



Atlanta Metro Life!

From Pastor Paige



Hey Family!

As we inch closer to Christmas there's always excitement in the air. The entire atmosphere seems to be enveloped in festive ambiance. Christmas trees in your fav department store. Festive music on your apple or Spotify playlist. Even Elder Danny sent me a Christmas movie link of a guy that looks like me! It truly is a wonderful time of the year. As I think

about how much anticipation there is for Christmas to come, I think about how much anticipation there is for Christ to come. I know we've been waiting a while, but keep your anticipation up! As Luke 12:35-40 says,

"Be dressed ready for service and keep your lamps burning, 36 like servants waiting for their master to return from a wedding banquet, so that when he comes and knocks they can immediately open the door for him"

Stay ready family!

Happy Holidays,

Pastor Paige

Story Behind the Song "O Worship The Lord" See Pages 7 - 8

(THIS AUTHOR, JOHN SAMUEL BEWLEY MONSELL, BORN ST COLUMB'S, CO; DERRY, IRELAND 1811, DIED GUILDFORD, SURREY 1875. HIS HYMNS AND MISCELLANEOUS POEMS WERE PUBLISHED IN 1837, AND PARISH MUSINGS, OR DEVOTIONAL POEMS, 1850.)



ATLANTA METRO LIFE!
DECEMBER - 2025 – ISSUE

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Great Bible Courses

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someone to study!

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Adventures - Fruit of the Spirit”

Email us at admin@atlmetrodda.org

ATLANTA METRO LIFE!
ATLANTA METROPOLITAN SDA CHURCH
555 HEMLOCK CIR.
ATLANTA, GA 30316
404-627-2970 – ATLMETROSDA.ORG



Worship Service Streaming
Atlanta Metropolitan SDA Church
YouTube Channel

PRAYER MEETING: WED. 7:30 PM Zoom
Meeting ID: 853-4344-3792;
Passcode: 540222 – to strengthen your
connection with God.

Go to: **Adventist Learning Community,**
A classroom of 6 networks, including
resources for new members.

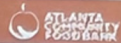
www.alcpodcasts.com



History is Every Month
and so is Black History



COMMUNITY FOOD CENTER



APPOINTMENTS ARE REQUIRED.
WALK-INS ARE WELCOMED,
BASED ON AVAILABILITY.

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FOOD DISTRIBUTION HOURS

SUNDAY 9:00 a.m. – 1:00 p.m.

MONDAY 10:00 a.m. – 1:00 p.m. &
3:00 p.m. – 6:00 p.m.

TUESDAY 9:00 a.m. – 12:00 p.m. &
1:30 p.m. – 4:00 p.m.

WEDNESDAY 9:00 a.m. – 12:00 p.m.

THURSDAY 9:00 a.m. – 12:00 p.m. &
1:30 p.m. – 4:00 p.m.

FRIDAY & CLOSED
SATURDAY



NEED GROCERIES?
**WE'RE CONNECTING NEIGHBORS
IN NEED WITH FOOD.**
CALL (478) 394-4547



Community Services:

CANNED FOOD DRIVE: During December we want to deliver 10 boxes up to 10 families identified by schools in the neighborhood. Please bring your canned goods and leave them in the box in the foyer by 12/13/25. Also bottles of juice, nonfat dry milk, stuffing mix, and dry mash potatoes.





AMERICAN HISTORY IS BLACK HISTORY

“THE REAL MCCOY - FOUNDATION OF ROBOTICS”

BY SARAH JANUARY - FULL STORY BELOW THIS ISSUE

Every time you see a robot moving with precision on a factory floor. Every time you watch a machine adjust itself automatically. Every time you witness automation working without human hands, you're watching the legacy of a black man who history tried to erase. There have been many successful and influential scientists and inventors through-out history. The names of Leonardo da Vinci, Nicolaus Copernicus, Isaac Newton, Charles Darwin, and Nikola Tesla are some of the most common ones we hear, but there are so many out there whose stories are not known. The likes of Philo Farnsworth, Dr. Charles Drew, and Lise Meitner are not taught about as readily as others, but their discoveries and contributions have made huge impacts on our everyday lives.



Another of those inventors is a man named Elijah McCoy, and he invented the foundation of modern robotics in 1872, decades before anyone thought of a robot. He created the first machine that could think for itself, the first device that could self-regulate and maintain its own operation without stopping. When companies tried to copy his invention with cheap knockoffs, engineers would demand the “Real McCoy” a phrase that became part of our language while the man behind it disappeared from

history books. So how did the black engineer born to escaped slaves become the father of automation? How did his invention lead directly to robots assembling cars, performing surgeries, and exploring Mars today?

While there is a chance you might know a bit about McCoy, you are more likely to have heard the phrase tied to his legacy. If you have ever mentioned or heard the expression referring to the “Real McCoy,” this is the guy you're referencing. McCoy was a Black inventor who acquired a number of patents during his career, some of which revolutionized the way society functioned. Here's how his name became synonymous with authenticity in the world of 20th-century inventions.

Early Life - Elijah McCoy was born on May 2, 1844, in Canada to parents who had escaped slavery in the United States. According to (ThoughtCo.com), when he was 3, the McCoy's returned to the United States and settled in Michigan. McCoy came from a large family, including 11 brothers and sisters, and his interest in machinery and mechanics was evident from the time he was small. When McCoy was 15, he traveled to Edinburgh, Scotland, for an apprenticeship in mechanical engineering. Upon completing his time abroad, he returned to the United States as a certified engineer and began looking for work.

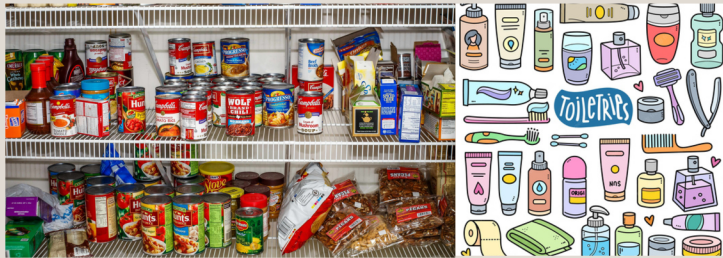


COMMUNITY SERVICES - HELPING FAMILIES DECEMBER 2025 THANKS AND GIVING FOR THE HOLIDAYS

Holiday Community Service Plans:

The holidays gives us the opportunity to meet people's and families' needs and enact God's commandment to love one another. We were able to make and donate 8 boxes of canned goods with gift cards to Parkside Elementary School for Thanksgiving.

We are continuing the can goods drive into December so we can make more boxes for the Christmas holiday. In addition, we are collecting clean socks, blankets, and toiletries to make kits for the elderly residents at Brannen Towers.



Future Community Service Plans:

As the year comes to a close and we think about the upcoming year, I want to ensure that we continue to serve our community and our members a chance to get even more involved. With that being said, as Community Service Leader, I am in need of a team so that we can plan and organize community service projects efficiently and better steward the items donated to the community. The following projects are the goal for next year:

- Create 20 flood/emergency buckets to donate to families in a crisis/natural disaster.
- School Supply Drive
- Health Fair
- Fall Festival
- Can Goods Drive
- Blankets for Biscuits
- Toiletries Kits



If you would like to join the Community Service Team, please give me a call at 404-263-8492. Whether it's with organizing donations, planning one of the projects, or marketing so we can get the community involved, I welcome anyone who would like to help.

Lastly, I would like to say thank you to everyone that supported the Community Service Ministry this year. Praise God for our loving church family! It takes the congregation as a whole to support and uplift the community around us, and I am excited about what God has in-store for us in the upcoming year!



Be blessed,
Serita Walker
Community Service Ministry Leader



**"Life at this new school. New adventures.
Book 1, Fruit of the Spirit. Chapter 6, goodness."
(Online Guide Magazine)**

DECEMBER 2025



"Hey, Dorothy!" Rebekah said. "Hey, Rebekah! Wanna see something cool?"

"Sure!" Rebekah said. "Look. I can do a donut with my wheelchair!" Dorothy said as she was doing one. Darius was still sick. And Dorothy and Rebekah were there to visit after school and pick up his homework. Dorothy was already there. And then Rebekah eventually showed up. "That's awesome!" Rebekah said. "I know, right?!" Dorothy said. "It took me FOREVER to get right."

"Now, what is that racket?!" Mrs. Daisy said as she opened the door. "Oh, Hi Mrs. Daisy. We were just here to drop off Darius's homework." Rebekah said as Dorothy nodded in agreement. "Well, hi Rebekah and Dorothy. Please, come in. You can say Hi to Darius while you are in there."

As Rebekah and Dorothy went inside, Darius was in bed, with a thermometer in his mother's hand. "Oh, hey guys. It's a virus that I have." "Oh. Well, We're just here to drop off your homework." Rebekah said as she put the homework on the table. "We gotta go. See you tomorrow!" Dorothy said. "Thank you for coming, you little angels!" Mrs. Daisy said as she was giving them hugs. "Also, Rebekah, I know that you LOVE collecting unicorn ponies." "You know I do!" Rebekah said. "Well, they just released the 17th series of the blind bag unicorn ponies series!" Mrs. Daisy said. Rebekah jumped up and down in joy! She loved collecting unicorn ponies! As Dorothy and Rebekah were walking to their houses, All that Rebekah could think about was the Unicorn ponies.

"Oh, this is my stop. See you tomorrow!"

Dorothy said. "Ok! See you tomorrow!"

Rebekah said. When Rebekah was walking home from school, she noticed something. Steve, the school bully, was right behind her! And as Rebekah looked at Steve's un-zipped school bag, Something fell out of the bag. It was a blind bag for the 17th series of unicorn ponies! Rebekah picked it up. Unaware of what to do next. She went home, and talked to Dorothy about it.

"Just give it back to him." Dorothy said as she was on the phone with Rebekah. "Yeah, but what boy plays with UNICORNS?!" Rebekah said. "(Sigh) Look, Rebekah, it's not good to steal. And you shouldn't have taken that. Take James 4:17 As an example." "What does it say?" Rebekah said. "Here. It's in my Bible. If anyone, then, knows the good they ought to do and doesn't do it, it is sin for them."

"WOW. Your right. I shouldn't have taken that from Steve. I should've just given the toy back to Steve. After school tomorrow, I'll give it back to him." "Now that's goodness." Dorothy said after she hanged up the phone.

Today was the day. The day that Rebekah was going to give back the toy to the school bully, Steve. As Dorothy was at her stop, Rebekah stood up right next to Steve. "Hey Steve. Look, you dropped your blind bag yesterday. And I've come to return it." "Oh. Thanks. That was my little sister's birthday gift, you know. Anyways, thanks for returning it. She's a super-fan." "Oh, cool." Rebekah said as she handed the toy to Steve. The End.



STORY BEHIND THE SONG: “O WORSHIP THE LORD”

The Story Behind – O Worship the Lord –
from praise.org.uk

O Worship the Lord in beauty of holiness. With or without the ‘O’ (which the author began with but later removed), the 1st line of this hymn is taken directly from 3 Bible texts; in Coverdale’s 1535 version it comes in Psalm 29 and Psalm 96, and in the 1611 AV also in 1 Chronicles 16, which repeats Psalm 96. If that phrase lends itself to poetic extension in the form of a hymn, the text still had to be written; that task was performed by John S B Monsell in 1861 in verses published in his 1863 *Hymns of Love and Praise for the Church’s Year*, and headed ‘1 Chronicles 16:29’. The reference to gold and incense were intended to fit them for the Epiphany celebration of the coming of the wise men.

The original 2nd and 4th lines of stzs 2 and 3 read With or without the ‘O’ (which the author began with but later removed), the 1st line of this hymn is taken directly from 3 Bible texts; in Coverdale’s 1535 version it comes in Psalm 29 and Psalm 96, and in the 1611 AV also in 1 Chronicles 16, which repeats Psalm 96. If that phrase lends itself to poetic extension in the form of a hymn, the text still had to be written; that task was performed by John S B Monsell in 1861 in verses published in his 1863 *Hymns of Love and Praise for the Church’s Year*, and headed ‘1 Chronicles 16:29’. The reference to gold and incense were intended to fit them for the Epiphany celebration of the coming of the wise men.

The original 2nd and 4th lines of stzs 2 and 3

read respectively: ‘High on his heart he will bear it for thee ... Guiding thy steps as may best for thee be’, and ‘Of the poor wealth thou wouldst reckon as thine ... These are the offerings to lay on his shrine’.

Clearly some things are gained and some lost by the modernisations, the second of which is adopted from HTC. The repetition of the 1st stz as the final one is not original, but now widely accepted (as with some other hymns) as providing a more satisfying conclusion. It seems churlish to have to add that the beauty of the opening line may have been purchased at the price of accuracy; Tyndale (1530s) has ‘Bow to the Lord in holy apparel’ and most fresh Bible translations revert to his example rather than following Coverdale’s. J R Watson even says that Monsell ‘locked himself in’ to this metre following a marvellous first line.

The words were first set to the tune WAS LEBET (WAS SCHWEBET) in *EH*; but the melody goes back to a 1754 German ‘Choral-buch’ known as the ‘Rheinhardt ms’, published at Üttingen near Frankfurt. The original words give the tune its name, though the music may have earlier roots in German folksong.

A look at the author

Monsell, John Samuel Bewley
born St Columb’s, Co Derry, Ireland 1811, died Guildford, Surrey 1875. Trinity Coll Dublin (BA 1832, LLD 1836); ordained (Ch of Ireland) 1834, becoming chaplain to Bp Mant (No.193), then Chancellor of the diocese of Connor and Rector of Ramoan. His *Hymns and Miscellaneous Poems* were published in 1837, and *Parish Musings, or Devotional Poems*, 1850.



STORY BEHIND THE SONG: “O WORSHIP THE LORD”

He came to England in 1853 as a Surrey incumbent, at Egham from 1853 to 1870, then at Guildford. 9 further books of verse and some prose followed between 1857 and 1873; including The Beatitudes, Our New Vicar, and Spiritual Songs for the Sundays and Holydays throughout the Year (1867), arranged according to the church calendar, but where congregational hymns still merge with more meditative and sermonic poems and versified narrative. The 91 texts in this work are thoughtful, Scripture-based though touched by ritual; one for the 17th Sunday after Trinity powerfully celebrates (what many believe to be) the Christian Sabbath. The verse-forms range from actual limerick to stanzas modelled on Geo Herbert. The author says they were written ‘among the orange and olive groves of Italy during a winter spent (for the sake of health) upon the shores of the Mediterranean Sea’. In all he wrote nearly 300 hymns, 5 of which appeared in The Public School Hymn Book in 1919.

Julian’s characteristic verdict is that they ‘are as a whole bright, joyous and musical; but they lack massiveness, concentration of thought, and strong emotion’. Ellerton found his ‘warm and loving devoutness so often counter-balanced by his incorrectness’. During the rebuilding of St Nicholas’ Guildford he either fell from the roof he was

inspecting, or was hit by falling masonry, and died shortly afterwards.

His final poem was ‘Near home at last’; but ***Fight the good fight*** has passed in to the common currency of speech among many who know little more of the hymn and nothing of its biblical origins. Nos.194, 455, 651, 883.

Authors:

- Monsell, John Samuel Bewley

Themes:

- 1. Approaching God
- 1b. Approaching God - Adoration and Thanksgiving

Scriptures:

- Exodus 15:3
- 1 Chronicles 16:29-30
- 2 Chronicles 6:13
- 2 Chronicles 20:21
- Esther 9:22; Psalms 2:11
- Psalms 29:2; Psalms 30:5
- Psalms 55:22; Psalms 72:15
- Psalms 95:6; Psalms 96:8-9
- Psalms 110:3; Isaiah 42:8
- Isaiah 53:4; Isaiah 60:6
- Isaiah 60:16; Jeremiah 33:2
- Amos 4:13; Amos 5:8
- Amos 9:6; Zechariah 14:16
- Matthew 2:11; Romans 12:3
- Ephesians 4:2-3; Philippians 2:3
- 1 Peter 5:7; Revelation 4:10
- Revelation 7:11; Revelation 11:16

THIS MONTH'S NEWS

REVIVE US AGAIN IN 2025

REVIVE OUR LOVE
REVIVE OUR FAITH
REVIVE OUR COURAGE
REVIVE OUR **HOPE**

*Celebrating the Birthdays
Anniversaries of our members -
Let us celebrate your wedding
anniversary with you; send date
to admin@atlmetrodda.org*

Happy Birthday – December Birthdays'

**Natelege Downs	Dec	3
**Jocelyn Alfinda	Dec	4
**Joshua Martin	Dec	15
**Elisha Ross	Dec	28
**Leola Monet Walke	Dec	30

PRAYER MEETING: WED. 7:30 PM
Zoom Meeting ID: 853-4344-3792
Passcode: 540222

Church Calendar - 2026

Religious Liberty - 1/10/26
Stewardship - TBD
Women's Ministry - May 2026
VBS - July 2026
School Supply Drive - July 2026
Fall Festival - 10/11/26
Holiday Can Drive (Nov./ Dec.)
Blankets for Biscuits - Oct. 2026

2026 Mission Statement

We are Family in 2026

Forgiveness - 1st Quarter

Mercy - 2nd Quarter

Kindness - 3rd Quarter

Sacrifice - 4th Quarter

Really Living Bible Study Team; Bible Study Training - look for details about classes in January 2026.

Great Bible Courses - You can "Study" or invite someone to study! bibleschools.com/en/165



Pray for **The Unreached People Groups** around the world, get more info at joshuaproject.net.

Community Services - 2026

You want to join the Team,
Please call Serita at 404-263-8492.

Year End Lunch Sabbath; 12/13/2025.

Baptism & Communion Sabbath
Dec 20th during worship service.

Our **New Year's Worship Service** on Zoom will be 5:30 pm Dec. 31 to bring us into 2026 at Sunset; We request 1—2 members to share a testimony and 1—2 for Special Music, please record your song. Join using Zoom Mtg ID 834 2543 1144; and Passcode: 089712; or call using: 301-715-8592 with Mtg ID & Passcode when requested.

What Has Been A Blessing?
Email your thoughts on what has been a blessing, or not to admin@atlmetrodda.org

"Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain."

1 CORINTHIANS 15:58

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