

# FREE WEBINAR

Sponsored by **STARS**  
Tutoring & Mentoring



## Changing Lives: One Brain at a Time



Presenter Bev Sedlacek explores basic brain function and how childhood trauma affects learning, behavior, and relationships. Participants will learn how healing happens through safe, loving connections and gain practical strategies to create tutoring and mentoring spaces where children feel safe, secure, and empowered to learn and thrive.

**Beverly Sedlacek, DNP, PMHCNS-BC, is a gifted speaker, therapist, author, and educator.**

February 1, 2026  
1-3pm



**SCAN QR CODE**  
to Register for the Webinar



North American Division  
of Seventh-day Adventists



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