

P R A Y

P.R.A.Y.
Power
Points



A Way to Practice Four Core Aspects of Prayer

"Prayer is the breath of the soul." ~E.G. White

P

PRAISE

Who God Is

Let your heart beat with joyful praise to a God who loves us 'so much' ... that He gave ... 'so much' ... that He can save 'so much' more.

R

REPENT

Let God Reclaim Control

Giving God all sins, gives Him the right to reclaim control over our lives:

Personally:

Like David in Psalm 51

Corporately:

Like Daniel in Daniel 9

A

ASK

For What God Wants to Give

Guaranteed Receiving is asking for what God wants and has promised to give. The Holy Spirit is the most important promised gift God wants to give us. If we ask ready to receive, we are guaranteed this power.

Y

YIELD

Joyfully Surrendered
Ready, Give God Glory

"Your will be done ..."

"But if not ..."

This praying is letting God have your life with a readiness to be used.

PRAISE

Start with praising God for Who He Is. (His Attributes adjust our Attitudes.)

Suggestion: Focus on God's Character: Love, Mercy, Gracious, Holiness, Faithfulness, Longsuffering ...

Sing a song or read the lyrics of a hymn aloud.

Complete the Sentence: "We Praise You for You are _____."

"My/our soul rejoices in You because of Your _____."

"Thank You for Your _____."

Cross Focus: (Complete the Sentence) "Thank You for the Cross that _____."

REPENT

Personal and Corporate

Invite God to search your heart(s). Confess sin, surrender pride, and let Him take back full control.

Suggestion: Use words from David (Ps. 51 – personal) and Daniel (Dan 9 – corporate).

Complete the Sentence: "Lord, please forgive me/us for _____."

"Lord, please reclaim control over my/our _____."

"Lord, please have mercy on me/us for dishonoring your name/church by _____."

Cross Focus: (Complete the Sentence) "When I look at the cross please remove my/our _____."

ASK

Ask for what God really wants to give us: wisdom, the Holy Spirit, boldness, angels to guide and protect us, and what will Give Him Glory.

Vine-praying: You are just a branch. What does the vine want?

Complete the Sentence: Father, please send me/us _____ that You promised."

"Lord I/we really need Your _____."

"Lord, please fill me/us with _____."

"Lord, for Your name/church/people, please _____"

Cross Focus: (Complete the Sentence) "When I look at the cross please restore Your _____"

YIELD

Finish in surrender. Trust God's will, accept His leading, and make yourself available for Him to use.

Suggestion: "But-if-not praying." Not my/our will but Yours be done! (Daniel 3:18; Luke 22:42).

Complete the Sentence: "Lord, I/we lay down my/our _____ to follow You."

"Lord, please take over my/our _____ that I/we yield to you today."

"Today I/we give you my/our _____."

(Complete the Sentence below:)

Cross Focus: "Lord, as You yielded Your _____ at the cross, so I/we yield my/our _____ today."

Look up in Praise, **Clean up** in Repentance, **Reach up** for God's Gifts, **Give up** to God's Will.

How to **P.R.A.Y.** Relationally

Faith Journey: You can never be a Friend of God if you have never been His Servant.

Servant: God as Master — When you Don't Understand what God is doing just become a Servant.

Child: God as Father — When you have Fuller Understanding let God make you His Friend.

Friend: God as Friend — When you have a Little Understanding trust God like a Child.

Friendship: knows God's Servant Heart!

P.R.A.Y.
Discussion
Guide



Scripture
References
Resource



Spirit of
Prophecy
Prayer
Quotes



Cross of Christ
10-Day
Discussion
Guide



JOSEPH

Servant

How does a Servant **P.R.A.Y.**

- › Asks with great respect
- › No Demand - Waits for the Master
- › No Grumbling or Complaining
- › Obedient no matter what ...
- › Totally Dependent on Master
- › Ready to Obey Anytime
- › Immediately Responsive

Psalm 123:2

Behold, as the eyes of servants look to the hand of their masters, as the eyes of a maid to the hand of her mistress, so our eyes look to the LORD our God, until He has mercy on us.

APPLICATION

Like: Joseph (slave), Job (devastations), & Daniel (exile): when uncontrolled situations overwhelm you, just become a Servant: "the Lord gave and the Lord has taken: Blessed be His name."

Train the Soul: As a Servant, it's not about how you feel, but what the Master wants that matters: No grumbling or complaining. (James 1)

Praise: Who God Is: He Never Changes, not in the storm or disaster! Train the soul to Praise God when everything falls apart.

Repent: Let God reclaim control of your feelings and actions when tempted to be reactionary or grumpy.

Ask: Focus on What the Master wants. It's not about what you want: ask ONLY what He wants in your pain.

Yield: Let God hold you in His un-scratchable nail-pierced Hands.

Servant: "Tell Me *Master*"

DAVID

Child

How does a Child **P.R.A.Y.**

- › Trusts the Father's Heart
- › Honor the Father & Family
- › Run to the Father in Hurt
- › Jump into the Father's Arms
- › Love and Embrace the Father
- › Let the Father Discipline
- › Listen to & Obeys the Father

1 John 3:1-3

Behold what manner of love the Father has bestowed on us, that we should be called children of God! ... we shall be like Him, for we shall see Him as He is.

APPLICATION

Like: David: Let the Lord rebuke you, correct you and restore you to His family: Know & trust the Father's Heart for you.

Become Like Him: The Father corrects His children to become like Him: receive and reveal Him. (Heb. 12)

Praise: The Father for His loving rebuke and correction. For His Fatherly care that shapes our characters.

Repent: Personal & Corporate: Fatherly Mercy Reclaiming Control. Repentance, a godly sorrow, is letting the Holy Spirit reclaim control to empower all.

Ask for: 1. Mercy; 2. Cleansing; 3. Right Spirit; 4. Holy Spirit. Let the Father heal broken & contrite hearts (Ps. 51).

Yield: "I surrender ALL" to the Hand of the Father who gives the baptism of refining fire. Ready to "Teach sinners Your ways" (Psalm 51).

Child: "Train Me *Father*"

ABRAHAM

Friend

How does a Friend **P.R.A.Y.**

- › Hears a Friend's Heart
- › Shares a Friend's Heart
- › Listens to a Friend's Joy/Sorrow
- › Wants to be with a Friend
- › A Friend can call Anytime
- › Willing to Help a Friend Anytime
- › Have a Complete Bonded Trust

James 2:23

And the Scripture was fulfilled which says, "Abraham believed God, and it was accounted to him for righteousness." And he was called the friend of God.

APPLICATION

Like: Abraham - God's Friend: ready to hear God's heart like a friend.

Walking with God: Just like a Friend would: 2-way talking.

Praise: God for His Salvation: Like seeing Jesus, experienced by Abraham through sacrificing his son.

Repent: Letting God Reclaim Control over everything through His own Sacrifice: Jesus takes your place.

Ask: Like a Friend, especially knowing what we need: Holy Spirit Presence and Power, Prophetic discernment & wisdom living: To be like Jesus only.

Yield: To the Cross of Jesus: Experiencing the awe & wonder of His Cross-Saving Power, like a brand plucked from the fire.

Friend: "Transform Me *Friend*"