



LIVE WITHOUT

FEAR

ARACHNOPHOBIA:

fear of spiders



MONOPHOBIA:
fear of being alone





APHENPHOSMPHOBIA:
fear of being touched

HIPPOPOTOMONSTROSESQUIPPEDALIOPHOBIA: *fear of long words*



DELUSIONAL PARASITOSIS



DELUSIONAL PARASITOSIS:

A delusional disorder in which individuals incorrectly believe they are infested with parasites, insects, or bugs, whereas in reality no such infestation is present.

**Everybody's
out to get me...
aren't they?**



A person is sitting on a bed in a hotel room, looking out a large window at a city skyline at dusk. The person is silhouetted against the light coming from the window. The room is dimly lit, with the primary light source being the city lights and the twilight sky. The person's posture is slumped, suggesting a state of contemplation or distress. The window is framed by dark curtains, and the city skyline outside is filled with various buildings, some with lights on. The overall mood is somber and reflective.

**How do I break
this feeling?**

**How can I be
free from fear?**

Emotions
change as
your focus
changes



There is no **fear** in **love**; but perfect love casts out fear...

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1 John 4:18



Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.



John 14:27



**KNOWING GOD
THROUGH LOVE**



Beloved, let us love one another,
for love is of God; and everyone
who loves is born of God and
knows God.

1 John 4:7



He who does not love does not know God, for God is love.

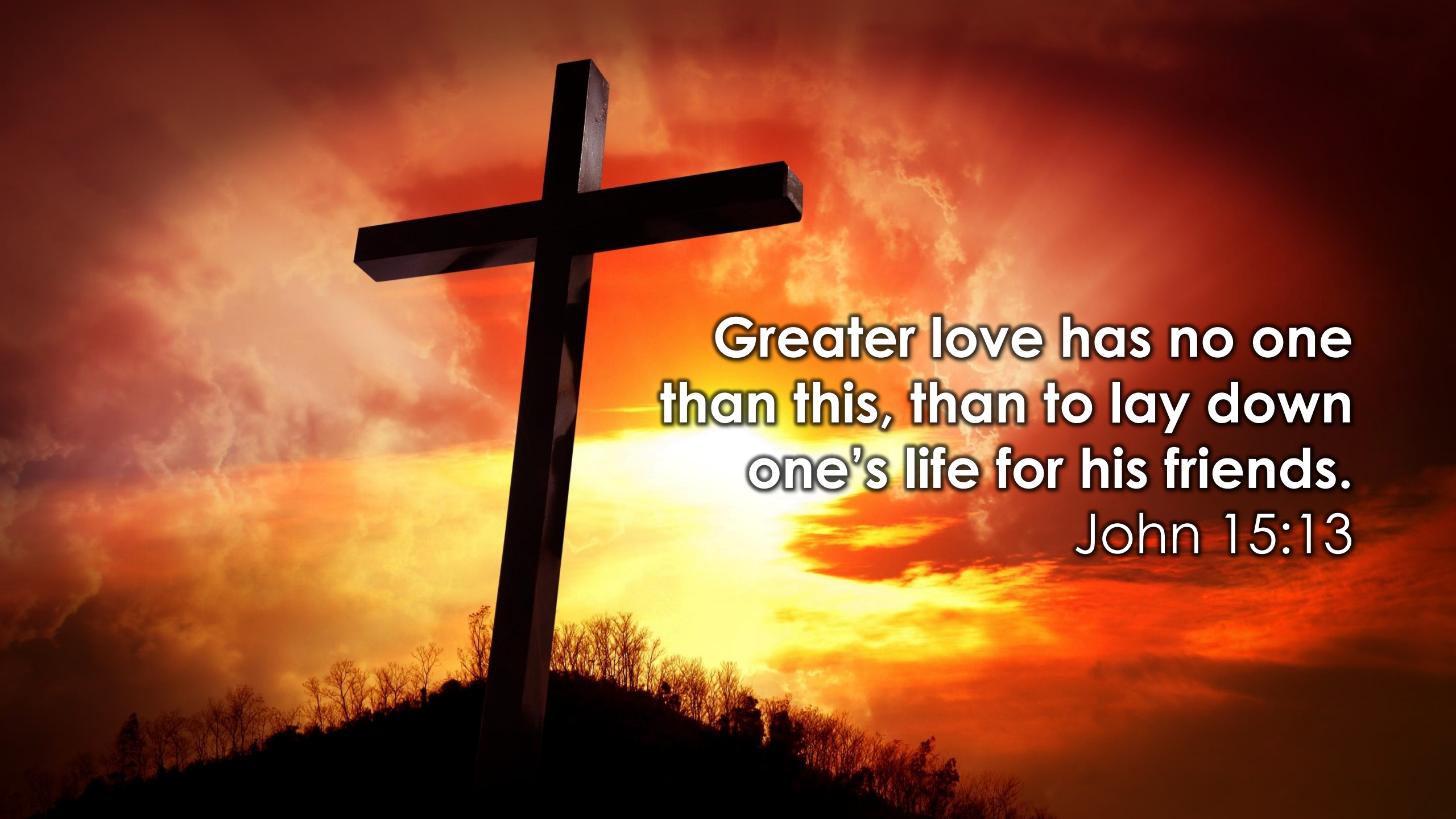


1 John 4:8





Russell Conwell



**Greater love has no one
than this, than to lay down
one's life for his friends.
John 15:13**

In this the love of God was manifested toward us, that God has sent His only begotten Son into the world, that we might live through Him.

1 John 4:9



In this is love, not that we loved God, but that He loved us and sent His Son *to be* the propitiation for our sins.



1 John 4:10





**What effect should the
love of God have on me?**

Beloved, if God so loved us, we
also ought to love one another

*

1 John 4:11





**We must learn to
LOVE one another**

**SEEING GOD
THROUGH LOVE**



No one has seen God at any time.
If we love one another, God
abides in us, and His love has been
perfected in us.

1 John 4:12



By this we know that we abide in Him, and He in us, because He has given us of His Spirit.

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1 John 4:13



**THE SPIRIT OF
GOD EMPOWERS
US TO ACT.**





THE CONSUMMATION
OF LOVE

And we have seen and testify
that the Father has sent the
Son as Savior of the world.

1 John 4:14



Whoever confesses that Jesus is the
Son of God, God abides in him,
and he in God.

1 John 4:15



And we have known and believed the love that God has for us. God is love, and **he who abides in love** abides in God, and God in him.



1 John 4:16





Abide in God with...

**Abide in God with
daily devotion.**



A seagull is silhouetted against a dark, cloudy sky, flying over a turbulent sea. The overall mood is somber and dramatic.

Communication is the key
to successful relationships.

Jeanne Phillips

Keys to Healthy Communication

- Acknowledge different communication styles and methods.
- Communicating too much is just as harmful as communicating not enough.
- How you say it is just as important as what you say.
- We have two ears and one mouth for a reason.
- Avoid mind reading.
- Avoid generalizations and exaggerations.
- Practice “Active Listening”.
- Acknowledge varied maturity levels.*



Man arrested in killing of Bisbee woman

Kimberly Matas, *Arizona Daily Star* Sep 18, 2012 Updated Feb 11, 2020



Paul Lawrence Rosas, 56, was arrested early Monday morning in Utah in connection with the slaying of Bisbee resident Melinda Hope Carley.

Photo courtesy of Muma City Police Department

Love has been perfected among us in this: that **we may have boldness in the day of judgment;** because as He is, so are we in this world.



1 John 4:17



**How do I break
this feeling.
How can I be
free from fear?**




There is no fear in love; but perfect love casts out fear, because fear involves torment. But **he who fears has not been made perfect in love.**



1 John 4:18



A religious painting of Jesus sitting on a rock in a desert landscape. He is wearing a blue robe over a red garment and has his hands clasped in prayer. The background shows a vast, hazy desert with rolling hills and mountains under a cloudy sky. On the right side of the image, there is a white text overlay with a black outline that reads: "You are never alone and you don't have to fear."

**You are never
alone and you
don't have to fear.**



We love Him because
He first loved us.



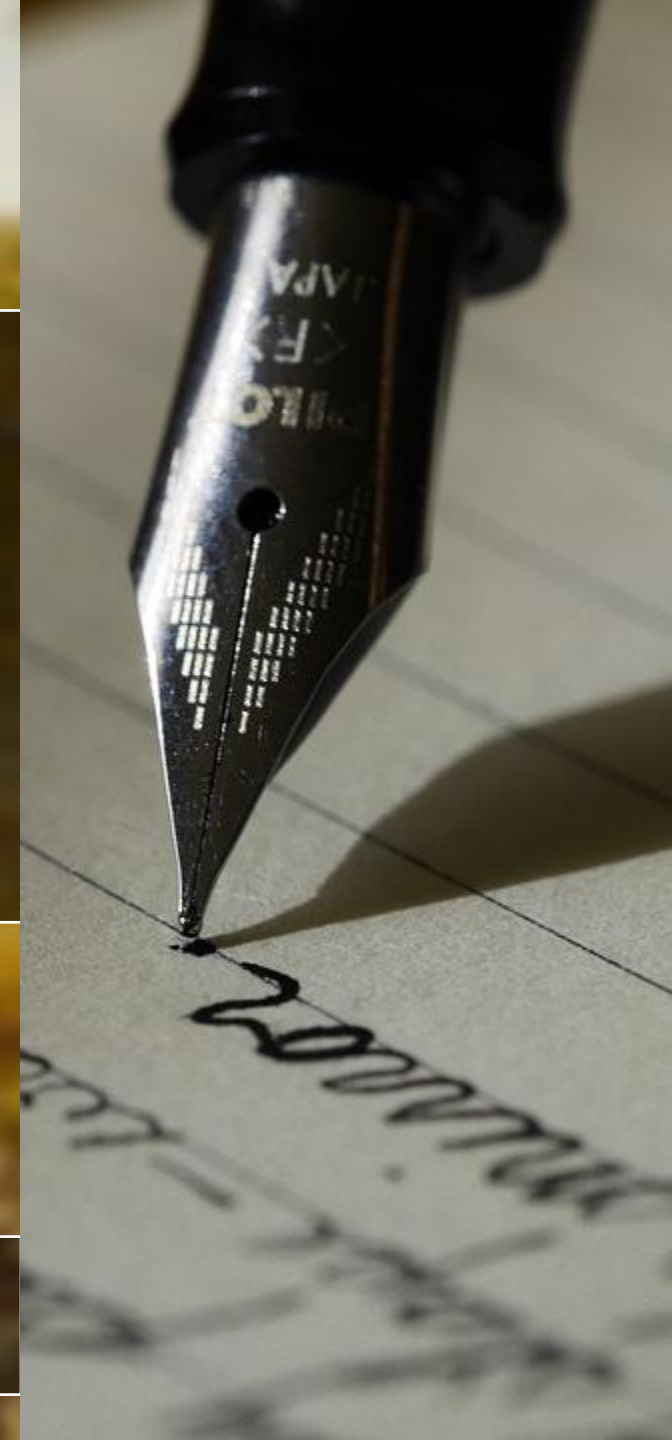
1 John 4:19



Few could see the beauties of Christ's character as John saw them. For him the darkness had passed away; on him the true light was shining.



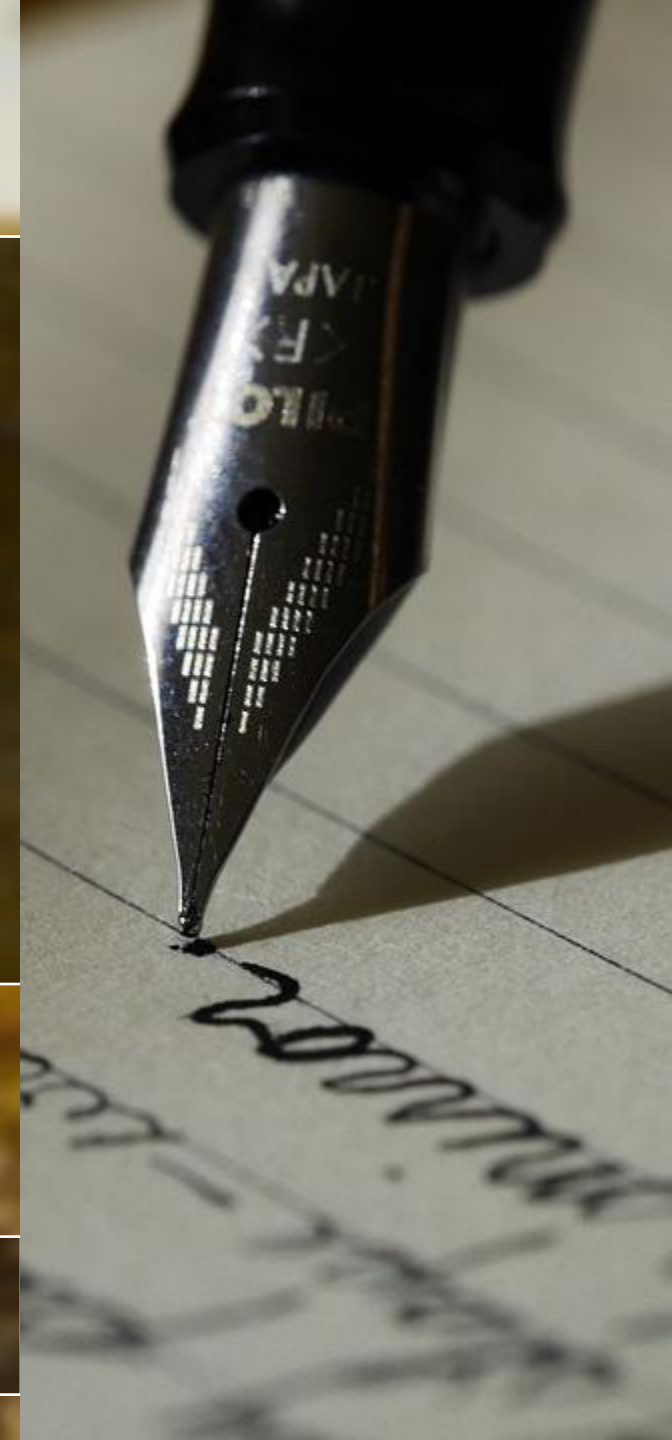
E.G.W. – God's Amazing Grace P. 252.2



His testimony in regard to the Saviour's life and death was clear and forcible. Out of the abundance of a heart overflowing with love for the Saviour he spoke; and no power could stay his words.



E.G.W. – God's Amazing Grace P. 252.2





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