"Roll that Stone Away"

Scripture: John 11:38-44

Recap of Sermon on November 7, 2026

Pastor Darlene Thomas used the story of Lazarus to emphasize the importance of removing the barriers that stand in the way of your breakthrough. Before Jesus called Lazarus out of the grave, He first commanded those standing nearby to roll the stone away. Before you can come forth, some stones must be rolled away.

Pastor Thomas highlighted three important points:

1. Identify the Stone. Recognize the things blocking your spiritual growth and breakthrough. These stones may include discouragement, past mistakes, guilt, pride, fear, or unresolved pain. Sometimes you struggle to move forward because you refuse to acknowledge what is holding you back. God is ready to help, but you must be willing to move what is blocking the door.

2. Shift Your Focus from the Stench to the Promise. When Jesus instructed them to move the stone, Martha reminded Him that Lazarus had been dead for four days and there would be an unpleasant odor. Martha focused on the reality of the situation rather than the power of Jesus. Stop focusing on the stench of your problem and start focusing on the power of your God. Your situation may look impossible, but nothing is too difficult for God. Acknowledge the facts, while keeping your faith anchored in His Word.

3. Shake Off the Grave Clothes. When Jesus called Lazarus forth, he came out alive, but he was still wrapped in burial clothes. Shake off the labels society gives you that can keep you bound. You can be delivered from a situation yet remain bound by fear, selfishness, shame, and an "I can't" mentality. God does not call you out of darkness for you to continue living as though you are still in bondage. Embrace the new life He has given you.

Pastor Thomas concluded by emphasizing that resurrection must be followed by the command, "Loose him and let him go." Resurrection is the first step; freedom must follow. Jesus called Lazarus out, but He instructed those around him to remove the grave clothes. We are not called to be spectators, but participants in God's work..

Call to Action: Jesus has called you forth by name; walk unbound in the freedom and newness of life He has given you.

ALL NATIONS FELLOWSHIP SDA CHURCH

Order of Service

November 14, 2026 11:15AM



Opening Song ---------- ANF Praise Team

Welcome / Opening Prayer ----------Elder Ron Tunis

Song of Praise ----------ANF Praise Team

Announcements/Health Nugget ---Elder Michael Campbell

Pave The Way Campaign ----------Elder Michael Campbell

Tithes & Offering ---------- Video

Intercessory Prayer ----------Shawn Barnes-Clayton

Special Music----|----------Video

Sermon----------Pastor Josie Frampton

"The Faith Phenomenon"
2 Corinthians 4:16-18

Benediction ----------Pastor Josie Frampton

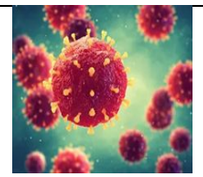
ANNOUNCEMENTS

- **Bible Study this afternoon with Elder Courtenay Osborne**
- **Please** remember to support the renovation of LRC schools on your tithe envelope.
- Join the **ANF Pave The Way Campaign**, a special fundraising initiative dedicated to improving and paving our church parking lot. **Scan the QR Code** and help us prepare the way for continued ministry, fellowship and service.

- **The ANF Annual Christmas concert** is coming soon! Come and celebrate the birth of Jesus Christ in song Saturday evening, Dec. 19th, at 5 pm! See you then!
- **The Perspectives team** is seeking volunteers for 2026 Christmas Play. If interested, please reach out to Jackie A, Ricky, Ron H, or Michael C for details.
- **Have an announcement?** Please send email to elders@anfsdac.org before 5PM on Wednesday.

REQUESTS FOR PRAYER & HEALING

Please pray for Allison, her children, and her family as she mourns the loss of her dear sister and nephew. Pray for the Campbell family as they mourn the loss of their dear nephew Bob. Harris Family, Demia Doggette, William/Corvina Coleman, Caleb Bays, Dolly Robinson, Angela (Ron Tunis' daughter), Michael Wright, Gabby Smith, Sade Carpenter (Osborne's niece), Sophie Reyes (co-worker of Diane Wright), Jerome Atkins, Deb/Joyce Agard, Henrietta Collins, Maria/Michael Hartung, Shirley Matthews Akins, Nicole Pratts, Winston Family, Debbie Jones, Lacey Family, Fanchon Lewis, Nirayl Israel, Morawshaw Israel, Nancy Mandra (husband passed), Will Carter & David S. Phelps house. Vanessa and her family (Visitor from the Mystery Dinner), Jason Frazier (Ava's classmate). Pray for our church, our pastor, ministry leaders, families, children, marriages, seniors, the lonely, the broken hearted, the bereaved, our health and our finances. Pray for government and elected officials.



Herbal Weapons and Supplements Against Viral Infections

As we approach the end of the year and the colder months ahead, there are certain steps we can take to prevent or help diminish the severity and duration of viral infections. Here are some recommendations.

Herbal Weapons

1. **Ginger**: It removes congestion, relieves headaches, soothes sore throat, and decreases inflammation.
2. **Cayenne:** It stimulates and warms the body and helps reduce fever.
3. **Goldenseal:** It destroys germs, and it is a strong herbal antibiotic.
4. **Licorice:** It removes excess fluid from the lungs, relieves coughing, sore throat, and helps supply energy.
5. **Cat's Claw:** Strengthens the immune system and inhibits viral replication, reduces viral load by 90%, and it significantly reduces cell damage.

Other Helpful Supplements and Foods

1. **Vitamin A**: Good for the health of the lining of the throat and nose.
2. **Vitamin C:** Strengthens the immune system and fights infections.
3. **Vitamin D:** Plays a significant role in immune function. It is an immunomodulator, meaning it is involved in the function of various immune cells, including T cells and macrophages. It helps prevent the harmful *cytokine storm*, an excessive immune response that can cause severe inflammation and multi-organ damage. Vitamin D helps strengthen the respiratory tract lining, thus reducing viral penetration.
4. **Zinc:** Inhibits viral replication and prevents the virus from binding to human cells. Zinc is also known to have anti-inflammatory and antioxidant properties, which help counteract the cytokine storm and oxidative stress associated with severe COVID-19.
5. **Water, herbal teas, and homemade juices**: Cleanses the body of toxins, and provides energy and strength.
6. **Foods**: Citrus fruits, bell peppers, legumes, raw nuts and seeds.

"I will restore you to health and heal your wounds," declares the Lord." ***Jeremiah 30:17***

ALL NATIONS FELLOWSHIP SDA CHURCH

Our Mission

Building a healthy, strong and growing community of believers in Christ who work together to prayerfully, strategically and intentionally advance the kingdom of God by sharing the gospel of Jesus Christ. **Matt 24:14; John 14:1-6, 27, 28; John 3:16; John 18:36; Rev 11:15; Acts 28:31; Luke 24:13-3**

ANF RECURRING EVENTS

- Sabbath School is at 9:45AM in the ANF sanctuary and via Zoom.
  - **Zoom ID:** 945 6406 8099; **Passcode:** ritBb4
- "Breakthrough Tuesdays" is every Tuesday of the month (except the 2nd Tuesday) at 7:30PM and remotely via Zoom.
  - **Zoom ID:** 960 9135 6728; **Passcode:** 7
- Health Meetup is every 2nd Tuesday at 6:45PM via Zoom.
  - **Zoom ID:** 865 6085 9283; **Passcode:** 3700

ANF LEADERSHIP

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You Are Welcome Here

...to this part of God's family, a community of believers in Christ seeking to live under His Lordship. We are glad that you have joined us here today. We trust that you will receive a tremendous blessing from God as you worship and fellowship with us.

Sabbath School	9:45 AM
Divine Hour	11:15 AM

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