

VOLUME 1 | NUMBER 4

DECEMBER 2024

MAGAZINE



NOTICE TO CONTRIBUTORS

Magazine Focus

The Magazine is a forum for sharing important church plans and activities of interest to our local community and beyond. It aims to promote and increase understanding of the mission of the Moncton SDA Church: "Through love, we reach the Moncton region and beyond, touching people with the biblical message of hope and wholeness; preparing believers for the second coming of Jesus Christ." The magazine is published quarterly – in March, June, September, and December.

We welcome submissions of articles, letters, commentaries, news, and events from around the Maritime region. Readers in other provinces are encouraged to submit to the magazine as well.

The magazine is intended to serve as a broad information outlet and is accessible to a wide audience through marketing channels. Business owners within our church community will be excited about opportunities to showcase their businesses through the advertising spaces we provide. Contact members of the editorial board for interest about advertising.

The Magazine is not an academic publication. However, we adhere to the highest professional standards (see guidelines for authors below). Authors may contact Egerton Clarke, editor-in-chief, at (905) 931-5218 and may forward submissions electronically to egerton_c@yahoo.com. You may submit for the March, 2025 issue right away, but no later than the 1st of February, 2025. The theme is "Youth Empowerment and Support."

Guidelines to Authors

Manuscripts are submitted for the exclusive rights of the Moncton Seventh-day Adventist Magazine. Submission of an article to this magazine implies that the article has not been published and is not under consideration for publication in its submitted form elsewhere.

Length of Articles

The length of general submissions is 500 words, and each featured article is approximately 650 words, typed and double spaced. Under certain circumstances, longer articles will be allowed. All articles will be edited as necessary for style, clarity, organization, grammar, and spelling..

Permission

All authors are responsible for obtaining written permission to use any copyrighted material. Authors may be required to sign a consent form of agreement to publish their accepted submissions.

Letters to the Editor

Readers are encouraged to submit letters to the editor concerning topics and ideas discussed in the published articles. All letters that are accepted for publication will be edited as needed.

Review Process

As far as possible, submissions will be sent anonymously to reviewers for recommendations and comments. Final decisions about publication will be made by the general editor and the editor-in-chief.

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Note: The editorial Board and the Moncton Seventh-day Adventist Church assume no responsibility for any statements of fact or opinion expressed in this published Magazine.

IN THIS ISSUE: AGING, HEALTH, AND WELLNESS

WHEN A MAN DIES*

*When a man dies what becomes of him
Can he receive pardon from sin
Is there repentance in the grave
And hope for him, his soul to save*

*Does his soul live on and on
Or just fades into oblivion
Now, let's not speculate
Or try to guess or seal man's fate*

*Did someone say purgatory
Couldn't find that category
The Bible pages we have read
Nothing about that is said*



Velma J Clarke Ret. RN/Supervisor

*There is a source we can look
The Holy Bible is that Book
Within its pages we will find
At death what happens to mankind.*

*This topic to some is mysterious
To others quite serious
One may even be zealous
To hear what will happen to us*

*Death is an unconscious sleep
Man cannot speak; he cannot weep
His body returns to the dust
The saying is "ash to ash, dust to dust."*

*The breath God gives, He takes away
The corpse in the grave will stay
For man knows he is living
But in death he knows nothing*

*Alas! There are to be two resurrections:
First, the dead in Christ to eternal salvation
Then the wicked to everlasting damnation
The Righteous Judge makes that determination*

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* This poem appeared in 50th Anniversary, Toronto Perth SDA Church Magazine, 2021.

Testimony of God's Leading

It was roughly in the 1980s, when I worked in a Bible correspondence course in Poland. We occasionally received some letters from people who needed help. However, given that this was a Bible course, we depended on donations because we didn't have money to help those with financial needs.

One day, we received a letter from a woman saying that she had two or three children (I do not remember exactly), and that her husband was an alcoholic. She needed to fix the house, so she borrowed money from the bank for much-needed repairs. Her husband found out about it and took all the money that she got from the bank and wasted it on alcohol. She said, "It is November now, and it's getting colder and colder. "I don't have enough money to buy coal to heat the house, plus I must pay the money back to the bank."

We knew we could not have sent her any money as coming from the organization, but as individuals, we were free to do so if we wanted to. We didn't know if this letter was true or false. We didn't have a way to find out. I prayed, "Lord, I'm by myself, and I can get by with very little, but this woman, if she is in need, I would like to help her, but please, if she is just opportunistic and a liar, You know I need this money for myself, but I trust You that You will look after this. I sent her 1000 Polish zloty, which is about \$1,000 today.

We expected to receive a letter from this woman, but nothing was coming. My boss sent a letter to the pastor in the city where the lady resides, asking if he could check it out and see what was needed. A few weeks passed, and we asked our boss if he had any letters about the woman, but he replied, "No, nothing yet."

Then, one night in December, I worked in the office alone. It was dark all around, and only the light was above my desk. Something strange happened when I was looking for proof text in a Bible. The pages were flipping one after another. Suddenly, in between those pages, I found a wrinkled 1000 Polish zloty. It felt like someone had slipped the banknote into my Bible while I was flipping the pages. At that moment, I was scared. I realized I was not alone in the office, and I slowly turned my head toward the left, checking behind me, and I didn't see anything. Then I did it again, looking over my right shoulder, but I did not see anybody. In front of me was my Bible and 1000-zloty bill.

The strange thing about this banknote was that it was all wrinkled and not flat, so I knew it had not been there before. I was wondering if God wanted to tell me something. Is the answer to my question written in the Bible on the pages where the 1000 zloty was? Not touching the money, I looked around in my Bible, searching for some answers, and then it appeared to me that all the Bible verses were mostly covered with this banknote, but one Bible verse was clear. This was the book of Isaiah, chapter one, verse 17, that says, "Learn to do right; seek justice. Defend the oppressed. Take up the cause of the fatherless; plead the case of the widow" (NIV). "Is this true?" I thought. This means that the woman was lying to us, and this is how God is giving me my 1000 zloty back.

The next day, I asked my coworkers if the Bible I had in my hand belonged to one of them. Both of my coworkers claimed this was not their Bible. "Have you borrowed my Bible and used it for the work?" I asked. "No," they replied. "Have you placed money into your Bible as a bookmark or something?" They said no, and as a matter of fact, one of them claimed that she needed extra money, so she went

to the boss asking if she could borrow some, so she didn't have any money that day. Then they asked me the question: "What is all this about?" I told them about my experience the night before, how I found 1000 zloty in my Bible, and that the bill was all wrinkled. "This is the Bible verse in Isaiah chapter one, verse 17, that I was reading. I'm wondering if this has something to do with this woman." Shortly after, our boss came and told us that he had just received the letter from the pastor. He said that this letter compared the woman to a parasite, taking advantage of different people and organizations. True, they didn't have money for kids, but she and her husband had money for alcohol, cigarettes, and, you name it.

We were all amazed at how God returned me my money and how things happened even before we got the letter, confirming that the woman was a liar. I have trusted my Lord, and He has not let me down. I could find all the excuses for not sending the money to the woman. I could not verify her true situation. I could only rely on my God and the things that I should do. "Therefore, to him who knows to do good and does not do it, to him it is a sin." James 4:17.

Today, I see homeless people downtown, and I think, how can I give any of them hard-earned money when they spend it on drugs and or alcohol? But it is not up to me to know that. God knows, and He looks upon my heart for what I will do.

"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'" (Matthew 25:40).

Andrzej Marciszewski



Marzena Marciszewska: Her melody lights up the sanctuary.

PATRIARCHS AND PROPHETS



ABRAHAM

PATRIARCHS AND PROPHETS



ABRAHAM AND SARAH

PATRIARCHS AND PROPHETS



MOSES

Courtesy of Lorimar Semic

Quiz

1. According to the Bible (Genesis 5), which man lived the longest life?
_____, and how many years did he live for? _____
2. How many years did the following Bible characters live for?
 - a. Enoch _____
 - b. Noah _____
 - c. King David _____
 - d. Who was the father of the oldest man that ever lived?
3. Which of the following was a judge and prophetess? Circle the letter of correct answer.
 - a. Dorcas
 - b. Rachael
 - c. Deborah
 - d. Lidia
4. Why is Joseph famous in the Bible?
Because of his ability to _____
5. How old was Moses when he died? _____
6. Name one sister of Moses _____
7. Who was the elder brother of Moses? _____
8. What was the name of Paul, the apostle, before he met Jesus on the Damascus Road?

9. Who baptized Jesus? _____
10. Which of the dead will be in the first resurrection? _____
11. Which of the dead will be in the second resurrection when Jesus comes again?

12. List three signs which tell that Jesus is coming soon:
 - a. _____
 - b. _____
 - c. _____
13. State one Bible verse which shows that Jesus wants us to be in good health (Write the verse and where it is found).

14. The Bible states that we should:
 - a. love our neighbor as we love ourselves and
 - b. treat others as we, ourselves, want to be treated. What kind of rule or command is this called? _____, and where in the Bible is it found? _____
15. How can you show love to your neighbor?

The Church at Worship



Elder Andre Hibbert, Sabbath School Teacher, listens to a point from the class

Child Dedication Service

The child dedication has deep roots in Scripture, as seen in the experience of the patriarch Jacob in Egypt and the infant Jesus in the temple. This ceremony should not be confused with baptism. Its purpose is to give heartfelt thanks to God for the miracles of birth, for providing an avenue for the parents to publicly pledge to raise the child in the love of Christ, and commits the church family toward providing support for the parents, and dedicates the child to God and His service.



Pastor David James and Sis. James with baby in hand are surrounded by family members, friends, and officiating Pastor, Nephtaly Dorzilme.



Benjamin and Mabel Agyemang dedicate their child to the Lord. It's a family affair which brings relatives and friends in support.

Ordination Services



The Lord's Supper



Members of the Given Grace Ministry, a group of families who get together for monthly worship with residents of the Grass Home in Riverview. Through this ministry, the group shares, beautiful music and gives listening ears to cheer the residents

WHY CHURCH SHOULD HAVE A SENIORS' MINISTRY



Most members would agree, Sister B is an exceptional and wonderful member. Those who have been members for some time recall her serving admirably as one of the finest Sabbath School Superintendents as well as one of the first female elders. Sister B would be the first to admit that her eighty-six-year-old body has slowed down in the last few years. Her hearing is not as good as it used to be, her right-hand swells with arthritis—especially in the morning. She admits that she forgets things easily and does not have the energy she had a few years ago.

Like so many of her peers, she likes her independence, especially since her husband's passing ten years ago, and she has lived alone in the same home. Caring members help her with grocery shopping as her two children remained in another province, where they attended university and met their spouses. They are busy professionals with teenage children. Sister B keeps in contact by phone. She knows how challenging it is for them to visit regularly.

Sister B was excited with the idea of a Senior's club at her church. This would allow for others to worship with her on the phone and visit with each other from time to time. "That would be great for us older ones," she said. "I don't want to spend my final years as a bitter, complaining old woman. I want to be remembered as a woman who is sweet and nice to be around. Nobody wants to be around somebody who talks about aches and pains all the time."

Old age, as we are all aware, is not something new. Seniors have always been around. In fact, we are aging even as we read this article. The Bible tells us of Methuselah, who lived 969 years. However, it is also a fact that many of the Old Testament patriarchs lived well beyond 100 years.

Even in those times, seniors faced prejudice. While it was proven that wisdom enhances with age, the Psalmist, David, still prayed, "Forsake me not, O God, when I am old and gray." (Psalms 71:18). In my reading, it seems that Ecclesiastes Chapter 12, is the clearest biblical description of the onset of early age. As paraphrased by the Message, "Honour and enjoy your Creator while you're still young. Before the years take their toll and your vigor wanes. Before your vision dims and the world blurs and winter years keep you close to the fire." (Ecc. 12:1-8)

Psychologist G. Stanley-Hall referred to Ecclesiastes 12 as the most pessimistic description of old age ever written—but I view it as realistic (see Edwards, 2020). Despite the slow and increasing onset of old age, every person can find meaning and purpose in life. While the youth have benefits of strength and energy, the elderly have the benefits of wisdom and experience. Ecclesiastes 12 identifies many challenges that may arise in old age. Every so often, society tends to be insensitive to the adjustments seniors have to make as they experience life changes. "Youth may be admired for vigor, but gray hair gives prestige to old age." (Proverbs 20:29-30)

The philosophy of seniors' ministry is that even in the later years, if one is positively challenged, inspired, encouraged and supported they can live a productive and fulfilling life. Even in the secular environment, there have been remarkable examples of individuals who made the most of their years. We learn in our history lessons that Douglas McArthur became commander of the UN forces in Korea when he was seventy years old, and later went on to be a successful businessman. Winston Churchill continued to be a powerful influence even in old age. Though it may be argued that they were anomalies, they also demonstrated that the later years of life need not be times of misery, worry and inactivity.

In the final paragraph of her Bible Commentary (Vol. 3) of Psalm 71, Ellen G. White states: "They [the elderly] should lay aside anxiety and burdens, and occupy their tune as happily as they can and ripening up for heaven." (White, EGW SDA Bible Commentary, vol. 3) Life is too short to be consumed by the perils of life. By letting go of those stresses, moreover, leaving them in the hands of God, it allows you to focus on living a life where you can focus on peace and spiritual preparation for the return of our Lord.

Church seniors' clubs are bringing many benefits to our aged members. Allowing seniors to come together to make decisions for themselves, go on retreats, create new programs and projects combats the surrounding ageism which exists in society. The Bible clearly respects the aged, and the followers of Christ are expected to do the same. By God's grace, we can develop a sense of compassion for our senior members.

Note: This article first appeared as part of a 12-page article of 2015 "Every Church Should Have a Seniors' Ministry." Seniors' Ministry of Ontario Conference of Seventh-day Adventists. <https://adventist.org>

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How Old Are You?



How many times has the question been posed: How old are you? Or, what's your age? It is a common preference of young children to be deemed older than their chronological age tells, that is, the actual number of years or months a person has lived. Let's say, for example, the question of age is posed to a child nine years and a few months

old today. The likely answer would be, "I'm ten," or, "I'll be ten next year." Once over "sweet sixteen," though, especially for girls, it's okay to feel younger, for youth is a stage of life that many individuals crave, perhaps because of the strength and energy, vibrancy, and charm associated with it.

Aging is a lifelong process that begins at birth and continues throughout one's life. It involves a combination of physical, psychological, biological, and social maturity. This life process can be categorized into the following stages: infancy, youth, young adulthood, middle adulthood, older adulthood, retirement age, and so forth. The process of aging, then, includes everyone—from the young to the old—but I'll focus on seniors for this discussion.

Senior age categories include the youngest-old (65-74), the middle-old (75-84), and the oldest-old (85 and older), Little, (2023). Individuals at the senior chronological age spectrum tend to see age as "just a number," meaning, for example, that age 65 is a number that simply signifies how long a person has lived, but this number does not necessarily define who the person is, what he or she has achieved, or what the person can still accomplish.

I am reminded of a time I met an elderly man on the indoor 400m-track while teaching at Kent State University in Ohio. He was about 68 years of age, and I was 45 years young. He started running with a fairly brisk pace, but I thought it wouldn't take me much time to shake him off, perhaps even lap him, given my speed and endurance of former years. After all, he would soon come to know that I'm from Usain Bolt's country, Jamaica. But before I had completed the first three laps, I felt tired, my legs tightened, and I became almost breathless. Shamefully, my only recourse was to give up running. My hope was that he didn't notice.

The embarrassment grew as the old athlete stepped up his pace and continued for about eight more laps. And that wasn't all; it was just his way of warming up before his regular, heavy bench press and swimming program. I later learned that this "old man" was a retired paratrooper, someone who used a parachute from an airplane to land on the

ground.

Another lesson learned: the race is not for the swift ... the wise King Solomon tells that "time and chance" affect the outcomes of life as much as, if not more than, ability. My lackluster performance on the track showed that it didn't matter that I was a trained athlete, that I represented my college at track in the Bahamas, that I studied and taught physical education, and had acquired special skills in athletics. The experience taught me that it's not always the youngest, strongest, or highest skilled athletes that win the race. We could have all the ability and skills in the world, but fail because we depended on self, not on the Lord. This is because we can do all things through Him who gives us strength (Phil 4:13; Joel Dorman, 2017).

Obviously, I was no match for the elderly man, 23 years my senior. His functional age (not the chronological age) made the difference. This shows that the way one feels and how the body functions can often be a better measure of one's ability to perform certain tasks.

Robert Butler (1969) coined the term ageism to define prejudice and discrimination against old people because of negative, inaccurate stereotypes. This negative view is ingrained in our culture that we tend not to notice it. Ageism is expressed through patronizing behavior we employ as we interact with elderly people in a self-limiting way. This leads to stigma and disrespect for older people.

Stigmatization of older adults is not new. The prophet Elisha cursed the youth for mocking him (2 Kings 2:23). Stigma about age is a negative and unfair set of beliefs that a society or group of people has about elderly people. They are commonly viewed as decrepit, sick, slow, miserable, disagreeable, and sexless. Of course, these views are overgeneralized. Small wonder some of us would postpone age if we could.

One sign of old age is gray hair. This negative attitude toward graying drives some older people to take steps to conceal their age. Some blacken their hair and apply cosmetics to make them look younger. Many fear that they'll become boring or stagnant as they grow old. They feel they'll lose physical ability of everyday life. Achy joints and sore muscles offer less ability as they age. There's also the fear of cognitive issues including memory loss or decreased mental sharpness.

The Scriptures offer an opportunity for seniors to take comfort and to develop a positive attitude toward aging. The Bible says that the glory of young men is their strength; and the splendor of elders is their gray hair (Prov. 20:29 ISV).

Why Should the Christian's View of Aging be Positive?

First, God promises long life if we obey our parents (Exo. 20:12; Eph. 6:1-3). According to Acts 2:16-17, the Holy Spirit is poured out on all believers, without distinction of gender, age, and social status, so that everyone receives the wisdom and ability to know God. God promises unending support and encouragement for the old. Consider Isa. 46:4, where God says, "Even to your old age, I am He, And even to gray hairs I will carry you! ... And I will deliver you." Here, God reminds believers to trust in His faithfulness to His promise to take care of us. No matter how difficult life may become, our hope in God should never fade in old age. At a ripe old age, David reflected on his years from youth to old age and

testified, "I have been young, and now am old; Yet I have not seen the righteous forsaken, Nor his descendants begging bread" Ps. 37:25. This gives older believers reason to trust God and keep a positive self-esteem.

God promises to take care of all of His children throughout the process of aging. In Joel 2:28, He says that He will pour out His Spirit on all flesh; Sons and daughters shall prophesy, old men shall dream dreams. In other words, He will represent His will to old men through dreams just as He inspired men of old to write the Holy Scriptures. On the other hand, young men shall see visions. They will have true representations of divine things made upon their imagination by the power of God.

Wisdom belongs to the aged, and understanding to the old (Job 12:12). Job had a lasting faith in God. The Bible describes him as "perfect and upright, and one that feared God, and eschewed evil" (Job 1:1). He was wise to remain faithful even though he suffered affliction and when it seemed that he would lose everything, his friends, and his family. A word is enough for the wise. Job lived 210 years (inferred from verse 42:16).

Though not necessarily, old age may be accompanied with ill health, pain, and loss, but like Moses, the right choice is to choose rather to be mistreated with the people of God than to enjoy the fleeting pleasures of sin (Hebrews 11:25, NIV).

Keep the Faith, and Finish the Race

As the sun begins to set in our lives, we are to be as confi-

dent as Paul: I have fought the good fight, I have finished the race, I have kept the faith ... (2 Tim. 4:7-8). The reward that awaits seniors comes with responsibilities to mentor the young. See the section on "Seniors Speak, and we Take Note." Seniors need not disengage from service. Instead, it helps to continue actively involved, and the youth would do well to learn from the vast knowledge and experience available.

Egerton Clarke, PhD, is editor-in-chief of the Moncton Magazine

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Aging in Place



Psalm 90:10 states: "The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away" (KJV).

If we accept this biblical edict that we are given an average of 70 to 80 years on this earth, we must acknowledge that middle age occurs between 35 and 40 years of age. As unsettling as this realization may be, keeping it in mind can help us

make decisions during these pivotal years that align with the way we wish to live in our later years.

As we age, we must adapt to changes in our health and socioeconomic circumstances. If we have a family, we may lose a spouse, our children may move far away, and our circle of friends may diminish as our Heavenly Father calls them home.

Canada is a land of diverse cultures, home to people from many countries and creeds. However, the differences inherent in these varied backgrounds tend to fade with age. Regardless of our origin, one common desire unites many of us: the wish to age in place.

Aging in place means staying in our own home or community if we have the desire and ability to do so. The challenge lies in the fact that while many people have the desire to age in place, they may lack the ability to make it happen. Aging in place requires social support, relatively good health, or access to services that address health challenges.

Several questions may arise that influence our ability to age in place. If we have mobility issues, then we are to ask: can our homes be retrofitted to accommodate accessibility modifications? If so, do we have the financial resources to fund these changes? In the event of a change in our income, do we have a plan in place to cover living expenses? How will we maintain our homes when we require assistance? Are there services available in our community to meet our needs?

"Threescore years and ten, and by reason of strength, fourscore." As we reflect on these 70 to 80 years, it is wise to consider where we want to spend them. We are admonished to choose our community and home thoughtfully, so that if we wish to age in place, we can do so with confidence, knowing we have prepared for the challenges of our later years.

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Senior Members Speak; We Take Note

Mentoring the young: A major transformative social force in contemporary society is the aging of the population. The same is true about the aging of the population of the Seventh-day Adventist Church. The Baby Boom generation, now 65 years and older, accounts for a significant proportion of the population, and already, an increase of the older population of laity, pastors and administrators is evident in the church. Put another way, a significant part of the church leadership has moved into the category of retired population. A valid question of policy consideration to be raised, therefore is: How can the church re-utilize a part of this knowledge and experience of the sudden influx of the large retirees?

Over the years, our church has been blessed with a number of seniors whose active engagement is helping to mentor the young and preserve the history of our message. The Magazine reached out to some senior members of the church to hear stories of their early years as Seventh-day Adventist Christians. In this section, you'll find a multitude of memories that they have shared. Their narratives can be cherished by younger generations interested in learning from this reservoir of knowledge.

We begin with an observation of Ruth Storz:



Members consider Ruth to be deeply rooted and grounded in the church. As a strong believer, she attends church regularly. She is very independent, loves to cook and bake, and she conducts herself in an exemplary manner. Others describe Ruth as a fearless and determined woman of faith. She is always smiling, and her pleasant countenance draws people to her. Our conversations continue with other members below:



Magazine: When did you begin your Christian journey with the S.D.A. Church?
Albert Dobbin: While living in Corner Creek, NL, at age 23, I read the Great Controversy by Ellen G. White, and I listened to BHS tapes of Kenneth Cox. These sources taught me

about the Seventh-day Adventist message.

M: Looking back over your years as a Seventh-day Adventist, what has been your most joyful experience with the church?

A: I can recall happy time at the Pug Wash church camp meetings led by Kenneth Cox and Henry Feyerabend. It was during those meetings that I was rebaptized after being with the Pentecostal Church.

M: What brings you the happiest feelings about the church nowadays?

A: My happiest feelings come from the strength and diversity of the members, and I'm especially happy by the leading of sincere pastors.

M: What is the most difficult experience you have lived through as a Christian, and what did you learn that you'd like to share?

A: The guilt of failure and the fear of punishment come to mind. In 2011, I told my Lord that I wanted to serve Him out of love, not fear. The downing of the World Trade Center in the U.S. in 2011 created fear among many people. Some turned to God because of fear rather than love. For me, love

is the key for serving God.

M: What's your favorite memory about the church?

A: I always remember the church camp meetings where I was able to meet people of different nationalities and backgrounds. That offered us opportunities to understand one another and to learn from our differences.

M: Tell me about any historical event you have lived through that impacted you the most.

A: I have lived through the John F. Kennedy assassination and the 9/11 disaster in the U.S.A. These events have impacted me the most. I ponder over seeing people rushing back to church in such times of trouble, but when things cooled off, some seem to have lost their faith. We should serve the Lord in good times and in times of trouble.

M: Tell me about your most cherished church service or program.

A: There are many interesting programs at the Moncton Church, but looking beyond the local church, I consider the Total Onslaught by the Walden Veith and Amazing Facts by Doug Batchelor as my most cherished programs. I learn so much from the clarity and depth of explanation of these.

M: What office(s) have you held in the church?

A: I served as an elder and a member of the church board in Yellowknife for about 10 years.

M: What would you tell younger church members who are struggling with Christian living today?

A: There is much to learn from studying the Bible and Spirit of Prophecy, especially the Great Controversy. Take note of what was foretold by prophecy and what is taking place today. You can't go wrong by following the prophetic word of God.



Magazine: When did you begin your Christian journey with the S.D.A. Church?

Authur Edey: About 15 years ago, I believe that the Holy Spirit began telling me that it was time for a change in my life. I heard this little voice telling me, “move.” I was an Anglican from about the age of 14.

I began searching the Scriptures, and I decided to begin keeping the Sabbath, refrain from eating unclean foods and drinking alcohol. My inspiration came primarily through the Amazing Facts programs with Doug Batchelor.

My wife and I stepped into the Moncton Seventh-day Adventist (SDA) Church one Sabbath and were greeted by the pastor, at the time, Metard Salomon. I knew that I had found my home church. I found the depth of the Bible study, the solid doctrines that I had not experienced before to be “Sola Scriptura” – the Bible and the Bible only. I cannot imagine any other church to be a part of.

M: Looking back over your years as a Seventh-day Adventist, what has been your most joyful experience with the church?

A: My most joyful experience, although I've had a few, would have to be the visits from Burman University Choir. I'm always impressed by the musicianship and professionalism of the group. Their level of performance could be part of a televised program for a national audience.

M: What brings you the happiest feelings about the church nowadays?

A: What brings me the happiest feelings about the church nowadays is seeing the exponential growth of the church membership from many nations, ethnicities and languages, reflecting the changing demographics of the Greater Moncton Area.

M: What is the most difficult experience you have lived through as a Christian, and what did you learn that you'd like to share?

A: One of the most difficult experiences I've had as a Christian is, perhaps, anger management concerning the evil I see in the world every day. I always have to remind myself that God is still in control, and He is allowing the evil ones time to repent. God is patient and longsuffering; and prophecy must be fulfilled. That is, Christ will return as promised and will bring an end to the suffering of His people.

M: What's your favorite memory about the church?

A: I have several favorite memories about the church. I enjoy the times after Sabbath service when some of my brothers and sisters would get together at my home for fellowship. I'm reviving those moments again, this time with other church brothers and sisters.

M: Tell me about any historical event you have lived through that impacted you the most.

A: I can recall one historical event that I have lived through that impacted me. The year was 1962, and I was a mere 6 years of age, living in Barbados. It was the time of the Cuban Missile Crisis. Even at that tender age, I was acutely aware of the dangerous state the world was in and how it could end at any time. I had prepared a box of toys to share with other kids in heaven, and I was prepared to go. Two things that stand out in my mind are that: firstly, thank God, I had Christian parents who gave me spiritual awareness, and secondly, I have come to realize the inherent evil and fragility of mankind.

M: Tell me about your most cherished church service or program.

A: To date, my most cherished church program has been the Revelation series which was held at the Moncton Church a few years prior to the Covid-19 outbreak. The series only lasted for a week, but I found it to be eye-opening.

M: What office(s) have you held in the church?

A: The offices I have held so far are: junior class teacher (with Sis. Jannie Cleonis), head deacon, and currently, assistant elder, overseeing visitations of shut-in members.

M: What would you tell younger church members who are struggling with Christian living today?

A: For younger church members struggling with Christian living today, I would tell them this: As a youngster, in my late teens and early 20's, I lived through the “disco era,” I lived a very worldly lifestyle, I made mistakes, but there is wisdom in learning from the mistakes of others so you don't have to fall into the same experience.

Some years ago, a church sister told me that she was a third-generation Seventh-day Adventist member and she never became a victim of many dangers and allurements of the world. My reply to her was, “You didn't miss anything worthwhile.” Looking back over the years, I wish I too, was second or third generation of Seventh-day Adventist. I believe my life would've been different. Mind you, some people “grow up in the church,” and have turned away from the faith. Nevertheless, my appeal to youngsters is, as my dad used to say, “Keep your face towards the light and all your shadows will fall behind you. Jesus is the Light, so follow Him.”



A JAMAICAN EXPERIENCE FROM WILLIAM (BILL) MORGAN

I was born into a Seventh day Adventist family, and got baptized at the age of 16, while in high school.

My most joyful experience in the Church was the Missionary Volunteer programs we now call Adventist Youth (A-Y). Music was a special feature in the late 60's and early 70's. Young people formed singing groups of trios, quartets, and quintets, and we took pride in reciting Bible verses, answering Bible quizzes and reading about church history. The church I attended was located four miles from the Northern Caribbean University (formerly, West Indies College). Students often enriched our services with great music and preaching, primarily by theology majors.

Nowadays, I'm encouraged by the growth and development of the Church around the world, especially on African continent. When I was in Jamaica, it was common to hear mission stories that highlighted countries in Africa. Today, Africa is the home to a large proportion of the Adventist Church family. I have also experienced a deeper understanding of the plan of salvation, including the grace of God, and His imputed righteousness which is essential for our salvation apart from works.

Several years ago, I slipped on the grass outside my home and broke my foot. My friends took me to the hospital, where I had surgery. Five years later, I was having frequent issues with my foot, and after talking with the Lord in prayer, a second surgery was performed. After the surgery I was placed on antibiotics for a year, and the health issue was resolved. This was one of the most difficult experiences I have lived through, but it taught me that when we have health challenges, it is good to consult with the Lord, our Great Physician.

What's your favorite memory of the church?

My favorite memories of the church go back to yearly social church trips we took to the beach. I always looked forward to the long, scenic journey from Newport, Manchester to the beautiful white sand beach in Negril or to the adventure of climbing Dunns River Falls in St. Ann. I will always remember the fellowship we had and the joy of splashing and swimming. The Christian life can be fun.

One historical event that I experienced has had a lasting impact on me. This was the Glacier View Sanctuary Review Conference held in Colorado in 1980. The Glacier Conference has motivated me to search the scriptures for myself on various themes, including the sanctuary doctrine. For me, the essence of the sanctuary doctrine reveals how God, through Jesus, provides salvation for individuals by His sacrifice and Priestly Ministry.

My most cherished church service was the MV program. Every youth took part, and the experience was empowering. Participants' mistakes were usually greeted with laughter. For example, if a quartet sang without harmonizing, we all joked about it, and no one took offense. Typically, over time, and with practice, there was marked improvement in performance.

It was a pleasure to serve the church as elder, building community chair, and Religious Liberty Director. I would tell younger church members who are struggling with Christian living today to keep on looking to Jesus, study the Bible, and have a strong prayer life. Growth and Christian maturity will come over time.

Elder Bill Morgan is a member of the Mitchelville SDA Church in Maryland, USA and an Info. Systems Security Mgr.

ENCOURAGEMENT AND PRAYER FROM A COUPLE: RUDOLPH AND LUCIAN MARCELL

Words of encouragement come from Brother and Sister Marcell, who began their Christian journey with the Malton SDA Church in Ontario. There is much we can learn from their witnessing experience. As deacon and deaconess, their missionary work took them beyond the walls of the local church to witness to members of the wider community. In particular, they served in small groups to minister to the needs of nursing home residents and other shut-in members. There were times when members were unable to attend church, so Rudolph and Lucian willingly "took the church to them" through visitation, singing, praying, and listening. They found this to be an important way to lift the spirit of those who would otherwise be lonely.

Asked what makes them the happiest nowadays, Rudolph and Lucian said, "We're on the right track, and when we're sure of the path we're on, it makes us feel very happy."

Rudolph and Lucian are reminded of the Covid-19 pandemic. This historical event impacted them the most. However, it was not all doom and gloom; some blessings were derived. For example, they were restricted to remain indoors, but this restriction brought their family closer together, and it led to deeper study of the Bible.

The couple's message to young people struggling with Christian living is "Keep holding on to Christ." They have been encouraging young Christians to stay faithful to the truth; and for those who have left the church, Rudolph and Lucian are constantly praying for them to return to their first love for Christ.



Heather and Lincoln Brown (HB, LB):

Magazine: When did you begin your Christian journey with the S.D.A. Church?

HB: I began my journey with the Seventh-day Church in 1967.

LB: I began 6 years later (1973).

M: Looking back over your years as a Seventh-day Adventist, what has been your most joyful experience with the church?

HB: I consider my most joyful experience with the church to be Pathfinder Camping.

LB: I always looked forward to church retreats and an opportunity to get involved in evangelism. These were my most joyful experiences.

M: What brings you the happiest feelings about the church nowadays?

HB and LB: Our happiest feelings come from seeing young people whom we mentored and taught in Sabbath School or in Adventist Club grow up in Christ and have given their lives to Him in baptism. It brings us joy to see these youngsters being involved in various services of the church.

M: What is the most difficult experience you have lived through as a Christian, and what did you learn that you'd like to share?

HB: I lived through the Covid-19 Pandemic, and between the months of March and July, 2021, I lost my step-mother, mother, brother-in-law, aunt, and a cousin. A few weeks later, I lost two patients at the care-home where I worked. I found it very difficult to care for the other patients who were quite ill at the time. I learned that when God's people pray and take the pains of earth to the door of heaven, miracles happen that I can't explain, and hope is reborn. I had prayer support from my husband and the prayer band of the church.

M: What's your favorite memory about the church?

HB: My favorite memory about the church is the Metro Mission Series that was launched in 2014. For this grand event, four drum-corps led four groups from north, south, east, and west, converging in Half-Way-Tree, Kingston, Jamaica. Many attendees could be heard shouting, "praise God," "Hallelujah," "Glory!" These exclamations felt real, and they had a lasting impact on me.

LB: favorite memory is about my involvement in the church's "Hot Meal" program. Once or twice per week, I teamed up with a few members to drive through the community to serve cooked meals to "street people" and shut-in members.

M: Tell me about any historical event you have lived through that impacted you the most.

LB: I have fond memories of the Inter-American Camporee of 2023, held at the Trelawny Multi-purpose Stadium in Jamaica. This event brought many people together to learn about the Word of God and to witness for Him.

M: Tell me about your most cherished church service or program.

HB: My most cherished church programs are Children's Day and Pathfinder's Day. These programs give the youngsters opportunities to play leadership roles, and it's a joy to see them use their gifts and talents for the Lord.

LB: I cherish the blessing to participate in the Communion Service. It brings me a feeling of humility and refreshed Christian energy.

M: What office(s) have you held in the church?

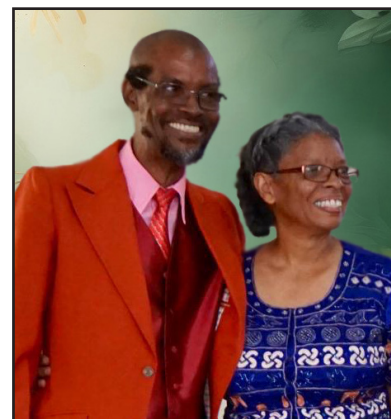
HB: I have had the pleasure of serving as director for Children's and Health Ministries and Art and Craft instructor for both Adventurers and Pathfinders Club.

LB: I served as treasurer (42 years), deacon, elder, and leader of the following ministries: Adventist Youth, Stewardship, and Community Service.

M: What would you tell younger church members who are struggling with Christian living today?

HB and LB: Our advice to younger church members struggling with Christian living is to keep connected with God through daily personal devotion and Bible study. Don't forget to pray daily, and share your faith. Get active in church services, and have your own personal ministry, however small or insignificant it may seem.

Lincoln Brown and Heather Brown (RN/Supervisor)



Health and Wellness Corner

Taking Care of Your Health - Be mindful of common illnesses and injuries as certain health problems tend to be more prevalent during the winter season. The magazine asked the doctor what measures individuals can take to prevent or deal with the following seasonal health issues:

a. Frostbite

The risk of frostbite is increased by prolonged exposure to sub-zero temperatures, wind chill and physical immersion in water. To prevent frostbite occurring during the winter months, be sure to dress in layers, stay dry and cover exposed skin as much as possible. Mild cases of frostbite can be managed by seeking shelter in a warm environment, removing wet clothing and gently rewarming the affected areas. Pain can be managed with simple over-the-counter pain-killers. Avoid rubbing the affected areas or applying direct heat (e.g. from a heater). In severe cases please seek immediate medical care, e.g., go to the hospital to prevent permanent injury or damage.

b. Hypothermia

Hypothermia is a low body temperature which is more common in the young and the elderly. It can be prevented by keeping as warm as possible in cold climates by dressing in layers, staying dry and avoiding prolonged exposure to the cold where possible. If hypothermia occurs, you should seek shelter in a warm environment and remove all wet clothing to prevent further heat loss. Consuming warm drinks and warming your body gradually with blankets will also help. In severe cases of hypothermia, you should seek immediate medical attention.

c. Flu

Flu, or influenza, is the name given to a collection of viruses that can often cause outbreaks during winter months. You can prevent the flu with good hygiene measures, including regular hand-washing, limiting close contact with affected people, and by getting the annual flu vaccine. If you are unfortunate enough to contract the flu, you can aid your recovery by staying well hydrated, getting plenty of rest and taking over-the-counter remedies - acetaminophen is particularly helpful for managing fevers. Be aware that the flu can sometimes be harmful, so seek medical advice in severe cases.

d. Pneumonia

Pneumonia is a type of serious lung infection and can be caused by different types of microorganism, including bacteria. Good hygiene measures and getting vaccinated can help to reduce the risk of developing pneumonia. Strengthening your immunity with a balanced diet and regular exercise also helps. If you suspect pneumonia please seek medical advice, especially if you are experiencing chest pain or breathing difficulties. While recovering from pneumonia, you should get plenty of rest, stay hydrated and take any treatment prescribed by your doctor.

e. Seasonal depression

Season depression is a mood disorder which features symptoms of depression during the winter months. You can prevent seasonal depression by going outside daily to maximize exposure to natural light. Artificial light, including use of a natural light alarm clock in the mornings, can also help in managing it. As with clinical depression, many people also find considerable benefit from regular exercise, a healthy diet and a good sleep pattern. Be sure to stay connected socially by continuing to engage with family, friends and your church. Speak to your doctor if you require further support or advice.

f. Cough

Coughing is a very common symptom which can have a variety of different causes, including infection. Most infective cases are caused by viral illnesses, such as the common cold, and can be prevented with regular hand washing and good hygiene measures. Other common causes include allergies and irritants, such as dust and smoke, and can be prevented by avoiding the irritant or allergen. Honey and lemon, warm fluids and over-the-counter remedies are usually sufficient in managing coughs. Please seek medical advice in severe or persistent cases.

g. Joint pain

There are many different causes of joint pain, including injuries and osteoarthritis. Regardless of the cause, joint pain often feels worse during the winter months. You can prevent joint pain by staying active, stretching regularly, dressing in layers to keep warm, maintaining a healthy weight and practicing good posture. The best way to manage joint pain is with gentle exercise and over-the-counter pain relievers, particularly anti-inflammatories. For severe or persistent cases, you should seek physiotherapy or personalized treatment based on the joint(s) affected.

h. Dry, itchy skin

The cold weather and low humidity in the winter months can result in dry, itchy and cracked skin, particularly for people who already suffer from skin conditions such as eczema. The main way to prevent dry, itchy skin is by ensuring that the skin is well moisturized through the regular use of emollient creams. While showering you should use gentle, fragrance-free soaps and avoid using hot water. Avoid scratching the skin as this may irritate it further, and you can try over-the-counter antihistamines to help to reduce the itchiness. Severe cases may benefit from the short-term use of a steroid cream.

i. Sore throat

Sore throat is a common symptom of infection which usually resolves within a week or two without prescribed treatment. You can prevent sore throats through good hygiene measures such as washing your hands frequently. You should also avoid close contact and sharing food, drinks or utensils with people who are unwell. If you develop a sore throat, you can manage it by staying hydrated, using honey and lemon, and gargling warm salt water or soluble aspirin. Seek medical advice for persistent or severe symptoms, particularly if you are experiencing fevers and/or swollen neck glands.

j. Viral infection

Viral infections are unfortunately very common, particularly during the winter months. There are many different types, including stomach bugs and the common cold. You can prevent most types of viral infections through good hygiene measures, such as washing your hands frequently and avoiding close contact with unwell individuals. Further management depends largely on the type of viral infection, but you can support your immune system with regular exercise, a healthy diet and sufficient sleep. Over-the-counter remedies can help further but seek medical advice for severe or persistent symptoms.



Dr. Ashley McFarlane: MBBS BSc MRCGP DFSRH is a physician in the UK



Health and Wellness

with Dr Sophonie Ménard

Magazine: First, what would you consider a simple and general meaning of wellness?

Dr. M: It's the feeling of well-being and physical, mental, social balance, and above all, for us as Christians, a trust and faith in God in all circumstances.

M: Is it helpful to practice wellness on a daily basis, and if yes, how can this be done?

Dr. M: Definitely yes, it helps you to make conscious decisions and live a healthy lifestyle. It enhances the quality of life in a holistic way, by paying attention to a healthy diet that's good for the body, exercising regularly, getting enough sleep every day and avoiding harmful habits, and renewing faith in God every day.

M: Who or what makes you happiest?

Dr. M: What makes me happy in life is my family. I enjoy the pleasure of helping others and spending time with my loved ones.

M: Who or what inspires you the most?

Dr. M: What inspires me most is Jesus's life on earth, how He was always able to remain in communion with His Father.

M: Is it important to prioritize your own well-being or that of others? Why or why not?

Dr. M: You can't give what you don't have. It's as simple as that, and it applies to all aspects of life: take care of yourself. It's like on a plane, you put your seatbelt on first, then your neighbour's. The Bible says it in Matthew 22: 39, you shall love your neighbour as yourself.

M: How important is a full or complete meal for you?

Dr. M: A healthy diet is good for the body, gives us energy to perform daily functions, and it prevents certain chronic illnesses.

M: How does a quiet time help in maintaining or restoring wellness?

Dr. M: Take time to rest, get enough sleep, recharge your batteries. The Lord knew this from the beginning. That's why He gave us a day of rest to disconnect from the cares of the world, not only physically but also mentally.

M: Some people would say that the more they take care of themselves, the more ability they have to take care of those they love. What are your views on this?

Dr. M: I think it is affirmative because as mothers, sometimes we have the tendency to take care of the family and forget ourselves. It is important to be a good wife, mother, friend, but we must be careful not to fall into selfishness; we must have a healthy balance.

M: What do you consider to be your best characteristic?

Dr. M: I'm considered a simple person, who enjoys the simple things in life, and I hope to be like our Lord.

M: What are you grateful/thankful for today?

Dr. M: I thank God for His mercy towards me, for my family first, for guiding me and for the opportunity to reintegrate my profession in Canada. In spite of the pitfalls, He has always been with me, and I'm very grateful to Him for that.

M: What is one long-term goal for you?

Dr. M: My objective in life is to be able, through the grace of God, to see all my children return to the feet of Jesus, and that I may receive our Lord when He returns to take us home.

M: Is there one thing you can do today to help you achieve your long-term goals?

Dr. M: Trust in God.

M: What are other ways by which one can practice strong well-being?

Dr. M: Exercise regularly, create healthy habits, hydrate well, spend time in nature, practice gratitude – in short, practice the laws of health.

Dr Sophonie Ménard is a family physician in New Brunswick.

ABRAHAM

Search for all the words that appear in all CAPITAL LETTERS in the word lists

T	R	U	T	H	H	T	G	N	E	R	T	S	D	N	U	O	B	H	R
E	T	U	P	S	I	D	O	S	P	A	R	E	D	S	P	J	N	T	I
L	A	W	E	L	C	O	M	I	N	G	Y	S	M	A	A	B	E	P	S
L	K	L	A	I	D	R	O	C	R	E	T	L	A	C	S	N	E	E	H
S	N	I	L	R	H	H	R	D	B	X	D	T	U	R	S	A	D	D	M
N	I	A	G	R	A	B	R	O	I	R	R	A	W	I	E	M	S	L	A
A	F	R	E	E	R	O	A	G	O	Y	U	W	Q	F	D	U	I	A	E
R	E	Z	N	F	A	T	H	E	R	O	F	F	A	I	T	H	F	U	L
S	A	V	E	D	S	H	C	T	Y	E	K	W	L	C	E	P	A	T	P
J	D	D	S	D	F	B	N	H	C	R	E	T	S	I	S	C	I	I	R
C	E	U	I	L	F	U	Q	A	W	H	J	E	P	A	T	O	L	R	O
R	L	A	S	N	O	B	E	R	P	G	T	S	A	L	F	M	I	I	M
V	L	O	H	C	G	P	G	E	I	T	A	T	R	R	O	M	N	P	I
L	A	N	D	R	N	P	N	M	I	A	N	E	E	A	Y	A	G	S	S
R	C	A	A	S	I	H	A	R	G	U	E	D	G	M	O	N	U	T	E
A	N	G	E	L	S	A	R	R	E	S	C	U	E	D	E	D	L	O	T
C	A	D	W	O	S	R	T	I	T	E	T	U	T	I	T	S	B	U	S
H	G	S	D	T	A	A	S	E	G	Y	P	T	I	A	N	B	A	K	G
N	Y	O	V	A	P	O	D	M	S	O	J	O	U	R	N	E	D	H	J
T	M	W	D	F	Y	H	A	N	D	Z	E	C	I	F	I	R	C	A	S

Abraham, of UR of the Chaldeans by FAITH, when CALLED one DAY to go to a land, he OBEYED. He SOJOURNED in a LAND of PROMISE as in a STRANGE COUNTRY. He had a son, ISHMAEL, by his wife's maidservant, HAGAR. ISAAC was born to Sarah and Abraham well after their childbearing age. In GENESIS, GOD TESTED Abraham's faith, with a COMMAND to SACRIFICE his son, Isaac. Abraham obeyed and BOUND Isaac, LAID him on the ALTER, with a KNIFE in HAND, but the ANGEL called out Abraham! Abraham! And God prepared a SACRIFICIAL RAM as a SUBSTITUTE at the LAST Minute and Isaac was SPARED. This means Abraham PASSED the TEST of faith and is often called the FATHER OF the FAITHFUL Abraham was a man of PEACE. He settled a boundary DISPUTE With his NEPHEW, Lot, and in compassion, he ARGUED and tried to BARGAIN with God to SPARE the people of SODOM and GOMORRAH. He was WELCOMING and CORDIAL to three visiting ANGELS. As a quick-acting WARRIOR, he RESCUED LOT and his family From a RADING PARTY; as an unscrupulous LIAR, he SAVED his own skin by PASSING OFF SARAH as his SISTER and let her be picked by the EGYPTIAN, PHARAOH for his HAREM. The TRUTH is, Abraham appeared as BOTH a man of great SPIRITUAL DEPTH and STRENGTH and a person with common HUMAN FAILING and NEEDS.

SARAH

Search for all the words that appear in all CAPITAL LETTERS in the word lists

W T I M A I D S E R V A N T H A G A R
 I S A A C U D T E S I M O R P S D O G
 F T B R E V I E C N O C T T S U R T D
 E H F B O Y D B W O B O R N K X E H L
 A E M A N K N D T I M E G E R M C T I
 F P M E L B O R P T P E K M O I E G H
 A R E P E A T E D A R B T L W H I N C
 I O X A Z S B W A N T L S L C E V E A
 T M T S R A E Y U F B E L I E V E R R
 H I E G A D L O F O K S A F H N D T A
 S S E L D L I H C R A S R L E E R S E
 A E C O N C E I V E D D O U B T Y I B
 R O T S O L V E S H M A M F L S I S T
 A D E S I V E D A T O B M A H A R B A
 H B E A R A S O N O A N S W E R S U G
 I A R A S D E S I M O R P D O G E N O

SARAH, originally called SARAI, WIFE of Abraham, was CHILDLESS until she was 90 YEARS. GOD PROMISED Abraham, originally called ABRAM that Sarah would be a MOTHER OF NATIONS, that she would CONCEIVE and BEAR A SON, but Sarah DID NOT BELIEVE. In DOUBT, Sarah DEVISED a way of realizing THE PROMISE. She gave ABRAHAM her MAIDSERVANT, HAGAR so that Hagar might BEAR A CHILD for them. The promise was REPEATED and KEPT. Through FAITH, Sarah received STRENGTH to CONCEIVE. ISAAC was BORN to Sarah and Abraham in their OLD AGE, as a FULFILLMENT of GOD'S PROMISE to them. MORAL of story: God WORKS on HIS own TIME NOT OURS God SOLVES our PROBLEM if we put our faith and TRUST in Him, His ANSWERS are not always what we WANT. BELIEVE in God. COME to HIM, ASK OF Him, BLESS His NAME

MOSES

Search for all the words that appear in all CAPITAL LETTERS in the word lists

S	E	R	U	S	A	E	L	P	A	Y	O	J	N	E	N	O	S	R	M
S	G	H	I	B	E	R	O	H	E	A	N	O	R	A	A	U	T	I	A
E	Y	T	N	E	M	D	N	A	M	M	O	C	N	E	T	T	A	V	I
N	P	A	R	T	N	K	R	R	W	O	N	H	D	E	S	U	F	E	R
R	T	R	F	A	O	S	T	A	E	U	Q	E	R	I	O	T	S	R	I
E	I	W	L	B	T	E	S	O	R	N	O	B	E	N	T	N	U	O	M
D	A	H	S	L	P	I	T	H	B	T	B	E	D	S	M	A	R	M	A
L	N	S	A	E	Y	M	O	S	E	S	E	D	S	U	F	F	E	R	F
I	I	U	B	T	G	A	N	D	H	I	Y	E	E	D	E	O	H	L	O
W	T	B	B	S	E	I	E	A	N	N	E	N	A	O	L	R	T	L	R
T	E	G	A	R	N	S	S	U	R	A	L	N	S	X	B	T	A	U	S
N	H	N	T	A	I	E	T	G	O	I	L	O	E	E	M	Y	R	N	O
U	P	I	H	M	Y	Y	A	H	W	E	Y	I	L	R	U	A	G	A	O
O	O	N	O	S	R	P	N	T	Y	N	I	T	B	T	H	G	N	I	K
M	R	R	E	V	E	N	I	E	O	C	W	C	A	R	S	L	I	D	E
A	P	U	R	I	V	I	S	R	A	E	L	I	T	E	S	A	S	E	G
N	K	B	Y	D	A	B	A	S	K	E	T	L	T	S	E	A	O	M	Y
N	I	X	R	A	L	A	J	K	D	O	G	F	O	E	L	P	O	E	P
A	F	O	R	A	S	E	A	S	O	N	D	F	G	D	I	P	H	O	T
M	L	F	A	I	T	H	G	N	A	A	N	A	C	A	N	A	C	W	E

MOSES, a PROPHET of YAHWEY Born in Egypt to HEBREW parents Placed in BASKET on NILE RIVER by his sister, MIRIAM JOCHEBED, mother of Moses, AARON, brother of Moses SON of AMRAM REFUSED to be called the son of PHARAOH'S DAUGHTER, CHOOSING RATHER to SUFFER AFFLICTION with the PEOPLE OF GOD than to ENJOY the PLEASURES of SIN FOR A SEASON by faith he FORSOOK EGYPT, not fearing the WRATH of the KING. he killed an EGYPTIAN fled to the WILDERNESS, led the EXODUS of the ISRAELITES out of SLAVERY IN EGYPT and across the RED SEA. The LORD spoke to Moses within the BURNING BUSH on MOUNT HOREB Moses received the TEN COMMANDMENT on TABLES or TABLETS STONES at MOUNT SINAI after FORTY YEARS of wandering in the DESERT, Moses died on MOUNT NEBO at the age of 120, within sight of the PROMISED LAND Find these other terms linked with Moses: CANAAN, FAITH, HUMBLE, MANNA, MEDIAN, NEVER, OBEY, SABBATH

MISSION

MONCTON SEVENTH-DAY ADVENTIST CHURCH




Through love, we reach the Moncton region and beyond, touching people with the biblical message of hope and wholeness, preparing believers for the second coming of Jesus Christ.

VISION

Serving as Jesus bids us. We envision that the church will become active in service as we walk in the footsteps of Jesus ministering to the needs of all people. These steps are about fostering and promoting the following core values

CORE VALUES

MONCTON SEVENTH-DAY ADVENTIST CHURCH

 <p>EVANGELISM</p> <p>Christians are identified by a love for Evangelism which provides an opportunity to trust God for courage. Therefore, we encourage a lifestyle of Evangelism. This lifestyle approach will allow us to reach as many families and cultural groups as possible with our mission in the Moncton region (2 Cor. 5:20)</p>	 <p>SERVICE</p> <p>As a church, we will endeavor to render service to all members of the community by giving of our time, energy, and resources (Phil. 2:3-4)</p>	 <p>INCLUSIVENESS</p> <p>Built on the biblical foundations of respect, compassion, and the universality of the gospel commission (Matt. 28:19-20), we strive to create a safe, non-judgemental, and welcoming space for all who attend our worship, fellowship, and community events.</p>	 <p>MENTORSHIP & COMMUNITY DEVELOPMENT</p> <p>We seek to consistently prepare and equip the next generation of Christian leaders while developing programs and strategies to collaborate with like-minded stakeholders within the Moncton region (Ps. 78:6; 145:4)</p>	 <p>INTEGRITY</p> <p>We always choose to do what is right, regardless of the personal cost (Eph. 4:25); acknowledging that whatever we do, we are ever in the presence of God and are accountable to Him (Heb. 4:13; Gen 39:9).</p>
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