

Living Free series options

Who, What, Where, When, How and Why questions

Who is free?

What is freedom? Freedom to live as a real human being reflecting God's heart.

Freedom from what? Anything that inhibits reflecting God's heart.

Where does freedom originate? The Source of life and design.

When are we free?

How are we free? By choosing to believe the truth.

How does one stay free? Continuing to believe the truth regardless.

Why is it important to live free and stay free?

Can one **lose their freedom**?

If you can lose it, **how can you avoid** that?

Can you recover freedom after losing it, and if so then how or when?

Freedom involves a **radical change** in what we **believe about identity** – both God's and our own.

Jesus says **we have to die in order to live in freedom**.

Freedom is **not escape** from experiencing **temporary death**, but it does enter us into eternal life now.

What does **living actually mean**?

Is there **more than one way to live**, like living in slavery versus living in freedom?

When living free, **who is really the one living** my life?

Is it **me or Christ** living in and through me?

If I am dead while Christ is living through me, **do I still participate** in this life?

If I somehow participate, what does that look like?

Significantly **the Sabbath** resonates as the highest **symbol of freedom** when it is understood properly.

How can my appreciation and participation in **Sabbath rest** reflect what **freedom looks and feels** like?

Discovering answers to these and many more questions needs to **move beyond knowledge of answers**.

Life is designed to be lived in a **state of joy and peace**. This requires learning to **live from the heart**, not just figuring out right answers that make little to no difference internally.

As we explore this together, choosing to **engage both mind and heart** in pursuing **more than just answers** can make all the difference. **Experimenting** in how to **experience** what is being brought to our awareness moves one **past merely living frustrated** into living out what Jesus calls the **abundant life**. At first it may **seem stranger than fiction**, but transferring into the kingdom of light is what it means to **pass from death into life**.

*Most certainly I tell you, **he who hears my word, and believes him who sent me, has eternal life, and doesn't come into judgment, but has passed out of death into life.*** (John 5:24)

*Do not be astonished, brothers and sisters, that the world hates you. We know that **we have passed from death to life because we love one another.** Whoever does not love abides in death.* (1 John 3:13-14 NRSV)

Related terms and trails relevant to knowing and living in freedom:

Parallels include deliverance, enlightenment, liberty

Opposites include bondage, slavery, addictions, darkness, ignorance, foolishness

Scriptures to explore the reality of freedom:

*They said therefore to him, "**Who are you?**"*

*Jesus said to them, "Just what I have been saying to you from the beginning. I have many things to speak and to judge concerning you. However **he who sent me is true**; and the things which I heard from him, these I say to the world."*

*They didn't understand that **he spoke to them about the Father**.*

*Jesus therefore said to them, "When you have lifted up the Son of Man, then **you will know that I AM** he, and **I do nothing of myself**, but as **my Father taught me**, I say these things. He who sent me is with me. The Father hasn't left me alone, for **I always do the things that are pleasing to him**."*

*As he spoke these things, **many believed in him**.*

*Jesus therefore said to those Jews who had believed him, "If you **remain in my word**, then you are truly my disciples. You will **know the truth**, and the **truth will make you free**." (John 8:25-32)*

They answered him, "We are Abraham's seed, and have never been in bondage to anyone. How do you say, 'You will be made free?'"

*Jesus answered them, "Most certainly I tell you, everyone who commits sin is the bondservant of sin. A bondservant doesn't live in the house forever. A son remains forever. If therefore **the Son makes you free**, you will **be free indeed**." (John 8:33-36)*

*For if we have become united with him in the likeness of his death, we will also be part of his resurrection; knowing this, that our old man was crucified with him, that the body of sin might be done away with, so that we would **no longer be in bondage to sin**. For **he who has died has been freed from sin**. But if we died with Christ, we believe that we will also live with him; knowing that Christ, being raised from the dead, dies no more. **Death no more has dominion over him!** (Romans 6:5-9)*

*There is therefore now **no condemnation** to those who are in Christ Jesus, who don't walk according to the flesh, but according to the Spirit. For **the law of the Spirit of life** in Christ Jesus **made me free** from the law of sin and of death. (Romans 8:1-2)*

*Now the Lord is the Spirit and **where the Spirit of the Lord is, there is liberty**. But we all, with unveiled face **beholding** as in a mirror the glory of the Lord, are **transformed** into the same image from glory to glory, even as from the Lord, the Spirit. (2 Corinthians 3:17-18)*

***Stand firm** therefore **in the liberty** by which **Christ has made us free**, and don't be entangled again with a yoke of bondage. (Galatians 5:1)*

*For you, brothers, were **called for freedom**. Only **don't use your freedom for gain to the flesh**, but through love be servants to one another. (Galatians 5:13)*

*Since then the children have shared in flesh and blood, he also himself in like manner partook of the same, that through death he might **bring to nothing him who had the power** of death, that is, the devil, and might **deliver all of them** who through fear of death were **all their lifetime subject to bondage**. (Hebrews 2:14-15)*

*I will **walk in liberty**, for I have **sought your precepts**. (Psalms 119:45)*

*But he who **looks into the perfect law of freedom, and continues**, not being a hearer who forgets, but a doer of the work, this man will **be blessed in what he does**. (James 1:25)*

*So speak, and so do, as **men who are to be judged by a law of freedom**. For judgment is without mercy to him who has shown no mercy. Mercy triumphs over judgment. (James 2:12-13)*

*For this is **the will of God**, that by well-doing you should put to silence the ignorance of foolish men: as free, and **not using your freedom for a cloak** of wickedness, but as bondservants of God. (1 Peter 2:15-16)*

*For I, through the law, **died to the law**, that I might **live to God**. I have been **crucified with Christ**, and **it is no longer I that live, but Christ living in me**. That life which I now live in the flesh, **I live by faith in the Son of God**, who loved me, and gave himself up for me. (Galatians 2:19-20)*