

Small Group Discussion Guide

"Give Thanks in All Things" • Pastor Mel Baga, D.Min. • Nov 15, 2025

READ

Read 1 Thessalonians 5:18, pray, pause for a few moments, then discuss.

OPEN

Name one small, ordinary thing this week that brought you unexpected joy. (Examples: sunlight on your drive, a good cup of coffee, a quiet moment, a text from a friend.)

Discuss

1. What's the difference between giving thanks **in** everything versus **for** everything?
 - How does that shift your view of hardship?
 - Where have you seen that distinction matter in your life?
2. Gratitude doesn't change the situation, but it changes us. Where have you personally experienced gratitude shift your perspective? (Examples: relationship, a stressful season, a moment of anxiety)
3. Paul calls gratitude "the will of God." Why do you think God wants gratitude to become a rhythm of our lives?
 - What happens inside us when we practice daily thanksgiving?
 - What might happen in our homes or church if gratitude became our shared rhythm?

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PRAY

There's power when we pray out loud together. Speaking our prayers engages our hearts, and praying as a group reminds us we're not alone. As we say this prayer in one voice, may gratitude and faith rise in us.

Let's say this prayer out loud together:

Lord, teach us to give thanks in all things.

Open our eyes to see Your presence in ordinary moments.

Transform our hearts through gratitude—

that fear may shrink, faith may rise,

and hope may grow in every circumstance.

Make thanksgiving our rhythm

and Your presence our peace.

In Jesus' name, Amen.

PREPARED BY PASTOR MEL BAGA, D.MIN.