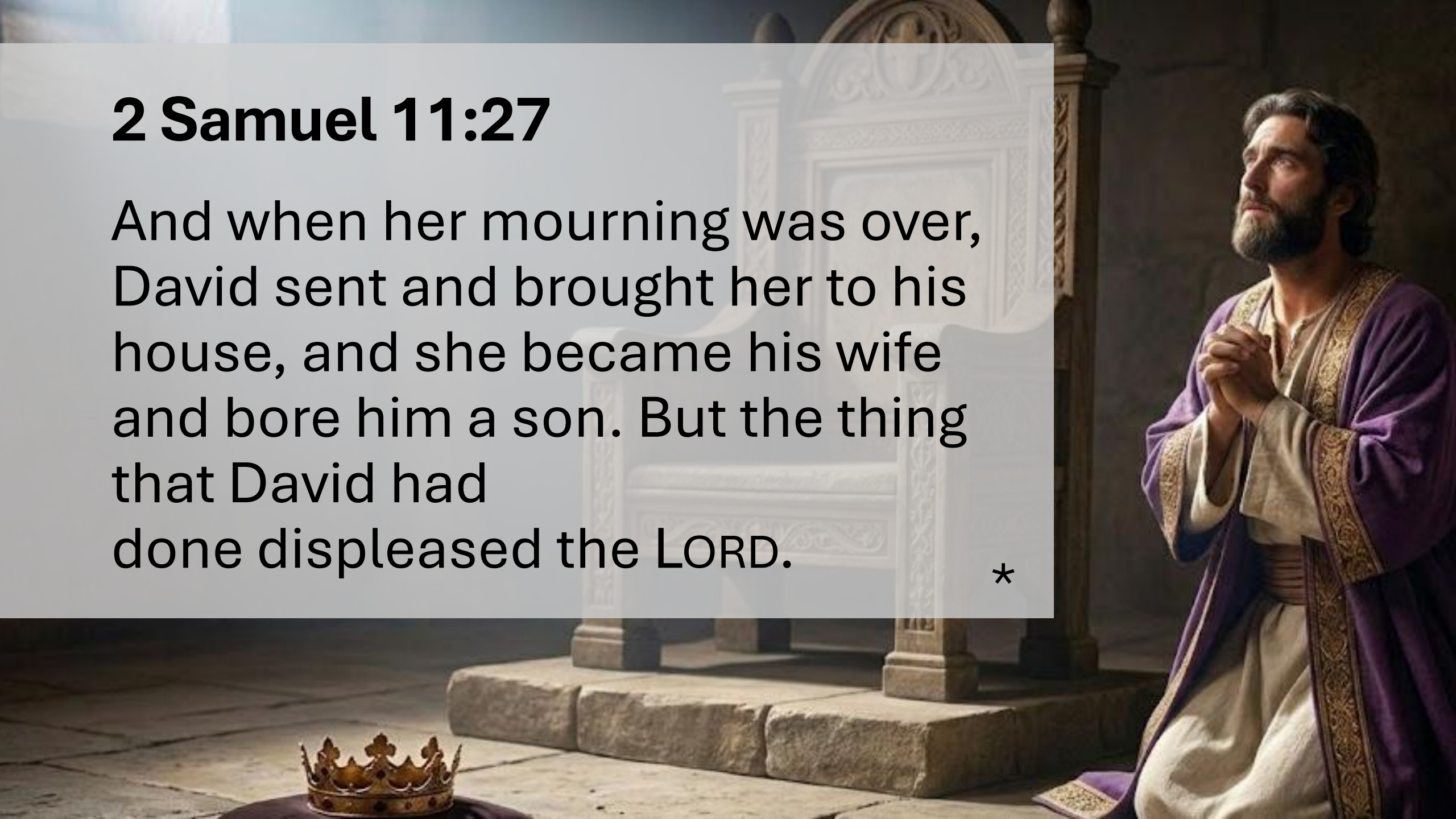
2. **RESTORATION:** To redefine true repentance.

3. **HOPE:** To offer a roadmap for the fallen.

## 2 Samuel 11:27

And when her mourning was over, David sent and brought her to his house, and she became his wife and bore him a son. But the thing that David had done displeased the LORD.

\*

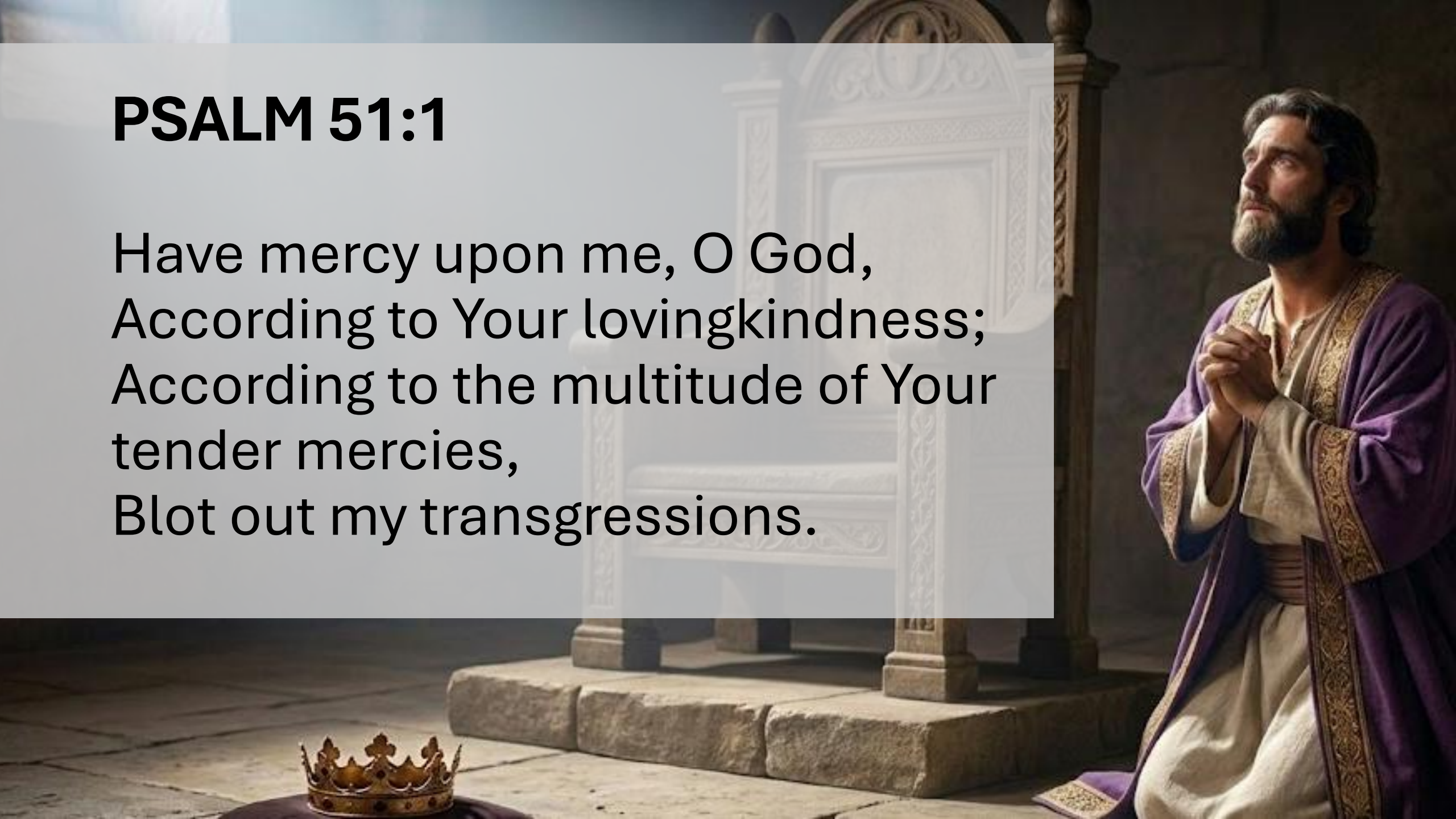




A monument to failure

# PSALM 51:1

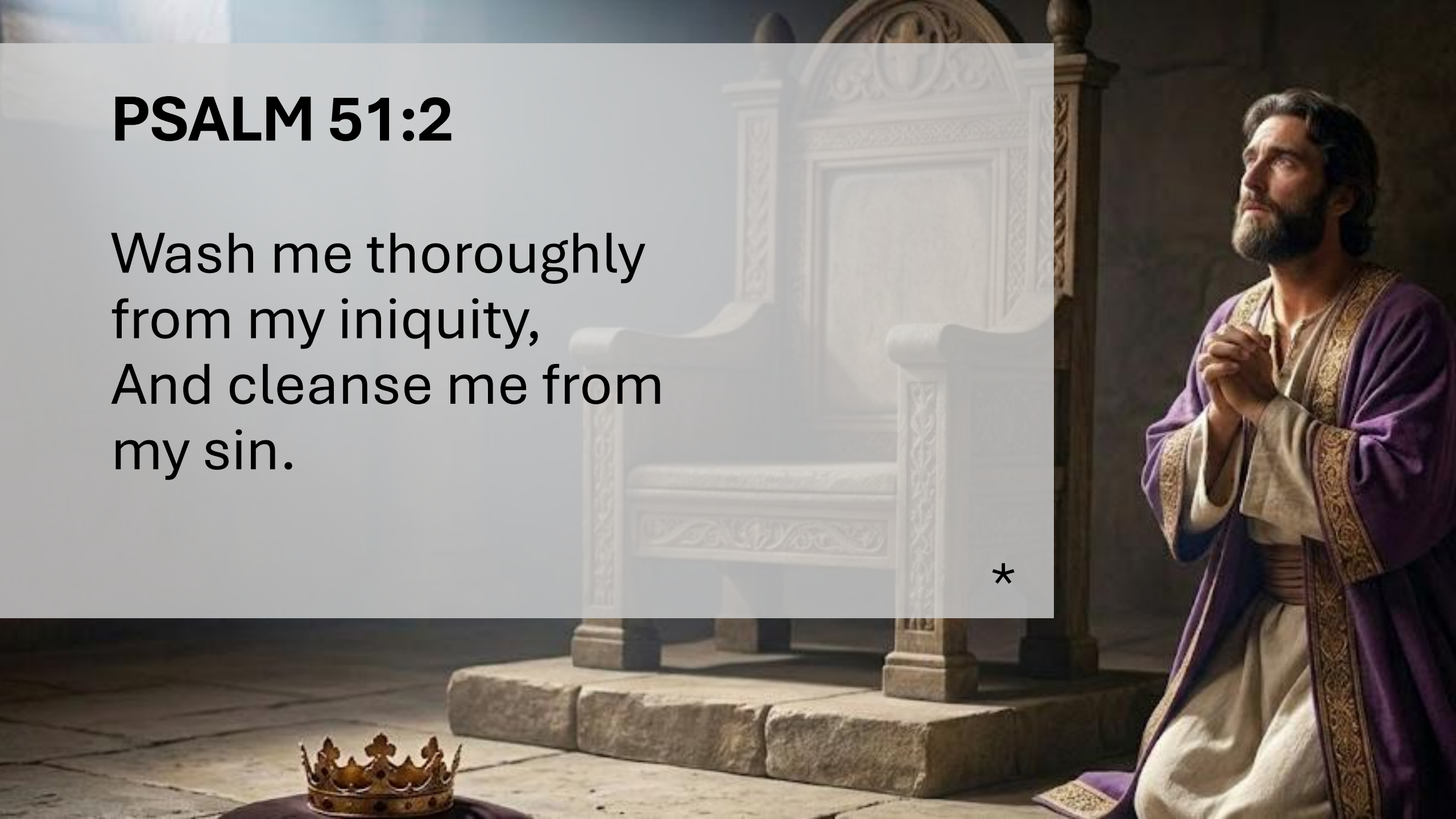
Have mercy upon me, O God,  
According to Your lovingkindness;  
According to the multitude of Your  
tender mercies,  
Blot out my transgressions.



# PSALM 51:2

Wash me thoroughly  
from my iniquity,  
And cleanse me from  
my sin.

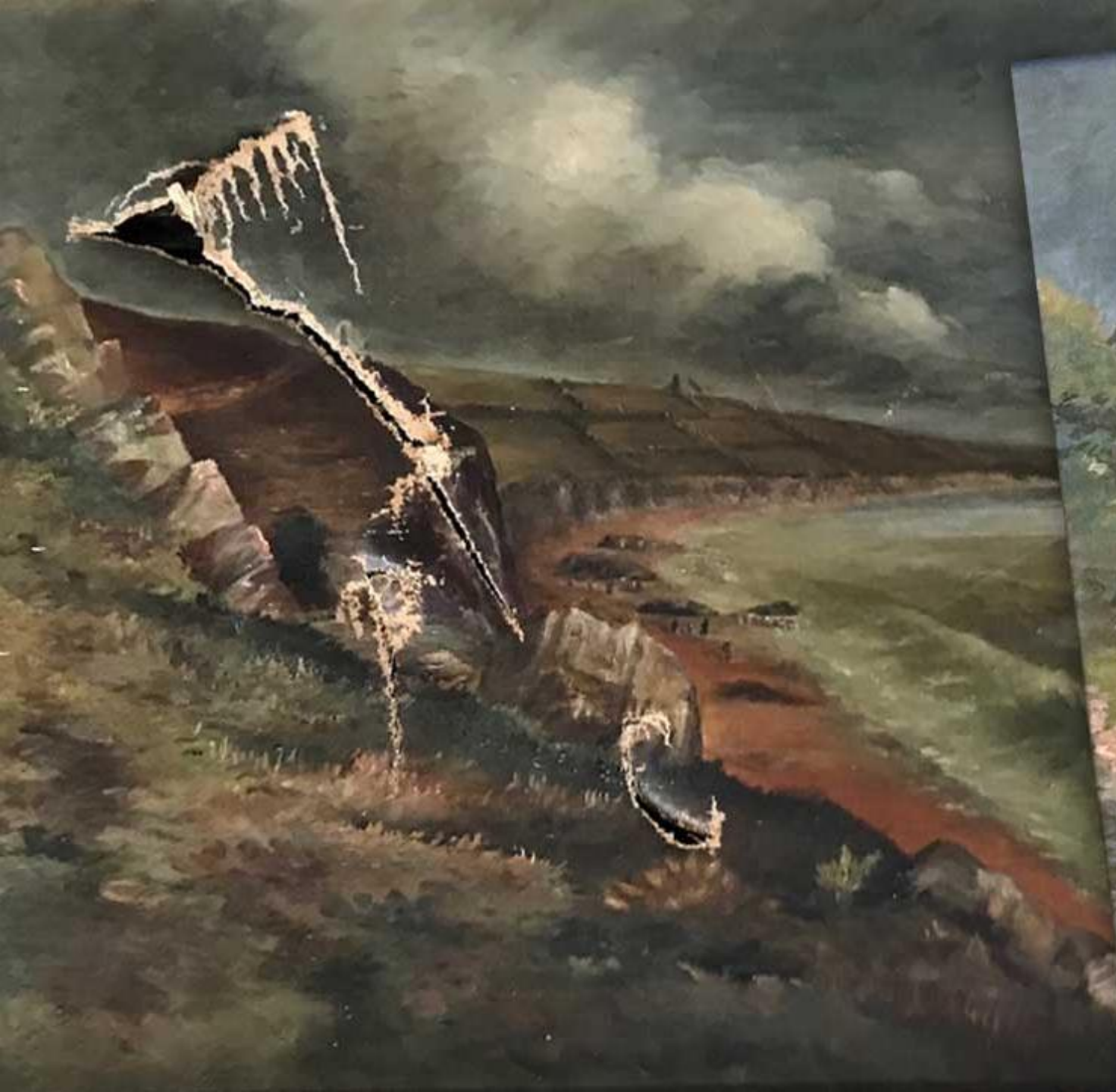
\*



# THE DIVINE DRY-CLEANER

---

- **The Wash:** This is the word for "treading" or "beating" clothes.
- **The Cleanse:** This is a ceremonial "OK" from the priest. It's God saying, "You're good to come back inside the house now."



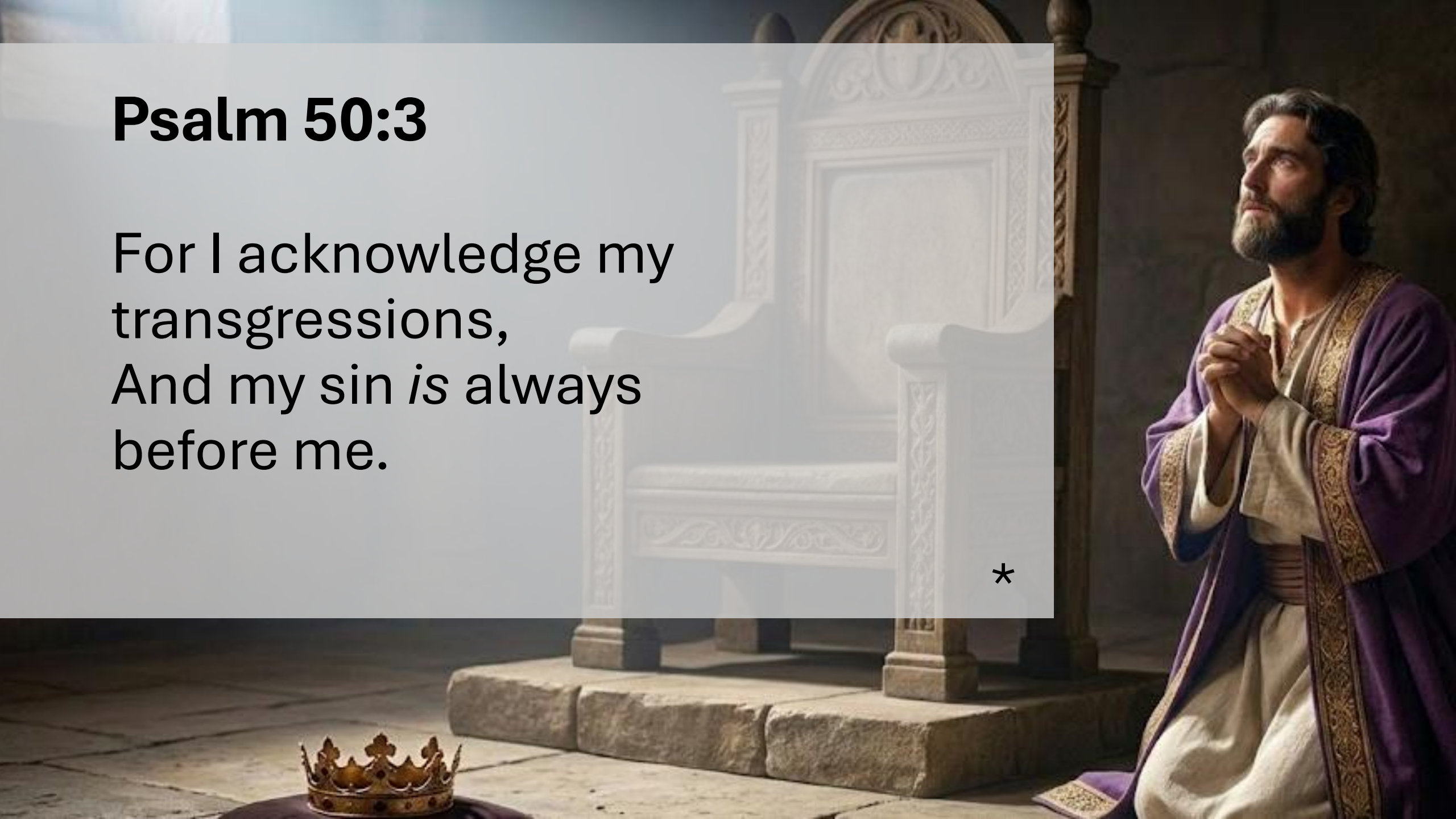


## Truth or Dare: Owning the Mess

# Psalm 50:3

For I acknowledge my  
transgressions,  
And my sin *is* always  
before me.

\*





**The Gift of Guilt**

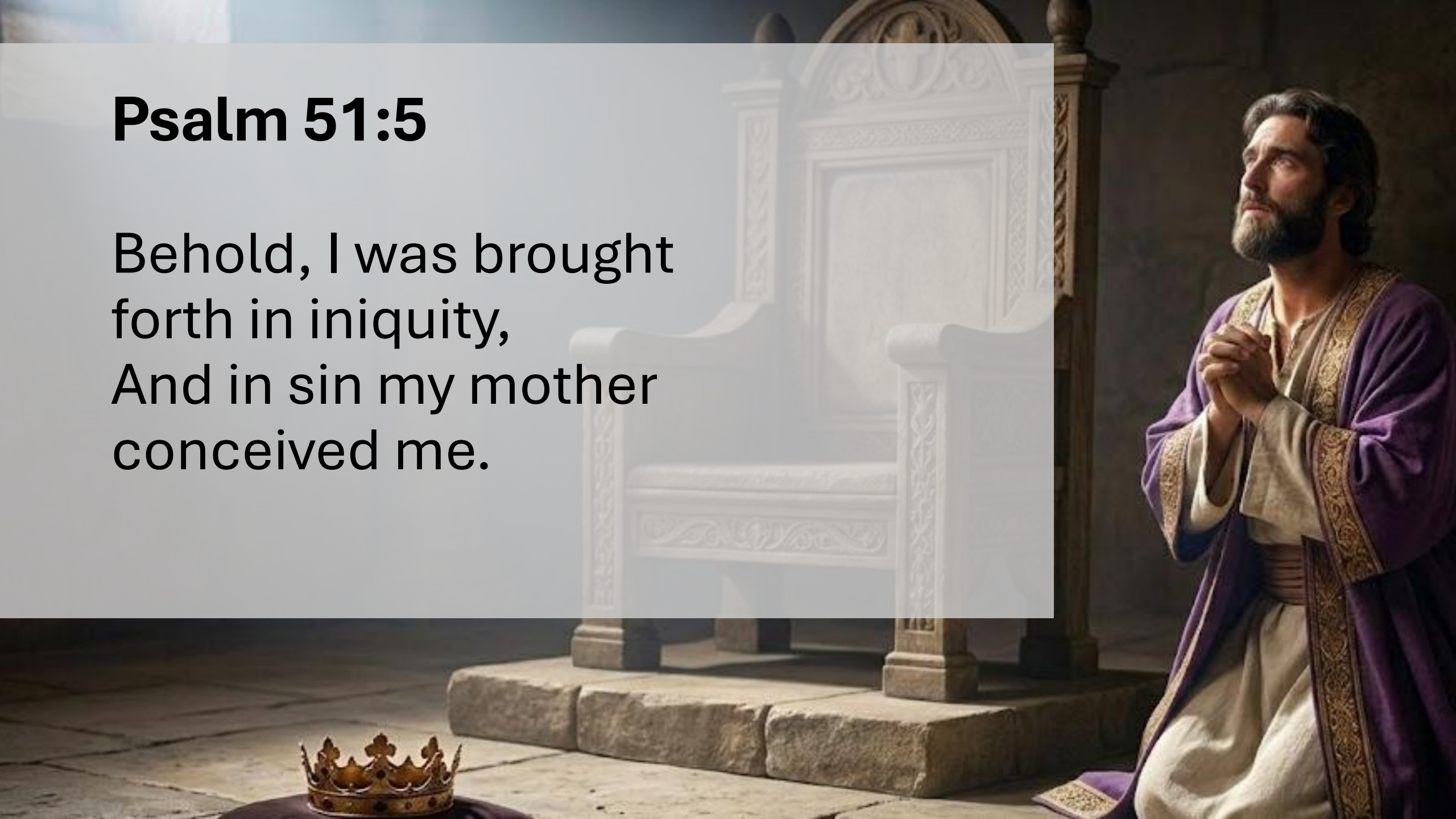
## Psalm 51:4

Against You, You only, have I  
sinned,  
And done *this* evil in Your sight—  
That You may be found just when  
You speak,  
*And* blameless when You judge.



## Psalm 51:5

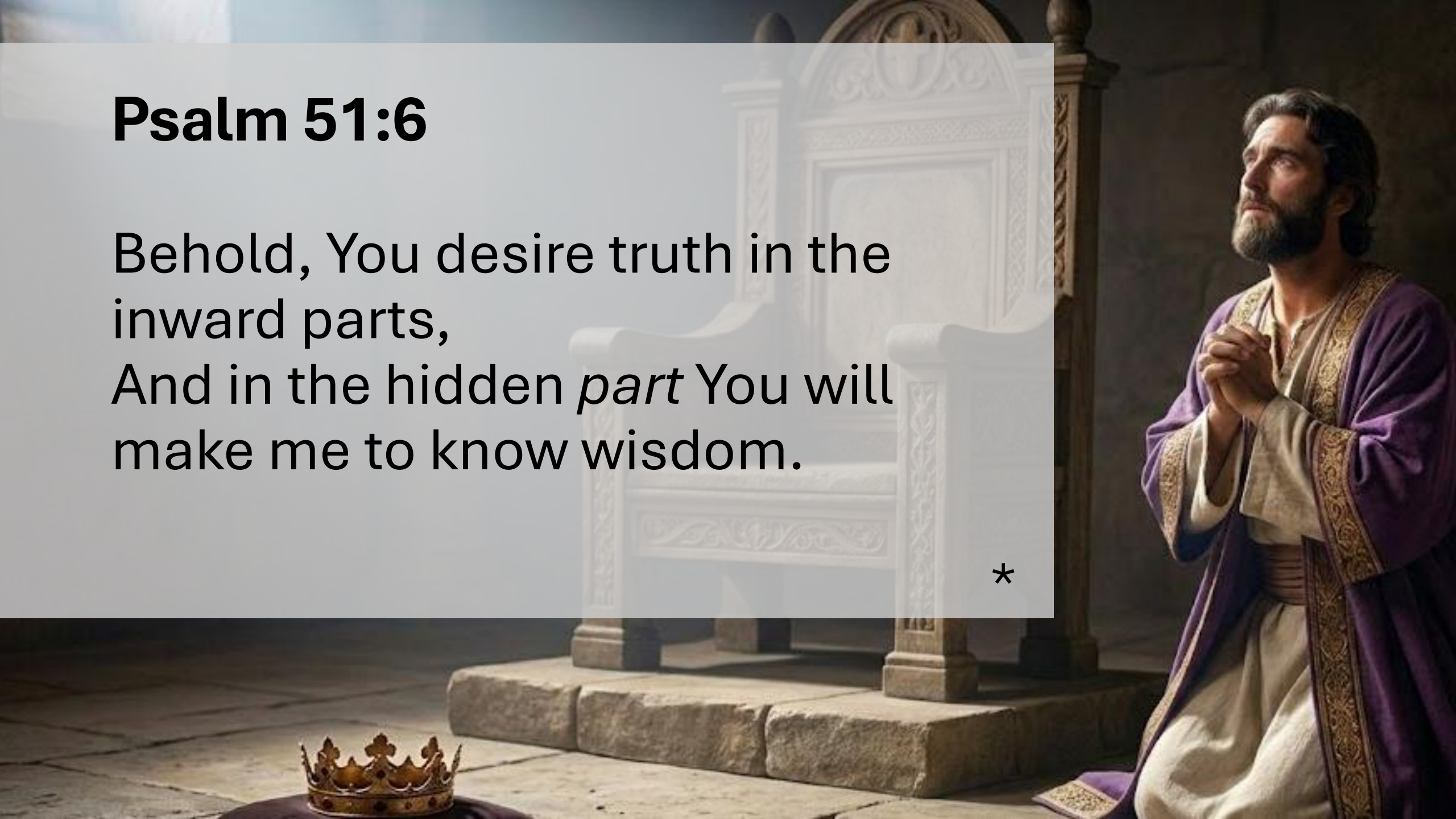
Behold, I was brought  
forth in iniquity,  
And in sin my mother  
conceived me.



# Psalm 51:6

Behold, You desire truth in the  
inward parts,  
And in the hidden *part* You will  
make me to know wisdom.

\*





OUT OF  
ORDER

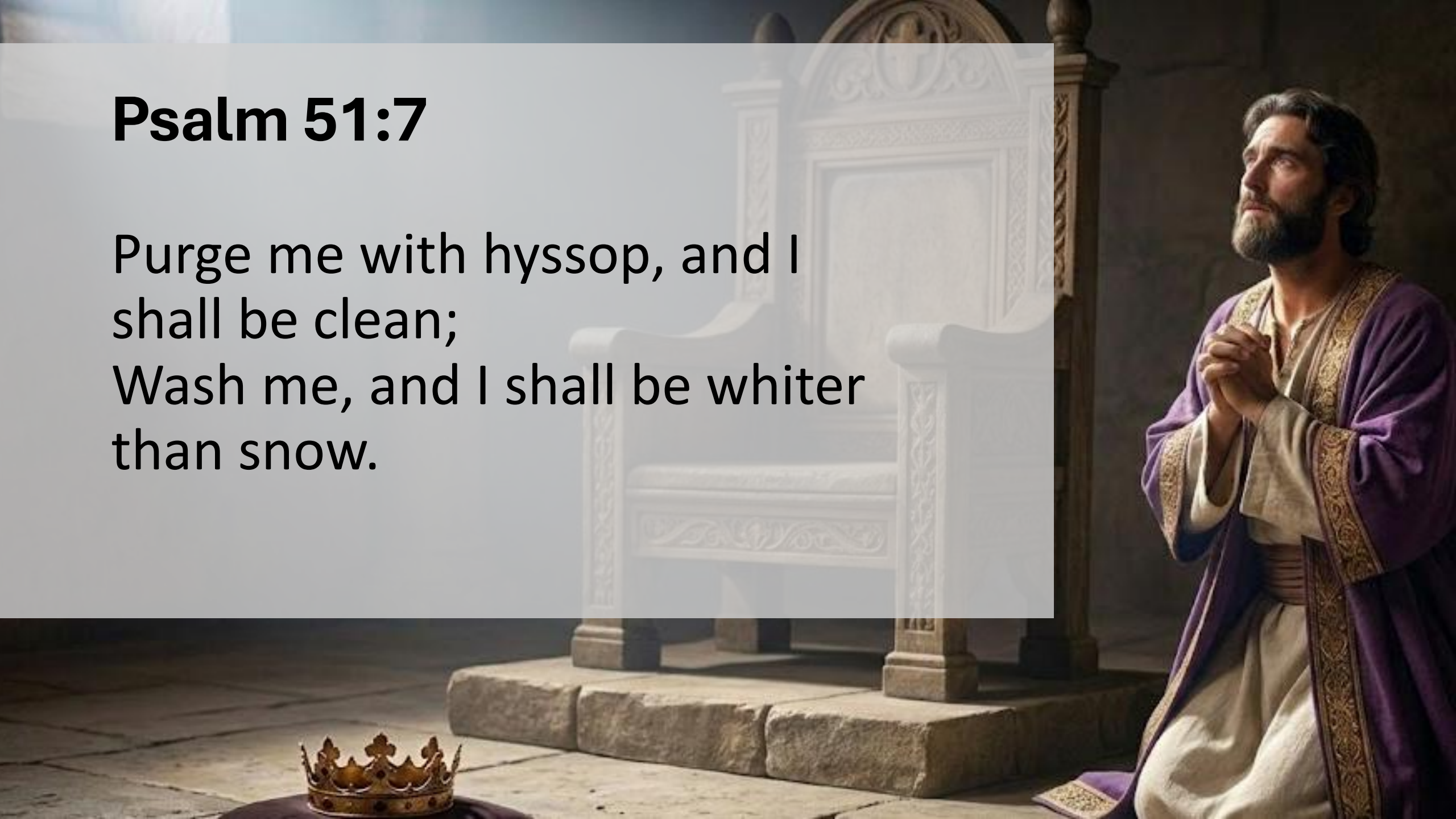
**BOOM**



**The Extreme Makeover: Heart Edition**

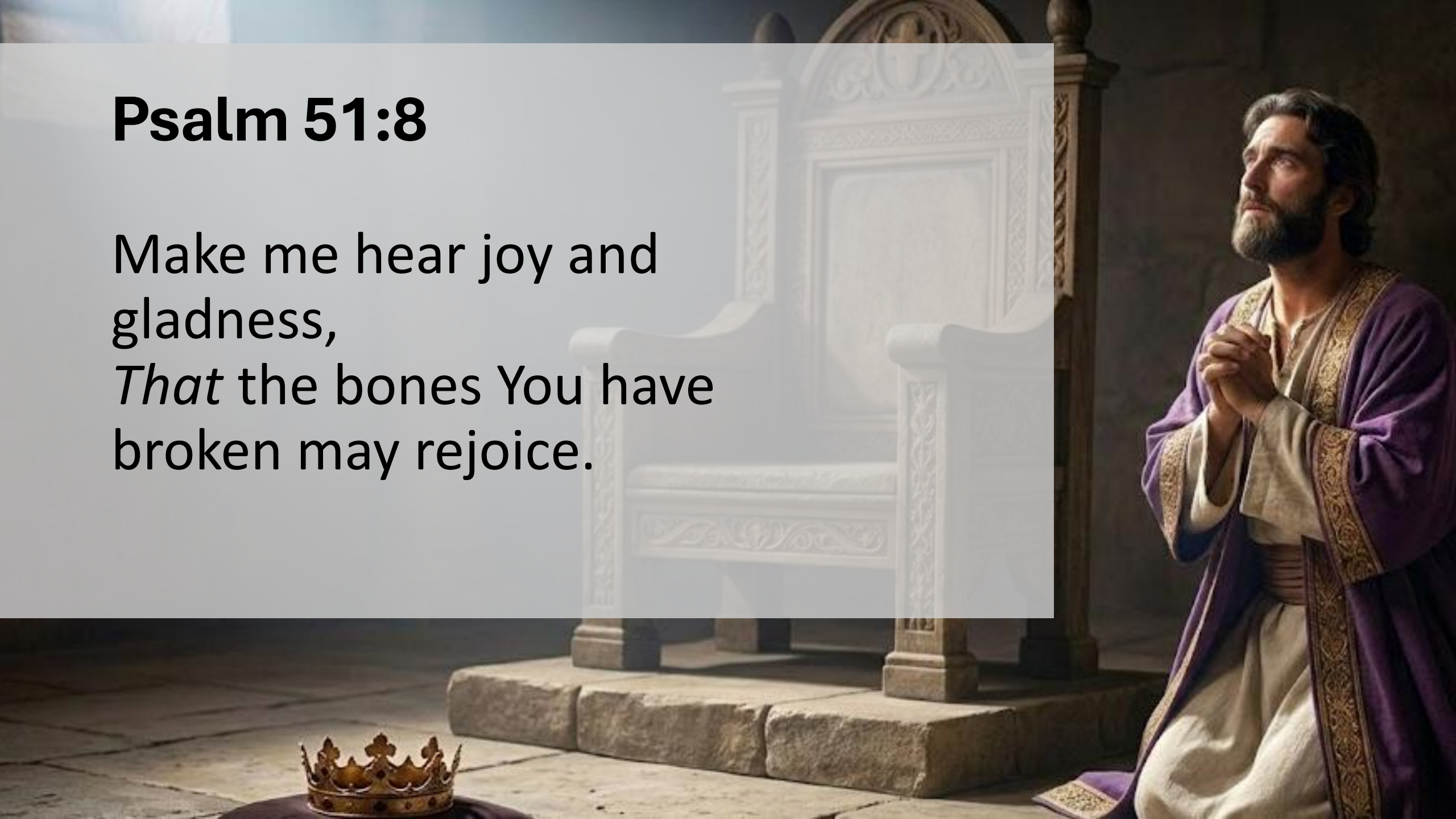
# Psalm 51:7

Purge me with hyssop, and I shall be clean;  
Wash me, and I shall be whiter than snow.



# Psalm 51:8

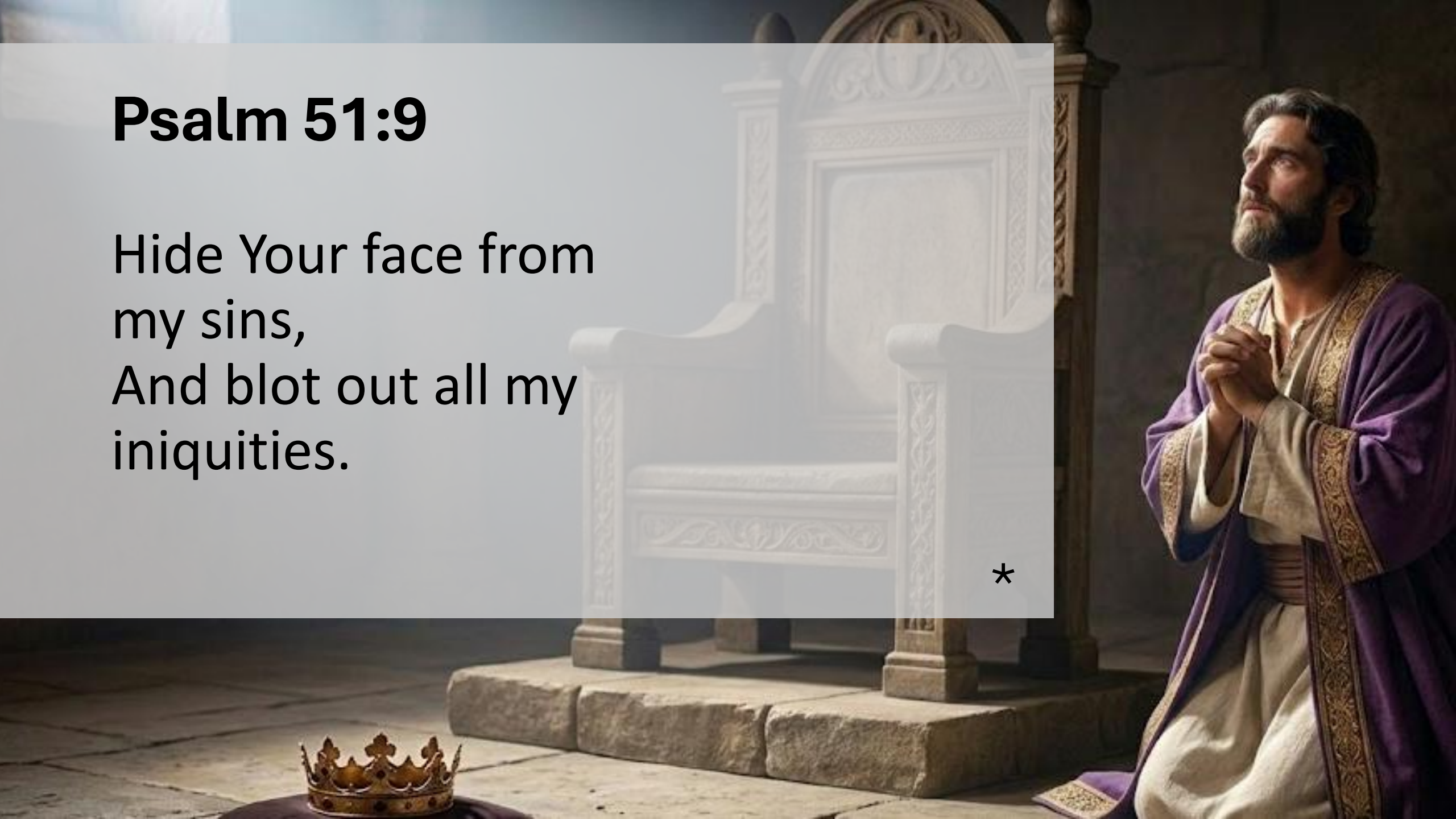
Make me hear joy and  
gladness,  
*That* the bones You have  
broken may rejoice.

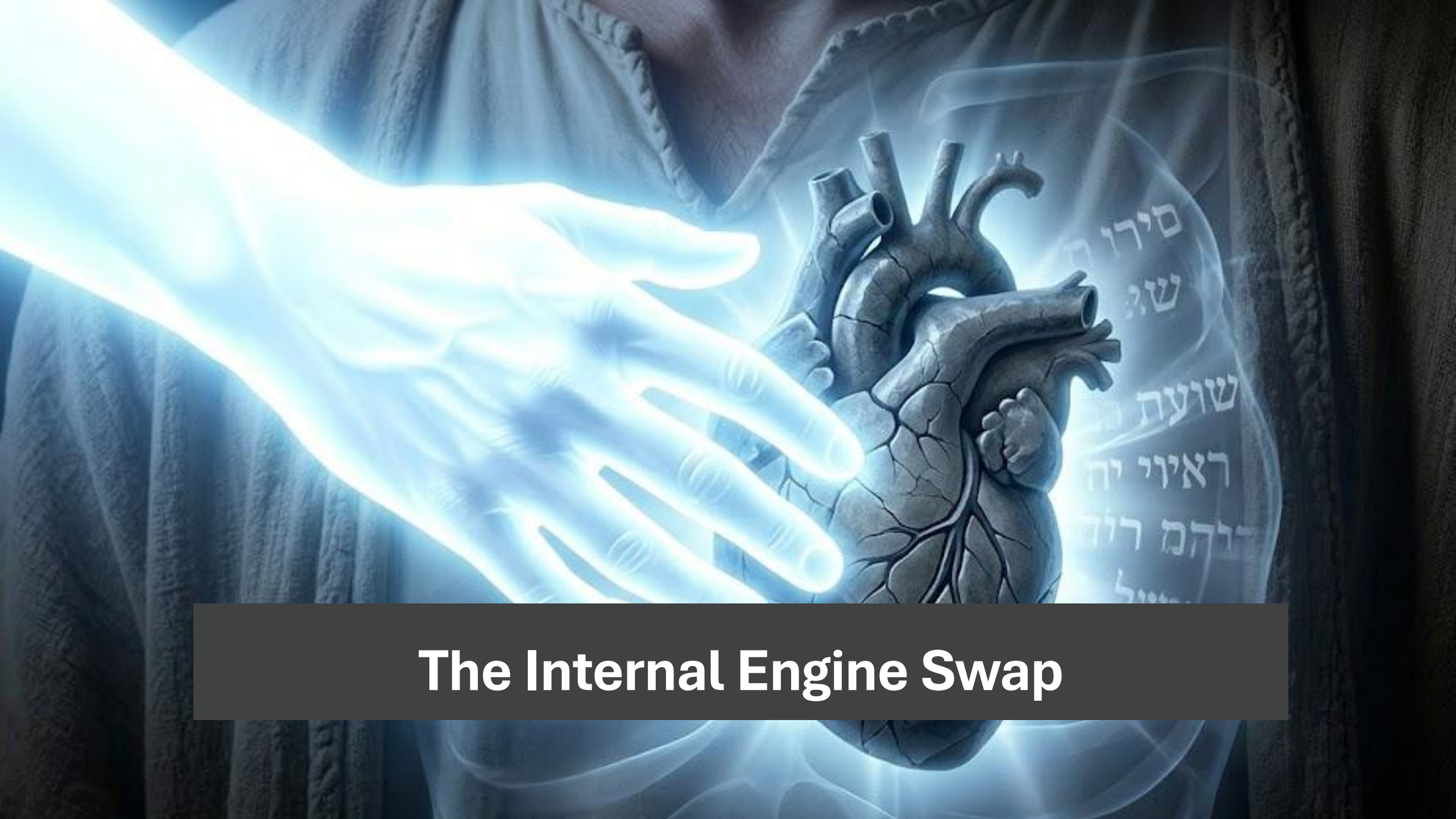


# Psalm 51:9

Hide Your face from  
my sins,  
And blot out all my  
iniquities.

\*



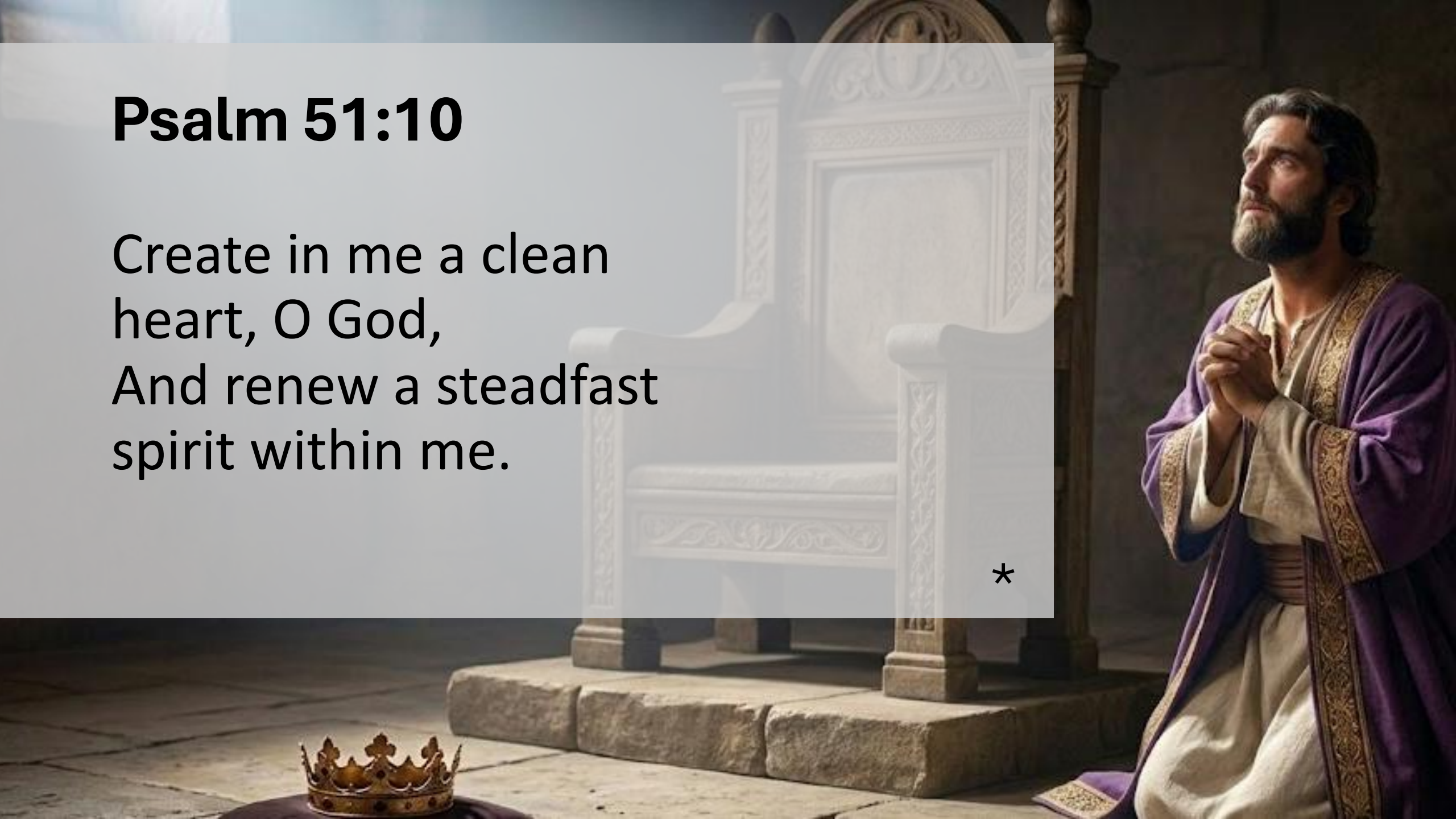


## The Internal Engine Swap

# Psalm 51:10

Create in me a clean  
heart, O God,  
And renew a steadfast  
spirit within me.

\*

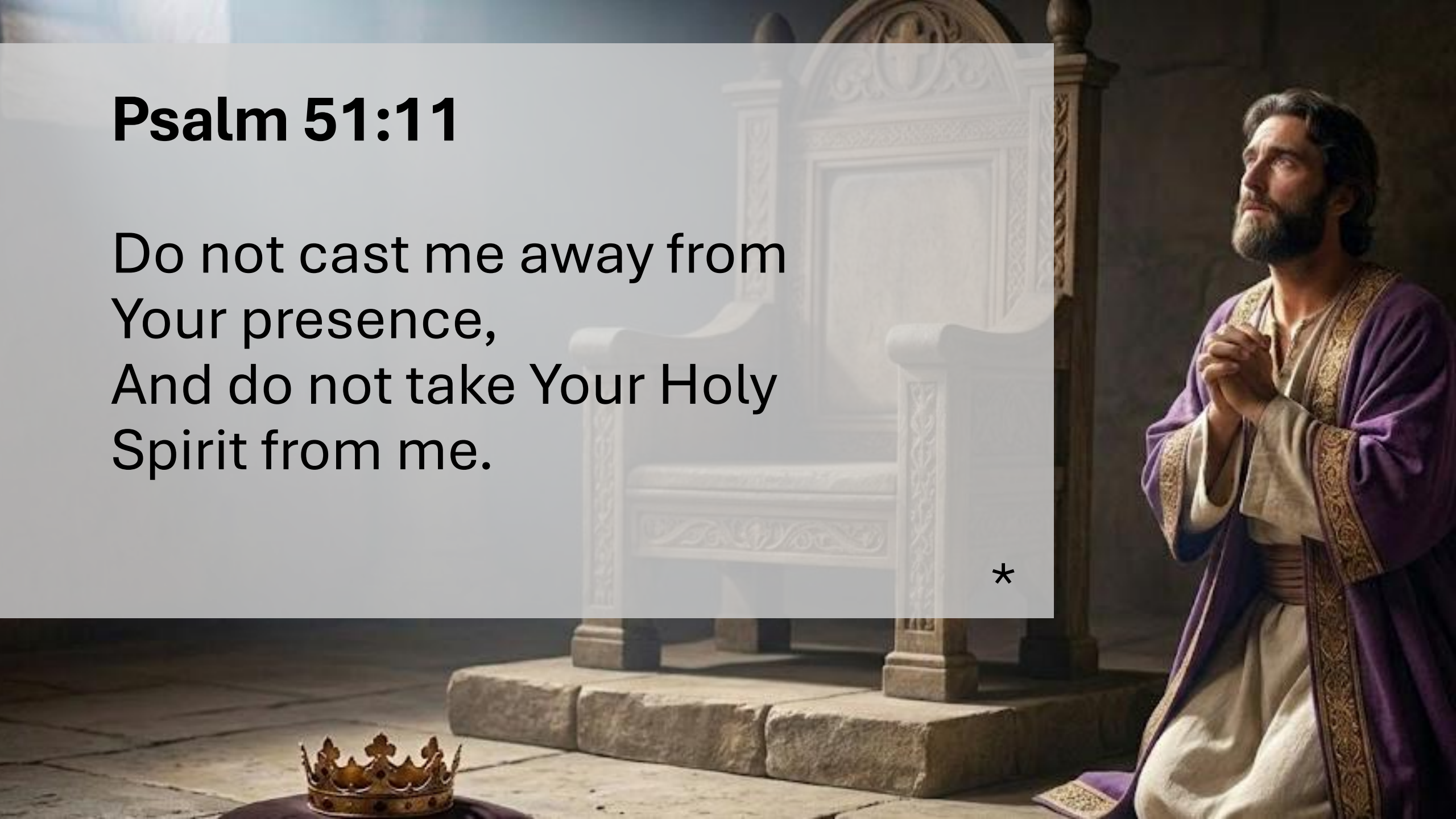




# Psalm 51:11

Do not cast me away from  
Your presence,  
And do not take Your Holy  
Spirit from me.

\*



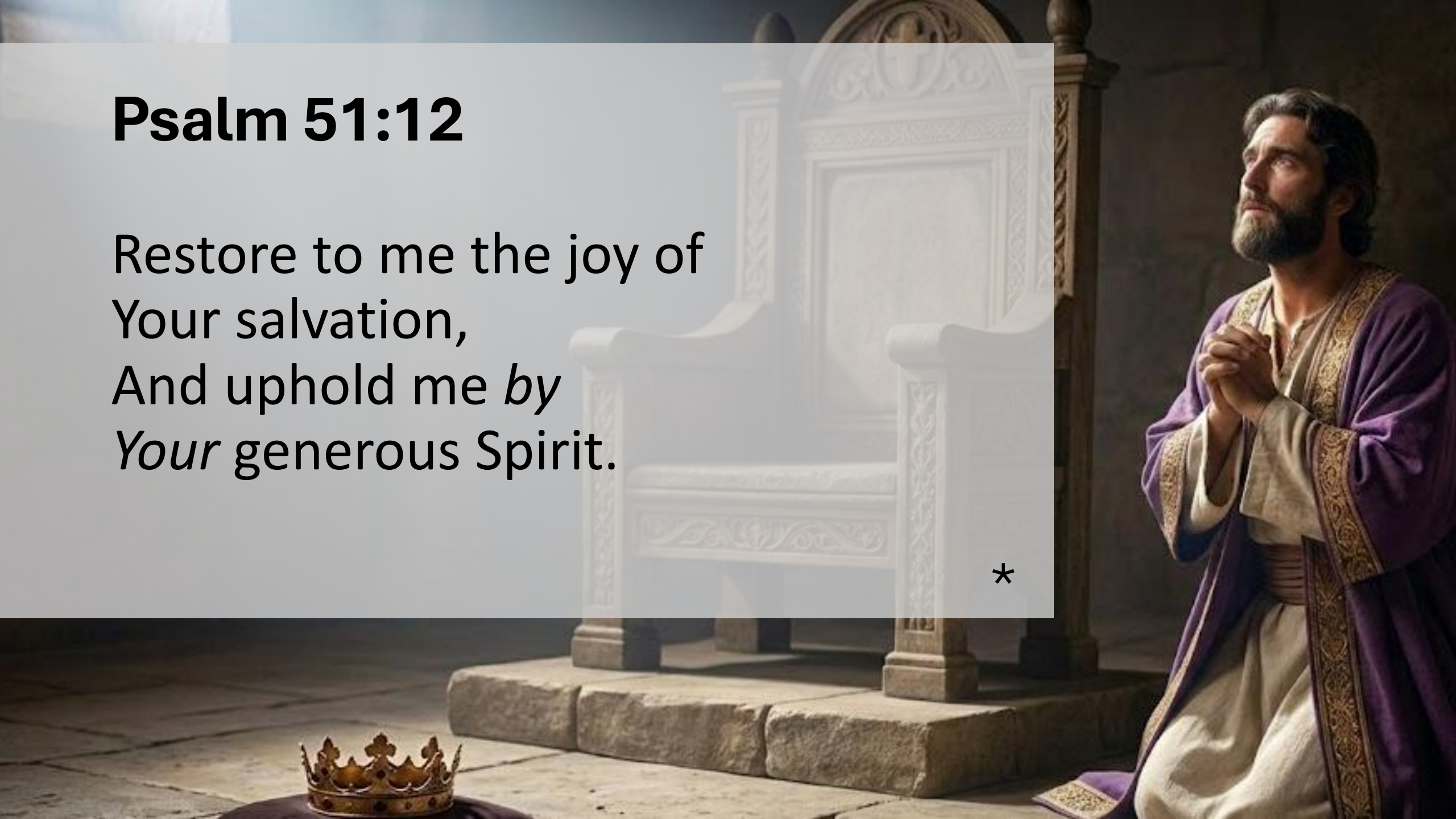


Restore the Joy

# Psalm 51:12

Restore to me the joy of  
Your salvation,  
And uphold me *by*  
*Your* generous Spirit.

\*



# THE JOY AUDIT

---

- 1. Audit of the ears:** Can you hear God's voice?
- 2. Audit of the Spirit:** We cannot manufacture joy; it must be renewed by a "generous Spirit".

*\*A Joy Audit is the moment we stop asking God to fix our circumstances and start asking Him to restore our celebration of who He is.*



**Then I will teach**

# Psalm 51:13

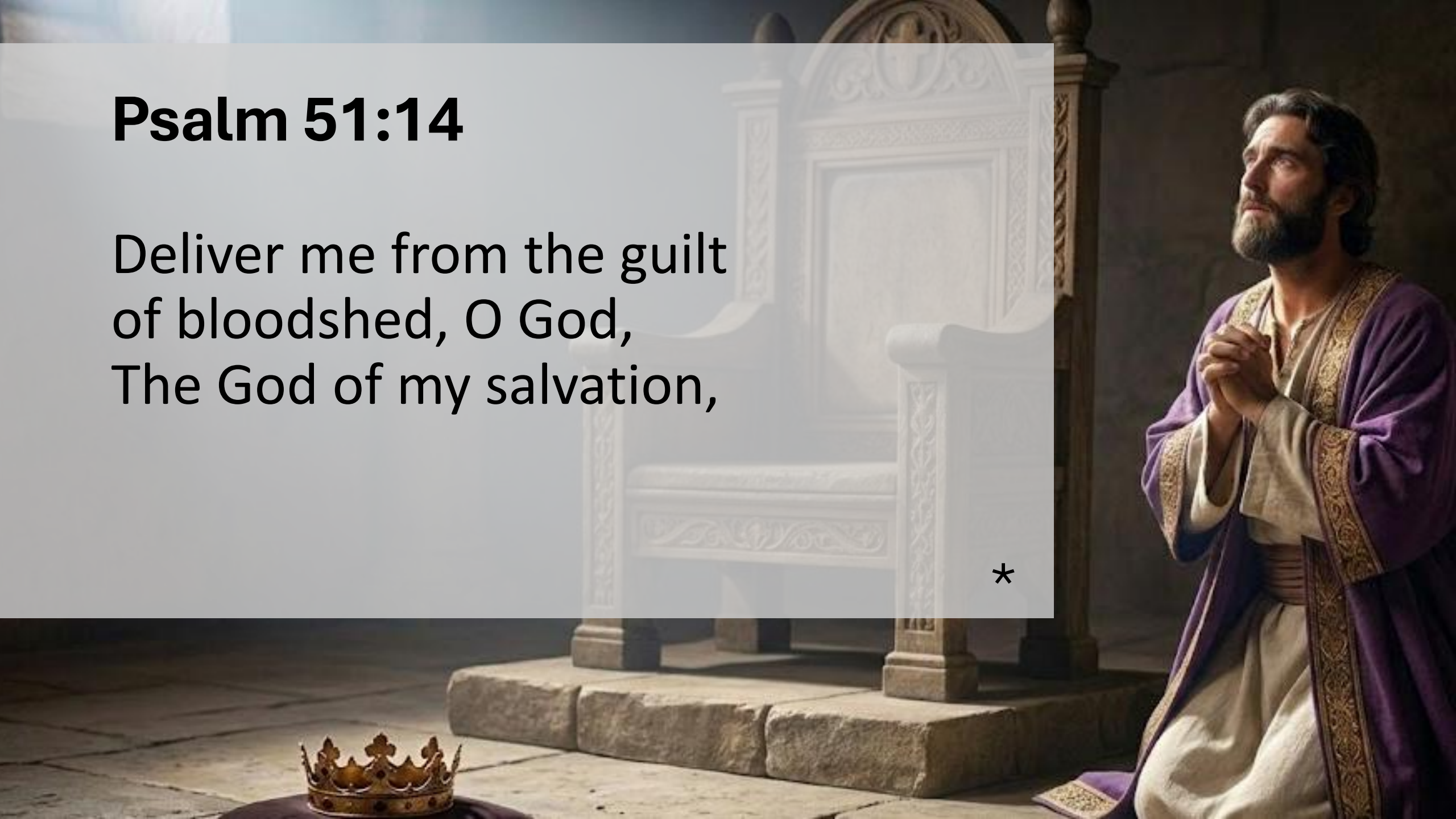
*Then I will teach transgressors  
Your ways,  
And sinners shall be converted  
to You.*

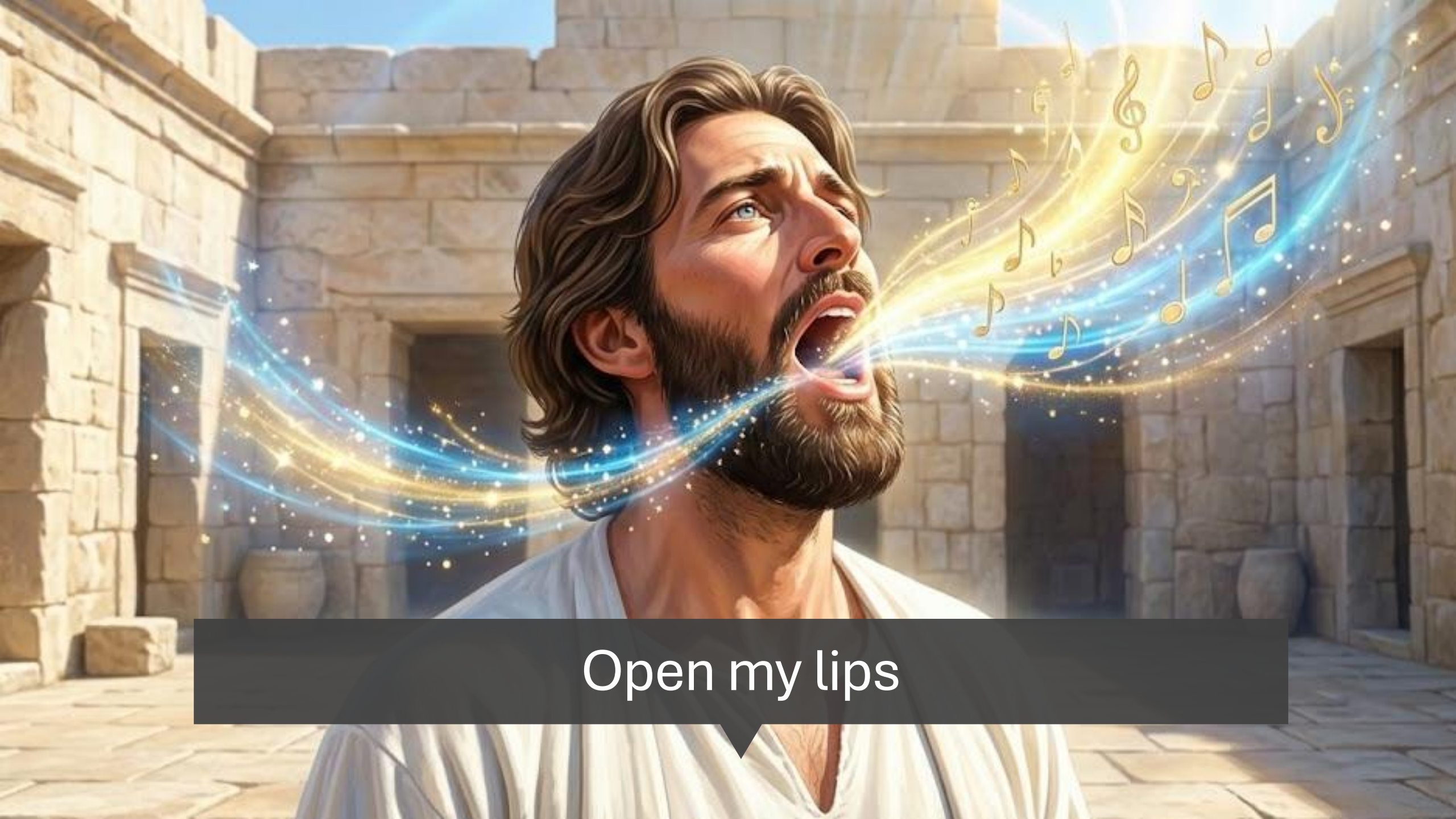


# Psalm 51:14

Deliver me from the guilt  
of bloodshed, O God,  
The God of my salvation,

\*



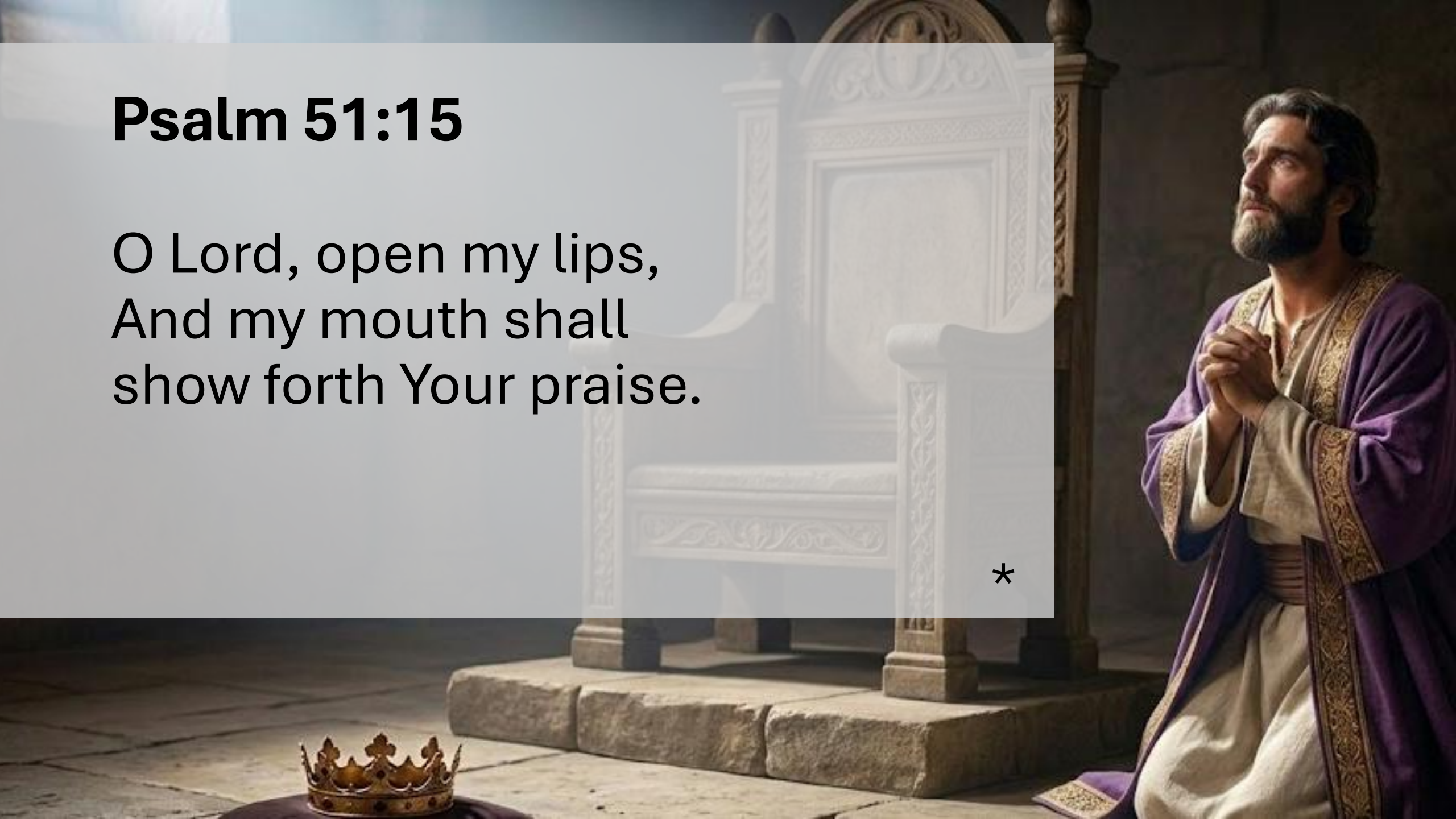


Open my lips

# Psalm 51:15

O Lord, open my lips,  
And my mouth shall  
show forth Your praise.

\*

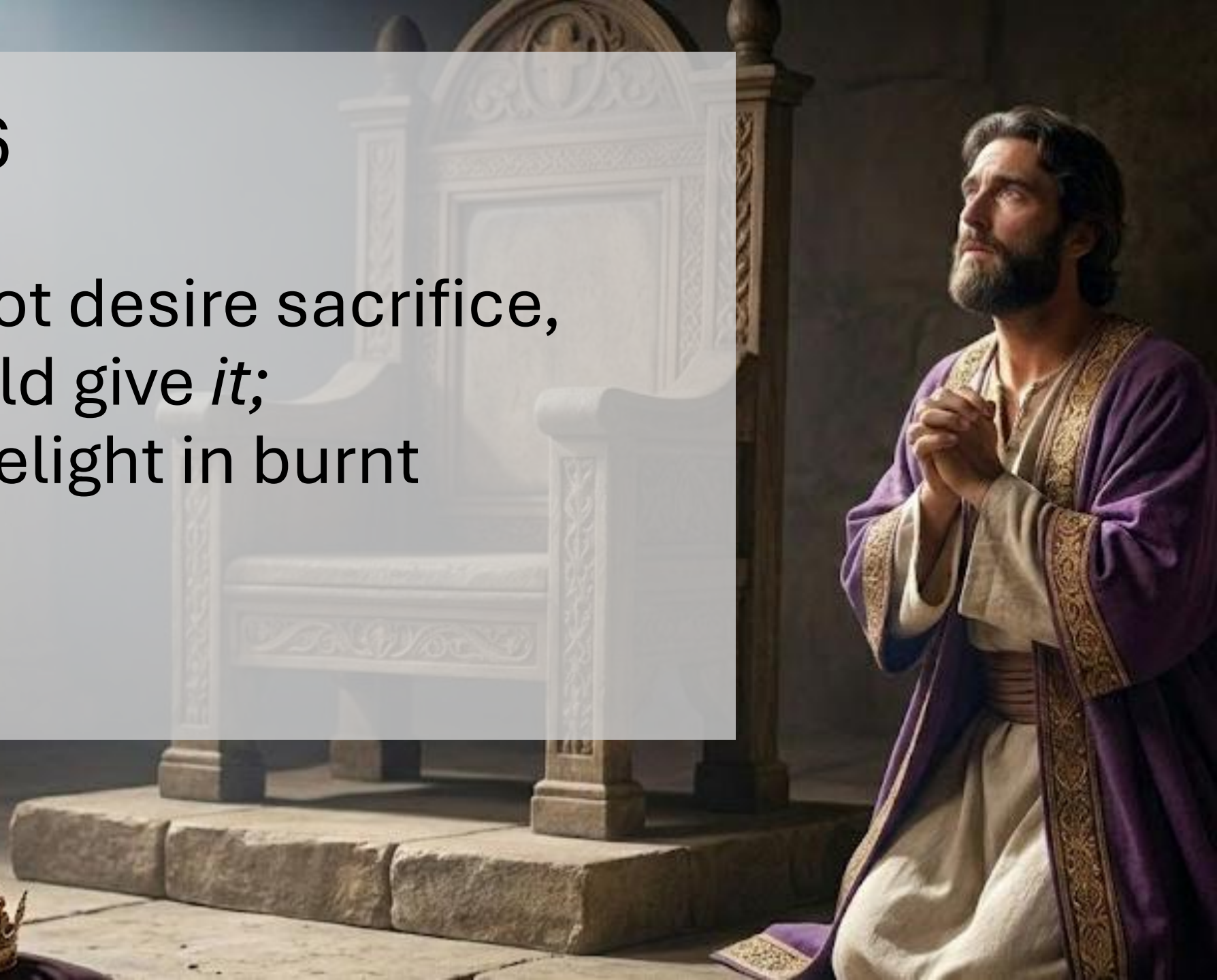




**The Only Gift God Actually Wants**

# Psalm 51:16

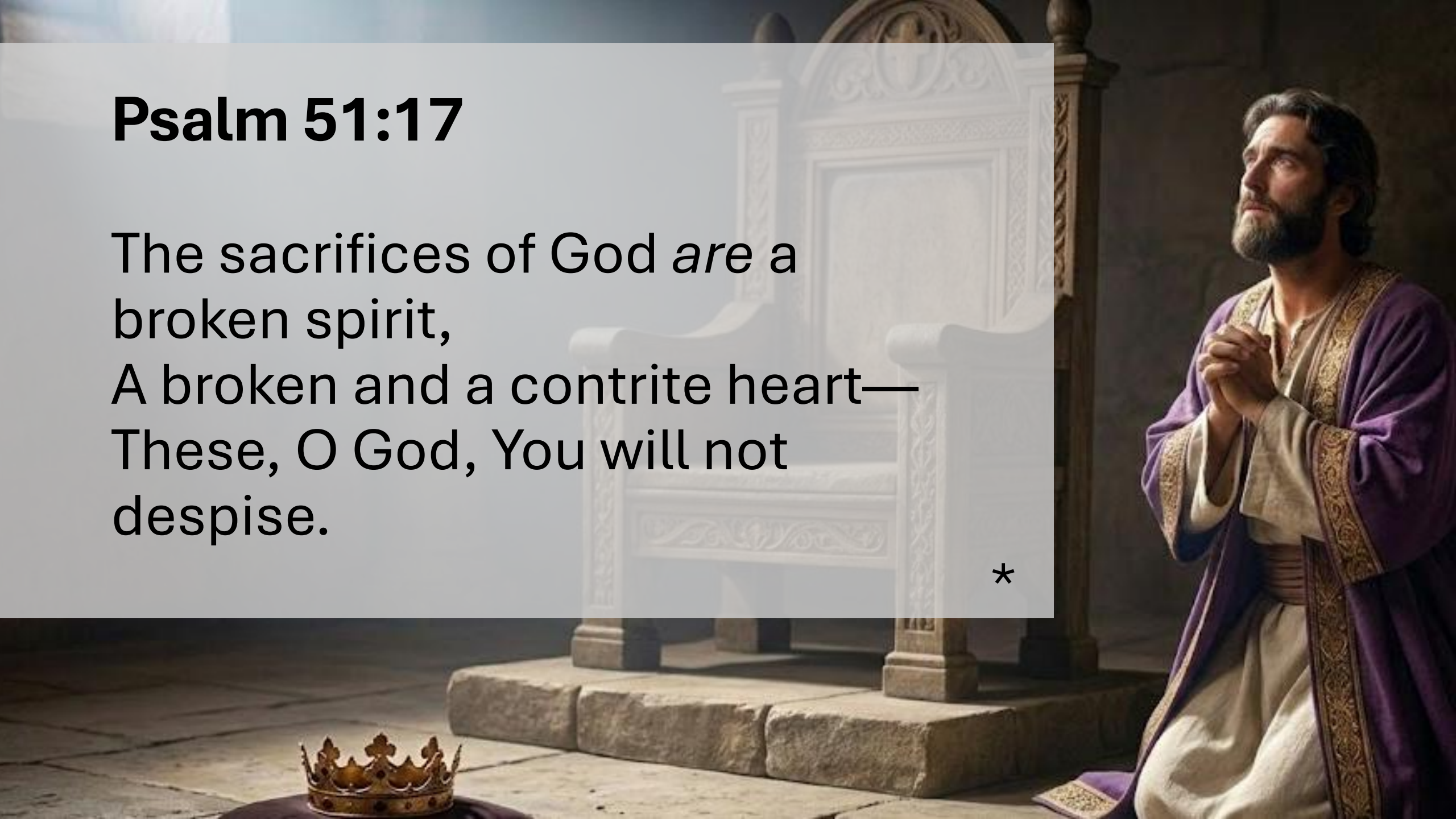
For You do not desire sacrifice,  
or else I would give *it*;  
You do not delight in burnt  
offering.



# Psalm 51:17

The sacrifices of God *are* a  
broken spirit,  
A broken and a contrite heart—  
These, O God, You will not  
despise.

\*





An imperfect man after God's own heart

# Psalm 51:18

Do good in Your good  
pleasure to Zion;  
Build the walls of  
Jerusalem.



## Psalm 51:19

Then You shall be pleased  
with the sacrifices of  
righteousness,  
With burnt offering and whole  
burnt offering;  
Then they shall offer bulls on Your  
altar. \*

\*



# THE CYCLE OF GRACE

---

- **The Crisis:** Sin creates a wall and silences the soul.
- **The Confession:** Truth in the "inward parts" breaks the silence.
- **The Cleansing:** God blots out the debt and creates a clean heart.
- **The Celebration:** The restored individual leads the community back to the altar.





DANCING ON BROKEN  
BONES