

Manna Enough *for* Lifebearers

A one-year support program for single moms and their children



Our mission is simple yet vital - to support single mothers who want to mother traditionally. We offer a wholistic approach:

- knowledge enrichment
- emotional support
- financial resources
- spiritual nurturing

within a community of others who can relate to the journey.



For more info: info@csreconciliation.com

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Applicant Criteria

-  Single mothers with children under 18
-  Canadian Residents
-  Family income under \$30,000
-  Priority given to First Nation, Inuit, or Métis families
-  Additional eligibility requirements apply

Program Commitment

-  Minimum one-year enrollment
-  Active participation in program components

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Program Components

-  Financial Support for Family Wellness Activities
-  1x1 Mothering Peer Support meetings for prayer and connection
-  Mothering Wellness Classes
-  Additional benefits and program details are shared directly with participating families

***You don't have to
do this alone.***

