

OVERCOMERS KIDS!

Week 1: Getting to the Root!

Today's Big Idea: Jesus came to forgive the bad things we *do*; But He also came to heal the sad things we *feel*.

1. The Toothpaste Test! ✍️

Pastor is talking about a tube of toothpaste today! If a tube of peppermint toothpaste is squeezed, what comes out? Peppermint toothpaste! What if I change the label on the outside to Nutella? Will Nutella come out?

The Bible says our hearts are just like that tube. When life "squeezes" us (like when we get in trouble, or someone is mean to us), whatever is hiding inside our heart comes out!

Fill in the blank: " But those things which proceed out of the mouth come from the H ___ R T." (*Matthew 15:18*)

2. The Struggle is Real! 🤖

Even the great Apostle Paul had a hard time making good choices. He wrote in his Bible letter:

"For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do." (*Romans 7:15*)

Have you ever really wanted to be good, but you ended up making a mistake anyway? (*Circle one*): **YES!** / **NO!**

When we do the wrong thing over and over, we get tired and sad. But Jesus has a plan to help us!

3. Root vs. Fruit Tree 🌳

Imagine a big apple tree.

- The **FRUIT** is what we can see on the outside. These are our **ACTIONS** (like yelling, lying, or hitting).

- The **ROOTS** are hiding under the dirt. These are the **LIES** the devil tries to tell us (like "I'm not smart," "I'm all alone," or "Nobody likes me").

If you want to stop a tree from growing bad fruit, you can't just pick the apples off; you have to dig up the bad roots! Jesus is the best gardener, and He wants to dig up the lies the devil told you and plant His Truth instead.

Match the Bad Root (Lie) to the Bad Fruit (Action):

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| 1. "I need to have all the toys to be happy." | A. Yelling at my brother or sister. |
| 2. "I have to fight to be heard." | B. Sneaking a cookie when Mom said no. |
| 3. "God doesn't want me to have any fun." | C. Being greedy and not sharing. |
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4. Memory Verse for the Week 📖

Ask God to be the gardener of your heart this week! Fill in the missing letters from Psalm 51:10.

"Create in me a clean **H _ _ _ R T**, O God, and renew a right spirit within me."

 **My Overcomer Prayer:**

"Dear Jesus, thank You for forgiving my mistakes. Sometimes I feel squeezed and bad fruit comes out. Please be the gardener of my heart. Dig up the lies the devil tells me, and fill me with Your truth and love. Amen."

OVERCOMERS WEEK 1



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