

1

If we do represent Christ, we shall make His service appear attractive, as it really is. Christians who gather up gloom and sadness to their souls, and murmur and complain, are giving to others a false representation of God and the Christian life. They give the impression that God is not pleased to have His children happy, and in this they bear false witness against our heavenly Father. SC 116.1

2

2 Corinthians 3: 2 – 3, NKJV

**2 You are our epistle written in our hearts, known and read by all men;
3 clearly you are an epistle of Christ, ministered by us, written not with ink but by the Spirit of the living God, not on tablets of stone but on tablets of flesh, *that is,* of the heart.**

3

What is Joy?

Is there a difference between joy and happiness?

How can we experience more Joy?

4

Galatians 5: 22 – 23, NKJV

22 But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness,
23 gentleness, self-control. Against such there is no law.

5

Nehemiah 8: 10, NKJV

10 Then he said to them, "Go your way, eat the fat, drink the sweet, and send portions to those for whom nothing is prepared; for *this* day *is* holy to our Lord. Do not sorrow, for the joy of the LORD is your strength."

6

Psalm 16:11, NKJV

**We will rejoice in your salvation,
And in the name of our God we will set up *our* banners!
May the LORD fulfill all your petitions.**

7

Isaiah 12: 2 – 3, KJV

**2 Behold, God is my salvation; I will trust, and not be afraid: for the LORD JEHOVAH is my strength and my song; he also is become my salvation.
3 Therefore with joy shall ye draw water out of the wells of salvation.**

8

Isaiah 61:10, NKJV

10 I will greatly rejoice in the LORD, My soul shall be joyful in my God; For He has clothed me with the garments of salvation, He has covered me with the robe of righteousness, As a bridegroom decks *himself* with ornaments, And as a bride adorns *herself* with her jewels.

9

Acts 16:34, NKJV

34 Now when he had brought them into his house, he set food before them; and he rejoiced, having believed in God with all his household.

10

Philippians 4:4, NKJV

4 Rejoice in the Lord always. Again I will say, rejoice!

11

2 Corinthians 12:10, NKJV

10 Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ's sake. For when I am weak, then I am strong.

12

James 1: 2 – 3 , NKJV

2 My brethren, count it all joy when you fall into various trials, 3 knowing that the testing of your faith produces patience.

13

1 Peter 1: 6 – 7, NKJV

6 In this you greatly rejoice, though now for a little while, if need be, you have been grieved by various trials, 7 that the genuineness of your faith, *being* much more precious than gold that perishes, though it is tested by fire, may be found to praise, honor, and glory at the revelation of Jesus Christ,

14

1 Peter 4: 12 – 13, NKJV

12 Beloved, do not think it strange concerning the fiery trial which is to try you, as though some strange thing happened to you; 13 but rejoice to the extent that you partake of Christ's sufferings, that when His glory is revealed, you may also be glad with exceeding joy.

15



Always?

Circumstances are bad.

I will be happy or joyful when …

1, 5, 9, 20, 33, 38

16

The number of arrangements of "n" objects taken "k" at a time: where order does not matter:

$$\frac{n!}{k!\,(n-k)!}$$

$$\frac{54!}{6!\,(54-6)!} = 25,827,165$$

17

Lottery Format	How It Works	Odds of Matching All 6
6/49 (e.g., Lotto 6/49, UK Lotto)	Pick 6 numbers from 1 to 49	**1 in 13,983,816**
6/54 (e.g., Lotto Texas)	Pick 6 numbers from 1 to 54	**1 in 25,827,165**
6/59 (e.g., New York Lotto)	Pick 6 numbers from 1 to 59	**1 in 45,057,474**
Powerball	Pick 5 from 69 + 1 Powerball from 26	**1 in 292,201,338**
Mega Millions	Pick 5 from 70 + 1 Mega Ball from 25	**1 in 302,575,350**

18

1985 – 86: Evelyn Adams

She won two lottery jackpots totaling 5. 4M and lost it all primarily through heavy gambling in Atlantic City.

19

1988: William "Bud" Post

Won a 16.2M lottery jackpot. Spent $300,000 within two weeks, faced lawsuits from a former girlfriend and an estranged brother who plotted to kill him and died in debt.

20

1993: Janite Lee

Burned through an 18M lottery jackpot via massive political donations, excessive gifting and mounting debts leading to bankruptcy.

21

2001: David Lee Edwards

Squandered a 27M lottery jackpot in a few years on lavish homes, drugs and bad investments which eventually resulted in getting evicted and living in a storage unit.

22

2002: Jack Whitaker

Won a 314.9 M lottery jackpot but suffered multiple car robberies, hundreds of lawsuits, family tragedies and severe theft that drained his fortune by the time he died in 2020.

23

Is Joy connected to health?

One of the surest hindrances to the recovery of the sick is the centering of attention upon themselves. Many invalids feel that everyone should give them sympathy and help, when what they need is to have their attention turned away from themselves, to think of and care for others. MH p. 256.2

24

Often prayer is solicited for the afflicted, the sorrowful, the discouraged; and this is right. We should pray that God will shed light into the darkened mind and comfort the sorrowful heart. But God answers prayer for those who place themselves in the channel of His blessings. While we offer prayer for these sorrowful ones, we should encourage them to try to help those more needy than themselves.

25

The darkness will be dispelled from their own hearts as they try to help others. As we seek to comfort others with the comfort wherewith we are comforted, the blessing comes back to us. The fifty-eighth chapter of Isaiah is a prescription for maladies of the body and of the soul. If we desire health and the true joy of life we must put into practice the rules given in this scripture. MH 256.2 and 3

26

Psalm 28:7, NKJV

The LORD *is* my strength and my shield; My heart trusted in Him, and I am helped; Therefore my heart greatly rejoices, And with my song I will praise Him.

27

Proverbs 17:22, NKJV

A merry heart does good, *like* medicine, But a broken spirit dries the bones.

28

Deuteronomy 28: 47 – 48, NKJV

47 "Because you did not serve the LORD your God with joy and gladness of heart, for the abundance of everything,
48 therefore you shall serve your enemies, whom the LORD will send against you, in hunger, in thirst, in nakedness, and in need of everything; and He will put a yoke of iron on your neck until He has destroyed you.

29

John 15: 10 – 11, NKJV

10 If you keep My commandments, you will abide in My love, just as I have kept My Father's commandments and abide in His love.
11 "These things I have spoken to you, that My joy may remain in you, and *that* your joy may be full.

30

Want more joy in your life?

Pray More!

Psalm 16:11, John 16:24,

Philippians 4: 6 – 7

31

Want more joy in your life?

Give Thanks More!

Psalm 100:4, Psalm 118:24,
Philippians 4: 4 – 7,

1 Thessalonians 5: 16 – 18

32

Want more joy in your life?

Encourage More!

Ephesians 4:29, Hebrews 3:13, Hebrews 10: 24 – 25,

1 Thessalonians 5:11

33

Want more joy in your life?

Give Praise to God more!

Psalm 43:4, 98:4, 100: 1 – 2,

149:2, Isaiah 61:3

34

Want more joy in your life?

Laugh more!

Job 8:21, Psalm 2:4, Proverbs 17:22, Ecclesiastes 3:4

35

"If we would give more expression to our faith, rejoice more in the blessings that we know we have the great mercy and love of God, we should have more faith and greater joy. No tongue can express, no finite mind can conceive the blessing that results from appreciating the goodness and love of God. Even on earth we may have joy as a wellspring, never failing, because we are fed by the streams that flow from the throne of God." **MH 252-253**

36

- **Exodus 15: 20 – 21**
- **2 Samuel 6:14**
- **Jeremiah 31:13**
- **Job 38:7**
- **Psalm 95: 1 – 2**
- **Psalm 98:4**
- **Zephaniah 3:17**

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