

“Origin”

Psalm 139:13-16

Recap of Sermon on August 1, 2026

An excerpt of Psalm 139: 13-16 states,

“For you (God) created my inmost being. You knit me together in my mother’s womb. All the days ordained for me were written in your book before one of them came to be.”

With this bible scripture as a backdrop, Pastor Josie Frampton informed members of the congregation that no one’s birth into this life is an accident or mistake. The sermon was about her powerful testimony of the truthfulness of these scriptures.

Pastor Frampton shared with the congregation that she had no interest in ministry and even felt that women should not be pastors. However, at the prompting of the Holy Spirit, she was led to Andrews University to study Theology. Obedient to the call, she sold everything she had and went to Andrews University. She had secured loans that would pay for the three years of schooling. A few days prior to the start of school, she was informed by the bank that she had no money to attend school. This sent her into a huge meltdown that led to her questioning God’s leading. She was then led to Jeremiah 1:5, “
Before I formed you in the womb I knew you,

before you were born I set you apart.” She was then prompted to contact her mom and ask her mom what happened to her when she was in the womb. For the first time in her life, she learned that her mom, being a single parent with other children, was going to abort the pregnancy until she heard a voice that said, “Do not touch that child because you do not know who you are killing.” God then told Pastor Frampton to “get up from your meltdown and get ready to go to classes to prepare for the ministry.” So she did!

Pastor Frampton was born with a deformity, one leg was bent and positioned under her arm. Her mother was told that the child would never walk. God stepped in and performed a miracle. Without going through the stage of crawling, she walked. She concluded her testimony/sermon by telling of yet another miracle. She completed three years of study at Andrews University without any loans - debt free!

Psalm 139 is a reminder that you are not here by accident. This testimony is one powerful story showing this scripture is not fake news!

Call to Action:

God knew you before you were born, you have a purpose. Embrace the fact that God will never abandon or forget you!

ALL NATIONS FELLOWSHIP SDA CHURCH

Order of Service

August 8, 2026 11:15AM



Opening Song ----- ANF Praise Team

Welcome/Opening Prayer ----- Maria Hartung

Song of Praise ----- ANF Praise Team

Health Nugget ----- Michael Campbell

Tithes & Offering ----- Video

Intercessory Prayer ----- Barry Barnswell

Special Music ----- Michael Hartung

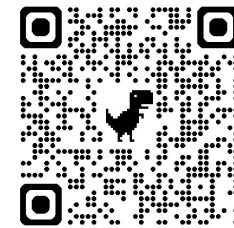
Sermon ----- Pr. Darlene Thomas
“The Cord” Psalms 62:5-8

Benediction ----- Michael White



ANNOUNCEMENTS

- Elder of the month Michael White
- Please refrain from eating/drinking in the sanctuary.
- Please remember to support the renovation of LRC schools on your tithe envelope.
- Perspectives: August 15-1:30p 4th Commandment gallery walk
Perspectives “The Reason for The Season” Series runs Oct-Dec.
- October 24 – ANF Children’s / Youth Day
- August 22 – RightNow Media Launch for ANF Community
- Breakthrough Tuesday August 18, 2026 from 7:30 to 8:30 PM.
The seven "I Am" statements of Jesus! Elder VG will be presenting, "I AM The Good Shepherd” (John 10:11)
- Join the **ANF Pave The Way Campaign**, a special fundraising initiative dedicated to improving and paving our church parking lot. Scan the QR Code and help us prepare the way for continued ministry, fellowship and service.
- Have an announcement? Please send email to elders@anfisdac.org before 5PM on Wednesday.



AUGUST BIRTHDAYS & ANNIVERSARIES

BIRTHDAYS: Calvin Vance (8/9)

ANNIVERSARIES: John and Elder VG Lacey (8/9)

REQUESTS FOR PRAYER & HEALING

William/Corvina Coleman, Caleb Bays, Dolly Robinson, Angela (Ron Tunis’ daughter), Michael Wright, Gabby Smith, Sade Carpenter (Osborne’s niece), Sophie Reyes (co-worker of Diane Wright), Jerome Atkins, Deb/Joyce Agard, Henrietta Collins, Maria/Michael Hartung, Bob (Fuchsia Campbell's nephew), Gloria Toscano, Dana, Spencer (Allison’s children), Shirley Matthews Akins, Nicole Pratts, Winston Family, Debbie Jones, Lacey Family, Fanchon Lewis, Nirayl Israel, Morawshaw Israel, Nancy Mandra (husband passed), Will Carter & David S. Phelps house. Baby Lucy (Darlene’s grand daughter), Vanessa and her family (Visitor from the Mystery Dinner), Bereaved families in the church. Pray for government and elected officials. Please remember to pray for all prayer requests mentioned during our Breakthrough Tuesday worship hour.

Neuroprotective Foods

Neuroprotective foods are foods that protect the brain from damage and degeneration. These neuroprotective foods help prevent the development of degenerative brain diseases such as Parkinson’s, Alzheimer’s, Multiple Sclerosis, Huntington’s disease, and Dementia. These foods also improve intellectual performance and mental stability. They also protect the brain’s neurons against free radicals, and they stop the aging of the brain. Let’s look at some of these neuroprotectors.

1. Garlic

. Yes, garlic. Garlic offers several brain benefits. Garlic supports cognitive function, and it protects against age-related memory loss and neurodegenerative diseases. Aged garlic extract is particularly known for its neuroprotective effects.

2. Blueberries

. These delicious little berries are high in flavonoids which have antioxidants and neuroprotective properties. Blueberries are the fruit that most protect neurons. Blueberries protect the brain and improve mental performance.

3. Sesame seeds.

In addition to providing calcium, iron, and other minerals, sesame is known to be an effective neuroprotective and antioxidant. The seeds and its oil are good for improving blood flow to the brain. Keep your brain healthy by eating plenty of neuroprotective foods, by healthy lifestyle habits such as breathing in fresh air daily, doing deep breathing exercise, going for walks or doing any kind of mild physical activity, drinking enough water, and getting enough rest. “The brain directs all bodily functions.

By taking care of the brain and meeting its needs, the health of the rest of the organs and body parts is promoted.

~ Dr. George Pamplona-Roger

“Now may the Lord of peace himself give you peace at all times and in every way. The Lord be with all of you.” 2 Thessalonians 3:16

ALL NATIONS FELLOWSHIP SDA CHURCH

Our Mission

Building a healthy, strong and growing community of believers in Christ who work together to prayerfully, strategically and intentionally advance the kingdom of God by sharing the gospel of Jesus Christ. **Matt 24:14; John 14:1-6, 27, 28; John 3:16; John 18:36; Rev 11:15; Acts 28:31; Luke 24:13-3**

ANF RECURRING EVENTS

- Sabbath School is at 9:45AM in the ANF sanctuary and via Zoom.
 - **Zoom ID:** 945 6406 8099; **Passcode:** ritBb4
- “Breakthrough Tuesdays” is every Tuesday of the month (except the 2nd Tuesday) at 7:30PM and remotely via Zoom.
 - **Zoom ID:** 960 9135 6728; **Passcode:** 7
- Health Meetup is every 2nd Tuesday at 6:45PM via Zoom.
 - **Zoom ID:** 865 6085 9283; **Passcode:** 3700

ANF LEADERSHIP

PASTOR

Darlene Thomas
(708) 774-3073
dthomas@lrcsda.com

YOUTH LEADER

Serena Scott
(312) 391-3332
sererobin@gmail.com

HEAD ELDER

Michael Campbell
elders@anfsdac.org

CHURCH CLERK

Ena Collymore
clerk@anfsdac.org

PRAYER COORDINATOR

Henrietta Collins
(630) 682-9322
hcollins845@att.net

SABBATH SCHOOL LEADER

Ronald Tunis
(630) 334-3443
ron.tunis@yahoo.com

COMMUNICATIONS DIRECTOR

Sheila White, Ph.D.
communication@anfsdac.org



You Are Welcome Here

...to this part of God’s family, a community of believers in Christ seeking to live under His Lordship. We are glad that you have joined us here today. We trust that you will receive a tremendous blessing from God as you worship and fellowship with us.

Sabbath School	9:45 AM
Divine Hour	11:15 AM

All Nations Fellowship SDA Church
3700 Fairview Avenue, Downers Grove, IL 60515
630-964-4625
www.anfsdac.org
facebook.com/anfsdac