



Central Hills Seventh-day Adventist Church

HARK THE HERALD NEWSLETTER!

Volume 4, No. 10, October 10, 2026



The Gift of the Easy Yoke

As the leaves turn and the rhythm of school, work, and church life kicks into high gear, it is easy to feel like we are carrying a heavy load. We pile on committees, schedules, and endless to-do lists, sometimes confusing 'being busy for God' with 'walking with God.' When Jesus says, "My yoke is easy and my burden is light," He isn't promising a life with zero effort or responsibility. Instead, He is inviting us into a partnership. A yoke is a wooden beam that joins two working animals together so they pull a load side-by-side. When we put on Christ's yoke, He does the heavy lifting. We aren't dragging our ministries, our families, or our worries alone through the autumn rush; we are walking in step with Him. This October, as you look at your calendar, ask yourself: Am I trying to carry this season in my own strength, or am I letting Jesus share the weight?



28 Come to me, all who labor and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For my yoke is easy, and my burden is light.

- Matthew 11:28-30

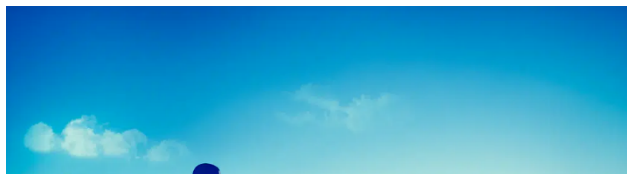
Building Update

As you look around, you can see we are getting closer to a finished sanctuary. We have windows and doors in the back of the sanctuary.

The walls are almost completed. We just have a few more places that drywall needs to go up.

Praise God for all that he has done for us, and that he continues to do for us.

Join the Rosebud Community Walking Club



Walk together, stay motivated, and thrive together. Every step counts.

When: October 11 – November 18

Sundays at 9:00 AM and Wednesdays at 5:30 PM

Where: Central Hills SDA Church

Pace: Casual and friendly

Kroger Rewards Card

To Use the Kroger Community Rewards Program: Visit

<https://www.kroger.com/i/community/community-rewards>. Once logged into your Kroger account you can search for Central Hills Seventh-Day Adventist Church either by name or HA401 and then click Enroll. If you cannot find the church by name or the HA number, search by the Division #: 029 in the MidAtlantic Region.

Power of Prayer



Join us Friday evenings for prayer.

Time: 7:30 p.m.

Call: (774) 333-8814

(Guest Host PIN: *3 then 3755

Only required by the first caller)



Matthew 18:20 - "For where two or three gather together in My name, I am there among them."

RaiseRight

Turn shopping into savings with Central Hills SDA Church's RaiseRight program! Simply use gift cards instead of cash or credit cards to support our church and building fund while you shop. Plus, with eGift cards and a mobile app, earning has never been easier!

Get started by downloading the RaiseRight mobile app on your phone or go to [RaiseRight.com](https://www.raiseright.com) on your computer. For step-by-step instructions, visit [RaiseRight.com/m/StartEarning](https://www.raiseright.com/m/StartEarning). You may download the app for your phone or tablet too.

<https://www.raiseright.com/enroll?enrollCode=AEEE598B65127>

Church Email: centralhills@mvcgsda.org





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Enrollment Code: AEEE59865127

Coordinator: Coby Ringgenberg – (608) 320-6410

October Birthdays & Anniversaries

✚ Sissy N. (2), Tom H. (3), Connie H. (13), Mark S. (31)

♥ Jordan & Heather (9), Don & Becky (14), Tom & Connie (17), Roger & Jean (18)

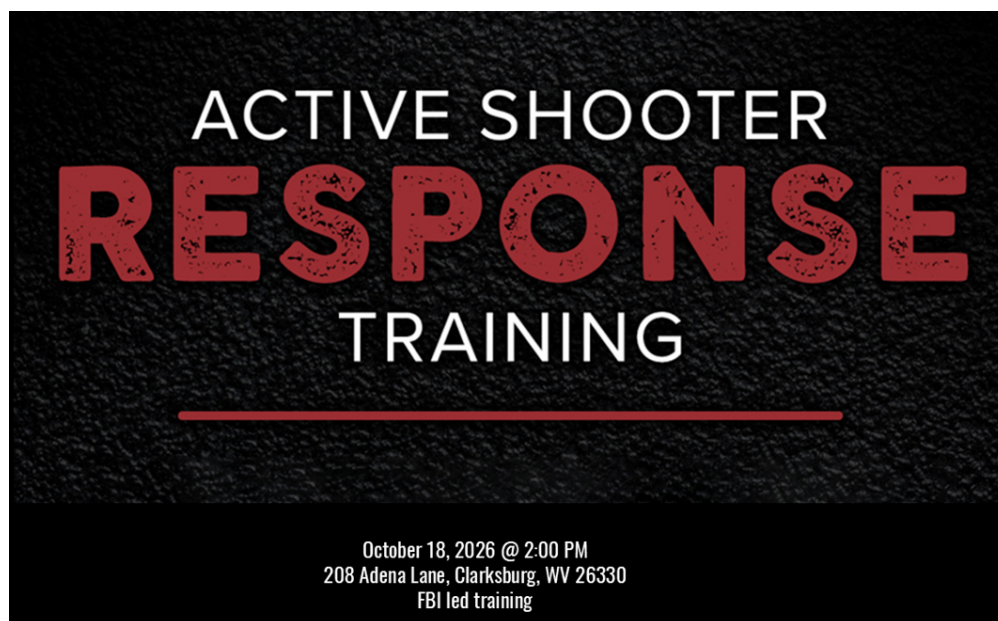
September Budget

Church Budget: \$ 2,845.00

Building Fund: \$ 1,341.91

Calendar

Oct. 2 -4	Women's Retreat
Oct. 3	✚ Church Budget Fellowship lunch Nursing home visit
Oct. 9-11	Men's Retreat
Oct. 10	✚ Washington Adventist U
Oct. 17	✚ Church Budget
Oct. 18	Active Shooter Training @ 2:00
Oct. 23-25	Professional's Retreat
Oct. 24	✚ Church Budget Mountain View Mission
Oct. 31	✚ Church Budget





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Board members, Elders, Deacons, and Deaconesses are strongly encouraged to attend this training. All are welcome to attend.

