

Practical Prayer

Lesson 7 – May 9-15, 2026

Texts are from the KJV unless otherwise noted.

Memory Text: **“Trust in Him at all times, you people; pour out your heart before Him; God is a refuge for us”** (Psalm 62:8, NKJV).

Sunday Elijah, Praying in Crisis

1 Kings 16:33 And Ahab made the Asherah; and Ahab did yet more to provoke Jehovah, the God of Israel, to anger than all the kings of Israel that were before him.

1 Kings 19:1–18 1And Ahab told Jezebel all that Elijah had done, and withal how he had slain all the prophets with the sword. 2Then Jezebel sent a messenger unto Elijah, saying, So let the gods do to me, and more also, if I make not thy life as the life of one of them by to-morrow about this time. 3And when he saw that, he arose, and went for his life, and came to Beer-sheba, which belongeth to Judah, and left his servant there. 4But he himself went a day’s journey into the wilderness, and came and sat down under a juniper-tree: and he requested for himself that he might die, and said, It is enough; now, O Jehovah, take away my life; for I am not better than my fathers. 5And he lay down and slept under a juniper-tree; and, behold, an angel touched him, and said unto him, Arise and eat. 6And he looked, and, behold, there was at his head a cake baken on the coals, and a cruse of water. And he did eat and drink, and laid him down again. 7And the angel of Jehovah came again the second time, and touched him, and said, Arise and eat, because the journey is too great for thee. 8And he arose, and did eat and drink, and went in the strength of that food forty days and forty nights unto Horeb the mount of God.

9And he came thither unto a cave, and lodged there; and, behold, the word of Jehovah came to him, and he said unto him, What doest thou here, Elijah? 10And he said, I have been very jealous for Jehovah, the God of hosts; for the children of Israel have forsaken thy covenant, thrown down thine altars, and slain thy prophets with the sword: and I, even I only, am left; and they seek my life, to take it away. 11And he said, Go forth, and stand upon the mount before Jehovah. And, behold, Jehovah passed by, and a great and strong wind rent the mountains, and brake in pieces the rocks before Jehovah; but Jehovah was not in the wind: and after the wind an earthquake; but Jehovah was not in the earthquake: 12and after the earthquake a fire; but Jehovah was not in the fire: and after the fire a still small voice. 13And it was so, when Elijah heard it, that he wrapped his face in his mantle, and went out, and stood in the entrance of the cave. And, behold, there came a voice unto him, and said, What doest thou here, Elijah? 14And he said, I have been very jealous for Jehovah, the God of hosts; for the children of Israel have forsaken thy covenant, thrown down thine altars, and slain thy prophets with the sword; and I, even I only, am left; and they seek my life, to take it away.

15And Jehovah said unto him, Go, return on thy way to the wilderness of Damascus: and when thou comest, thou shalt anoint Hazael to be king over Syria; 16and Jehu the son of Nimshi shalt thou anoint to be king over Israel; and Elisha the son of Shaphat of Abel-meholah shalt thou anoint to be prophet in thy room. 17And it shall come to pass, that him that escapeth from the sword of Hazael shall Jehu slay; and him that escapeth from the sword of Jehu shall Elisha slay. 18Yet will I leave me seven thousand in Israel, all the knees which have not bowed unto Baal, and every mouth which hath not kissed him.

Isa 55:8–9 8For my thoughts are not your thoughts, neither are your ways my ways, saith Jehovah. 9For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts.

Monday When Prayers Seem Unanswered

Matt 7:7 Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you:

1 John 5:14 And this is the boldness which we have toward him, that, if we ask anything according to his will, he heareth us:

1 Sam 1:10–17 10And she was in bitterness of soul, and prayed unto Jehovah, and wept sore.

11And she vowed a vow, and said, O Jehovah of hosts, if thou wilt indeed look on the affliction of thy handmaid, and remember me, and not forget thy handmaid, but wilt give unto thy handmaid a man-child, then I will give him unto Jehovah all the days of his life, and there shall no razor come upon his head.

12And it came to pass, as she continued praying before Jehovah, that Eli marked her mouth. 13Now Hannah, she spake in her heart; only her lips moved, but her voice was not heard: therefore Eli thought she had been drunken. 14And Eli said unto her, How long wilt thou be drunken? put away thy wine from thee. 15And Hannah answered and said, No, my lord, I am a woman of a sorrowful spirit: I have drunk neither wine nor strong drink, but I poured out my soul before Jehovah. 16Count not thy handmaid for a wicked woman; for out of the abundance of my complaint and my provocation have I spoken hitherto. 17Then Eli answered and said, Go in peace; and the God of Israel grant thy petition that thou hast asked of him.

Psalms 62:8 Trust in him at all times, ye people; Pour out your heart before him: God is a refuge for us.

Matt 6:10 Thy kingdom come. Thy will be done, as in heaven, so on earth.

1 John 5:14–15 14And this is the boldness which we have toward him, that, if we ask anything according to his will, he heareth us: 15and if we know that he heareth us whatsoever we ask, we know that we have the petitions which we have asked of him.

Prov 16:2 All the ways of a man are clean in his own eyes; But Jehovah weigheth the spirits.

James 4:3 Ye ask, and receive not, because ye ask amiss, that ye may spend it in your pleasures.

Ps 66:18 If I regard iniquity in my heart, The Lord will not hear:

1 Pet 3:12 For the eyes of the Lord are upon the righteous, And his ears unto their supplication: But the face of the Lord is upon them that do evil.

Prov 15:29 Jehovah is far from the wicked; But he heareth the prayer of the righteous.

John 15:7 If ye abide in me, and my words abide in you, ask whatsoever ye will, and it shall be done unto you.

Heb 11:6 and without faith it is impossible to be well-pleasing unto him; for he that cometh to God must believe that he is, and that he is a rewarder of them that seek after him.

James 1:6 But let him ask in faith, nothing doubting: for he that doubteth is like the surge of the sea driven by the wind and tossed.

Mark 11:24 Therefore I say unto you, All things whatsoever ye pray and ask for, believe that ye receive them, and ye shall have them.

Matt 21:22 And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.

James 4:6 But he giveth more grace. Wherefore the scripture saith, God resisteth the proud, but giveth grace to the humble.

1 Pet 5:6 Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time;

1 Thess 5:17–18 17pray without ceasing; 18in everything give thanks: for this is the will of God in Christ Jesus to you-ward.

Mark 11:25–26 25And whensoever ye stand praying, forgive, if ye have aught against any one; that your Father also who is in heaven may forgive you your trespasses. 26But if ye do not forgive, neither will your Father which is in heaven forgive your trespasses.

Rom 8:28 And we know that to them that love God all things work together for good, even to them that are called according to his purpose.

Eph 3:20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,

Jer 29:11–13 11For I know the thoughts that I think toward you, saith Jehovah, thoughts of peace, and not of evil, to give you hope in your latter end. 12And ye shall call upon me, and ye shall go and pray unto me, and I will hearken unto you. 13And ye shall seek me, and find me, when ye shall search for me with all your heart.

2 Cor 12:9 And he hath said unto me, My grace is sufficient for thee: for my power is made perfect in weakness. Most gladly therefore will I rather glory in my weaknesses, that the power of Christ may rest upon me.

Tuesday Jesus, Teach Us How to Pray

Matthew 6:5–15 5 And when ye pray, ye shall not be as the hypocrites: for they love to stand and pray in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have received their reward. 6But thou, when thou prayest, enter into thine inner chamber, and having shut thy door, pray to thy Father who is in secret, and thy Father who seeth in secret shall recompense thee. 7And in praying use not vain repetitions, as the Gentiles do: for they think that they shall be heard for their much speaking. 8Be not therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him. 9After this manner therefore pray ye: Our Father who art in heaven, Hallowed be thy name. 10Thy kingdom come. Thy will be done, as in heaven, so on earth. 11Give us this day our daily bread. 12And forgive us our debts, as we also have forgiven our debtors. 13And bring us not into temptation, but deliver us from the evil one. 14For if ye forgive men their trespasses, your heavenly Father will also forgive you. 15But if ye forgive not men their trespasses, neither will your Father forgive your trespasses.

Luke 5:16 But he withdrew himself in the deserts, and prayed.

Luke 6:12 And it came to pass in these days, that he went out into the mountain to pray; and he continued all night in prayer to God.

Luke 9:18 And it came to pass, as he was praying apart, the disciples were with him: and he asked them, saying, Who do the multitudes say that I am?

Luke 22:41 And he was parted from them about a stone's cast; and he kneeled down and prayed,

Luke 24:30 And it came to pass, when he had sat down with them to meat, he took the bread and blessed; and breaking it he gave to them.

Mark 1:35 And in the morning, a great while before day, he rose up and went out, and departed into a desert place, and there prayed.

Mark 6:46 And after he had taken leave of them, he departed into the mountain to pray.

Luke 11:1 And it came to pass, as he was praying in a certain place, that when he ceased, one of his disciples said unto him, Lord, teach us to pray, even as John also taught his disciples.

Luke 11:2–4 2And he said unto them, When ye pray, say, Father, Hallowed be thy name. Thy kingdom come. 3Give us day by day our daily bread. 4And forgive us our sins; for we ourselves also forgive every one that is indebted to us. And bring us not into temptation.

1 Chron 29:11 Thine, O Jehovah, is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heavens and in the earth is thine; thine is the kingdom, O Jehovah, and thou art exalted as head above all.

Wednesday Praise, Confession, Requests, Thanksgiving

Matthew 6:5–15 5And when ye pray, ye shall not be as the hypocrites: for they love to stand and pray in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have received their reward. 6But thou, when thou prayest, enter into thine inner chamber, and having shut thy door, pray to thy Father who is in secret, and thy Father who seeth in secret shall recompense thee. 7And in praying use not vain repetitions, as the Gentiles do: for they think that they shall be heard for their much speaking. 8Be not therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him. 9After this manner therefore pray ye: Our Father who art in heaven, Hallowed be thy name. 10Thy kingdom come. Thy will be done, as in heaven, so on earth. 11Give us this day our daily bread. 12And forgive us our debts, as we also have forgiven our debtors. 13And bring us not into temptation, but deliver us from the evil one. 14For if ye forgive men their trespasses, your heavenly Father will also forgive you. 15But if ye forgive not men their trespasses, neither will your Father forgive your trespasses.

Daniel 9:4–19 4And I prayed unto Jehovah my God, and made confession, and said, Oh, Lord, the great and dreadful God, who keepeth covenant and lovingkindness with them that love him and keep his commandments, 5we have sinned, and have dealt perversely, and have done wickedly, and have rebelled, even turning aside from thy precepts and from thine ordinances; 6neither have we hearkened unto thy servants the prophets, that spake in thy name to our kings, our princes, and our fathers, and to all the people of the land. 7O Lord, righteousness belongeth unto thee, but unto us confusion of face, as at this day; to the men of Judah, and to the inhabitants of Jerusalem, and unto all Israel, that are near, and that are far off, through all the countries whither thou hast driven them, because of their trespass that they have trespassed against thee. 8O Lord, to us belongeth confusion of face, to our kings, to our princes, and to our fathers, because we have sinned against thee. 9To the Lord our God belong mercies and forgiveness; for we have rebelled against him; 10neither have we obeyed the voice of Jehovah our God, to walk in his laws, which he set before us by his servants the prophets. 11Yea, all Israel have transgressed thy law, even turning aside, that they should not obey thy voice: therefore hath the curse been poured out upon us, and the oath that is written in the law of Moses the servant of God; for we have sinned against him. 12And he hath confirmed his words, which he spake against us, and against our judges that judged us, by bringing upon us a great evil; for under the whole heaven hath not been done as hath been done upon Jerusalem. 13As it is written in the law of Moses, all this evil is come upon us: yet have we not entreated the favor of Jehovah our God, that we should turn from our iniquities, and have discernment in thy truth. 14Therefore hath Jehovah watched over the evil, and brought it upon us; for Jehovah our God is righteous in all his works which he doeth, and we have not obeyed his voice. 15And now, O Lord our God, that hast brought thy people forth out of the land of Egypt with a mighty hand, and hast gotten thee renown, as at this day; we have sinned, we have done wickedly. 16O Lord, according to all thy righteousness, let thine anger and thy wrath, I pray thee, be turned away from thy city Jerusalem, thy holy mountain; because for our sins, and for the iniquities of our fathers, Jerusalem and thy people are become a reproach to all that are round about us. 17Now therefore, O our God, hearken unto the prayer of thy servant, and to his supplications, and cause thy face to shine upon thy sanctuary that is desolate, for the Lord's sake. 18O my God, incline thine ear, and hear; open thine eyes, and behold our desolations, and the city which is called by thy name: for we do not present our supplications before thee for our righteousnesses, but for thy great mercies' sake. 19O Lord, hear; O Lord, forgive; O Lord, hearken and do; defer not, for thine own sake, O my God, because thy city and thy people are called by thy name.

James 5:16 Confess therefore your sins one to another, and pray one for another, that ye may be healed. The supplication of a righteous man availeth much in its working.

Philippians 4:6 In nothing be anxious; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God.

Thursday Other Questions About Prayer

Rom 8:26–27 26And in like manner the Spirit also helpeth our infirmity: for we know not how to pray as we ought; but the Spirit himself maketh intercession for us with groanings which cannot be uttered; 27and he that searcheth the hearts knoweth what is the mind of the Spirit, because he maketh intercession for the saints according to the will of God.

Matthew 5:6 Blessed are they that hunger and thirst after righteousness: for they shall be filled.

Isaiah 44:3 For I will pour water upon him that is thirsty, and streams upon the dry ground; I will pour my Spirit upon thy seed, and my blessing upon thine offspring:

Hebrews 11:6 and without faith it is impossible to be well-pleasing unto him; for he that cometh to God must believe that he is, and that he is a rewarder of them that seek after him.

Mark 11:24 Therefore I say unto you, All things whatsoever ye pray and ask for, believe that ye receive them, and ye shall have them.

Matt 6:6 But thou, when thou prayest, enter into thine inner chamber, and having shut thy door, pray to thy Father who is in secret, and thy Father who seeth in secret shall recompense thee.

Acts 12:12 And when he had considered the thing, he came to the house of Mary the mother of John whose surname was Mark; where many were gathered together and were praying.

Matt 18:20 For where two or three are gathered together in my name, there am I in the midst of them.

James 5:13–16 13Is any among you suffering? let him pray. Is any cheerful? let him sing praise. 14Is any among you sick? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: 15and the prayer of faith shall save him that is sick, and the Lord shall raise him up; and if he have committed sins, it shall be forgiven him. 16Confess therefore your sins one to another, and pray one for another, that ye may be healed. The supplication of a righteous man availeth much in its working.

Friday Further Thought

Ezra 10:1 Now while Ezra prayed and made confession, weeping and casting himself down before the house of God, there was gathered together unto him out of Israel a very great assembly of men and women and children; for the people wept very sore.

2 Kings 13:4 And Jehoahaz besought Jehovah, and Jehovah hearkened unto him; for he saw the oppression of Israel, how that the king of Syria oppressed them.

Jon 4:2–3 2And he prayed unto Jehovah, and said, I pray thee, O Jehovah, was not this my saying, when I was yet in my country? Therefore I hasted to flee unto Tarshish; for I knew that thou art a gracious God, and merciful, slow to anger, and abundant in lovingkindness, and repentest thee of the evil. 3Therefore now, O Jehovah, take, I beseech thee, my life from me; for it is better for me to die than to live.

Hab 3:1 A prayer of Habakkuk the prophet, set to Shigionoth.

2 Kings 19:14–19 14And Hezekiah received the letter from the hand of the messengers, and read it; and Hezekiah went up unto the house of Jehovah, and spread it before Jehovah. 15And Hezekiah prayed before Jehovah, and said, O Jehovah, the God of Israel, that sittest above the cherubim, thou art the God, even thou alone, of all the kingdoms of the earth; thou hast made heaven and earth. 16Incline thine ear, O Jehovah, and hear; open thine eyes, O Jehovah, and see; and hear the words of Sennacherib, wherewith he hath sent him to defy the living God. 17Of a truth, Jehovah, the kings of Assyria have laid waste the nations and their lands, 18and have cast their gods into the fire; for they were no gods, but the work of men's hands, wood and stone; therefore they have destroyed them. 19Now therefore, O Jehovah our God, save thou us, I beseech thee, out of his hand, that all the kingdoms of the earth may know that thou Jehovah art God alone.

Jer 32:16–25 16Now after I had delivered the deed of the purchase unto Baruch the son of Neriah, I prayed unto Jehovah, saying, 17Ah Lord Jehovah! behold, thou hast made the heavens and the earth by thy great power and by thine outstretched arm; there is nothing too hard for thee, 18who showest lovingkindness unto thousands, and recompensest the iniquity of the fathers into the bosom of their children after them; the great, the mighty God, Jehovah of hosts is his name; 19great in counsel, and mighty in work; whose eyes are open upon all the ways of the sons of men, to give every one according to his ways, and according to the fruit of his doings; 20who didst set signs and wonders in the land of Egypt, even unto this day, both in Israel and among other men; and madest thee a name, as at this day; 21and didst bring forth thy people Israel out of the land of Egypt with signs, and with wonders, and with a strong hand, and with an outstretched arm, and with great terror; 22and gavest them this land, which thou didst swear to their fathers to give them, a land flowing with milk and honey; 23and they came in, and possessed it; but they obeyed not thy voice, neither walked in thy law; they have done nothing of all that thou commandedst them to do: therefore thou hast caused all this evil to come upon them. 24Behold, the mounds, they are come unto the city to take it; and the city is given into the hand of the Chaldeans that fight against it, because of the sword, and of the famine, and of the pestilence; and what thou hast spoken is come to pass; and, behold, thou seest it. 25And thou hast said unto me, O Lord Jehovah, Buy thee the field for money, and call witnesses; whereas the city is given into the hand of the Chaldeans.

Neh 1:4–11 4And it came to pass, when I heard these words, that I sat down and wept, and mourned certain days; and I fasted and prayed before the God of heaven, 5and said, I beseech thee, O Jehovah, the God of heaven, the great and terrible God, that keepeth covenant and lovingkindness with them that love him and keep his commandments: 6let thine ear now be attentive, and thine eyes open, that thou mayest hearken unto the prayer of thy servant, which I pray before thee at this time, day and night, for the children of Israel thy servants, while I confess the sins of the children of Israel, which we have sinned against thee. Yea, I and my father's house have sinned: 7we have dealt very corruptly against thee, and have not kept the commandments, nor the statutes, nor the ordinances, which thou commandedst thy servant Moses. 8Remember, I beseech thee, the word that thou commandedst thy servant Moses, saying, If ye trespass, I will scatter you abroad among the peoples: 9but if ye return unto me, and keep my commandments and do them, though your outcasts were in the uttermost part of the heavens, yet will I gather them from thence, and will bring them unto the place that I have chosen, to cause my name to dwell there. 10Now these are thy servants and thy people, whom thou hast redeemed by thy great power, and by thy strong hand. 11O Lord, I beseech thee, let now thine ear be attentive to the prayer of thy servant, and to the prayer of thy servants, who delight to fear thy name; and prosper, I pray thee, thy servant this day, and grant him mercy in the sight of this man.

Now I was cupbearer to the king.

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