

Who, What, Where, When, How and Why questions

What are we **freed from** that is so dangerous?

Freedom from wrath (loss of protection and insulation from harm and degradation)

Antidote: Reconciliation and peace

Freedom from fear (expectation of severe punishment in the name of judgment)

Antidote: Perfect, unconditional and unshakeable love that never lets go

Freedom from shame (loss of connection to life and intimacy and all that is inherent in that)

Antidote: Restored joy and boldness and confidence and awareness of personal worth

Freedom of offense (believing that someone owes us for something they did to cause us hurt or loss)

Antidote: Release from belief in the system of debt collecting and hierarchy altogether

Freedom from condemnation (false **assumption** that God **threatens** punishments for offending Him)

Antidote: Truth that God is not a destroyer or manipulator but **relentlessly invites intimacy**

Freedom from lies (cause of despair, depression, hopelessness, meaninglessness, loneliness, confusion)

Antidote: Truth as it is in Jesus – truth about God's disposition, reality, and our real identity

Freedom from sin (the inevitable fruit of distrust, unbelief, shame, fear and false views of reality)

Antidote: Death to the power of sin to define my identity by trust in my true identity in Christ

*There is therefore now **no condemnation** to those who are in Christ Jesus, who **don't walk according to the flesh**, but according to the Spirit. For the law of the Spirit of life in Christ Jesus made me free from the law of sin and of death. (Romans 8:1-2)*

What is condemnation? **Where** does it come from?

Condemnation is the **counterfeit** of holy conviction – **conviction** of the truth of **God's love**.