

Community Newsletter



Auburn

SEVENTH-DAY ADVENTIST CHURCH

August, 2026

Page 1: VBS in August

Page 2: Inspire, Sermon Agenda, Birthdays, Upcoming Events, Grief Relief Tips

Page 3: Healthy Recipe, Fallen Leaf Lake

Page 4: Youth Rafting Trip Photos

Vacation Bible School



We need help preparing for this event. There will be a work day to get everything ready on Sunday August 1 from 9 AM—Noon. Please continue distributing the door-nob Hanger flyers to wherever they will do the most good.

INSPIRATION CORNER

What Matters Most

The gentle waves on the lake
rock the boat and seem to take
tension away, for my sake.
Peaceful sojourns it does make

The wind pushes all the leaves,
sets them dancing in its breeze,
seems to bring alive the trees,
blows away all cares and frees.

Strife carried away and gone,
like autumn leaves from the lawn.
There's a sleek doe with her fawn,
slip into the woods and gone.

Lucky them, they have few cares.
Why worry how mankind fares?
Nature schools to be aware,
there's plenty of time to spare.

What matters most is the truth.
Finding out doesn't take a sluth,
And just what's that epic truth?
Christ died, while still in His youth,

So that mankind, you and me,
could be redeemed and set free.
Christ died on Calvary's tree,
our free gift - eternity.

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Upcoming Events

Aug 3-7 VBS Week

Aug 15 - Teacher Dedication at Auburn Church/
Potluck

Aug 20 - First Day of School at Pine Hills

Aug 28-30 - Fallen Leaf Campout (No Services at Auburn on Aug 29)

Oct 2-4 & 9-11 - Christian Women's Retreat

Church Birthdays

Robinson BendeAug 01
Jayne WeirAug 02
Evrick MensinkAug 03
Kaylie Wareham..... Aug 04
Drew WhitsonAug 05
Chad Hanson..... Aug 07
Steve NicolaAug 07
Ken OsbornAug 10
Brennan Reese..... Aug 11
Darran Sim..... Aug 11
Sharon WeirAug 16
Janice O'Haver..... Aug 17
Katherine Weeks..... Aug 17
Josh MillerAug 20
Susan ExcellAug 20
Lori Hanson..... Aug 21
Abigail Miller..... Aug 24
Frances BenedicktAug 25
Rianna KrussowAug 27
Pheobe MacielAug 30

Auburn SDA Community Church

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Sermon Agenda



Aug 1: Pastor Mel
Aug 8: Pastor Mel
Aug 15: Pastor Mel
Aug 22: Todd
Aug 29: Pastor Mel



Try Journaling

Journaling is a non-verbal therapeutic technique to help you move through and understand your grief. By writing things down, you can give your memories more meaning, work through your emotions, or just "get out of your head." If you're unsure of how to start, there are many grief journal prompts you can use online.

Jan's Healthy Recipes

Roasted carrots with herbed kefir sauce and sunflower seeds

From November 2023 Prevention Magazine



Place rimmed baking sheet in oven and heat to 475°. On heated sheet carefully toss 2 Lbs rainbow carrots (scrubbed and halved lengthwise). With 2 Tbsp olive oil and 1/2 tsp salt, roast until golden (15-18 min), then toss with 2 tsp coriander seeds (crushed) and continue roasting until golden brown and tender (3-5 min) more. Let cool slightly. Meanwhile in mini food processor process 3 scallions (roughly chopped), 1/2 cup cilantro, 1/2 cup kefir, and 1/4 tsp salt until mostly smooth but flecked with herbs. Serve carrots topped with sauce and scattered with 2 cups watercress leaves and 3 Tsp roasted unsalted sunflower seeds.

Prep Time—23 Minutes

Total Time—35 Minutes

Serves—4-6

Fallen Leaf Campout

Fallen Leaf Campout has been scheduled for August 28-30 this year. But there is always the option of driving up for Sabbath. The schedule for the campout is tentatively as follows:

8-9ish breakfast (pancakes provided) bring any special toppings you like.

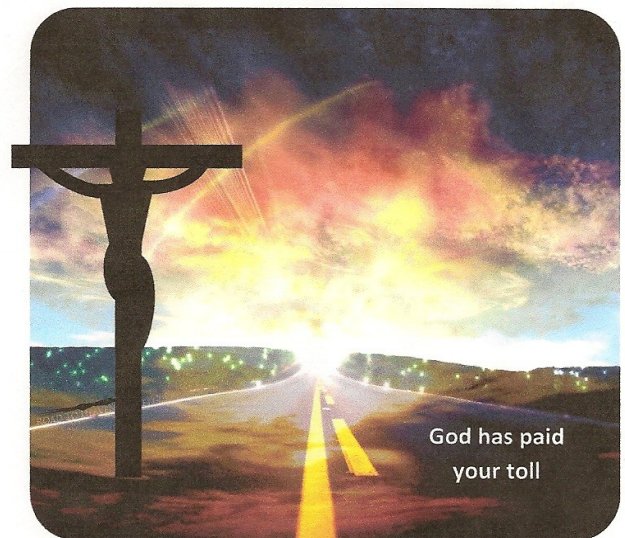
10-11ish Sabbath service (Sermon provided) bring you bible and a chair.

Noonish Potluck Lunch followed by free time for swimming, exploring, biking etc.

8:30ish Vespers followed by Hot dogs and leftovers from the potluck.

Rhonda will have crafts for those that get bored. Headquarters will be Space 99. We hope to see everyone there.

The church will not be open on August 29



Youth Whitewater Rafting

On July 23, a group of 33 from the Auburn and Gracepoint Churches had a fun day rafting down the American River.

