

October is Breast Cancer Awareness Month

This is the month to raise awareness, encourage prevention, promote early detection, and stand in support of those whose lives have been touched by breast cancer.

As Christians, you know that your body is a gift from God. First Corinthians 6:19–20 reminds you that your body is a temple of the Holy Spirit. Therefore, taking care of your health is one way you can honor God and be good stewards of the life He has entrusted to you.

Breast cancer affects millions of families, but there are steps you can take to reduce your risk and improve the chances of finding the disease early.

First, **make preventive health care a priority.** Schedule recommended mammograms and talk with your health care provider about when you should begin screening and how often you need it. Those with a family history, inherited genetic risk, or other risk factors may need earlier or additional screening.

Second, **know your body.** Be aware of changes in your breasts, including a new lump, swelling, skin dimpling, nipple changes, or unusual discharge. Report concerning changes to a health care professional promptly, even if your last mammogram was normal.

Third, **practice healthy habits.** Regular physical activity, maintaining a healthy weight, and avoiding alcohol can help lower breast cancer risk. Remember, however, that no lifestyle choice can guarantee prevention, and breast cancer can affect people who do everything right.

Finally, **let faith move you into action.** Prayer is powerful, but you can demonstrate your faith by seeking medical care, encouraging loved ones to get screened, supporting survivors, and offering compassion to families facing a diagnosis.

Isaiah 41:10 reminds you not to fear, for God is with you. For those battling breast cancer, survivors, caregivers, and families grieving a loss, offer hope, love, practical assistance, and continued prayer.

This October, do more than wear pink. Schedule your screenings, share reliable information, support one another, and encourage early detection.

ALL NATIONS FELLOWSHIP SDA CHURCH

Order of Service
October 24, 2026 11:15AM



Opening Song ----- ANF Praise Team

Welcome / Opening Prayer -----Elder Glen White

Scripture Reading -----Elder Aaron Robinson
John 15:5

Song of Praise -----ANF Praise Team

Health Nugget -----Serena Scott

Pave The Way Campaign ----- Michael Campbell

Tithes & Offering ----- Video

Intercessory Prayer -----Sister Kathy Tunis

Special Music -----Video

Sermon -----Elder Glen White
“Bonded with Jesus:
The Relationship That Matters
Most of All”
Part I

Benediction -----Elder Glen White

ANNOUNCEMENTS

- Please remember to support the renovation of LRC schools on your tithe envelope.
- Join the ANF **Pave The Way Campaign**, a special fundraising initiative dedicated to improving and paving our church parking lot. **Scan the QR Code** and help us prepare the way for continued ministry, fellowship and service.



- The ANF Annual Christmas concert is coming soon! Come and celebrate the birth of Jesus Christ in song Saturday evening, Dec. 19th, at 5 pm! See you then!
- The Perspectives team is seeking volunteers for 2026 Christmas Play. If interested, please reach out to Jackie A, Ricky, Ron H, or Michael C for details.
- **Nov 7 @5pm** Feed My Starving Children-Respond to Michael C in WhatsApp so we can reserve your spot - Aurora location
- New Series Alert! Perspectives starts a 3-part series October 17. Tell a friend and mark your calendar. You don’t want to miss this series.
- Have an announcement? Please send email to elders@anfisdac.org before 5PM on Wednesday.

OCTOBER BIRTHDAYS & ANNIVERSARIES

BIRTHDAYS: Kathy Tunis (10/2), Alex Campbell (10/3), Nicole Pratts (10/11), Ena Collymore (10/16), Alisha Denis (10/18), Demi Pratts (10/23)

REQUESTS FOR PRAYER & HEALING

Please pray for Allison, her children, and her family as she mourns the loss of her dear sister and nephew. William/Corvina Coleman, Caleb Bays, Dolly Robinson, Angela (Ron Tunis’ daughter), Michael Wright, Gabby Smith, Sade Carpenter (Osborne’s niece), Sophie Reyes (co-worker of Diane Wright), Jerome Atkins, Deb/Joyce Agard, Henrietta Collins, Maria/Michael Hartung, Bob (Fuchsia Campbell's nephew), Shirley Matthews Akins, Nicole Pratts, Winston Family, Debbie Jones, Lacey Family, Fanchon Lewis, Nirayl Israel, Morawshaw Israel, Nancy Mandra (husband passed), Will Carter & David S. Phelps house. Baby Lucy (Darlene’s grand daughter), Vanessa and her family (Visitor from the Mystery Dinner), Bereaved families in the church. Pray for government and elected officials.

Green Drinks



Green drinks are chlorophyll rich. The molecular composition of chlorophyll is so close to that of human hemoglobin that these drinks can act as “mini transfusions” for the blood, and tonics for the brain and immune system. They are an excellent source of vitamins, minerals, protein and enzymes. They contain large amounts of vitamins C, B1, B2, B3, pantothenic acid, folic acid, carotene, and choline. They are also high in minerals such as potassium, calcium, magnesium, iron, copper, phosphorus, and manganese. They are full of enzymes for digestion and assimilation, some containing over 1000 of the known enzymes necessary for human cell response and growth. Green drinks also have anti-infective properties, carry off acid waste, neutralize body pH, and are excellent for mucus cleansing. They can also help clear the skin, cleanse the kidneys, and purify and build the blood. Green drinks and vegetable juices are potent fuel in maintaining good health.

Nutrient-Packed Green Juice Recipe

- 4 stalks celery
- 4 green apples
- 1 cucumber
- 6 leaves of kale
- 1/3 bunch of parsley
- 1 one lemon with skin
- 1 inch of fresh ginger

Procedure:

Wash well all the ingredients and process through a juicer. This green juice recipe is great for fueling every cell in your body with essential and assimilable minerals, vitamins, electrolytes, and chlorophyll. Adjust fruit and veggie amounts to suit your personal taste.

As you drink your green juice recipe, take a moment to pause, breathe deeply, and set an intention to turn your liquid nourishment into a spiritual practice of gratitude to God for providing the healing properties found in each ingredient in your green juice, and to foster a deeper connection with the Creator of these healing foods.

ALL NATIONS FELLOWSHIP SDA CHURCH

Our Mission

Building a healthy, strong and growing community of believers in Christ who work together to prayerfully, strategically and intentionally advance the kingdom of God by sharing the gospel of Jesus Christ. **Matt 24:14; John 14:1-6, 27, 28; John 3:16; John 18:36; Rev 11:15; Acts 28:31; Luke 24:13-3**

ANF RECURRING EVENTS

- Sabbath School is at 9:45AM in the ANF sanctuary and via Zoom.
 - **Zoom ID:** 945 6406 8099; **Passcode:** ritBb4
- “Breakthrough Tuesdays” is every Tuesday of the month (except the 2nd Tuesday) at 7:30PM and remotely via Zoom.
 - **Zoom ID:** 960 9135 6728; **Passcode:** 7
- Health Meetup is every 2nd Tuesday at 6:45PM via Zoom.
 - **Zoom ID:** 865 6085 9283; **Passcode:** 3700

ANF LEADERSHIP

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COMMUNICATIONS DIRECTOR

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You Are Welcome Here

...to this part of God’s family, a community of believers in Christ seeking to live under His Lordship. We are glad that you have joined us here today. We trust that you will receive a tremendous blessing from God as you worship and fellowship with us.

Sabbath School	9:45 AM
Divine Hour	11:15 AM

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